852	THE	CHRISTIAN MESSENGI	ER. NOVEMBER 3, 1880.
Cirst Quarter, "9th, 4h. 6m. M.   Yull Moon, "16th, 4h. 25m. A.   Sun Quarter, "24th, 10h. 51m. A.   Day N. MOON. High Tide   W. Rise.Sets. Rises.South.Sets. at Hallfax   M. 6 42 4 46 5 40 10 42 3 44 6 35 6 35   Y. Rise.Sets. Rises.South.Sets. at Hallfax   M. 6 45 4 43 8 12 A. 37 5 2 6 57 3 838 5 57 8 38   S W. 6 45 4 43 8 12 A. 37 5 2 6 57 8 38 5 57 8 38   5 Fr. 6 47 4 40 10 24 2 42 7 0 9 222 9 22 6 58 4 31 59 4 42 9 25 10 56 8 M. 6 51 4 36 A. 33 5 36 10 39 11 51 M   9 Tu. 6 53 4 35 1 3 6 27 11 51 M M 0 53 1 51 M 9 53   9 Tu. 6 56 4 32 1 52 8 0 1 0 2 4 4 1 0 2 4 4 1 0 2 4 4 1 0 2 4 4 1 0 2 4 4   9 Tu. 6 56 4 32 1 52 8 0 1 0 2 4 1 0 2 4 4 1 0 2 4 4 1 0 2 4 4   9 Fr. 6 58 4 31 2 17 8 46 2 8 3 23 1 3 2 3 1 0 2 4	lemons, soda, pickles, and the like. Avoid an exclusively meat diet, late hours, and all violent exercise. Eat milk, vegetables, and farinaceous food, and eat regularly once in four or six hours. Go to bed always at an early hour on a well-filled stomach. Leave off corsets, heavy clothing hanging to the hips, and light shoes. Fear God and keep his commandments, and spend the chief part of each day in useful in- dustry: If this does not increase the flesh, nothing will that we know of. MILK AS FOOD IN SUMMER.—The virtue of milk as food is not sufficiently appreciated. A gallon has a food value equal to 2½ pounds of beefsteak free of bones. The gallon of milk costs 20 cents, while the beef would cost from 25 to 50 cents. Milk is especially wholesome in summer, and might ad vantageously be made to form part o	basin according to the size you desire, line it well with crust, and then dispose your pieces artistically, as though you were making mosaic work—do not throw them in. Tie the basin with a cloth, and boil long and gently. THE FARM. COMPABISON OF HORSE AND COW MANURE.—If a cow is giving milk, or is in calf, her manure will be of poor quality. If a horse is young and growing, his manure will be poor. The manure from old animals is always richer than that from young. Bearing these things in mind, it will be seen that any calculations as to the re- lative value of the manure from the dif- ferent animals must be approximations only. The best comparison yet made is that of Boussingault and Payen. Horse Cow manure. Per cent. Water	BROKENSHIRE'S PATENT MINERAL FIRE OF COMPOSITION FOR- CAND COMPOSITION FOR- PATRS, SIDEWALKS and Cellar Floors: <b>ACCENT MINERAL FIRE-PROOF ROOFING</b> There is an old saying that "necessity is the mother of invention," and perfur- tions for the say of the say our Builders and Architects, more than a gr Mathematical to cover flat roofs, and one that dependence can be placed in. It is the one that will be proof against fire and water, and one that will neither err with the frost of winter nor run with the heat of summer. These faults have be and and the flooring Materials, and have been the cause of much annoya well as serious expense. The transformed by competent judges to be "far superior to anythe statistic covered for SAFETY and DURABILITY, being perfectly safe from sponder to baring singles, and quite impervious to winter frost or summer heat." TATHS, SIDEWALKS and CELLAR FLOORS made of this Composition bear hard and durable almost as iron, and proof against atmospheric influence. The undersigned is now prepared to show samples of the Roofing and composition may be had in barrels, and sent to the undersigned is now prepared to show samples of the Roofing and composition may be had in barrels, and sent to
THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrsboro,'Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro. High water at Pictou and Cape Tormen- tine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 min- utes LATER, and at St. John's, Newfound- land, 20 minutes EARLIER, than at Halifax. At Charlottetown, 2 hours 56 minutes LATER. A Westport, 2 hours 54 minutes LATER. A Yarmouth, 2 hours 20 minutes	pared for the reception of a meal by first receiving some form of liquid food. A glass of milk or some bread and milk at the beginning of a meal prepares the the stomach for more solid food. During the hot months, milk is cooling to the system and healthful, while too much meat is heating and tends to produce digestive derangements. The milk may	the nature of the food and the age of the animals makes all the difference. Other things being equal, that class of manure which contains the most nitrogen will be most beneficial to light gravelly soils. Loss of CUD.—The loss of the power to raise the cud is not a disease, but is	The most Perfect Satisfaction Guaranteed ! Price and full particulars and testimonials on application to GEO. FRASER, Agent for the Maritime Provinces and Newfoundland Bedford Row, Halifax, July 1st, 1880. BAPTIST CHURCH REQUISIT Articles and Covenant \$1.00 per 100 Articles and Covenant \$1.00 per 100

FOR THE LENGTH OF THE DAY.-Add 12 the system equally as well as solid meat. the trouble is indigestion. It may arise LATER.

a sign of disease elswhere. I rouably INTERCOLONIAL RAILWAT.

Oh wear By sir 'Tis Jesu Come Know'st

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hours to the time of the sun's setting, and from the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHT .- Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

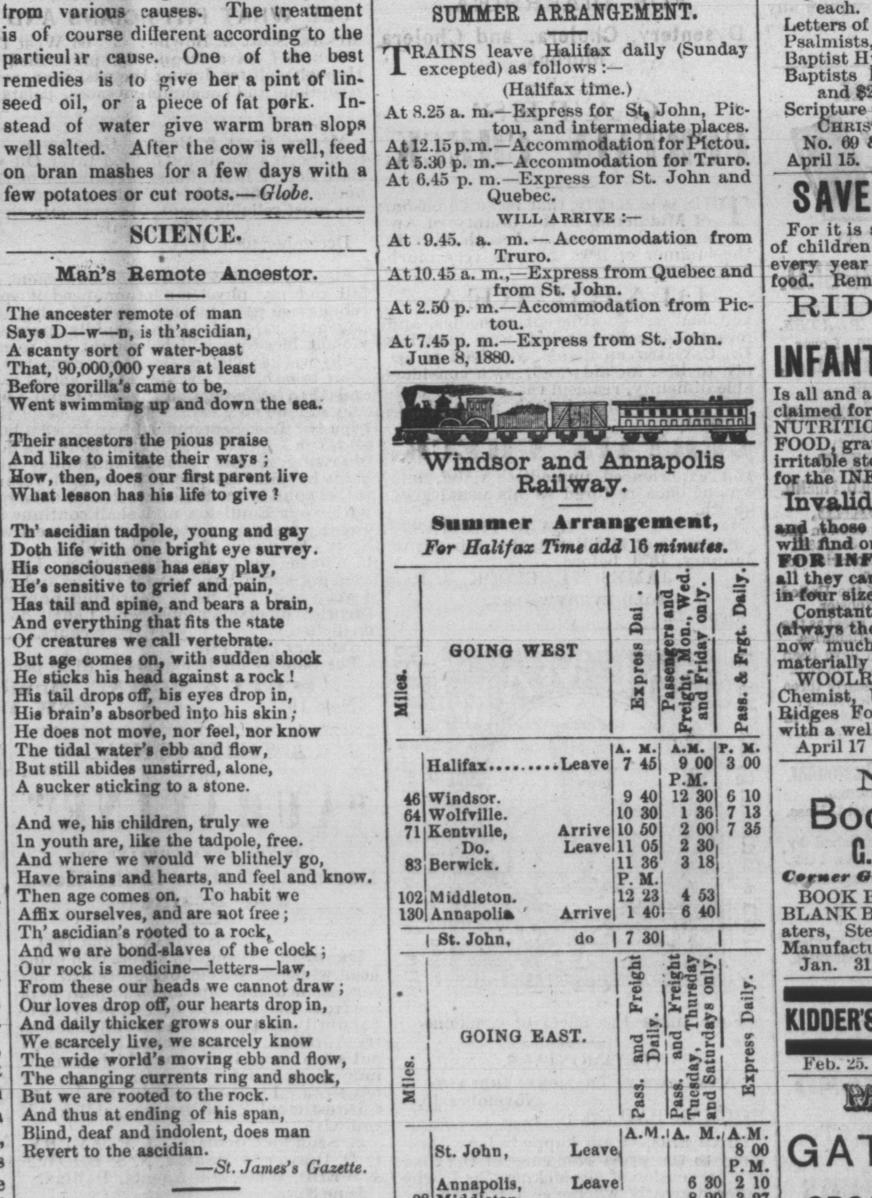
Agents for the Christian Messenger.

NOVA SCOTIA

Advocate Harbor-R. W. Spicer. SAVE THE NATION tian at work. few potatoes or cut roots.-Globe. Quebec. Amherst- -W. F. Cutten, Esq. The skin of a boiled egg is the most WILL ARRIVE :--Antigonish-T. M. King, Esq. For it is sadly too true that thousands of children are STARVED TO DEATH SCIENCE. At 9.45. a. m. - Accommodation from Aylesford-Rev. Dr. TUPPER. efficacious remedy that can be applied Aylesford Upper-Rev. J. L. Read. Acadia Mines-I. D. Cook. Truro. every year by improper or insufficient food. Remember, to a boil. Peel it carefully, wet and At 10.45 a. m.,-Express from Quebec and Man's Remote Ancestor. apply it to the part affected. It will Barrington-Rev. W. H. Richan. Berwick-John M. Parker, Esq. from St. John. RIDGE'S FOOD At 2.50 p. m.-Accommodation from Picdraw off the matter, and relieve the Berwick-John M. Farker, Esq. Bridgewater-Wellesley J. Gates. Bridgetown-Nathan R. Morse. Brighton, Digby County-N. R. Westcott, Esq. Brookfield-A. J. Leadbetter. The ancester remote of man Says D-w-n, is th'ascidian, soreness in a few hours. At 7.45 p. m.-Express from St. John. INFANTS AND INVALIDS, A scanty sort of water-beast June 8, 1880. That, 90,000,000 years at least THE HOUSE. Beal's Mountain-John Whitman. Bass River-Robinson Thompson. Caledonia-B. L. Telfer. Before gorilla's came to be, Is all and a great deal more than we have Went swimming up and down the sea. claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated COLD CATSUP .- To half a peck of Chester-Dr. DeWitt. Their ancestors the pious praise FOOD, grateful to the most delicate and ripe tomatoes, three green and three red Clements-Jas. E. Potter, Esq. And like to imitate their ways ; Windsor and Annapolis irritable stomach, and especially adapted for the INFANT and GROWING CHILD. peppers, and a large bunch of celery, Cornwallis-J. E. Lockwood. How, then, does our first parent live Railway. Canso --- W. A. Hutcheson. Do., Canning-Jas S. Witter, Esq. Digby-Rev. Joseph H. Saunders. Digby Joggins-Wm. Aymar, Esq. Digby Neck-Rev. J. C. Morse. all cut fine, add three pints vinegar, one What lesson has his life to give ? Invalids, Nursing Mothers, teacup of salt, one teacup mustard seed, Summer Arrangement, and those suffering from INDIGESTION Th' ascidian tadpole, young and gay Doth life with one bright eye survey. one teacup grated horse-radish, and will find on trial that RIDGE'S FOOD For Halifax Time add 16 minutes. two tablespoonfuls black pepper; mix FOR INFANTS AND INVALIDS, is DeBert River-Wm. McCully, 4th. Dalhousie East-Thomas A. Wilson. His consciousness has easy play, all they can desire. It is carefully put up Daily well and bottle. He's sensitive to grief and pain, and We Economy—Josiah Soley. Granville—Joseph D. Halfyard. Guysborough—Christopher Jost, Esq. Greenfield—Robert Harlow. in four sizes. Has tail and spine, and bears a brain, And everything that fits the state Constant users will find our No. 4 size always the most economical size to buy) TO PRESERVE BRIGHT GRATES .- TO ers on. now much larger than formerly, thus materially lessening the expense. WOOLRICH, Dispensing and Family Chemist, Upper Water St., Depot for Bidges Food, Pick-me-up Bitters, &c., with a well-assorted stock of Pure Drugs. Of creatures we call vertebrate. preserve bright grates or fire-irons from GOING WEST Hantsport-C. I. Margeson, Esq., M. D. Hillsburgh-Nelson Miller, Esq. But age comes on, with sudden shock rust, make a strong paste of fresh lime He sticks his head against a rock ! lght, Hammond's Plains-David Thompson, Esq. and water, and with a fine brush smear His tail drops off, his eyes drop in, His brain's absorbed into his skin; Kempt-Joseph D. Masters, Esq. Kentville Melatiah Kinsman. it as thickly as possible over all the He does not move, nor feel, nor know polished surface requiring preservation. April 17 Liverpool-S. T. R. Bill, Esq. The tidal water's ebb and flow, A. M. A.M. P. M. Long Island—Isaiah Thurber, Esq. Londonderry, Great Village—Ezra Layton. Lawrencetown, Annapolis Co—Jas. Wheelock. Maccan, River Hebert—Hans Mills. Halifax ..... Leave 7 45 9 00 3 00 By this simple means all the grates and | But still abides unstirred, alone, Nova Scotia P.M. A sucker sticking to a stone. fire-irons in an empty house may be kept 9 40 12 30 6 10 10 30 1 36 7 13 10 50 2 00 7 35 46 Windsor. Book Bindery, 10 30 for months free from harm without 64 Wolfville. And we, his children, truly we Milton, Queen's-G. Whitfield Freeman, Esq. Arrive 10 50 71|Kentville, further care or attention. In youth are, like the tadpole, free. C. & T. PHILLIPS, Leave 11 05 11 36 P. M. 2 30 Mill Village-W. A. Reed. Do. And where we would we blithely go, Mahone Bay-Joseph Ham. Margaree, C. B.-Lachlen McDonald. 83 Berwick. 3 18 Have brains and hearts, and feel and know. Corner Granville & Sachville Streets. SCOTCH SCONES .- Put into a basin New Germany-Adam E. Durland. Then age comes on. To habit we 12 23 4 53 BOOK BINDERS, PAPERS BULERS, 102 Middleton. one pound of flour, half teaspoonful of Affix ourselves, and are not free; BLANK BOOKS, Manufacturers, Perfor-aters, Steam Machine PAPER BAG Arrive 1 40 6 40 Newport-Wm. H. Knowles. 130 Annapolia baking soda and a large pinch of Th' ascidian's rooted to a rock, Nictaux-W. A. Morse do | 7 30| | St. John, New Albany-Daniel Whitman. New Tusket-Henry C. Sabean. And we are bond-slaves of the clock ; Manufacturers. Cheapest in the Market. salt. Mix these ingredients well toss. and Freight esday, Thursday I Saturdays only. Jan. 31. Our rock is medicine-letters-law, gether, then pour in half a pint of but-New Glasgow-J. F. Morrow. From these our heads we cannot draw North Kingston-Joseph Eaton. Onslow-J. B. McNutt, Esq. Paradise-M. E. Marshall. A Sure Asthma. termilk or sour milk, and make them Our loves drop off, our hearts drop in, KIDDER'S PASTILLES. Price 35 cts. by mail. STOWELL & CO. into a paste. Turn it out on to a bak-And daily thicker grows our skin. GOING EAST. Dai We scarcely live, we scarcely know ing board thickly covered with flour, Charlestown, Mass. Port Medway-James T. Foster. The wide world's moving ebb and flow, Portaupique-Joseph Upham. Feb. 25. work a little with the hand to make it Expl The changing currents ring and shock, Pubnico-Isaac Larkin. Mil smooth, then dust the paste well with But we are rooted to the rock. MHUSHE ALLo Pugwash-Angus McDonnell. Pas Pa Parrsborough-Joseph M. Layton. flour and roll out to the thickness of a And thus at ending of his span, Rawdon-John McLearn, Esq. Blind, deaf and indolent, does man A.M.IA. M.A.M. River Philip—Thomas H. Patton. Locke's Island—X. A. Chipman, Esq. St.Mary's Bay, Digby Co.—Chas.McNeill, Esq. New Ross—James Lantz. quarter of an inch, cut it into shapes, ES BROS., GAT Revert to the ascidian. Leave 8 00 St. John, and lay them on a hot stove plate. As P. M. -St. James's Gazette. soon as they are a little done on one 6 30 2 10 Manufacturers of Leave Annapolis, side turn on the other, and bake until ORGANS AND PIANOS. 8 20 3 27 9 46 4 16 28 Middleton. Springfield-Isaac McNayr, Esq. THE SONG OF SCIENCE. 47 Berwick. Sydney, North, C. B .- A. G. Musgrave. the raised parts are slightly brown. 10 40 4 47 59 Kentville, Arrive Sydney Towu, C.B .-- C. H. Harrington, Esq. Organs from \$75 and upwards. War-Trilobite, Graptobite Leave 6 35 11 15 4 57 When the scones are done, serve, or, if do Tremont-John Wheelock, Esq. ranted for 7 years. 7 02 11 45 5 18 66 Wolfville. Nautilus pie, required to be eaten cold, place them Truro-L. J. Walker, Esq. Upper Wilmot-Rev. W. E. Hall. Westport-Charles Payson. P.M. Pianos \$200 and upwards. Seas were calcareous, in a cloth, which will soften them, and Arrive 8 20 1 15 6 13 Arrive 11 00 4 30 8 10 The usual discount to Clergymen, 84 Windsor, Oceans were dry. Churches, Teachers and Societies. 130 Halifax let them lie until wanted. In Scotland Windsor-Andrew P. Shand. Factory- MELVERN SQUARE, scones and oatcakes are baked on a Wilmot-Dr. J. Woodbury Wilmot, Canaan Road-Fletcher Wheelock. Steamer " Empress " leaves St. John every Monday, Wednesday and Friday for Digby Eocene, miocene, Annapolis Co. girdle, but the hot plate will be found Pilocene, tuff, and Annapolis, and leaves Annapolis on arri- Sales Boom 120 GRANVILLE STREET, Wilmot Mountain-Jas. P. Foster, Esq. to answer very well. Lias and trias, val of Express Train from Halifax at 1.40 p. m. every Tuesday, Thursday and Saturday for Digby and St. John. Wolfville-G. V. Rand. Near Province Building, Halifax. Yarmouth-C. W. Sanders. And that is enough. ENCOURAGE HOME MANUFACTURES. Deerfield-Rev. J. A. Stubbert. Do., CHICKEN PUDDING .- Take some of Save Duty and High Commissions. Hebron-Wm. R. Doty. O, sing a song of phosphates, Do., **HALIFAX** and CAPE BRETON Keep the money in the country. ent. C. E. GATES, Musical Departm, Ohio-George Crosby, Esq. the least promising of your chickens, Do., Fibrine in a line. ST. JOHN, N. B.-John F. Marsters, Esq. put them away to fast during six or RAILWAY. Four and twenty follicles G. O. GATES, Manufacturing, PRINCE EDWARD ISLAND. seven hours, kill them, have them picked W. J. Gates, Manager. In the van of time. Bedeque-Rev. E. N. Archibald. Leaves Antigonish at 9 a.m., and New quite clean, hang them in a cool larder Oct. 1. Cavendish-Rev. J. B. Woodland. Glasgow at 1.45 p. m. for a day and night, put the neck. the When the phosphoresence Crapaud-Dr. Tremaine. Arrives at New Glasgow at 11.30 a.m., and at Antigonish at 4.15 p.m. THE CHRISTIAN MESSENCER Charlottetown-James Desbrisay, Esq. Evoluted brain, gizzard (having first taken out the in-West River-Rev. Malcom Ross. Is published every WEDNESDAY. Terms —Two DOLLARS a year, when paid in ad-vance; if payment is delayed over three months \$2.25, when over six months \$2.50 POSTAGE PREPAID. Superstition ended, side), the liver, and the heart, in a small East Point, P. E. 1.-Wm. M. McVane. Western Counties Railway. Man began to reign. quantity of water, and let them boil AGENTS For the Pictorial Elble Commentate -Rev. Joseph Cook. for gravy. Take a sharp knife, and Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.15 a. m. on AGENIS I.OIS Pages. 475 Illustrations and Maps. MANTED Commentary on the entire Scriptures (ir one vol.) ever published. Price. 83.75 cut from the point of the breast-bone to Monday, Wednesday and Friday; and at 11.45 a. m., on Tuesday, Thursday and STEPHEN SELDEN, PROPRIETOR, the wing, being careful to keep the edge Teacher-" Suppose that you have Office No. 69 5 71 Granville Street, of the knife against the bone all the two sticks of candy, and your big BRADLEY, GABEETSON & Co., L'rantford, Ontario. Saturday. time, that no meat may remain on the carcase; raise the meat that is divided, and remove it whenever it adheres to the bone. Cut up and chop into con- the bone. Cut up and ch Halifax, N. S. Oct. 22. lyr. \$66 a week in your own town. Terms and \$5 outfit free. Address H. HALLETT & Co., Portland, Maine. \*Sept. 29, 1880.

The milk eaters, also, will be much less subject to the diseases and affections incident to hot weather. Milk is especially adapted to the wants of children. A change of diet from bolted flour, bread and butter, to wheat bread and milk, will often effect a remarkable change in the health of a child .-- Chris-

from various causes. The treatment is of course different according to the particular cause. One of the best remedies is to give her a pint of linseed oil, or a piece of fat pork. Instead of water give warm bran slops on bran mashes for a few days with a



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each.