## The Messenger Almanac.

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THE TIDES.—The column of the Moon's Southing gives the time of high water at Parreboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro. High water at Pictou and Cape Tormen-

tine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax. At Charlottetown, 2 hours 56 minutes A Westport, 2 hours 54 minutes A Yarmouth, 2 hours 20 minutes FOR THE LENGTH OF THE DAY .- Add 12

hours to the time of the sun's setting, and from the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHT .- Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

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AND CURLED. COATS, DRESSES. CURTAINS, SHAWLS, SACQUES, ETC., Dyed to look like New. JOHN HUBELEY, Proprietor.

#### HEALTH HINTS.

SICK HEADACHE.—This complaint is the result of eating too much and exercising too little. Nine times in ten the cause is in the fact that the stomach is not able to digest the food last introduced into it, either from its having of been unsuitable or excessive in quantity. A diet of bread and butter, with ripe fruit or berries, with moderate and continuous exercise in the open air sufficient to keep up a gentle perspiration, would cure almost every case in a short time. Two teaspoonfuls of powdered charcoal in a half glass of water and drank, often gives instant relief. Sick headache with some persons comes on at regular intervals, and is the signal of distress which the stomach puts on to inform us that there is an over-alkaline condition of its fluids; that it needs a natural acid to restore the battery to its normal working condition. When the first simptotus of headache appear, take a tablespoonful of lemon juice, clear, fifteen minutes before each meal, and the same dose at bedtime. Follow this up until all symptoms are passed, taking no other remedies, and you will soon be free of this unwelcome nuisance. Some will object to this because the remedy is too simple; but many cures have been effected in this way.

OATMEAL AND BEEF TEA .- I find this quite useful to give strength to weak patients; take two tablespoonfuls | and a good crop may be raised with the of fine oatmeal and make it perfectly application of a very little manure. smooth in two spoonfuls of cold water; pour into this a pint of strong beef tea; boil it eight minutes; keep stirring all the time; it should be very smooth; the peas put in as soon thereafter as if lumpy pass through a sieve. Dr. D. possible. Other sowings may be made

enough and it will change to charcoal. We prefer to sow the early, medium After meat is heated through, every and late varieties at the same time, the condition towards the charcoal state. and the excessive heat, and, perhaps, But the charcoal is entirely indigestible. | drought of July and later are avoided. Rare-cooked, fresh meats are far more real nutriment than those " well done." Habit will make one enjoy the rare-

To cure toothache, take chloroform, the crop. spirits of camphor, and laudanum, of each one drachm. Apply on a little bushing even the medium-growing varcotton wool.

#### THE HOUSE.

round your finger; take a deep stone by the mistress of the house to go out jar, pile the rolls one above the other, and pick a mess of peas on the plea: add two whole onions, one glass of port wine, pepper and salt to taste, a No one relishes the everhauling of wet, few pepper-corns, but no water; cover dirty vines, or the picking of be-spattclose, put the jar in boiling water, and | ered pods from those beneath his feet. steam till tender. This dish resembles jugged hare.

CHICKEN SALAD. Boil a chicken till the meat will easly slip from the bones; when cold, remove all the pieces about the size of a large least, as it grows but half a foot high. bean; take one good bunch of celery to a three pound chicken, chop this till it For 1881 is an elegant book of 120 pages, is as fine as the chicken and no finer, mix these well together and lay in your Flowers and Vegetables, and Birections salad dish. Make a dressing of three beaten eggs, a small tablespoonful of mustard, a tablespoonful of oil or but ter, half a tablespoonful of salt, a cupful of sweet milk; mix these and heat a scant cupful of vinegar and pour in. stir well together and strain; pour cold over your salad just before sending to the table.

> CORNED BEEF .- Always put corned beef back to keep until the next day in the liquor it was boiled in. Instead of kept in this way it will always be juicy, as it reabsorbs much of the richness the last year's shoots may be left for in four sizes.
>
> FOR INFANTS AND INVALIDS, is all they can desire. It is carefully put up the last year's shoots may be left for in four sizes. of the liquor itself. Skim the liquor, of coarse, before setting it away.

#### VARIETIES.

When a poet tells you that the ocean kisses the shore, he does not refer to fishing smacks.

It was a four-year-older who asked: " Papa, have you done anything down town to-day that you think I ought to whip you for, if I was as big as you

that ankle rings are being introduced. digestive organs, enabling the animals It states that a young lady was seen on to extract a great deal of extra nutrithe pier in that town with no less than ment from other feed. Sugar beets a dozen jingling on her feet. They contain about two and a half times as are called "Angles bangles," and the much nutriment to a given weight as chronicler terms them an abomination. turnips contain. - Globe.

Mr. Longfellow, the other day, sent this little verse to the Columbus school children, who celebrated his birthday: If any thought of mine, e'er sung or told, Has ever given delight or consolation. You have repaid me back a thousand-fold By every friendly sign and salutation.

With compliments and good wishes H. W. Longfellow.

The New York Observer tells this characteristic story of an Irishman who was asked last November for whom he was going to vote. His reply was: " I don't know. I go agin the government. I always did at home.

A certain gentleman recently lost his wife, and a young miss of six, who came to the funeral, said to his little daughter of about the same age, "Your pa will marry again, wont he ?" "Oh, yes !" was the reply; "but not until after the

A German had been a Lutheran, and of course, was baptized in infancy. When asked the question, "Have you been baptized?" he answered curtly, "Vell, now, shust a leetle!"

A child being asked what were the three great leasts of the Jews, promptly and not unnaturally replied "Breakfast, dinner and supper."

#### AGRICULTURE.

GARDEN PEAS.—Peas produce best on a light, rich, and well tilled soil, The soil, for the first crop, should be prepared as early as possible in spring after the frost is out of the ground, and at intervals of two or three weeks until Broil meat or any kind of food long July, if a succession of crops is desired further addition of heat advances its peas thus being matured in succession

Peas, when grown in small quantities easily digested, and furnish much more | for private use, may as well be sown in deuble rows, six or eight inches apart, with a space between of about three cooked steaks as more juicy and pala- feet to give room to bush the tallerwhile, and it is certainly better as food. growing varieties, and plenty of space to pass between the rows in gathering

We believe that nothing is lost in rieties, as it gives them a neat appearance, and keeps the vines from matting and trailing in the dirt, and, above all, keeps the good farmer from saying To Jug Beersteaks.—Cut a piece harsh things when, during a light day for Digby and Annapolis, and returns of beefsteak in nice square pieces, roll shower or heavy dew, he is requested the same days, on arrival of 7.45 a.m. Ex-"We must have them for dinner."

EARLIEST VARIETIES:-Philadelphia is the earliest of all, and close upon it comes Early Kent, Daniel O'Rourke, Laxton's Alpha, Carter's "First Crop," Kentis Invicta, and Tom Thumb. The last variety can be raised with the least skin and fat and bones, cut up into trouble and may be also said to produce

EARLY: - McLean's Advancer, Laxton's Prolific Long Pod, and McLean's Little Gem, are good early varieties.

MEDIUM ;- Champion of England, Laxton's Marvel, McLean's Premier, and Eugene.

LATE: - British Queen, Black-Eyed Marrow Fat, 'S Sagar, and Mclean's Best of All. Champion of England for a main crop is still considered the best. This grows five feet high; the pods are large and well filled For an early pea there is none better than McLean's Little Gem.—Rural New Yorker.

Currants may be pruned and thinthe hard, brown, woody substance that | ned any time now. The fruit will be is sometimes served as cold corned beef, larger and finer in flavour if only six bearing wood next season. The tops of the bearing shoots may be pruned off a little, and the centre of the bush left open and spreading. If the bearing wood is too full of fruit buds, some of these may be rubbed ofl.

> Are sugar beets equal to turnips for fattening stock?

It is scarely correct to speak of any kind of roots as being used for fattening stock. You would have to feed a long time with roots before the animal got fat. The great value of roots as a From a Brighton journal we learn feeding material is their effect on the

# ENERGERICATORISTAL

INTERCOLONIAL RAILWAY.

WINTER ARRANGEMENT.

RAINS leave Halifax daily (Sunday L excepted) as follows:-(Halifax time.)

At 8.30 a. m.—Express for St. John, Pictou, Quebec. At 1.15 p.m.—Accommodation for Pictou. At 5.30 p. m.—Accommodation for Truro. At 3.00 p. m.—Express for St. John and

WILL ARRIVE :-

At 9.15. a. m. - Accommodation from Truro. At 12.55 a. m., - Express from Quebec and from St. John. At 3.00 p. m.-Accommodation from Pic-

At 8.30 p. m.—Express from St. John.

Nov. 24, 1880.

Windsor and Annapolis Railway. Spring Arrangement—Commenc-

ing Monday, April 4th, 1881.

The following is according to Railway Time. Halifax times is 15 minutes later.

nly.

Miles.	GOING WEST		Express Mon., Wand Saturday or		Passengers ar		Pass. & Frgt. Da	
-	Halifax	Leave	7	M. 45		45	P. 3	M. 00
46	Windsor.		9	40	P.N	1. 55	6	15
	Wolfville.		10	30		02	7	17
	Kentville,		11	05		50	7	40
	Berwick.			30 M	1	43		
102	Middleton.			23	2	58		
130	Annapolis.	Arrive	1	40		00		
	St. John,	do	17	30				
			1 **	1000	+3			1000

	Middleton. Annapolis.	Arrive	12 23 1 40	2 58 5 00	
	St. John,	do	7 30		
es.	GOING	EAST.	and Freight Daily.	and Freight Daily.	ess Mon., Wed,
Miles.		•	Pass.	Pass.	Express and Sat
	St. John,	Leave	A.M.	A. M.	A M. 8 00 P. M.
	Annapolis, Middleton.	Leave		7 30 9 30	2 20
59	Berwick. Kentville, Wolfville.		6 30 6 57	10 58 12 30 12 58 P.M.	5 12
	Windsor, Halifax	Arrive	8 15 11 00	ED VICTOR DE CONTRACTOR	

Steamer "Empress" leaves St. John at 8a. m. every Monday, Wednesday and Saturpress Train from Halifax.

#### HALIFAX and CAPE BRETON RAILWAY.

Leaves Antigonish at 9 a.m., and New Glasgow at 2.30 p. m. Arrives at New Glasgow at 11.00 a. m. and at Antigonish at 4.30 p. m.

#### Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.45 a. m.
Leaves Digby on Monday, Wednesday, and Saturday at 4.00 p. m., and at 12.30 p. m. on Tuesday, Thursday and Friday.
Arrives at Yarmouth Tuesday &c., at 4.30 p. m., and on Monday &c., at 8, p. m.

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