

The Messenger Almanac.

OCTOBER.

First Quarter, Oct. 3rd, 2h. 46m. M.
Full Moon, " 11th, 4h. 40m. M.
Last Quarter, " 19th, 2h. 57m. M.
New Moon, " 25th, 0h. 41m. A.

Table with columns: Day, SUN., MOON., High Tide. Rows for days 1 to 31.

THE TIDES.—The column of the Moon's Position gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

FOR THE LENGTH OF THE NIGHT.—Subtract the time of the sun's setting, from 12 hours to the remainder add the time of rising next morning.

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- Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3 each. Alphabetical List of Members 40 cents each.

For Consumption

And all diseases that lead to it; such as COUGHS, NEGLECTED COLDS, BRONCHITIS, PAIN IN THE CHEST, AND ALL DISEASES OF THE LUNGS.

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SCIENCE.

DO NOT FACE THE LIGHT WHEN AT WORK.—Statistics kept by oculists employed in infirmaries for eye diseases have shown that the habit of some persons in facing a window from which the light falls directly in the eyes as well as on the work injures the eyes in the end.

In the schools of Germany this matter has always been attended to, and the rule adopted to have all the seats and tables so arranged that the pupils never face the windows, but only have the side lights from the left; and as a light simultaneously thrown from two sides gives an interference of shadows.

We may add to this the advice not to place the lamp in front of your work at work in the evening, but a little on one side; and never to neglect the use of a shade, so as to prevent the strong light shining in the eyes.

To completely disinfect an apartment that has been occupied by a patient suffering under small pox, typhus fever, or other disease, it is only necessary to vacate the apartment after stopping up the openings, and placing in different parts of the room several plates containing a quantity of common salt on which a little vitrol has been poured.

Liebig declares that oatmeal is almost as nutritious as the best English beef, and Prof. Forbes of Edinburgh, who measured the students in the University for twenty years, found that in height, breadth of chest and shoulders, and strength of arms and loins, the Belgians were at the bottom of the list; a little above them the French; very much higher, the English; and the highest of all, the Scotch and Scotch-Irish from Ulster, who, like the natives of Scotland, are fed in their early years with at least one meal a day of good oatmeal porridge.

"Still another remedy for the certain cure for bee stings! Take a fresh tomato leaf, crush it, and rub upon the part stung. The pain will disappear immediately, and without the slightest trace of swelling. We would like to be able to transmit to posterity the name of the discoverer of this method."

When the color of a fabric has been accidentally or otherwise destroyed by acid ammonia is applied to neutralize the acid, after which an application of chloroform will, in almost all cases, restore the original color.

According to Mr. Conder, in his recently published "Tent Work in Palestine," the world is in danger of losing one of its wonders. The six remaining columns of the great Temple of the Sun, at Baalbec, are nodding to their fall.

Edison's latest invention is ink for the use of the blind, which causes raised letters when used on any paper.

THE HOUSEHOLD.

Lace curtains should never be ironed—not even the embroidered muslin ones. Have two narrow, slender boards, as long or longer than your curtains. Tack strips of cloth or wide tape the entire length of these.

Every sleeping room should be thoroughly aired before the beds are made up. An hour is the least time to allow for this, and plenty of sun light should be admitted as well as air while the mattresses are uncovered and the beds disarranged.

OIL CLOTH should never be scrubbed with a hard brush and soap, but after being swept with a long handled hair brush, should be carefully washed with a soft brush, dipped in milk and water; half and half or tepid water without soap.

Numbers of housekeepers who are well enough off to keep one or more servants, hardly ever walk over their house entirely at the same time. They go into the kitchen, look in the larder, order dinner, and remark on it if it is badly cooked, comment probably on any palpable housemaid's neglect, and find fault with her for it; but they do not visit every hole and corner as they ought to every day or every other day, and see that windows are open, dust removed, china utensils washed and sweet, especially that basins are not wiped with a nasty cloth which leaves the odour of its recent presence; that saucers are clean; drains in order, closets kept clean and sweet; yet those are absolute duties to be fulfilled, for on perfect cleanliness depends the health of the entire family, especially of the children.

A tablespoonful of black pepper put in the first water in which gray or buff linens are washed, will keep them from spotting. It will also keep the colors of black and colored cambrics or muslins from running and does not harden the water. A little gum arabic imparts a gloss to ordinary starch.

THE RIGHT WAY TO USE GLYCERINE.—Keep a small bottle of glycerine near the place where you habitually wash your hands, and before washing them, put one or two drops of glycerine on the wet palm and rub the hands thoroughly with it as if it were soap, then dry lightly with a towel.

Ladies who wish to have carpets, curtains and furniture show off to the best advantage, should leave the upper portion of the inside blinds closed, and open the lower portion. This throws the light where it will produce the most pleasing effect, and leaves the ceiling and upper portion of the room in shadow, the beautiful effect of which will be seen on trial.

Newspapers and wrapping papers can be put to many valuable uses in the household. Few housekeepers can find the time to black their cooking stoves every day, in clean water, they will soon become quite shabby; but if they are rubbed over with newspaper every morning, after the dishes are washed, they will keep black for a long time.

To clean coat collars pour a few drops of ammonia into a saucer; dilute slightly with soft water, and apply with a bit of rag or sponge.

Should the eye or any other part be blackened by a fall or blow, apply a cloth wrung out of very warm water, and renew it until the pain ceases. The moisture and heat liquify the blood and send it back to its proper channel. Never use cold water to a bruise.

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