

The Messenger Almanac.

MARCH.

Table with 4 columns: Quarter, Day, Sun, Moon. Rows include First Quarter, Full Moon, Last Quarter, New Moon.

Table with 4 columns: Day, Sun, Moon, High Tide. Rows for days of the month from 1st to 31st.

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland, Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

FOR THE LENGTH OF THE NIGHT.—Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

BAPTIST CHURCH REQUISITES.

- Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3 each. Alphabetical List of Members 40 cents each.

For Consumption

And all diseases that lead to it; such as COUGHS, NEGLECTED COLDS, BRONCHITIS, PAIN IN THE CHEST, AND ALL DISEASES OF THE LUNGS.

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HEALTH HINTS.

MEDICINAL EFFECTS OF ONIONS.—A mother writes:—Twice a week invariably—and it was generally when we had cold meat minced—I gave the children a dinner which was hailed with delight and looked forward to; this was a dish of boiled onions.

FRESH AND STALE BREAD.—The celebrated French chemist, M. Boussingault, has recently investigated the nature of the change which bread undergoes when it becomes stale.

REST FOR HEADACHES.—Dr. Day says, in a late lecture:—Whatever be the plan of treatment decided upon, rest is the first principle to inculcate in every severe headache.

THE HOUSEHOLD. BAKED FISH.—Take any nice fish, boil it, remove the bones, and chop considerable parsley very fine with one small onion.

APPLE RICE PUDDING.—Peel, halve and core six tart apples; place them in a flat stew-pan, with a little water, two table-spoonfuls of sugar, two or three cloves, and a stick of cinnamon; when tender, take up carefully; boil the syrup a while longer, and pour over the pieces.

POTATO PIE.—Boil and mash common or sweet potatoes and strain through a fine sieve; to each pint add one and a half pints of milk, a little melted butter two eggs, salt, nutmeg to the taste; bake in one crust, like custard pie.

SCIENCE.

A great deal of difficulty is experienced in cementing metal to glass. The Faabar Zeitung says that a mixture of two parts finely ground litharge and one part white lead, and working it up to a stiff paste with three parts boiled oil and one part copal varnish, adding more litharge and white lead as required, is the best material for joining the two substances.

QUICKLIME A WOOD PRESERVATIVE.—The Builder states that M. Lostal, a French railway conductor, recommends quicklime as a preservative for timber. He puts the sleepers into pits, and covers them with quicklime which is slowly slacked with water.

REPAIRING RUBBER OR LEATHER GOODS.—Pure rubber, cut into thin strips and dissolved in benzine as strong as 85 to 95 per cent., makes a superior composition for repairing rubber or leather goods.

Four car loads of silk-worm eggs, in transit from China to France, arrived at Chicago the other day. Each car load is valued at \$400,000, making the contents of the four cars worth \$1,600,000.

Paper barrels and paper oil cans are among the latest successful inventions.

VARIETIES.

A boisterous ill-bred fellow, in a dispute, called his adversary "no gentleman." "I suppose you think yourself one?" was the reply. "Certainly I do," answered the bully. "Then," said the other, "I am not offended that you don't think me one."

When he had called the meeting to order, Brother Gardner arose and said: "Gem'lem, if it wasn't for de wheels on awagin de wagin wouldn't move. When de wheels am on den what?" "Grease!" solemnly exclaimed an old man. "K'rect!" whispered the president, softly rubbing his hands together. "We hez the wagin an' de wheels. We will now pass de hat aroun' fur de grease."

It is a curious fact that left-handed people have the left foot longer than the right.

The birth-place of Barns—the kerosene can.

Wedding Items.

A facetious parson of a country parish was employed, upon one occasion, to unite a rustic couple in the holy bonds of matrimony. As soon as the knot was tied, says the bridegroom. "Well, parson, what's the damage?" "Nothing, I hope," replied his reverence "if there is any damage done it is no fault of mine, you alone are responsible for the consequences of the proceedings."

"What's your figure?" said a bridegroom (putting his hand in his pocket) to the clergyman that had just married him. He meekly replied: "The law allows me two dollars." "Does it?" exclaimed the young husband. "Well that's liberal. But here's fifty cents more; so now you've two dollars and a half," and away he went, before the poor parson could explain.

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INTERCOLONIAL RAILWAY.

Winter Arrangement, 1879.

TRAINS leave Halifax:— At 8.25 a.m. (Express) for St. John, &c. At 1.30 p.m. (Express) for Riviere du Loup, Montreal, &c. At 5.30 p.m. (Express) for St. John and intermediate stations.

WILL ARRIVE:— At 8.20 p.m. (Express) from St. John Pictou, &c. At 9.15 a.m. (Express) from St. John. At 1.30 p.m. (Express) from Riviere du Loup, Montreal, &c. Jan. 8, 1879.

SPRING HILL AND PARRSBOROUGH RAILWAY.

Connects with Intercolonial. Leaves Parrsborough at 9.30 a.m. Arrives at Spring Hill at 12.20 p.m. Leaves Spring Hill at 3.20 p.m. Arrives at Parrsborough at 6.00 p.m. Jan. 8, 1879.

WESTERN COUNTIES RAILWAY.

1879—Winter Arrangement—1879.

TRAINS LEAVE HALIFAX 8.00 a.m. (Express) Wednesdays and Saturdays. 8.00 a.m. (Accommodation) Mondays, Tuesdays, Thursdays and Fridays. 3.00 p.m. Accommodation daily. Arrive at Windsor—9.35 a.m., 11.15 a.m. 5.40 p.m.

LEAVE WINDSOR: 8.35 a.m. Accommodation daily. 1.45 p.m. (Accommodation) Mondays, Tuesdays, Thursdays & Fridays. 6.35 p.m. (Express) Wednesdays and Saturdays. Arrive at Halifax 11.32 a.m. 4.45 p.m. 8.35 p.m. Feb. 26, 1879.

WINDSOR & ANNAPOLIS Railway.

Winter Arrangement, commencing 6th Jan., 1879.

Table with columns: GOING WEST, Miles, Express Wed. and Sat., Pass. & Frgt. Mors., Tues., Thurs. & Fri., Passengers and Freight, Tues., Thurs. & Saturday.

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Express Trains every Wednesday and Saturday, connect at Annapolis with Steamer for St. John.

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