

The Messenger Almanac.

Table with columns for Sun, Moon, High Tide, and dates from Sept 1 to 30. Includes moon phase information and tide times.

THE TIDES.—The column of the Moon's Position gives the time of high water at PARSBORO, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

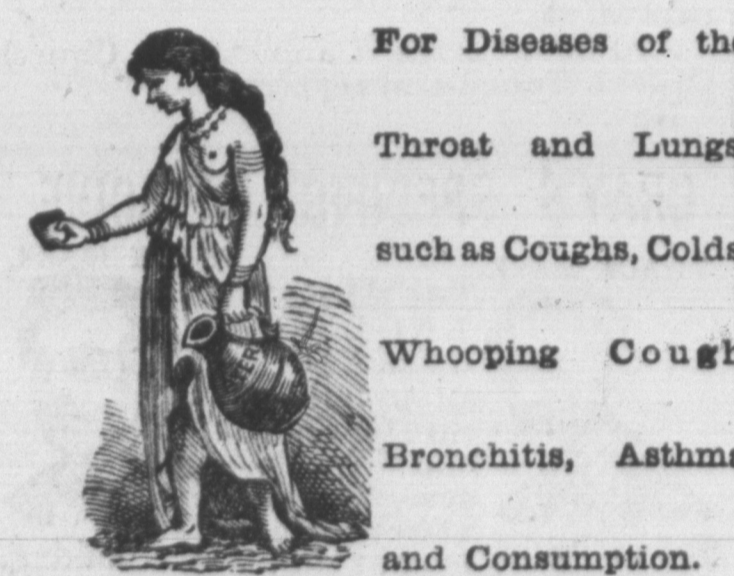
High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHT.—Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

WHOLESALE. SMITH BROS. JUST OPENED 60 Cases

LADIES' AMERICAN HATS. Straw, Leghorn & Tuscan. A CHOICE ASSORTMENT OF STYLES TO ARRIVE By next Steamer from England, A Lot of Goods! SO ORDERED TO ASSORT STOCK. May 12.

Ayer's Cherry Pectoral



For Diseases of the Throat and Lungs, such as Coughs, Colds, Whooping Cough, Bronchitis, Asthma, and Consumption.

The reputation it has attained, in consequence of the marvellous cures it has produced during the last half century, is a sufficient assurance to the public that it will continue to realize the happiest results that can be desired.

PREPARED BY Dr. J. C. AYER & CO., Lowell, Mass., Practical and Analytical Chemists. SOLD BY ALL DRUGGISTS EVERYWHERE.

THE HOUSEHOLD

ARTIFICIAL OYSTERS.—One point of grated sweet corn, one-half cup sweet milk, one teaspoonful salt, one-half teaspoonful pepper, two cups flour, three eggs. Beat well and fry like small griddle cakes.

SUCCOTASH.—Put one pound of salt pork in with three pints of Lima beans, and cook them together; when almost done, put in one and a half dozen ears sugar corn grated. A very few minutes will suffice to cook the corn as it is almost the consistency of thick cream.

Soak wheat in water over night, season with salt, and boil until soft enough to be eaten with cream and sugar. This is the most wholesome and strengthening food mankind can possibly eat, and with wheat at \$1 per bushel is cheap enough.

HOMINY BREAKFAST DROPS.—Mix tablespoonfuls of boiled hominy; and two of rice flour; dissolve one teaspoonful of butter in one gill of milk, and pour them together, adding a little salt. Add flour enough to roll into cakes, which form with your biscuit cutter, and bake in a hot oven.

COTTAGE CHEESE.—Take a chicken cut it in small pieces, lay in a saucepan and cover with cold water; cook slowly until very tender, skimming carefully. Take the chicken and cook the liquor down to one cupful, remove all the bones, and pick the meat up very fine, season with salt, pepper, and butter, mix with the gravy, put in a mould (I use a milk pan), weight it, and let stand until very fine; then cut in slices for the table. It is excellent for lunch parties.

A NICE AND SIMPLE DESERT.—Take half a pint of rice, which must be put into a little cold water and boiled until nearly soft, now pour into it a pint of rich milk, and boil again, stirring it all the time; flavor with half a pound of sugar, and sweeten with a little rose water to the taste. Dip blanc-mange moulds in cold water and fill with the rice, which should be cooked to the consistency of stiff mush. It will harden in a short time, and turn out prettily upon a flat dish. Eat with preserves and cream, sugar and nutmeg; custard even may be used for variety's sake.

VARIETIES.

In taking the census in Utah a puzzling question arose. The enumerators could not decide what to do with plural wives in the classification list, which made no provision for that unlawful state of matrimonial affairs, and referred the matter to Superintendent Walker. Ought the women to go in as married or single? The Superintendent evaded the difficulty by directing them to take the women's word for it in all cases.

When a certain King of England visited Scotland, many years ago, the following conversation took place between two countrymen: Sandy—Well, Jock, hae ye seen the King? Jock—Oh, ay, I hae seen the King; but I wadno gang the length o' the street to see him again. He's just made like ither mon, an' they tell me 'his arms were a lion an' a unicorn.

A boy who had charge of a very stubborn donkey was one day beating it unmercifully because it would not go, when the minister of the parish, coming up, censured him for his cruelty. The boy resented the interference, and exclaimed, "I'm sure you needn't care, its none of your congregation."

Putting it neatly—Said the little pet of the household on her last birthday: "It's a lovely doll, dear grandpa and grandma; but—I've been hoping it would be twins."

"Mama," asked a little girl, "why is it we sing in the chapel, 'We'll dine no more,' and then come straight home to dinner?" Clear enunciation and good congregational singing often appear to be looked upon as having no manner of connection.

A music-seller announces in his window a sentimental song, "Thou hast loved and left me," for three cents.

HEALTH HINTS.

RULES FOR HEALTH.—We should not leave our souls to the ministers nor our health to the doctors. So the following simple rules for the preservation of health, especially through the changeable seasons of autumn, winter, and spring, should not be left entirely to health journals.

Never lean with your back against anything that is cold. Never begin to journey until breakfast is eaten.

Never take warm drinks and then immediately go out into the cold air. Keep the back—especially between the shoulder blades—well covered; also the chest well protected.

In sleeping in cold rooms establish a habit of breathing through the nose, and never with the mouth wide open.

Never go to bed with cold or damp feet; in winter toast them by the fire for ten or fifteen minutes before going to bed.

Never omit regular bathing; for unless the skin is in an active condition, the cold will close the pores and favor congestion and other diseases.

After exercise of any kind never ride in an open carriage nor near the window of a car for a moment.

When hoarse speak as little as possible until the hoarseness is recovered from, else the voice may be permanently lost, or difficulties of the throat produced.

Merely warm the back by a fire, and never continue keeping the back exposed to the heat after it has become comfortably warm. To do so is debilitating.

When going from a warm atmosphere into a colder one, keep the mouth closed so that the air may be warmed by its passage through the nose ere it reaches the lungs. Never stand still in cold weather, especially after having taken a slight degree of exercise; and always avoid standing upon ice or snow, or where the person is exposed to a cold wind.—Albany Argus.

In this season of boating and it is well to remember that, in a late communication to the French Academy, Professor Fort declared that he had restored to life a child three years old, by using artificial respiration, without becoming discouraged, for four hours, not having begun for three and a half hours after apparent death. Some time before Dr. Fournol, of Billancourt, resuscitated a person one hour after being taken from the water by the same means faithfully applied.

AGRICULTURE.

When a crop of rye has been taken off, barley may be sown, even as late as the first or second week in August, and this will give excellent green fodder till November, or till frost comes. It may be necessary to cut it, however, in October, on account of frost, but sometimes it will continue green into November but if cut in October and only partially cured, it will make excellent fodder in November, and effect a wonderful saving of the hay-mow.

TRANSPLANTING AT NIGHT.—A gentleman, anxious to ascertain the effect of transplanting at night, instead of by day, made an experiment with the following results: He transplanted ten cherry trees while in blossom, commencing at four o'clock in the afternoon. Those transplanted during the daylight shed their blossoms, producing little or no fruit; while those transplanted in the dark maintained their condition fully. He did the same thing with ten dwarf trees, after the fruit was one-third grown. Those transplanted during the day shed their fruit, those during the night perfected their crop and showed no injury from having been removed.

Barley should be cut, says "W.F.J." in The Country Gentleman, while quite green. There is no use in waiting for good weather, as barley will stain while standing, if dead ripe; but if cut green and left spread upon the ground, it will endure considerable wetting without injury. It should be cut with a reaper in a continuous swath, just as a cradle would lay it. It is a common mistake to leave it in bundles, the same as wheat or oats are cut. These bundles wet through and do not dry quick enough. But if left in swath as it will be if all the rakes to the reaper are in play, it will seldom injure much except under a continuous rain.

A Christian can no more hide his character than the sun can hide its face.

To Architects, Builders and Others.

BROKESHIRE'S PATENT MINERAL FIRE-PROOF ROOFING

—AND COMPOSITION FOR— Paths, Sidewalks and Cellar Floors!

PATENT MINERAL FIRE-PROOF ROOFING.

There is an old saying that "necessity is the mother of invention," and perhaps nothing is felt, as a want, by our Builders and Architects, more than a good Material to cover flat roofs, and one that dependence can be placed in. It must be one that will be proof against fire and water, and one that will neither crack with the frost of winter nor run with the heat of summer. These faults have been found with other Roofing Materials, and have been the cause of much annoyance as well as serious expense.

A material to meet these shortcomings has been invented and patented by Mr. JOHN BROKESHIRE, of Kingston, Ont., who has succeeded in introducing it extensively in that locality; and wherever it has been used it has given the greatest satisfaction.

This roofing is pronounced by competent judges to be "far superior to anything yet discovered for SAFETY and DURABILITY, being perfectly safe from sparks or blazing shingles, and quite impervious to winter frost or summer heat."

PATHS, SIDEWALKS and CELLAR FLOORS made of this Composition become hard and durable almost as iron, and proof against atmospheric influences.

The undersigned is now prepared to show samples of the Roofing, and to receive and attend to orders for spring and summer operations.

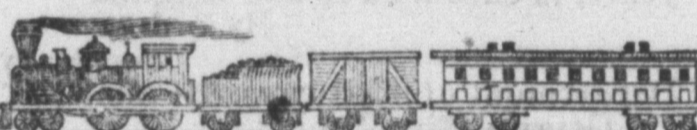
The Prepared Roofing and Composition may be had in barrels, and sent to any part of the Province, together with full directions for use.

The most Perfect Satisfaction Guaranteed!

Price and full particulars and testimonials on application to GEO. FRASER,

Agent for the Maritime Provinces and Newfoundland.

Bedford Row, Halifax, July 1st, 1880.



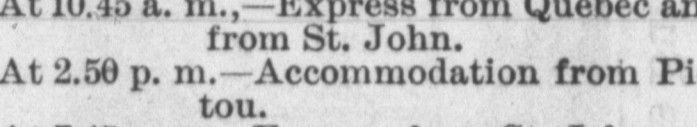
INTERCOLONIAL RAILWAY.

SUMMER ARRANGEMENT.

TRAINS leave Halifax daily (Sunday excepted) as follows:— (Halifax time.)

At 8.25 a. m.—Express for St. John, Pictou, and intermediate places. At 12.15 p. m.—Accommodation for Pictou. At 5.30 p. m.—Accommodation for Truro. At 6.45 p. m.—Express for St. John and Quebec.

WILL ARRIVE:— At 9.45 a. m.—Accommodation from Truro. At 10.45 a. m.—Express from Quebec and from St. John. At 2.50 p. m.—Accommodation from Pictou. At 7.45 p. m.—Express from St. John. June 8, 1880.



Windsor and Annapolis Railway.

Summer Arrangement, For Halifax Time add 16 minutes.

Table with columns for Miles, GOING WEST, GOING EAST, and train times for various stations like Halifax, Windsor, Wolfville, Kentville, etc.

Steamer "Empress" leaves St. John every Monday, Wednesday and Friday for Digby and Annapolis, and leaves Annapolis on arrival of Express Train from Halifax at 1.40 p. m. every Tuesday, Thursday and Saturday for Digby and St. John.

HALIFAX and CAPE BRETON RAILWAY.

Leaves Antigonish at 9 a. m., and New Glasgow at 1.45 p. m. Arrives at New Glasgow at 11.30 a. m., and at Antigonish at 4.15 p. m.

Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.15 a. m. on Monday, Wednesday and Friday; and at 11.45 a. m., on Tuesday, Thursday and Saturday.

Leaves Digby on Tuesday, Thursday, and Saturday at 3.30 p. m., and at 12.15 p. m. on Monday, Wednesday and Friday. Arrives at Yarmouth Tuesday &c., at p. m., and on Monday &c., at 4.15 p. m.

BAPTIST CHURCH REQUISITES.

Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3, each. Alphabetical List of Members 40 cents each. Letters of Dismission 50 cts. per quire. Psalmists, in all varieties, from 85 cts. Baptist Hymn Book from 50 cts. Baptists Hymn and Tune Book \$1.00 and \$2.25. Scripture Catechism, \$6.00 per 100. CHRISTIAN MESSENGER OFFICE. No. 69 & 71 Granville St., Halifax. April 15.

SAVE THE NATION!

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

RIDGE'S FOOD

FOR INFANTS AND INVALIDS,

Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

Invalids, Nursing Mothers, and those suffering from INDIGESTION will find on trial that RIDGE'S FOOD FOR INFANTS AND INVALIDS, is all they can desire. It is carefully put up in four sizes.

Constant users will find our No. 4 size (always the most economical size to buy) now much larger than formerly, thus materially lessening the expense.

WOOLRICH, Dispensing and Family Chemist, Upper Water St., Depot for Ridges Food, Pick-me-up Bitters, &c., with a well-assorted stock of Pure Drugs. April 17

Nova Scotia Book Bindery,

C. & T. PHILLIPS, Corner Granville & Sackville Streets. BOOK BINDERS, PAPERS RULERS, BLANK BOOKS, Manufacturers, Performers, Steam Machine PAPER BAG Manufacturers. Cheapest in the Market. Jan. 31.

A Sure Relief for Asthma. KIDDER'S PASTILLES. Price 25 cts. by mail. STOWELL & CO. Charlottetown, Mass. Feb. 25.

MUSICAL.

GATES BROS.,

Manufacturers of ORGANS AND PIANOS, Organs from \$75 and upwards. War- ranted for 7 years. Pianos \$200 and upwards. The usual discount to Clergymen, Churches, Teachers and Societies. Factory—MELVERN SQUARE, Annapolis Co.

Sales Room 120 GRANVILLE STREET, Near Province Building, Halifax. ENCOURAGE HOME MANUFACTURES. Save Duty and High Commissions. Keep the money in the country. ent. G. O. GATES, Musical Departm., W. J. Gates, Manager. Oct. 1.

THE CHRISTIAN MESSENGER

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