Agriculture, &c.

CHINESE BREAD.

The Chinese method of bread-making is curious. The flour is mixed with water, and the dough rolled by hand, and then shaped into cones, which are placed on trays or stands made of split bamboo, and cooked in steam arising from a cast-iron boiler; of course such bread resembles our own but little, being a good deal like steamed hard dumplings. Much of this bread is made of maize; but wheat bread is much preferred. Rice, however, is the common bread of China, and the Chinese know how to boil it, which is not often the case in Europe. This is cooked much in the same way as the bread, being first washed very carefully in several waters, then placed in bamboo baskets and suspended in the steam, or it is boiled for half an hour, and then put into a bamboo basket, and not served until nearly all the water is drained away; but in whichever way it is cooked, the grains are distinct, like the little fishes in wellcooked whitebait .- The Food Journal.

RIPE FRUITS IN SITTING-ROOMS.

We should be chary of keeping ripe fruit in our sitting rooms, and especially beware of laying it about a sick-chamber for any length of time. That complaints which some people make, of a faint sensation in the presence of fruit, is not fanciful; they may be really affected by it, for two continental chemists have shown that from the moment of plucking, apples, cherries, currants and other fruits are subject to incessant transformation. At first they absorb oxygen, thus robbing the surrounding air of its vital element; then they evolve carbonic acid, and this in far greater volume than the purer gas is absorbed, so that we have poison given us, in the place of pure air, with compound interest, warmth accelerating it .- Good Health.

HEALTH OF FARMERS.

Here are seven reasons why farmers are healthier than professionel men, viz. :

1. They work more, and develop all the leading muscles of the body.

2. They take exercise in the open air, and breathe a greater amount of oxygen.

3. Their food and drinks are commonly less adulterated, and far more simple. 4. They do not over-work their brain as

much as industrious professional men do. 5. They take their sleep commonly during the hours of darkness, and do not thus

turn the night into day. 6. They are not so ambitious, and do not wear themselves out so rapidly in the

fierce contests of rivalry. 7. Their pleasures are simple and less exhausting.

WASHING FOR ROOFS AND BUILDINGS.

Slack lime in a close box to prevent the escape of steam, and, when slacked, pass it through a sieve. To every six quarts of lime add one quart of rock salt and one gallon of water. After this boil and skim clean. To every five gallons of this, add by slow degrees three quarters of a pound of potash and four quarts of fine sand. Coloring matter may be added, if desired. Apply with a paint or whitewash-brush. This wash looks as well as paint, and is as durable as slate. It will stop small leaks in roofs, prevent the moss from growing over aud rotting the wood, and renders it incombustible from sparks falling on it. When applied to brick-work it renders the bricks utterly impervious to rain; it endurés as long as paint, and the expense is u mere trifle .- Country Gentleman.

Says the author of "Horse Papers for Farmers," in the Agriculturist: "If my life depended on my going a very long distance with a heavy load in the shortest possible time, I would select a pair of racing mares in preference to the best work horses I ever saw. Of course, for work, a cross between the two would probably be still better."

Cows should be fed with pumpkins, without the seeds, with some bran or meal to increase the flow of milk.

It is reported that a California gentleman had this year five acres devoted to the growing of canary seed, and that he cleared \$350 on the crop.

I have seldom known any one who deserted truth in trifles, that could be trusted in matters of importance.-Paley.

MESSENGER ALMANACK.

December, 1870.

THE TIDES .- The column of the Moon's Southing gives the time of high water at Parrsboro', Corn-wallis, Horton, Hantsport, Windsor, Newport, and

High water at Picton and Cape Tormentine 2 hours and 30 minutes later than at Halifax. At Annapolis, St. John, N. B., and Portland Maine, 3 hours and 44 minutes later, and at St. John's, Newfoundland, I hour earlier, than at Halifax.

FOR THE LENGTH OF THE DAY .- Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

FOR THE LENGTH OF THE RIGHT -Subtract the time of the sun's setting from 12 hours, and to the remainder add the time of rising next morning.

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A. McBEAN, Secretary Dec. 15.

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May 20

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dose is generally required.
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taken, as required, to change the diseased action of the system. With such change those complaints

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