

The Messenger Almanac.

Table with columns for Day, SUN., MOON., High Tide, and Low Tide. Includes dates for First Quarter, Full Moon, Last Quarter, and New Moon.

THE TIDES.—The column of the Moon's Setting gives the time of high water at Parrsboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

PATENTS

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HEALTH HINTS.

SICK HEADACHE.—This complaint is the result of eating too much and exercising too little. Nine times in ten the cause is in the fact that the stomach is not able to digest the food last introduced into it...

OATMEAL AND BEEF TEA.—I find this quite useful to give strength to weak patients; take two tablespoonfuls of fine oatmeal and make it perfectly smooth in two spoonfuls of cold water...

Broil meat or any kind of food long enough and it will change to charcoal. After meat is heated through, every further addition of heat advances its condition towards the charcoal state.

To cure toothache, take chloroform, spirits of camphor, and laudanum, of each one drachm. Apply on a little cotton wool.

THE HOUSE.

To JUG BEEFSTEAKS.—Cut a piece of beefsteak in nice square pieces, roll round your finger; take a deep stone jar, pile the rolls one above the other, add two whole onions, one glass of port wine, pepper and salt to taste...

CHICKEN SALAD.—Boil a chicken till the meat will easily slip from the bones; when cold, remove all the skin and fat and bones, cut up into pieces about the size of a large bean; take one good bunch of celery to a three pound chicken, chop this till it is as fine as the chicken and no finer...

CORNED BEEF.—Always put corned beef back to keep until the next day in the liquor it was boiled in. Instead of the hard, brown, woody substance that is sometimes served as cold corned beef, kept in this way it will always be juicy...

VARIETIES.

When a poet tells you that the ocean kisses the shore, he does not refer to fishing smacks.

It was a four-year-old who asked: "Papa, have you done anything down town to-day that you think I ought to whip you for, if I was as big as you are?"

From a Brighton journal we learn that ankle rings are being introduced. It states that a young lady was seen on the pier in that town with no less than a dozen jingling on her feet. They are called "Angles bangles" and the chronicler terms them an abomination.

Mr. Longfellow, the other day, sent this little verse to the Columbus school children, who celebrated his birthday: If any thought of mine, e'er sung or told, Has ever given delight or consolation, You have repaid me back a thousand-fold By every friendly sign and salutation.

The New York Observer tells this characteristic story of an Irishman who was asked last November for whom he was going to vote. His reply was: "I don't know. I go agin the government. I always did at home."

A certain gentleman recently lost his wife, and a young miss of six, who came to the funeral, said to his little daughter of about the same age, "Your pa will marry again, won't he?" "Oh, yes!" was the reply; "but not until after the funeral."

A German had been a Lutheran, and of course, was baptized in infancy. When asked the question, "Have you been baptized?" he answered curtly, "Vell, now, shust a leetle!"

A child being asked what were the three great feasts of the Jews, promptly and not unnaturally replied "Breakfast, dinner and supper."

AGRICULTURE.

GARDEN PEAS.—Peas produce best on a light, rich, and well tilled soil, and a good crop may be raised with the application of a very little manure. The soil, for the first crop, should be prepared as early as possible in spring after the frost is out of the ground...

We believe that nothing is lost in bushing even the medium-growing varieties, as it gives them a neat appearance, and keeps the vines from matting and trailing in the dirt, and, above all, keeps the good farmer from saying harsh things when, during a light shower or heavy dew, he is requested by the mistress of the house to go out and pick a mess of peas on the plea: "We must have them for dinner."

EARLIEST VARIETIES.—Philadelphia is the earliest of all, and close upon it comes Early Kent, Daniel O'Rourke, Laxton's Alpha, Carter's "First Crop," Kentis Invicta, and Tom Thumb. The last variety can be raised with the least trouble and may be also said to produce least, as it grows but half a foot high.

MEDIUM.—Champion of England, Laxton's Marvel, McLean's Premier, and Eugene. LATE.—British Queen, Black-Eyed Marrow Fat, Sugar, and McLean's Best of All. Champion of England for a main crop is still considered the best. This grows five feet high; the pods are large and well filled. For an early crop there is none better than McLean's Little Gem.—Rural New Yorker.

Currents may be pruned and thinned any time now. The fruit will be larger and finer in flavour if only six stems are left to bear. Three of the last year's shoots may be left for bearing wood next season. The tops of the bearing shoots may be pruned off a little, and the centre of the bush left open and spreading. If the bearing wood is too full of fruit buds, some of these may be rubbed off.

Are sugar beets equal to turnips for fattening stock? It is scarcely correct to speak of any kind of roots as being used for fattening stock. You would have to feed a long time with roots before the animal got fat. The great value of roots as a feeding material is their effect on the digestive organs, enabling the animals to extract a great deal of extra nutriment from other feed.

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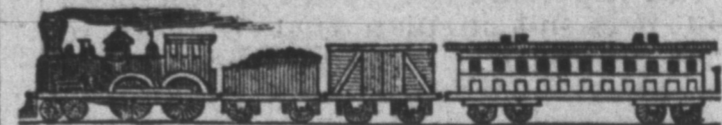
INTERCOLONIAL RAILWAY.

WINTER ARRANGEMENT.

TRAINS leave Halifax daily (Sunday excepted) as follows:— (Halifax time.) At 8.30 a. m.—Express for St. John, Pictou, Quebec.

At 1.15 p. m.—Accommodation for Pictou. At 5.30 p. m.—Accommodation for Truro. At 3.00 p. m.—Express for St. John and Quebec.

WILL ARRIVE:— At 9.15 a. m.—Accommodation from Truro. At 12.55 a. m.—Express from Quebec and from St. John. At 3.00 p. m.—Accommodation from Pictou. At 8.30 p. m.—Express from St. John. Nov. 24, 1880.



Windsor and Annapolis Railway.

Spring Arrangement—Commencing Monday, April 4th, 1881.

The following is according to Railway Time. Halifax times is 15 minutes later.

Table with columns for Miles, Express Mon, Wed, and Saturday only, Passengers and Freight Daily, Pass. & Frgt. Daily. Includes sections for GOING WEST and GOING EAST.

Steamer "Empress" leaves St. John at 8 a. m. every Monday, Wednesday and Saturday for Digby and Annapolis, and returns the same days, on arrival of 7.45 a. m. Express Train from Halifax.

HALIFAX AND CAPE BRETON RAILWAY.

Leaves Antigonish at 9 a. m., and New Glasgow at 2.30 p. m. Arrives at New Glasgow at 11.00 a. m., and at Antigonish at 4.30 p. m.

Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.45 a. m. Leaves Digby on Monday, Wednesday, and Saturday at 4.00 p. m., and at 12.30 p. m. on Tuesday, Thursday and Friday.

SAVE THE NATION!

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

RIDGE'S FOOD FOR INFANTS AND INVALIDS,

Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD. Invalids, Nursing Mothers, and those suffering from INDIGESTION will find on trial that RIDGE'S FOOD FOR INFANTS AND INVALIDS, is all they can desire. It is carefully put up in four sizes. Constant users will find our No. 4 size (always the most economical size to buy) now much larger than formerly, thus materially lessening the expense.

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WHOLESALE.

1880. FALL 1880.

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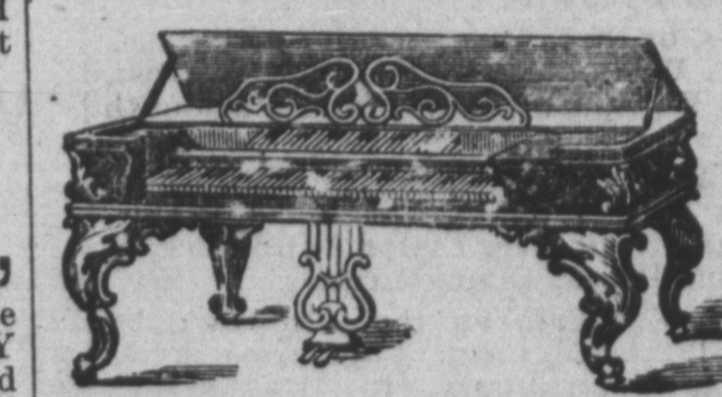
MAGAZINES: "Sunday at Home," \$1.75; "Sunday Magazine," \$1.75; "Good Words," \$1.75; "Christian Treasury," \$1.75; "Leisure Hour," \$1.75; "Quiver," \$1.75; "Welcome," 1.75; CHILDREN'S MAGAZINES: "Boy's Own Paper," \$1.75; "Girl's Own Paper," 1.75. Papers: "British Workman," 25c., 34c., 38c.; "British Messenger," 25c., 34c., 38c.; "British Workwoman," 25c., 34c., 38c.; "Child's Companion," 25c., 34c., 38c.; "Children's Friend," 25c., 34c., 38c.; "Cottager and Artisan," 25c., 34c., 38c.; "Family Friend," 25c., 34c., 38c.; "Friendly Visitor," 25c., 34c., 38c.; "Infant's Magazine," 25c., 34c., 38c.; "Band of Hope Review," 14c., 20c., 24c.; "Children's Paper," 14c., 20c., 24c.; "Gospel Trumpet," 13c.; "Good News," 10c.; "Good Cheer," 10c.; "Old and Young," 5c.

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