Month's Department.

BIBLE LESSONS.

Sunday, September 3rd, 1865.

LUKE XXIV. 13-53; Christ appeareth to the two disciples going to Emmans. 2 SAMUEL XX. Amasa slain by Joab.

Recite - Malachi iii. 16-18.

Sunday, September 10th, 1865.

· CONCERT: or Review of the past months' subjects and lessons.

How and what to read.

Read much, but not many works. For what purpose, with what intent do we read? We read not for the sake of reading, but we read to the end that we may think. Reading is valuable only as it may supply the materials which the mind itself elaborates. As it is not the largest quantity of any kind of food taken into the stomach that conducts to health, but such a quantity of such a kind as can be digested; so it is not the greatest complement of any kind of information that improves the mind, but such a quantity of such a kind as determines the intellect to the most vigorous energy. The only The result may be best described in his own profitable kind of reading is that in which we are compelled to think, and think intensely whereas, that reading which serves only to dissipate and divert our thoughts, is either positively hurtful, or useful only as an occasional relaxation from severe exertion. But the amount of vigorous thinking is usually in the inverse ratio of multifarious reading. Multifarious reading is agreeable, but, as a habit, it is, in its way, as destructive to the mental as dram drinking is to the bodily health. "" Our age," says Herder, " is the reading age;" and he adds, Hamilton.

Look at the Preacher.

1. Because it is respectful. He has important business with you—addresses you. It he spoke to you in the street, or anywhere else, you would look at him. Civility requires this.

2. Because your good example would influence others, and thus many, perhaps a whole congregation, might be induced to treat their minister with similar civility.

3. Because you thus cheer and encourage him. You, thus looking at him, are, or seem to be listening—seem to be interested, which of course animates him, while averted eyes indicate indifference or aversion. What a chilling influence upon him would be the sight of a whole but him!

4. Because such intent looking at the preachthoughts and vain imaginations which rob so many sermons of their power over the learers.

5. Look at the preacher, because great powpulpit.

6. Look at him, because if you were in the preacher's place you would like to have him treat you with the same civility.

7. Only one more reason. The infinitely and the object at which he aims, demand for him the most intense attention; one appropriate and natural expression of which is, the fixedness of the eyes upon him - Congregationalist.

The happiest Hour,

In a circle of Christian friends the question was proposed, When are you happiest? The first answered, "when I am most submissive to the will of God." The next said, "when I do right." The third said, "that covers the whole ground.' The fourth was happiest " when engaged in holy meditation, thinking of God and Heaven." The fifth, a young disciple, was most blessed when "trying to lead some one happiest when trying to open truth to another him to the world.

" After all." remarked another " these variin communing with God and His truth, we shut sake, we drop self for the Saviour i in conscious righteousness. The Christian's deepest joy therefore, is when he most leels that God is every thing and self is nothing."- Tract Journal.

WORKS of piety and charity should, like water from a fountain, flow spontaneously from the gratitude and benevolence of a believing heart, and not require to be extorted with importunity like the toil and trouble of drawing water from a deep well. " God loveth a cheerful giver."

Dr Murray's first Failure.

Young converts are easily discouraged. It they do not succeed in their first attempts at social prayer or exhortation, they often conclude they have no gift for labor, and settle down into habits of indolence and lethargy. They should remember that some of the greatest orators at the bar, in the forum, and the pulpit, have given no promise of success in their first efforts. Sheridan was hissed and scraped down in his maiden speech in Parliament. Henry Clay began his first speech at a lyceum by saying "Gentlemen of the Jury," in place of "Mr. President." Robert Hall broke down in his first sermon, and made an utter failure.

The following amusing incident is told of Nicholas Murray, so universally known as the auther of the famous letters of "Kirwan," and one of the most eminent ministers of the Presbyterian church. He boarded at the time of his conversion with some other young men at a Mr. Kirk's, in New York city. One of them was a Mr. Steele, who was then a student of divinity, and subsequently became a clergyman in the Dutch Reformed church. In consequence of Mr. Kirk's trequent absence from his tamily, it often devolved on Mr. Steele to meals. He told young Murray that he must pogriffs in endless variety were born. help him, and begin to serve the Lord openly, language:

" A few days after, at the table, when we had just had considerable amusement, I turned to Murray and said, 'Return thanks.' The company were astonished. Murray was confounded, and raising up both hands, he said :

'Come, Holy Spirit, heavenly dove, With all thy quickening power, Come shed abroad a Saviour's love In these cold hearts of ours. Amen.'

whole company were in a roar of laughter as is she who thinks every moment of her time "it would have been better, in my opinion, for Murray left the room and ran to his bedcham- lost which does not find her sewing. We once titude of books which now overlay us, we post perfect confusion, and said, Why, Murray, be carried in the pocket, to be used in case of Journal of Commerce. sessed but a few works good and sterling, and what have you been doing? When I ask you an unoccupied moment—such was his practice. which, as few, would be therefore more dili- to return thanks, you should not repeat Watts's He died early and fatuous. There are women gently and profoundly studied .- Sir William hymns.' The only reply he gave was, 'You who, after a hard day's work, will sit and sew took me by surprise, but I will try and do bet- by candle or gaslight until their eyes are almost ter next time.' After preparing the lamily for blinded, or until certain pains about the shouldhis second effort, he expressed himself with ers come on, which are almost insupportable, great propriety. In less than a month he took and are only driven to bed by physical incapahis regular turn, and before the end of the city to work any longer. The sleep of the second month he engaged in conducting family overworked, like that of those who do not work worship, and at the end of three months he at all, is unsatisfying and unrefreshing, and both held forth in prayer and exhortation at the alike wake up in weariness, sadness, and lansocial meetings in 1)r. Spring's church."

The Nom de plume of sundry Persons.

Many writers for the press prefer not to have their names attached to their productions; and bence the custom of a nom de plume. A writer not gained, but time much more than lost; we cannot long conceal himself under his mask, particularly if he is worth knowing. We take the mask from a few well-known writers: look, congregation gazing at anything and everything "Marion Harlan" is Mrs. Virginia Terbune. The "Misses Wetherel" are Susan and Anna Warner. "Jennie June" is Mrs. Jennie Croly. er is a valuable repellency of those wandering "Fannie Fern" is the wife of James l'arton, the Biographer. "Nor Wester", of the Buston Post is Frank W. Ballarl The "Lounger, of Harper's Weekly is George W. Curtis. er is often imparted to his words by the speak- "Occasional," of the Philadelphia Press, is er's gestures and general appearance in the John W. Forney. "Malakoff.," of the New York Times is Dr. Johnson. "Dick Tinto," of the same paper is S. C. Goodrich, Jr. "Mrs. Partington," is B. P. Shillaber. " Edmund Kirke," is J. R. Gilmore. "Gail Hamilton," is Miss Abigail E. Dodge. "Ik Marvel" is Donald G. Mitchell. " Timothy Titcomb," is J. G. important errand on which the preacher comes, Holland. "Milet O'Reilly," is Colonel Charles G. Halpie. " K. N. Pepper," is James W. Morris. " Mr. Sparrowgrass," is F. S. Cozzens. "Artemus Ward," is Charles F. Browne. " Orpheus C. Kerr," is Robert H. Newell. The vironed with darkness on every side." "Country Parson," is Rev. A. K. H. Boyd, D. D. Richard Grant White, is the auther of the " New Gospel of Peace," a political pasquinade that was attributed to various write s.- Nat. Baptist.

Unwholesome Sieep.

Not always is sleep "tired nature's sweet restorer." Sometimes, instead of a balm, it wretches, equally criminal, equally unfortunate. brings a bugaboo in the shape of the night- I wish I had never been born." mare. Man is a wonderful piece of work, but else to the Saviour." An aged disciple was his machinery may be thrown out of gear and sent a whizzing by so slight a thing as a late mind. A young man present enjoyed Christian supper. An indigestible Welsh rarebit at 11 me a crown of righteousness, which the Lord, work more than any thing else. The last of the P.M., may result in a big, suffocating black dog the righteous Judge, shall give me at that day." company had the highest enjoyment in thinking across the chest at one o'clock in the morning; of God and of Christ as the manifestation of an overplus of loaf-pastry, which his gastric obedience we stand only by the Redeemer's move from apoplexy, and the incubus ridden own heart and feel that none of these are for us victim of inordinate and untimely self-indulgence is likely enough to be at last bestridden vitality-even death.

> been derived from " Mara," the name of a deand held the will in thraldom. The old Saxone called the distemper tt elfsidenne," or elfquatting. With the doctors, who are nothing to heaven, but missing his foothold, tumbled like.

into the fathomless depths. Most of us have probably been convulsed in our sleep with the same sort of thing which the tripped-up Titan is tabled to have experienced during his " lofty fall" from the celestial battlements. In our boyish days, or rather nights, we were frequentwells from which the bottoms had dropped out, propose to correct a few of the more impotant. any waking agony surpasses the torment that tween it and the second. has been endured in dreams.

spectres of the dark ages were " maras" be- it makes in the bark. These loles are made by gotten of indigestion. Your Saxon gormandi- the mature beetle in escaping from the tree zer, who sometimes feasted far into the night after the grub has finished his work, on boar's flesh and venison pastry, washing them down with frothy mead, must have gone to bed stroying their webs while they are foraging with his stomach in a nice condition. No won- abroad. Neither are they always to be found der that of the internal fermentation caused by at home until 9 o'clock, A. M. Their habite conduct family worship and ask a blessing at such stuffing and swelling, hobgoblins and hip- vary with the weather, and are guided by acute

The surest way to avoid the nightmare and and soon after called on him to perform duty. procure that sound, healthful repose with which each day's life should be "rounded off," is to to decay, and rarely attack a sound spot, live temperately, regularly, and honestly. Aye, "honestly," for a troubled conscience as well as are caused by any insect whatever. As to plums an overladen diaphragm, may engender evil and cherries, injury from any cause gives an ocdreams.—Ladies' Repository.

Notes on Overwork.

Unwise above many is the man who consid- ty as yet. ers every hour lost which is not spent in readguor, with an inevitable result, both dying prematurely. Let no one work in pain or weariness. When a man is tired, he ought to lie down until he is fully rested, when, with renovated strength, the work will be better done, done the sooner, and done with a self sustained alacrity. The time taken from seven or eight hours' sleep out of each twenty-four is time can cheat ourselves, but we can not cheat nature. A certain amount of food is necessary to a healthy body, but if less than that amount be furnished, decay commences the very hour. is the same with sleep; any one who persists in allowing himself less than Nature requires will only hasten his arrival at the madhouse or the grave. - The Moralist.

Confessions of Infidelity.

"I seem," says Hume, "affrighted and confounded with the solitude in which I am placed by my philosophy. When I look abroad, on every side I see dispute, contradiction and distraction. When I turn my eye inward, I find nothing but doubt and ignorance. Where am 1? From what cause do I derive my existence? To what condition shall I return? I am confounded with questions. I begin to fancy myself in a very deplorable condition, en-

Voltaire says: "The world abounds with wonders, also with victims. In man is more wretchedness than in all other animals put together." How did be judge of it? By his own heart. He adds; "Man loves life, yet he knows he must die; spends his existence in ditfusing the miseries he has suffered—cutting the throats of his fellow creatures for pay-cheating and being cheated. The bulk of mankind [he continues are nothing more than a crowd of

Hear what St. Paul says: "I have fought a good fight, I have finished my course, I have kept the faith: Henceforth there is laid up for

A dreary thing it is to walk through the juices can not conveniently assimilate, may pre- crowded streets and see siniles wreathing around cipitate him from a precipice in dreamland into bright faces when they meet faces as bright ous exercises of joy amount to the same thing; a bottomiess abyss, or a surfeit of pate de foie as themselves, glad eyes lighting up at the gras send him to a Morphean gallows, there to sight of those whom they love, friend meetself out from our vision; in doing for Christ's endure all the tortures of actual strangulation, ing friend, taking him by the band with kind This sort of thing, by the way, is only one re- wishes and inquiries, and then look in upon our

> in his sleep by a nightmare too strong for his apple-sound, ripe and fuscious-for the pies, cakes and candies, and other sweetmeats with The term nightmare is supposed to have which their children are too often indiscreetly and refused its food. Some drops of blood were stuffed, there would be a diminution in the sum found in the horse's nostrils, and a veterinary mon which, according to the Scandinavian my. total of doctor's bills in a single year sufficient surgeon recommended bleeding. The gentle-thology, pounced upon men in their sleep to lay in a stock of this delicious fruit for a man, however, decided to send the animal out rotal of doctor's bills in a single year sufficient whole season.-Hall's Journal of Health.

When a man has been guilty of any vice or Is then faint in the day of adversity, thy thic giant of that name who undertook to climb for it, is to warn others not to fall into the of pride; manner is something with everybody,

ERRORS ABOUT INSECTS - Several very erroneous statements concerning these annov. ly pitched headlong from the tops of sky-cleav- ances are constantly going the rounds of the ing mountains, thrown over staircases and into press, and even find admittance to books. We

to say nothing of falling, bed and all, through | Plums are not safe from the curculio " an trap-doors in the floor into illimitable chaos, or soon as the stone is formed." If the first part being caught up by the hair into the realms of of the season is favourable to the curculio's ether and there kept dangling and kicking like operations, the first set of eggs will be laid by a jumping jack without any apparent prospect the time the plums are half grown, and early of rescue. Well do we remember the start of fruit will escape with but little jurther injury. terror with which we awoke on such occasions, and But a second set of eggs will be ready for the the deep-drawn sighs of relief which fo lowed the latter plums, and the first laying is often so proconsciousness of safety. It is doubtful whether tracted as to leave no appreciable interval be-

The apple borer cannot be exterminated by There can be little doubt that many of the any kind of attack through round holes which

> The caterpillars cannot be overcome by deinstincts.

Honey bees are not injurious to fruit. Even wasps and hornets prefer that which has begun

Neither potato rot, pear blight or black knot casion for rot. All these diseases, except pear blight, are fully ascertained to be, or be caused by, fungi. The leaf blight of the pear, and that which cracks the virgalieu, are fungi; but as to the terrible fire blight we have no certain-

When you see a bird dive at a cherry, and The ludicrous scene was indescribable. The ing, writing, or in study, and not more rational then see a bole in the cherry, are you quite sure that the bird made the hole? Many kinds of buys and flies make such holes, and a bird who picks the world and for science, it, instead of the mul ber. I followed, and found him in a state of heard a man advise that a book of some kind them out is doing you good service .- New York

> CUBE OF HYDROPHOBIA.—The efficacy of Dr. Buisson's sudorific treatment of hydrophobia, as reported in these columns, is confirmed by the Revue des Provinces, which quotes the tollowing from a journal printed in 1830: "I remember," says the narrator, "a man who formerly lived in the same place as I did, and who was unfortunate enough to be bitten by a mad dog. Some time after he fell ill, and very soon appeared all the symptoms of hydrophopia, which became so violent that his friends resolved to terminate his sufferings by suffocating him. To accomplish this dreauful design, four of them extended a feather bed on the ficor, threw the unhappy man upon it, and covered him with a second bed, on which they placed themselves to press upon and smother him. During this time, his wife was held in the adjoining room by some of her relations. The state of this unhappy woman may be imagined during the struggles and groans of the sufferer; she remained at first apparently stupified, but when a trightful silence had succeeded the tumult, she seemed to break loose from hir apathy; the full horror of the scene rushed upon her mind, and, with a shrick of despair, she rushed into the chamber of death. With superhuman force, she threw aside the men who were holding her husband down, and pulled away the bed which covered him. Life had almost departed, but respiration was soon re-established, and at last be opened his eyes. The efforts he made had covered him with so profuse a perspiration that it ran in streams from the whole of his body. He was calm, and a short time after, to the astonishment of all present, announced that the symptoms of his cruel malady had quitted him. This man lived long after, had a numerous family, and never felt any recurrence of the attack .- Galignani.

OCEAN OMNIBUS TO EUROPE IN A WEEK. -We find it stated that a company of the leading ship owners of New York have under consideration plans for building four magnificent vessels of eight thousand tons each, to be propelled by engines of two thousand five bundred horse-power, working two paddle wheels of the usual kind, and two screw propellers -- so that in case of derangement of either set of machinery the other set should continue working without material impedime: t to the speed of the vessel. -These vessels are to be capable of carrying 2500 passengers at the variable fares of \$25. \$60 and \$75, according to amount of accommodation required, between that city and Bristof, England. Meals are to be furnished on board the same as at any restaurant, and passengers can either eat or let it alone, as it may please them. The passage to Europe, it is believed, at eighteen miles an hour, will be made in seven days, while the great length of the vessels (nearly six hundred feet each) will over-reach or materially control the waves and prevent that terrible ritching motion that is more or less the dread of all sea-going travellers.- Boston

A singular occurrence is mentioned in a letter If families could be induced to substitute the which has been received in Manchester, N. H. A gentleman was informed, a few days ago, by his groom, that a favorite horse hung its head for a quiet exercise, and on its return to the stable a live mouse came out of its postrils

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