## How I came to be a Baptist.

Having thus advanced from one point to another in my investigations, I found that what remained for me to examine pertained chiefly to the constitution and order of a Christian church. And here also, I determined to make the New Testament my guide. In doing this I was soon convinced that strictly speaking, a church must be composed of believers only, and that others, old or young, could not rightfully belong to it The question then arose, do believers belong to a church by virtue of their being Christians merely, or is there some other initiatory vite, in addition to this? To this question I gave much attention, as it seemed to involve principles of the utmost importance touching church fellowship and order. It was evident that churches in different places were spoken of as being distinct from the whole body of believers. There was a care and discipline in these churches which pertained to their own membership exclusively, and letters were addressed to them and instruction given on the ground of their sustaining a relation to each other in the associated capacity, different from that which existed between believers generally. A church seemed to be something by itself. Composed of individual believers, organized for the mutual benefit of its members, and for united and more efficient action in promoting Christianity. I saw that it could in no sense be a legislative body and enact laws, but it was to take Christ's laws and execute them :-This was all that I could find that they were authorized to take his rules and apply them in receiving members, in disciplining them, and, if found necessary, in excluding them. Beyond the teachings of Christ and the apostolic instruction and practice as exemplifying that teaching, no church had a right to go.

Having my mind settled on this point, my next inquiry was, what are the ordinances of a church, and what the order in which they should be ob- ever, like other excluded persons, be subsequent- any persist in such courses as tend to dishonor served? It was clear as I perceived that there ly treated with kindness, (ver. 15,) and, if pos- God, corrupt the church, or harden the impeniwere but two standing ordinances, that is, ordinances which are to be perpetuated throughout all time. These were Baptism and the Lord's Supper. But here a question arose which occasioned some perplexity. Was it designed that ber of the church, and, instead of employing annually. Those who have not been at conferone of these should in all cases precede the other? Or were they to be observed indiscriminately without regard to order? I knew it was the al to place baptism first. But was this scriptural? Had I not just as much authority for observing the Lord's Supper then, as I was, as I should have af er I had been baptized? This, of course, involved the disputed subject of communion. saw this, and that only made me the more anxi- Zion, (Matth. xviii. 15-17. xxvi. 26, 27.- ther, wisdom and discretion in all these matters, ous to know what was the teaching of Scripture, Heb. x. 25,) breaks his covenant with his brethand the order there established.

It was evident that believing and baptism were connected in the instructions of Christ; that the apostles bar tized believers the first thing after they exercised faith, and therefore the Lord's Supper was not observed by those believers until after baptism. And it also was evident that baptism was an ordinance which a behever was to observe once only, while the observance of the Lord's Supper was to be oft rebaptism in a I cases antecedent to communion.

Each of these ordinances must have its place I knew, and I could see reasons for believing next be baptized, and then partake of the Lord's Supper, rather than that this order should be reversed. And, moreover, there was evidence that baptism was to be regarded as an initiatory rite by which one was introduced to a Christian to be habitually observed by those who were actually members of the church. Such appears to me, to be the scriptural view of this subject. At least, I felt that I could reconcile all the passages of scripture pertaining to the order of a church with this view, as I could with no other. And in harmony with this my mind became established.

When I had advanced thus far, I began to look around, and see where I stood, and to what results my investigations led me. My mind had become settled on various points, but these had been examined so disconnectedly that I had hardly thought of them as a whole, or as favoring any particular denomina ion of christians .right in practice, and beyond that I had little care. So then, I began to consider on what points my mind had become settled, and to reduce Ly incoherent thoughts and opinions to consequently in the necessity of a new heart in order to be a disciple of Christ. I believed that when one became a disciple of Christ, then, and only then, was he a proper subject for baptism, tered only by the immersion of a believer in water. I believed that a church properly constituted, was a company of baptized believers, associated to carry out the daws of Christ in respect to themselves and their fellow men; and that the Lord's Supper was an ordinance pertaining exclusively to a church. So far I had progressed, without hardly thinking that my views were tending towards those held by the Baptists, or that I that are unruly," he adds, " Comfort the feebleever should be associated with them.

BUNYAN, in Zion's Advocate.

## Correspondence.

For the Christian Messenger.

## Letters to a Young Preacher.

LETTER XXIV. CHURCH DISCIPLINE : DIS-ORDERLY WALKING.

My Dear Brother,-

courses? Some pastors may not be aware that he may be the second time. this duty is incumbent on them. Perhaps some are not duly impressed with a sense of its im- here, such as neglect of family worship, unchrisportance. Others may be deterred through dif- tian conversation, indulgence in worldly amusefidence, or the fear of giving offence. In my ments, refusal to bear a due proportion of the opinion, however, no sufficient reason can be as- expenses of the church, disregard of promises, signed for this neglect.

laid down in Scripture that it can scarcely re- ly walking. The pastor should himself cautious quire to be explained. There are, indeed, some ly avoid whatever may be so considered. He distinct and explicit rules given for our guidance. should also faithfully admonish such as fall into But so greatly diversified are the cases requiring any of these habits; and urge others to labor discipline, that no man can reasonably expect to diligently with them, and if not successful, to refind a specific direction applicable to every one port them for further discipline. of them. In many of these, general principles | A Christian church is compared to the human must be attentively considered, and judiciously body, in which all the members have sympathy, ap lied.

walketh disorderly." (2 Thes. iii. 6.) The ployed for its restoration. Recourse is had to busy-bodies." Hence it is evident that such per- tion, improprieties of a less flagrant nature ad-14. 1 Tim. v. 8, 13, 15.) They should, how- monished, and faithfully warned. If, however, sible, be reclaimed and restored.

Instances sometimes occur in which an individual considers himself injured by another memdisagreement, or the bringing of the alleged of them in the Lord's supper. Such a one evi dently walks disorderly. He refuses, or at least neglects, to obey plain commands of the King of ren, and condemis them all without cause .-This course justly subjects him to discipline, as one that is disobedient and unruly.

Another refuses to walk with the church because he conceives there is an immoral person retained in it. He should be reminded however, that he is himself professe ly a part of the church; and if he have not employed proper peated, an I there was a fitness at least, in having means to have the supposed transgressor either reclaimed or expelled, none of his brethren can be more blameworth than himself in this matter. that when one became a christian, he should If he feel so aggrieved by the conduct of a brother that he can not enjoy his religious privileges, surely he must regard such a one as having, in effect, trespassed against him; and therefore cannot reasonably question the obvious fact, that he church: while the Lord's supper was something is bound in this case to proceed in accordance with the plain law of Christ. (Matth. xviii. 15 -17.) Moreover, if one member have a right to decline meeting and communing with the church on account of one whom he deems imconvict him in a court of justice.

him; and efforts kindly employed to encourage bis return. While Paul enjoins, "Warn them minded." (1 Thes. v. 14. Heb. xii. 12, 18.)

ed from a church on the ground of his concluding that he is not a Christian. Would such dismision, if granted, make a Christian of him?-Would it not rather seem to give him license to go on with the world contentedly and unrebuked?

It may be remarked here, that should a member of a church think he had not been regenerated prior to his baptism, but that he has been since, it does not appear needful to repeat the It appears to me that ministers rarely preach ordinance. When it has been once scripturally upon Church Discipline. I do not recollect that administered on a profession of faith, its repeever heard a sermon on this subject. Why is tition would be inconsistent. Furthermore, such not this duty frequently presented before the individual may be mistaken as to the time of his churches, defined and enforced in public dis- regeneration : and i self-deceived once, possibly,

Cases too numerous to be minutely considered the frequenting of taverns, infringement on the It may be suggested that this duty is so plainly | Sabbath, &c. may be justly regarded as disorder-

and mutual care for each other. (Rom. xii 4, One comprehensive rule of Scripture is, 5. 1 Cor. xii. 20-27.) If one be diseased, all Withdraw yourselves from every brother that suffer with it, and all available means are em-Apostle specifies (verse 11) a case of this kind : amputation in those cases only wherein the safe-"We hear that there are some which walk ty or welfare of the whole body demands it. So, among you disorderly, working not all, but are while acts of open immorality require prompt acsons are subjects of discipline, that they ought to mit o the exercise of much lenit, and forbearbe admonished, and, if they do not reform, ex- lance. In such cases hasty exclusions are injuricluded from church fellowship. (Ver. 10, 12, ous. Disorderly walkers should be kindly adtent, fellowship must be withdrawn from them.

I would strongly recommend the reading of the list of members in Conference; at least semi-Scriptural measures for the adjustment of the ence in the course of six months, should be vi ited, and, if able to attend, urged to be present at most universal custom throughout christendom fender to account, he declines to renew his coven- the next. In case of non-attendance, they should ant with his brethren, and to commune with be reported, and if found to be walking disorderly in any respect, this should be stated, and they be dealt with as their delinquencies demand.

May the Lord grant you, my dear young Broso that your instructions and example may exert a salutory influence!

Yours in gospel bonds, CHARLES TUPPER. Tremant, Aylesford, Dec. 17th, 1861.

For the Christian Messenger.

## Vegetable vs. Animal food.

MR. EDITOR,-

I notice that you devote a space in the Messenger to the cultivation of the soil, the rearing of stock, and of late have given extra its in regard to the health of man.

A paragraph of your selections under this head in the Messenger of the 18th inst. headed "ANIMAL FOOD" is, as tar as I can tearn, without authority, wanting proof, and without toundation.

It states "It is a well established fact that amongst those classes who get the least animal moral, but with whom he has not lal ored, un- food, mortality is the greatest, and disease is the deniably all the other members have an equal most rife." Who can these classes be? It is right to do the same. In this case the pastor, not parts of Scotland who five chiefly on oatwho has no authority to "put away a wicked meal, whose inhabitants are robust, strong, and person, (1 Cor. v. 13.) and who can not con- active, and with whom disease is less known sistently refuse to administer the Lord's supper than in other parts where they have flesh in to one who has not been excluded by the church, abundance. The poor Irish who cannot afford nor even laid under censure, may be placed in animal food, and, notwithstanding the want of I wanted to get at the truth in doctrine, and the the uncomfortable position of having to admin- comfortable houses and general cleanliness, are ister this sacred ordinance to that person alone generally robust and healthy, one indication of on whose account all the rest stand back ! Ob- health is their universal good teeth. An Irishviously no-man has any reason to be dissatisfied woman, who seldom eats meat and gets only the order. In doing this I tound that I believed in with a church for retaining one whom he has not poorest vegetable diet, will endure in two years, the fundamental doctrines of evangelical religion; duly visited and reported : nor even then, unless more bardship than would kill ten English lathe proof is clear and decisive, such as would dies, provided they had as many lives. There are more vegetarians amongst the Society of A church-member who leaves his place, or Friends or Quakers of London than any other and that baptism could be scripturally adminis- withdraws from his brethren, under any pretext, class. When this Society was most flourishing, walks disorderly. If it be merely by reason of as a consequence of its temperance, one half of the darkness of his own mind, the weakness of those that were born in the Society, lived to the his faith and doubts with reference to his state, age of forty-seven years. Whereas of the genmuch forbearance should be exercised toward | eral population of London, one half lived only two years and nine months. Among the Quakers one in ten arrived at seventy years of age. while of the general population only one in forty reached that period of life. In any clime the No one, however, can be consistently dismiss- true followers of George Fox attained great age,

those in Rhode Island, U. S., averaged seventy four years. "One of the most common forms of disease generated by an exclusively vegetable diet is, scrofula." This must be a mistake .-Sailors, on long voyages are subject to this disease, while flesh constitutes the bulk of their diet; but say some it is salted, true, but "the abundant supply of the needed material" is not a panacea, and does not prevent the scurvy.-Scabby heads and sore faces visit those children who eat the most animal food and grease. Of the lower animals the crow and the owl are lousy, the partridge and the pigeon are plump clear, and pretty. Visit a menagerie. The lion, the bear and the wolf are disgusting brutes. The keeper continually has to apply the sawdust to prevent the rising of unpleasant effluvia. You can approach the horse, the rhinoceros, or the elephant, and the olfactory nerves will escape with impunity. All our fine, noble and useful animals are gramnivorous. That it is a generally entertained opinion that animal food creates power and enables the consumer to endure fatigue, I admit. And so it was, less than forty years since, and some of the present day believe that rum, brandy, and other stimulating drinks will do the same. It is quite possible that in the next forty years the mind of man may undergo as great a change in the latter as it has in the former. That flesh or grease will give heat is true, but it is the wrong way to obtain it. Were man to live on a proper vegetable diet his whole system would be more even, and he would be better fitted to endure either heat or cold than if he were stimulated by animal food.

My communication growing long, tis probable that it will be under your stove instead of the frisket (a part of the printing-press); but my inducement to pen this now is the appearance of a scarcity and high prices, before the Crop can be had again from the ground, hoping that it may be the means of some of your numerous readers reflecting on the best possible way to get the poor through the season, living to prevent disease, give health and insure old age.

Some of the subscribers to the Christian Messenger may complain of want of means to pay for heir paper. If such, and all would diseard those things which are only an acquired appetite, such as spices and all condiments, tea, coffee, tobacco, cum and all stin ulating drinks, and live as nearly as possible as "Daniel" did in regard to his food, they would have plenty for all such purposes, and those who are wasting away, if not too far gone, would find that their disease, if not removed would be retarded, medicine would not be rejuired, better health insured, and greater age guaranteed. The young ladies would not rejuire ruse and beet-water to give them the appearance of health. All would have more noney to pay their minister, and newspaper, and have more time to read it.

It is wisely ordered that that which is best for man costs the least. Water, the cheapest of all trinks when one is thi sty; is the most delicious. When not thirsty it causes nausea, proving too hat man should drink only when thirsty.

Three pence worth of "the finest of the wheat" will keep a person as long as one shilings worth of flesh. As bulk is as necessary to ife as nutrition, as much bran should be added to the flour as was removed from it.

It is probable it would be a blessing if man were deprived of all except "the staff of life." Our wants are many, our needs are few.

25th December.

As the paragraph our good vegetarian friend attacks, consists of but eleven lines, we reproduce it, so that our readers may not have the trouble of referring to it in the former number of the paper:-

ANIMAL FOOD.—It is a well-established fact that amongst those classes who get the least animal food; mortality is greatest and disease is most rife. One of the most common forms of disease generated by an exclusively vegetable diet is scrofida, and when traceable to this cause, the most speedy remedy is the addition of animal food to the diet. There are also many other forms of disease produced by the want of animal ford, which require for thoir cure but an abundant supply of the needed material.

It will be observed that the writer only says. WHEN scrofula is " traceable to this cause," (an exclusively vegetable diet), " the most speedy remedy is the addition of animal food to the diet." "R" speaks of scrofula and scurvy as one and the same, whereas they are very different diseases.

As to the paragraph being without authority, we think "R" should not despise it on that account, as the opinion of a meat-eating or dram-drinking doctor would not make 'he sentiments less objectionable to him. The signature of " Dr. H gsflesh " to the paragraph would not