

The Messenger Almanac.

Table with columns for Day, SUN, MOON, High Tide, and various astronomical data for the month of May.

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

BAPTIST CHURCH REQUISITES.

- Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3 each.

SAVE THE NATION!

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

RIDGE'S FOOD FOR INFANTS AND INVALIDS.

Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

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MUSICAL.

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ENCOURAGE HOME MANUFACTURES. Save Duty and High Commissions. Keep the money in the country.

C. E. GATES, Musical Department, G. O. GATES, Manufacturing, W. J. GATES, Manager. Oct. 1.

AGRICULTURE.

STABLE FLOOR.—Mr. J. Wilkerson, a rural architect of much experience, in the Turf, Field and Farm, has hit upon the following plan for improving the construction of stable floors: The floor is made level, fore and aft, but leaving a gentle slope from each of the two other sides to the centre, or half the width of a stall.

MILK AS FOOD.

Unadulterated, undiluted, unskimmed, and properly treated milk, taken from a healthy cow in a good condition, and produced by the consumption of healthy and nutritious grasses and other kinds of food, contains within itself, in proper proportions all the elements that are necessary to sustain human life through a considerable period of time.

THE HOUSEHOLD

TO WHITEN FLANNELS.—How shall I restore the colour to my flannels? is a question often asked by housekeepers whose clothes have been ruined by the bad treatment of indolent, incompetent washerwomen.

An infusion of hay will preserve the natural colour in buff linens, and an infusion of bran will do the same for brown linens and prints.

A paint that will protect against fire, impervious to water and lasting as slate: Take lime and slake it with hot water in a tub to keep the steam in. Then pass the semi-fluid composition through a fine sieve, and of this take six quarts, with one quart of clean rock salt for each gallon of water.

An excellent, cheap, and durable paint is made as follows:—Take a barrel and slake one bushel of fresh burned lime in it. Then add cold water enough to make it like whitewash.

To colour this a cream colour, add 1/2 lb. of yellow ochre in powder. A fawn colour, add 1 lb. yellow ochre and 1/2 lb. of Indian red.

HEALTH HINTS.

CLIMATE AND CONSUMPTION.—A writer in The Medical Journal makes some definite assertion concerning the influence of climate on pulmonary diseases. No zone, he declares, enjoys entire immunity from pulmonary consumption; moreover, the popular belief that phthisis is common in cold climates is fallacious, and the idea now so prevalent, that phthisis is rare in warm climates is as untrue as it is dangerous.

Good fires should be kept up during house cleaning time even though the doors and windows be kept open, and more than usual attention should be given to the provision of a nutritious and generous diet.

MILK AND LIME WATER.—Milk and lime water are now frequently prescribed by physicians in cases of dyspepsia and weakness of the stomach, and in some cases are said to prove very beneficial.

BOY SMOKERS.—An eminent physician experimented with 38 boys, from nine to fifteen, who had been in the habit of smoking, and examined them closely. In 27 he found obvious harmful effects, 32 having various disorders of the circulation and digestion, palpitation of the heart, and more or less craving for strong drink.

EIGHTY MILES AN HOUR.—The National Car Builder says that a locomotive on the Pennsylvania railroad made the fastest run on record a few evenings ago.

LEATHER CEMENT.—Dissolve gutta-percha in a sufficient quantity of chloroform to make it of honey-like consistency—it will take a few days—cork tight-shake occasionally. Patches can be put on with it, so that they defy detection.

Leadville is called a young town because its inhabitants are mostly miners.

THE MANHATTAN FEED, A NUTRITIOUS CONDIMENT FOR Horses, Cattle, Milch Cows, Sheep, Pigs and Poultry.

The OBJECT of this FEED is to prevent disease, to put and maintain animals in a healthy condition, and to economize feed.

DIRECTIONS FOR FEEDING. HORSES.—At each time of feeding mix half pint of the Feed with the usual quantity of corn or oats.

PRICES. Bags containing 100 Feeds (25 lbs.), \$2.00. Bags containing 200 (50 lbs.) \$4.00. Bags containing 400 Feeds (100 lbs.), \$8.00.

Ayer's Cherry Pectoral For Diseases of the Throat and Lungs, such as Coughs, Colds, Whooping Cough, Bronchitis, Asthma, and Consumption.

INTERCOLONIAL RAILWAY. 1879 WINTER ARRANGEMENT 1879. TRAINS leave Halifax daily (Sunday excepted) as follows:—

Table showing train schedules for the Intercolonial Railway, including destinations like Windsor, Kentville, and Annapolis.

WINDSOR & ANNAPOLIS Railway. Winter Arrangement, Commencing 4th Dec., 1879.

Table showing train schedules for the Windsor & Annapolis Railway, including destinations like St. John and Annapolis.

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