

The Messenger Almanac.

DECEMBER.

Last Quarter, Dec. 6th, 3h. 20m. A.
New Moon, " 13th, 6h. 50m. M.
First Quarter, " 20th, 7h. 2m. M.
Full Moon, " 28th, 0h. 2m. A.

Table with columns for Day, SUN. Rise, SUN. Sets, MOON. Rise, MOON. Sets, High Tide at Halifax. Rows for days 1M through 31W.

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes later than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes later, and at St. John's Newfoundland, 20 minutes earlier than at Halifax.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sun subtract the time of rising.

FOR THE LENGTH OF THE NIGHT.—Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

BAPTIST CHURCH REQUISITES.

- Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3 each. Alphabetical List of Members 40 cents each.

PATENTS

obtained for new inventions, or for improvements in old ones. Caveats, Trade Marks and all patent business promptly attended to.

EX INTERCOLONIAL RAILWAY.

- RECEIVED THIS DAY, 30 bxs. Satin Face Starch, 25 " Durham Corn Flour, 25 " Champion Washington Crystal, 20 " Ex Macaroni, 50 " Assorted Pipes, 6 Cases Alkali, 5 " Gillott's Hop Yeast, 1 " Transparent Soap, 2 " Coleman's Mustard, 2 " Keen's do, 1 " Reckett's Blue.

TRURO

MARBLE & FREESTONE WORKS, CORNER OF Prince & Waddell Sts., Truro, N. S. A. J. WALKER, Proprietor.

THE HOUSEHOLD

GLUTEN IN WHEAT.—Wheats differ both in the proportion of gluten and in the quality. In some it is tougher and more fibrous, or "stronger," than in others.

LOCKJAW.—A correspondent of the Scientific American, says: "Let any one who has an attack of lockjaw take a small quantity of turpentine, warm it and pour it on the wound, no matter where the wound is, and relief will follow in less than one minute."

The Welsh peasants almost live upon oat cake and buttermilk. Invalids suffering from indigestion, will do well to drink buttermilk at meal times.

A sprinkle of fine salt thrown on the coals when meat is broiling will prevent drops of fat from the meat burning, so as to smoke the meat and impair its flavor.

To polish the piano, saturate a piece chamois skin in sweet oil and apply faithfully to every part. Then, with a dry skin rub well, renewing the pieces as they become greased with the oil.

VARIETIES.

What is to be done for a man who has no mind of his own?—His wife should give him a piece of hers.

There is said to be in Milwaukee the champion marrying justice. There is nobody to equal the neatness and despatch with which he ties the knot.

Over a bridge at Athens, Georgia was the following: "Any person driving over this bridge in a faster pace than a walk, shall, if a white person, be fined five dollars, and if a negro, receive twenty-five lashes, half the penalty to be bestowed on the informer."

"What quantities of dried grasses you keep here Miss Stebbins. Nice room for a donkey to get into." "Make yourself at home," she responded with sweet gravity.

Miss Dod's cooking lecture, the other evening. Lady soliloquizing: "Now that she's got it cooked, I wished she'd tell us how to use up cold mutton."

An Irishman, at the imminent risk of his life, stopped a runaway horse a few days ago. The owner came up after a while, and quietly remarked, "Thank you sir. 'An' faith, an' how are ye a-going' to divide that betwene two of us?" replied Pat.

A lady engaged to be married, and getting sick of her bargain, applied to a friend to help her untie the knot before it was too late. "O certainly," she replied, "it is very easy to untie it when it is only a beau-knot."

"JOHNNIE" said a man, winking at a dry-goods clerk of his acquaintance, "you must give me good measure. Your master is not in." Johnnie looked solemnly into the man's face, and replied "My Master is always in."

HEALTH HINTS.

HOW TO PRESERVE HEALTH.—The first step at secret of good health is good habits, and the next is regularity of habits. They are briefly summed up in the following:—

1.—Sleep. Give yourself the necessary amount of sleep. Some men require five hours of the twenty-four; others need eight. Avoid feather beds. Sleep in a garment not worn during the day.

2.—Dress. In cold weather dress warmly with underclothing. Remove muffler, overcoat, overshoes, &c., when remaining any considerable length of time in a warm room. Keep your feet warm and dry. Wash them in warm water two or three times a week.

3.—Cleanliness. Have always a pint or quart of water in the sleeping room. In the morning after washing and wiping the head and face, wet with the hands every part of the body. Cold water will not be disagreeable when applying it with the bare hands.

4.—Inflation of the Lungs. Five minutes spent in the open air, after dressing, inflating the lungs by inhaling as full a breath as possible, and pounding the breast during the inflation, will greatly enlarge the chest, strengthen the lung power, and very effectually ward off consumption.

5.—Diet. If inclined to be dyspeptic, avoid highly seasoned food. Eat at regular hours, and lightly near the hour of going to bed. Eat slowly. Thoroughly masticate the food. Do not drink while eating. Tell your funniest stories while at the table, and for an hour afterwards.

6.—Exercise. Exercise sufficient to produce a gentle perspiration, should be had each day in the open air.

7.—Condition of Mind. Be hopeful and joyous. To be so, avoid business entanglements that may cause perplexity. Keep out of debt. Live within your income. Attend church regularly. Walk, ride, mix in good company. Do as nearly right as you know how. Do your duty, and trust in God, who doeth all things well.

AGRICULTURE.

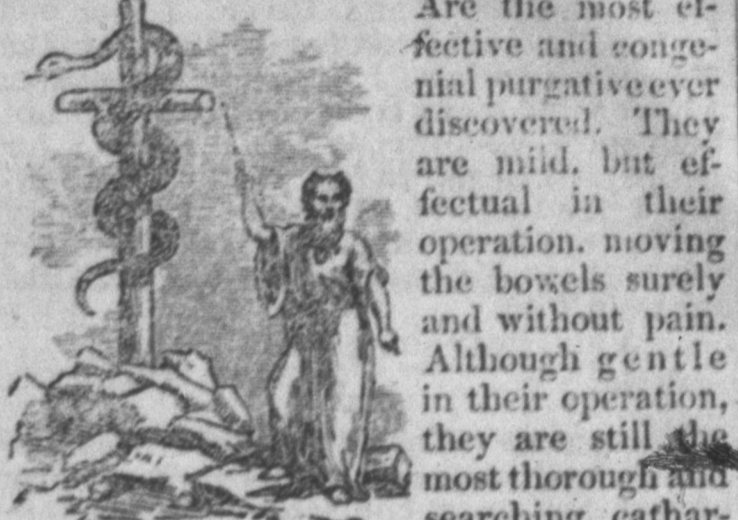
SPREADING MANURE.—There can be no waste in spreading manure at this season as fast as it is made. There is more danger of waste by keeping it in the air and to the washing by frequent rains. From the time that the manure is dropped until it is spread upon the land, it is subject to waste by gradual decomposition.

HAY FOR HOGS.—The Nebraska Farmer says:—"But few men are aware of the fact that hay is very beneficial for hogs, but it is true nevertheless. Hogs need some rough food as well as horses, cattle, or the human race. To prepare it, you should have a cutting box (or hay-cutter), and the greener the hay, the better. Cut the hay as short as oats, or shorter, and mix with bran, shorts, or middlings, and feed as other food. Hogs soon learn to like it, and if soaked in swill, as other sloop food, is highly relished by them. In winter use for the hogs the same hay you feed to your horses and you will find that, while it saves bran shorts or other food, it puts on flesh as rapidly as anything that can be given them. The use of hay can be commenced as early as the grass will do to cut, and when run through the cutting box can be used to advantage by simply soaking in fresh water until it sours. Try it."

A piano affords a young lady a good chance to show her fingering and her finger-ring.

Ayer's Cathartic Pills,

For all the purposes of a Family Physic, and for curing Constiveness, Jaundice, Indigestion, Foul Stomach, Breath, Headache, Erysipelas, Rheumatism, Eruptions and Skin Diseases, Biliousness, Dropsy, Tumors, Worms, Neuralgia, as a Dinner Pill, for Purifying the Blood.



Are the most effective and congenial purgative ever discovered. They are mild, but effectual in their operation, moving the bowels surely and without pain.

AYER'S PILLS have been known for more than a quarter of a century, and have obtained a world-wide reputation for their virtues. They correct diseased action in the several assimilative organs of the body, and are so composed that obstructions within their range can rarely withstand or evade them.

Adapted to all ages and conditions in all climates, containing neither calomel nor any deleterious drug, these Pills may be taken with safety by anybody. Their sugar-coating preserves them ever fresh, and makes them pleasant to take; while being purely vegetable, no harm can arise from their use in any quantity.

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PATENTS

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NEW RICE BLOOD

MAKES HENS LAY. An English Veterinary Surgeon and Chemist now travelling in the country, says that most of the Hens and Old Hens and Hens are worthless trash. He says that his "New Rice Blood" is a valuable pure and harmless medicine. Nothing on earth will make hens lay like his "New Rice Blood." Do not be deceived by cheap imitations.

JOHNSON'S ANODYNE LINIMENT.

AGENTS For the Victoria Bible Committee, 1015 Front Street, Victoria, B.C. WANTED: Commissionary on the whole of the Province of British Columbia. Price \$2.50. BRADLEY, GARRISON & CO., Victoria, B.C. Oct. 22. 177.

INTERCOLONIAL RAILWAY.

1879 WINTER ARRANGEMENT 1879

TRAINS leave Halifax daily (Sunday excepted) as follows:— (Halifax time.)

Table with columns for Train Name, Time, Destination. Rows for 8.30 a.m., 1.16 p.m., 5.30 p.m., 9.16 a.m., 1.56 p.m., 8.30 p.m.

WINDSOR & ANNAPOLIS Railway.

Winter Arrangement, Commencing 4th Dec., 1879.

Table with columns for Miles, Train Name, Time, Destination. Rows for GOING WEST and GOING EAST.

HALIFAX and CAPE BRETON RAILWAY.

Table with columns for Train Name, Time, Destination. Rows for Steamer "Scudd", 8.00, 2.15, 3.27, 5.00, 5.10, 5.31, 6.25.

GRAY'S SPECIFIC MEDICINE.

TRADE MARK. THE GREAT ENGLISH REMEDY, an unfailing cure for Seminal Weakness, Spermatorrhoea, etc. Before Taking Impotency, After Taking, and all diseases that follow as a sequence of Self-Abuse; as loss of Memory, Universal Lassitude, Pain in the Back, Dimness of Vision, Premature Old Age, and many other Diseases that lead to Insanity or Consumption and a Premature Grave.

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