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ROPRIETOR,

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WEEKS. meid men Hax, Nova Scotia, Wednesday, November 29, 1876.

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drunkenness to the House of Correct

to be decoding to the depth live for the like an Institution the decode were neared. Whether the color means, whether

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well, he pondered long. "The inner man, the soul, the me over wn my body wholly.

own my feet and hands. idn't make them; hold meekly take them."

his friend; "and-God be

This fact, now you concede it.

Will lead you on to truth at last,

And very much you need it. 10 . Things out many -- Independent.

shape of guramon gideo no that in any DECEMBER OF THE WIDOWER'S RETURN.

What is it pains my throbbing heart, And makes the blinding tear-drops start, At sight of thee," sweet home." Why seem so dim my finest gold,
And brightest sunbeams dark and cold,
As through its halls I roam.

Why seem my levely rose buds pale,
And dimpled arms, like sleeves of mail,
As eagerly they fold
A heart that sinks like heavy lead,
In bosom yearning for its dead
With ardency untold.

O beaming eyes, and lips so sweet; The radiant face that used to greet Me at the open door:—
Those hands that clasped—the fond em-

The kiss that time cannot efface, I meet alas, no more and all y holip What! have I deafly heard them all,
Nor felt fond childhood's kisses fall,
Midst welcome's ringing cheer?
Forgive, my children, if behind
Your joyous greeting, memories find
But the unbidden tear.

But shall I in my grief rebel? W. ...... Ah no! "He doeth all things well," Though sad the heart, and sore:
For through the darkness gleams a ray,
My loved one seems not far away,
But neares than before.

W. H. P.

Vacancer of chairs to ness, in or Have you never observed how free the Lord's prayer is of any material that can tempt to this subtle self-inspection in the art of devotion? It is full of an outflowing of thought and of emotion toward great objects of desire, great necessities, and great perils. After this manner, therefore, pray ye. -Prof. Austr Phelps.

AYS ON HAND. Pay the expenses.

the description of Gody and Green the service of Gody and Green the service of Gody and Green the Gody and Green the Gody and Green to Gody and God

i do we from the hea meaniout routoffile really wearinger eosda as itu makesan nearer to Him? After the hymn to been sung there comes to the singer

Deny thyself and take thy cross, and Is the Redeemer's great command. How often we hear somebody sing these tremendous words, some on who lives all his life (or her life) in luxury, who has never known an ac

The late Dr. Bailey, of Indiana once said to us, " Before I was so verted, I often used to close my lip and keep silent when they were singing some hymns, as for example, and or I'm not ashamed to own my Lord, but

L'could not sing it. I knew that I was need of such att, mid awo or been a We were ence present when after the singing of the hymn, tentovened edt

momile I love to tell the story, nomivney a brother rose and said, "Do we love to tell the story? How often do we tell it? How many times have you told it this week, how many times have I told it?" It is well to put these questions to ourselves. 'It is well to

## in the is How to Preach offerent In habits, evidencing ... utter diregard to

Make no apologies. If you have the Lord's message, declare it; if not, hold your peace. Have short prefaces and introductions. Say your best things first, and stop before you get dinner by too much thin soup. Leave self out of the pulpit and take Jesus in. Defend the Gospel, and let the Lord defend you and your character. If you are lied about, thank the devil for putting you on your guard, and take care that the story shall never come true. Let your beard grow. Throw away your cravat. If you do not "want to break," make your shirt blood a chance to flow back to the heart. Do not get excited too soon. Do not run away from your hearers.

Engine driving wheels fly fast with

to bad air oftener than to

closet. Where weariness begins tion ends. Look people in the and live so that you are not atra

do-ah, and so strain the

istines ah! Inflate your lungs.
It is easier to run a saw-mill with a full pond than with an empty one. Be moderate at first. Hoist the gas attitude way fawhen you are half thron raise a little more; when nearly do put on a fiell head of water. Aim at a mark. Hit it ! Stop and look where the shot struck; then fire another broadside. Pack your sermons. Make your words like bullets. A board hurts a man worst when it strikes him

bound of lead; but it will not kill a man as quickly. An ounce bullet will hill more quickly than a sack of wool. Have a clear head, and your words will be clear. Know what you are talking about, and you can make other understand. Stand for God, if you stand alone. Keep out of the clutche of party backs and religious politicians Preach a straight Gospel, and live on

Be in earnest, but do not gild. Do not be a clown. Let the devit make hi the judgment in view. Please God, and you will please Christians. Live for Christ. Preach the Word. road would be ready for opening in the month of December. Mr. Wigner an-

Education in the Art of Cooking.

The work of Common School educaprosy. Do not spoil the appetite for tion given to girls in England embraces far more in the way of preparing them. in industrial matters, to creditably fill the position they are likely subsequently to occupy than is the case on this side of the Atlantic. Instruction is generally provided in plain needlework, and now the London School Board are seeking " to ascertain to what extent it collar an inch larger, and give your is practicable to teach girls attending elementary schools the principles and practice of Cookery." Das and all the

all. The food used is not so nourishwithout any increase of expense. It to the improvement in the comfort an

the comfort and well-being of the household. If instruction in part should have in view the preparation of the child for his or her future position, then there are few subjects more deserving of attention than cookery.

Thus far there has been no attempt on the part of the Board to teach the subject in the schools themselves, nor to any considerable number of girls Four centres of instruction were lesablished in different parts of London which were fitted up with the neces ryredooking utensils and A certain proscholars were allowed as a privile attend these centres for the purpose of being initiated into the mysteries of reasting, boiling, and broiling. A The total number throughout London under instruction is eight hundred and six teen Properly qualified instructors have been engaged, and each pupil is required to attend a lesson of two hours' duration once as fortnight. At first the girls simply looked on and listene while the distructor cooked and exquestions to ourselves. It is well to sing good words. But it is also well to fill them up with meaning, with spirit, with heart. It is not well to have the words be a comely form, within which the shriveled soul gives forth a ghastly rattling.—Nat. Baptist.

See the devir make his while the instructor cooked and expounded to After a time what are pounded to After a time what are termed practice lessons were introduced as part of the course of instruction, the girls during one half of the time alletted to each lesson being set to do what they had already seen performed by the instructor. It will be seen that the instructor. I It will be seen that the girls who could benefit by these arrangements must necessarily be but lews in number Eight hundred form thousand girls attending the Board schools; and these few could not learn so much as could be wished from one desson in a fortnight. There are, too, several objectionable circumstances connected with teaching at centres. The expenses of travelling to and fro pre-vent many from participating in the benefits of the scheme; while the attendance of those who have joined the classes is, to some extent, dependent upon the state of the weather. Still the results are so far encouraging that the School Management Committee has resolved to recommend the Board to adopt a scheme for the teaching of cookery in at least all of its larger schools, a to the lug dama turiss same an

The objects to be aimed at are, the The London Schoolmaster remarks: instruction in the subject of all girls of ladies' hats and shawls are so fine, on The road to ruin is always kept in no load, but when they draw anything good order, and those who travel it they go slower. It takes a cold hamthere can be but one opinion. It is a that instruction at the schools themmer to bend a hot iron. Heat up the trite remark that an English family, selves by the ordinary school staff. Our headgear is worth more than

nammer cool. in some cases, would starve on what The first requisite to the successful ac-Do not bawl and scream. Too much would suffice to keep a French house- complishment of this scheme is evidentwater stops mill wheels, and too much hold in tolerable comfort. Great ly that the teachers and pupil teachers of girls' schools should be themselves through the ignorance of the art of conversant, theoretically and practicalcooking so prevalent amongst English ly, with the art of cooking. To secure working men's wives. But this is not this, it is proposed that a teacher of cookery and an assistant should be ing, nor so pleasant to the palate, as it engaged to give their whole time to the instruction of teachers and pupil teachers at the four centres. This instruction would be given during the evenings. We suppose that the incidental benefits which must accrue from a practical acquaintance with this important art are supposed to be sufficien to induce teachers; to willingly devote sufficient time to the study of the subject to enable them to teach it in the several schools, in banks way and e ush

> to mair Carlyle on cha w. The old geatleman A London correspondent of the Hart ford Courant represents Thomas Car-"About thirty years ago a book w Published here called the Vestiges

reation. It ran quietly through

editions. Men read it with bated breadin silence, and marveled at its audacit It was like a pinch of snuff, and nov own in the public highways, and at effects he found a seal engraven will this legend— Omnia ex conchis; every thing from a clam shell! I saw the naturalist not many months ago; to him that I had read his Origin of species; and other books; that he ha by no means satisfied me that men were descended from monkeys, but had gone far toward persuading me that he and his so-called scientific brethren ha brought the present generation of Englishmen very near to monkeys. A good sort of man is this Darwin, and well meaning, but with very little intel lect. Ahits a sad and terrible thing to nigh a whole generation of me women professing to be cultivated looking around in a purblind fashion, and finding no God in this universe. I suppose it is reaction from the reign of cant and hollow pretence, professing to believe what in fact they do not believe. And this is what we have go to. All things from spawn: the gospel of dirt the order of the day. The older I grow-and I now stand upon the brink of eternity—the more comes back to me the sentence in the catechism which I learned when a child, and the fuller and deeper its meaning becomes - What is the great end of man? To glorify God, and to enjoy Him forever.' No gospel of dirt, teaching that men have descended from frogs through monkeys can ever set that

DRY-GOODS CHRISTIANS .- Along on the outskirits of the Sabbath audiences you see, here and there, a packet of fashion. But down in the middle of the church are the solid columns, blazing away all through the service. Five hundred "broken and contrite hearts" covered up in rainbows and spangles. Followers of the meek and lowly Nazarene, all a jingle and a flash! Ten cents for the missionary cause and \$250 for trappings ! Unsophisticated persons travelling on two yards of silk dragged by the lady going up the aisle in front of him-diamonds enough to give the Gospel to all India. The item of dress among Christian people on the Sabbath day is an out-

"atread the the theor bearta."