The Messenger Almanac.

DECEMBER.					
1 THE R. P. LEWIS CO., LANSING, MICH.	(議論的できる)を	Committee of the Commit		29mi. 50m. 2m. 2m. High	we contain express wealth
2 Tu. 3 W. 4 Th. 5 Fr. 6 Sa. 7 Su. 9 Tu. 0 W. 11 Th. 12 Fr. 13 Sa. 14 SU. 15 M. 16 Tu.	7 23 4 7 24 4 7 25 4 7 26 4 7 27 4 7 28 4 7 29 4 7 30 4 7 31 4 7 32 4 7 33 4 7 34 4 7 35 4 7 36 4 7 37 4	16 7 59 16 9 4 16 10 10 16 11 17 13 M 15 0 25 15 1 40 15 5 32 15 6 48 15 7 56 15 8 53 16 9 36 16 10 11 16 10 39 16 11 9	3 18 1 4 4 1 4 50 1 5 35 1 6 20 2 7 10 8 1 8 57 9 56 10 0 A. 6 1 11 2 11 3 6 3 57 4 43 1	1 30 1 1 53 2 1 15 0 40 1 7 1 40 2 20 3 12 4 16 5 29 6 46 8 1 9 15 1 10 24 1	0 8 0 44 1 23 1 3 2 2 3 11 4 17 5 22 6 20 7 16: 8 9 9 49 0 38 1 23

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

41 4 21 2 55 10 45 5 42

28 SU. 7 42 4 23 4 47 M. 7 24

29 M., 7 42 4 23 5 51 0 26 8 5

30 Tu. 7 42 4 24 6 55 1 16 8 41

31 W . 7 42 4 25 8 3 2 2 9 9

21 SU. 7 39 4 18 A.

23 Tu. 7 40 4 19 0 57 8 19

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax. At Charlottetown, 2 hours 56 minutes LATER. A Westport, 2 hours 54 minutes LATER. A Yarmouth, 2 hours 20 minutes

FOR THE LENGTH OF THE DAY .- Add 12 hours to the time of the sun's setting, and rom the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHT.-Subtract the time of the sun's setting, from 12 hours and to the remainder add the time

CHURCH REQUISITES

of rising next morning.

Articles and Covenant \$1.00 per 100. Church Record and Register \$2, and \$3

Alphabetical List of Members 40 cents Letters of Dismission 50 cts. per quire.

Psalmists, in all varieties, from 85 cts. Baptist Hymn Book from 50 cts. Baptists Hymn and Tune Book \$1.00 and \$2.25

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30 bxs. Satin Face Starch. Durham Corn Flour.

Champion Washington Crystal. Ex Maccaroni.

Assorted Pipes. 6 Cases Alkali.

Gillott's Hop Yeast. Transparent Soap.

Coleman's Mustard, Keen's

- TO ARRIVE-

Reckett's Blue.

400 bxs. Soap "London Laundry."
200 " "Empress Queen." " "Mayflower." 200 " " " Brown."

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MONUMENTS, HEADSTONES, TABLETS, TABLE TOPS, SOAP STONES, &C., All work executed in the most approved

Orders from the country personally and promptly attended to. Orders will also be received for Red Granite Monuments. Feb. 26, * to Dec. 31, '79.

THE HOUSEHOLD

GLUTEN IN WHEAT .- Wheats differ both in the proportion of gluten and inthe quality. In some it is tougher and more fibrous, or "stronger," than in others. Any injury or damage that flour may sustain is more accurately shown by some change in the gluten which is both reduced in quantity and diminished in tenacity. Flour dealers and bakers determine the quality of fiour by "doughing" a portion of it, and determine the value by its tenacity when drawn out by the extent to which it may be drawn out into a thin sheet. Good flours furnish gluten that will augment to four or five times its original bulk when heated to about 420 o in a tube placed in an oil bath, while bad flour yields a glutten that swells but little, or becomes viscous or nearly fluid .- American Miller.

LOCKJAW .- A correspondent of the Scientific American, says: "Let any one who has an attack of lockjaw take a small quantity of turpentine, warm it and pour it on the wound, no matter where the wound is, and relief will follew in less than one minute.-Nothing better can be applied to severe cut or bruise than cold turpentine; it will give certain relief, almost instantly. Turpentine is also a sovereign remedy for croup. Saturate a pieco of flannel with it and place the flangel on the throat and chest, and in every severe case three to five drops on Every family should have a bottle on

The Welsh peasants almost live upon oat cake and buttermilk. Invalids sufering from indigestion, will do well to drink buttermilk at meal times.

the coals when meat is broiling will prevent drops of fat from the meat burning, so as to smoke the meat and impair its

To polish the piano, saturate a piece chamois skin in sweet oil and apply faithfully to every part. Then, with a dry skin rub well, renewing the pieces as they become greased with the oil. It will require one hour, or even longer. of constant rubbing to give it the gloss

VARIETIES.

What is to be done for a man who all things well. has no mind of his own?-His wife should give him a piece of hers.

There is said to be in Milwaukee the champion marrying justice. There is nobody to equal the neatness and despatch with which he ties the knot.

This is the way he does it:

" Have'er?" Yes."

" Have'im?"

" Yes." " Married ; \$2."

Over a bridge at Athens, Georgia was the following : " Any person driving over this bridge in a taster pace than a walk, shall, if a white person, be fined five dollars, and it a negro, receive be bestowed on the informer."

"Wbat quantities of dried grasses you keep here Miss Stebbins. Nice room for a donkey to get into." "Make yourself at home," she responded with sweet gravity.

Miss Dod's cooking lecture, the other try-Agriculturist. evening. Lady soliloquizing: " Now that she's got it cooked, I wished she'd tell us how to use up cold mutton. Next lady overhears and remarks : " I have some infallible recipes." First lady, alert with pencil and note-book: " Will you please favor me?" Second lady: " Six boys!"

An Irishman, at the imminent risk after a while, and quietly remarked, are ye a-going' to divide that betwane two of us ?" replied Pat.

A lady engaged to be married, and getting sick of her bargain, applied to a friend to help her untie the knot before it was too late. "O certainly," she replied, "it is very easy to untie it when it is only a beau-knot.

. JOHNNIE," said a man, winking at a dry-goods clerk of his acquaintance. "you must give me good measure. sours. Try it." Your master is not in."

Johnnie looked solemnly into the man's face, and replied " My Master is always in."

HEALTH HINTS.

How to PRESERVE HEATH .- The firstgre at secret of good health is good habits, and the next is regularity of kabits. They are briefly summed up in the following:-

1.-Sleep. Give yourself the necessary amount of sleep. Some men require five hours of the twenty-four: others need eight. Avoid feether beds. Sleep in a garment not worn during the

2.—Dress. In cold weather dress warmly with underclothing. Remove muffler, overcoat, overshoes, &c., when remaining any considerable length of time in a warm room. Keep your feet warm and dry. Wash them in warm water two or three times a week. Wear a light covering on the head, keeping promote vigorous health.

it always cool. 3.— Cleanliness. Have always pint or quart of water in the sleeping room. In the morning after washing water will not be disgreeable when applying it with the bare hands. Wipe immediately; follow by brisk rubbing over the body. The whole operation need not take over five minutes. Pursue this habit regularly, and you will seldom take cold.

4.- Inflation of the Lungs. Five minutes spent in the open air, after dressing, inflating the lungs by inhaling a lump of sugar may be taken inwardly. as full a breath as possible, and pounding the breast during the inflation, will greatly enlarge the chest, strengthen all climates, containing neither calomel the lung power, and very effectually ward off consumption.

5.—Diet. If inclined to be dyspeptic, avoid highly seasoned food. Eat at regular hours, and lightly near the hour of going to bed. Eat slowly. A sprinkle of fine salt thrown on Thoroughly masticate the food. Do not drink while eating. Tell your funniest stories while at the table, and for an hour afterwards. Do not engage in severe mental labour directly after hearty eating.

6.—Exercise. Exercise sufficient to produce a gentle perspiration, should be had each day in the open air.

7.- Condition of Mind. Be hopeful and joyous. To be so, avoid business entanglements that may cause perplexity. Keep out of debt. Live within your income. Attend church regularly. Walk, side, mix in good company. Do as nearly right as you know how. Do your duty, and trust in God, who doeth

AGRICULTURE.

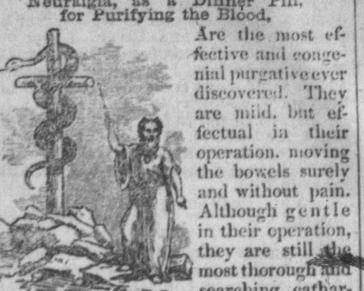
SPREADING MANURE. - There can be no waste in spreading manure at this season as fast as it is made. There is more danger of waste by keeping it in rains. From the time that the manure land, it is subject to waste by gradual, decomposition. When spread upon land it loses nothing by decomposition, for the soil absorbs every portion that is liberated by this process, and is washed into the soil by rains. It is therefore, advisable to spread manure if it is needed upon meadows and plowed twenty-five lashes, half the penalty to ground as it is made, both at this time and during the winter, without fear of loss from evaporation. It has been the practice of good farmers for some years back to keep the manure on the surface -or as near to it as possible, and top dressing is now substituted successfully for plowing in many parts of the coun-

HAY FOR HOGS .- The Nebraska Farmer says:- "But few men are aware of the fact that hay is very beneficial for hogs, but it is true nevertheless. Hogs need some rough food as well as horses, cattle, or the human race. To prepare it, you should have a cutting box (or hay-cutter), and the greener the hay, the better. Cut the of his life, stopped a runaway horse a hay as short as oats, or shorter, and few days ago. The owner came up mix with bran, shorts, or middlings, and feed as other food. Hogs soon "Thank you sir." "An' faith, an' how learn to like it, and if soaked in swill, as other slop food, is highly relished by them. In winter use for the hogs the same hay you feed to your horses and you will find that, while it saves bran shorts or other food, it puts on flesh as rapidly as anything that can be given them. The use of hay can be commenced as early as the grass will do to cut, and when run through the cutting box can be used to advantage by simply soaking in fresh water until it

A piane affords a young lady a good chance to show her fingering and her finger-ring.

Ayer's Cathartic Pills,

For all the purposes of a Family Physic, and for curing Costiveness, Jaundice, Indigestion, Foul Stomach, Breath, Headache, Erysipelas, Rheumatism, Eruptions and Skin Diseases, Biliousness, Dropsy, Tumors, Worms, Neuralgia, as a Dinner Pill, for Purifying the Blood,



tic medicine that can be employed: cleansing the stomach and bowels, and even the warm stockings, large boots, and over- blood. In small doses of one pill a day, shoes when in the snow or wet. Wear | they stimulate the digestive organs and

AYER'S PILLS have been known for more than a quarter of a century, and have obtained a world-wide reputation for their virtues. They correct diseased action in the several assimilative organs of the and wiping the head and face, wet with | body, and are so composed that obstructhe hands every part of the body. Cold | tions within their range can rarely withstand or evade them. Not only do they cure the every-day complaints of everybody, but also formidable and dangerous discases that have baffled the best of human skill. While they produce powerful effects, they are, at the same time, the safest and best physic for children. By their aperient action they gripe much less than the common purgatives, and never give pain when the bowels are not inflamed. They reach the vital fountains of the blood, and strengthen the system by freeing from the elements of weakness.

Adapted to all ages and conditions in nor any deleterious drug, these Pills may be taken with safety by anybody. Their sugar-coating preserves them ever fresh, and makes them pleasant to take; while being purely vegetable, no harm can arise from their use in any quantity.

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travelling in this country, says that most of the Horse and Catale Powders sold here are worthless trach. He mays that Sheridan's Condition Powders are absolutely pure and immense'y valuable. Nothing on earth will make hens lay like Sheridan's Condition Powders. Dose one tenspoonful to one pint food.

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1879 WINTER ARRANGEMENT 1879

TRAINS leave Halifax daily (Sunday L excepted as follows:-(Halifax time.)

At 8.30 a. m.-Express for St. John, Pictou, and intermediate places. operation, moving At 1.16 p. m.—Express for Quebec and the bowels surely intermediate places. At 5.30 p. m.-Accommodation for Truro.

At 9.16. a. m. - Accommodation from Truro. At 1.56 p. m.,—Express from Quebec and from St. John. searching cathar- At 8.30 p. m.-Express from St. John, and

> Dec. 3, 1879. Railway.

Winter Arrangement,

Commencing 4th Dec., 1879. GOING WEST. Halifax Leave 45 Windsor. 64 Wolfville. Leave 11 00 P.M. 12 30 11 32 1 18 P. M. Arrive 10 45 12 00 7 15 71 Kentville, 83 Berwick. 12 20 2 30 102 Middleton. Arrive 1 45 4 20 130' Annapolis.

St. John, GOING EAST. St. John, Leave Annapolis, 28 Middleton. Leave 47 Berwick.

130 Halifax Steamer "Scudd" leaves St. John every Monday, Wednesday and Saturday for Annapolis, and returns the same day on arrival of train.

Arrive

P.M.

7 07 12 30 6 31

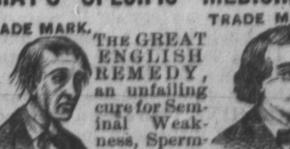
59 Kentville,

66 Wolfville. 84 Windsor,



Leaves Antigonish at 9 a.m., and New Glasgow at 1.45 p. m. Arrive at New Glasgow at 11.30 a. m., and at Antigonish at 4.15 p. m.

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Before Taking Impotency, After Taking. and all diseases that follow as a sequence of Self-Abuse; as loss of Memory, Universal Lassitude, Pain in the Back, Dimness of Vision, Premature Old Age, and many other Diseases that lead to Insanity or Consumption and a Premature Grave. which we desire to send free by mail to Manufacturers. Cheapest in the Market, every one. The Specific Medicine is sold by all druggists at \$1 per package, or six packages for \$5, or will be sent free by mail on receipt of the money by addressing THE GRAY MEDICINE CO.,

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