

The Messenger Almanac.

Table with columns for Day, SUN., MOON., High Tide, and various moon phases like New Moon, First Quarter, Full Moon, Last Quarter.

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

AGENTS for the Christian Messenger.

- Advocate Harbor—R. W. Spicer. Amherst—W. F. Cutten, Esq. Antigonish—T. M. King, Esq. Aylesford—Rev. Dr. Tupper.

AGENTS For the Pictorial Bible Commentaries. WANTED.—The most complete and comprehensive...

HEALTH HINTS.

HOW TO GET FLESH.—How is a very thin lady, weighing but little more than a hundred pounds, to become more fleshy? There is no rule applicable alike to all conditions and constitutions.

MILK AS FOOD IN SUMMER.—The virtue of milk as food is not sufficiently appreciated. A gallon has a food value equal to 2 1/2 pounds of beefsteak free of bones.

THE SKIN OF A BOILED EGG is the most efficacious remedy that can be applied to a boil.

THE HOUSE.

COLD CATSUP.—To half a peck of ripe tomatoes, three green and three red peppers, and a large bunch of celery, all cut fine, add three pints vinegar, one teacup of salt, one teacup mustard seed, one teacup grated horse-radish, and two tablespoonfuls black pepper; mix well and bottle.

TO PRESERVE BRIGHT GRATES.—To preserve bright grates or fire-irons from rust, make a strong paste of fresh lime and water, and with a fine brush smear it as thickly as possible over all the polished surface requiring preservation.

CHICKEN PUDDING.—Take some of the least promising of your chickens, put them away to fast during six or seven hours, kill them, have them picked quite clean, hang them in a cool larder for a day and night, put the neck, the gizzard (having first taken out the inside), the liver, and the heart, in a small quantity of water, and let them boil for gravy.

venient pieces the rest of the chicken. Then make a nice suet crust. Take a basin according to the size you desire, line it well with crust, and then dispose your pieces artistically, as though you were making mosaic work—do not throw them in. Tie the basin with a cloth, and boil long and gently.

THE FARM.

COMPARISON OF HORSE AND COW MANURE.—If a cow is giving milk, or is in calf, her manure will be of poor quality. If a horse is young and growing, his manure will be poor.

Table comparing Horse manure and Cow manure with columns for Water, Nitrogen, and Phosphoric acid.

LOSS OF CUD.—The loss of the power to raise the cud is not a disease, but is a sign of disease elsewhere. Probably the trouble is indigestion. It may arise from various causes.

SCIENCE.

Man's Remote Ancestor. The ancestor remote of man Says D—w—n, is th'ascidian, A scanty sort of water-beast That, 90,000,000 years at least Before gorilla's came to be, Went swimming up and down the sea.

Th' ascidian tadpole, young and gay Dith life with one bright eye survey. His consciousness has easy play, He's sensitive to grief and pain, Has tail and spine, and bears a brain, And everything that fits the state Of creatures we call vertebrate.

And we, his children, truly we In youth are, like the tadpole, free. And where we would we blithely go, Have brains and hearts, and feel and know. Then age comes on. To habit we Affix ourselves, and are not free; Th' ascidian's rooted to a rock, And we are bond-slaves of the clock; Our rock is medicine—letters—law, From these our heads we cannot draw; Our loves drop off, our hearts drop in, And daily thicker grows our skin. We scarcely live, we scarcely know The wide world's moving ebb and flow, The changing currents ring and shock, But we are rooted to the rock. And thus at ending of his span, Blind, deaf and indolent, does man Revert to the ascidian.

THE SONG OF SCIENCE.

Trilobite, Graptolite Nautilus pie, Seas were calcareous, Oceans were dry. Eocene, miocene, Pliocene, tuff, Lias and trias, And that is enough. O, sing a song of phosphates, Fibrine in a line. Four and twenty follicles In the van of time. When the phosphorescence Evolved brain, Superstition ended, Man began to reign.

Teacher—"Suppose that you have two sticks of candy, and your big brother gives you two more; how many have you got then?" Little Boy—(shaking his head) "You don't know him. He aint that kind of a boy."

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Summer Arrangement, For Halifax Time add 16 minutes.

Table for Windsor and Annapolis Railway showing GOING WEST and GOING EAST with columns for Miles, Express, Passengers, and Freight.

Steamer "Empress" leaves St. John every Monday, Wednesday and Friday for Digby and Annapolis, and leaves Annapolis on arrival of Express Train from Halifax at 1.40 p. m. every Tuesday, Thursday and Saturday for Digby and St. John.

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Leaves Antigonish at 9 a. m., and New Glasgow at 1.45 p. m. Arrives at New Glasgow at 11.30 a. m., and at Antigonish at 4.15 p. m.

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