

The Christian Messenger.

ALMANAC FOR NOVEMBER.

First Quarter, Nov. 6th, 5h. 38m. morning. Full Moon, " 13th, 6h. 15m. morning. Last Quarter, " 19th, 8h. 23m. afternoon. New Moon, " 27th, 7h. 30m. afternoon.

Table with columns for Day, SUN, MOON, High Tide, and Low Tide. It lists dates from 1st to 30th of November with corresponding astronomical data.

THE TIDES.—The column of the Moon's Southings gives the time of high water at Parrsboro', Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes later than at Halifax. At Annapolis, St. John, N. B., and Portland Maine, 3 hours and 25 minutes later, and at St. John's, Newfoundland, 30 minutes earlier, than at Halifax. At Charlottetown, 2 hours 56 minutes later. At Westport, 2 hours 54 minutes later. At Yarmouth, 2 hours 20 minutes later.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

FOR THE LENGTH OF THE NIGHT.—Subtract the time of the sun's setting from 24 hours, and to the remainder add the time of rising in the morning.

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PHONOGRAPHY.

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Nov. 18 EATON'S FEAZER.

BETCHER'S PECTORAL MIXTURE FOR Coughs, Colds, Whooping Cough, Asthma, &c.

CERTIFICATES.

This article has been known to give immediate relief in Chronic Coughs when other Syrups have utterly failed, and for temporary coughs and colds it is invaluable, for which assertions abundant testimony can be produced. For singers and speakers it is also invaluable. No harm can result from a free use of this medicine.

To be had of the Manufacturer, J. W. BETCHER, No. 27 CORNWALLIS STREET, HALIFAX, N. S. HALIFAX, March 10th, 1873.

J. W. BETCHER, Esq. Dear Sir.—Having used a half dozen bottles of your valued Pectoral Mixture I find myself greatly relieved from a chronic cough, and pulmonary weakness which had been preying upon my system for over a year, and would recommend it to all who are suffering from like complaints.

Geo. L. FELLOWS. St. John, N. B., April 16th, 1874.

This is to certify that I was attacked with a very severe cold combined with the Asthma very bad, so that I could not lie down or breathe. One bottle of the cough medicine prepared by J. Betcher, Esq., of Halifax, N. S., relieved me, and five bottles completely cured me so I have not been troubled with the Asthma since, and I believe it to be the best medicine for Coughs, Colds, Asthma, &c., that there is made.

JOHN N. DEARBORN. Aug. 12.

CONSUMPTION CURED.

To the Editor of Christian Messenger. ESTEEMED FRIEND: Will you please inform your readers that I have a positive

CURE FOR CONSUMPTION

and all disorders of the Throat and Lungs, and that by its use in my practice, I have cured hundreds of cases, and will give

\$1,000.00. for a case it will not benefit. Indeed, so strong is my faith, I will send a Sample, free, to any sufferer addressing me.

Please show this letter to any one you may know who is suffering from these diseases, and oblige, Faithfully Yours, DR. T. F. BURT, 67 William Street, New York. Aug. 5.

Science.

IN THE SICK ROOM.—In a lecture on this subject Dr. Crosby says:

The temperature should ordinarily range from 65° to 70° Fah., and this should not be a mere matter of guess work, but should be ascertained by the thermometer. If the temperature is permitted to average much higher than this, all febrile disturbances will very likely be aggravated; and if the average is much lower, the patient in ordinary cases runs some risk of getting a chill, although very many times he may remain with safety in a room having a lower temperature, providing he is furnished with a plentiful supply of blankets.

The room which is selected for a sick room should be as far removed as possible from those ordinarily occupied by the family in order that the patient may have the benefit of perfect quiet.

The paper covering the wall should have a uniform, neutral tint, such as a light green, a delicate buff, or a very delicate slate color, a light green, perhaps, is as agreeable to the eyes as any color that can be selected, and it rests the eyes with a refreshing monotony.

The model sick room should never be carpeted, but ordinarily should have a hard wood floor, and this should be oiled and varnished. Upon such a floor may be spread as many pieces of carpeting, rugs, and mats as are desirable.

The windows should be arranged as to admit abundance of light. Light is a normal stimulus to the human body, and we have no good health without it. There are some acute diseases, during the progress of which it may be necessary to temper the light, but it should never be entirely shut out, for if you do you remove from the body one of its important natural stimuli.

The windows should never be surrounded by tapestry or decorations of any kind that are made of woolen stuff. A plain white shade is all that is requisite to temper the light and cut off outside objects from the patient's view.

Ventilation requires the introduction and diffusion of an abundance of pure air at short intervals, and a corresponding removal of the air vitiated by respiration. The movement of air in the sick room should be imperceptible.

Make sure, that there is a free inlet and outlet for the air.

Gruel.—A man, simply because he is sick, is not to be starved, nor, on the other hand, can a man who is sick, as a rule, take such articles of food as a well man would be likely to take.

One of the articles which he may have is Indian gruel, if not made too strong. If, however, you give permission that the patient may have gruel to take, unless you give special directions as to how it shall be made you will very commonly find that the nurse has prepared a fair specimen of Indian pudding, and has been administering that for gruel.

In making Indian gruel there should be no more than a dessert or table spoonful of the meal to a quart of water; and this should be boiled for a long time, keeping the quantity of water good throughout the entire boiling process.

Milk.—One article of diet which all persons may take under all conditions, is milk. There are those who say they cannot take milk, that it makes them bilious, etc.; but that is not true. A person who is sick may take milk with the greatest possible advantage, because it contains, in a form easy of assimilation, all the elements essential for maintaining nutrition. New milk may be taken, as far as disease is concerned in any and every condition. Perhaps it will require the addition of lime water, if marked acidity of the stomach is present.

Beef tea will be found to be a most serviceable article among the dietetics of the sick room.

To make beef extract take a pound of the best beef, cut it into small pieces and place it in a good sized open mouthed bottle—a pickle jar is perhaps as convenient as any. Cork the bottle loosely, and then set it into a kettle of water which is to be kept boiling for two hours. If the bottle is now removed, it will be found that it contains a considerable quantity of fluid, which may be turned off, and the beef subject to slight pressure to remove still more. In this fluid we have a concentrated article of nourishment, and it may be given, after it has been seasoned, either pure or diluted, according to the condition of the stomach.

RATS detest chloride of lime and coal tar.

A CHEAP FUMIGATOR.—The following will be found to be a cheap and pleasant fumigator for sick-rooms, diffusing a healthful, agreeable and highly penetrating disinfectant odor in close apartments, or wherever the air is deteriorated. Pour common vinegar on powdered chalk until effervescence ceases, leave the whole to settle, and pour off the liquid. Dry the sediment and place it in a shallow earthen or glass dish, and pour upon it sulphuric acid until white fumes commence arising. This vapor quickly spreads, is very agreeably pungent, and acts as a powerful purifier of vitiated air.

Agriculture.

IMPROVED STOCK FOR NOVA SCOTIA.—The following letter from Dr. Lawson was received by Colonel Laurie concerning the stock he had purchased and which came out by the last mail steamer from England.

To COLONEL LAURIE, President Central Board of Agriculture:

My Dear Sir.—In addition to the Short Horns, of most of which I gave you an account by last mail to Halifax, I have purchased for the Board a very nice Ayrshire Bull (a prize-taker of this season) and three Ayrshire Heifers. I could not find for sale a second Bull that would bear comparison with the one purchased, and therefore got a Heifer heavy in calf instead. These were all obtained about Strathever, in Lancashire, where Ayrshire cattle are almost exclusively raised. Of Devons, I have obtained two young Bulls, one, Prince Alexander a little over a year old, and sired by the first prize-taker at the Royal Agricultural Society's Leicester Show. The second, Prince Albert Victor, is a Calf of last winter. There are two Devon Heifers, Princess Dorothea and Princess Victoria, equally well bred. All these Devons are from the Norfolk Farm of Her Majesty the Queen.

I have likewise obtained half a dozen of Berkshire Pigs from Her Majesty's stock. It is not customary to have either names or pedigrees for pigs, but Mr. Brebner assures me that the stock has always kept perfectly pure and if pure Berkshires are not to be had at Windsor I do not know where to look for them. I expect three pigs of the large white English Breed, from the Earl of Ellesmere, of the same stock as that which took first prize at the Royal Agricultural Show at Taunton. They are of a superior character and I allow of a larger number being obtained. With care however, they will soon increase in the Province.

There are also in our collection 5 Cotswold Rams, 5 Cotswold Ram Lambs and 6 one year old Ewes. At this late period of the season I could not obtain any more or older rams of really good stock. These are from a famous cultivated flock, that of H. Cole, Esq., Cirencester, the very centre of the Cotswold country, Gloucestershire, and will yield valuable progeny.

From Lord Bathurst's South Down flock I succeeded in obtaining five ram lambs of the South Down breed. It is a rule with breeders here not to sell lambs at all, but the annual ram sales were pretty well over before I received your letter of instruction to purchase and there are now no old rams to be had, South Downs have risen very much in price, since the Prince of Wales and several leading noblemen have taken to them. The lambs I have obtained are of excellent stock, and only want feeding up to look well beside the finest in England.

In order to give farmers an opportunity to attend, the sale of these animals, the auction has been postponed from November 3rd to November 10th.

ORNAMENTED APPLES.—A New York horticulturist sells Baldwin apples at \$10 a barrel. He takes a slip of paper and cuts children's names; then places the paper around the apples when they begin to colour, and in a week or two Mamie, Jamie, Johnie, or Susie appears on the apples in large red letters. These, picked and barrelled by themselves, bring fancy prices.

A WEED DESTROYED before it ripens its seeds may save the labor of destroying a hundred next year.

To keep cut flowers fresh, to a vase of flowers put half a teaspoonful of soda.

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April 22

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In friendship, MRS. V. H. CONNER. Burlington, Ky., June 23, 1874. Aug. 12.



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