16	* THE	CHRISTIAN MESSENGER	JANUARY 12, 1881.
Ohr Mussing Office Science Strates. JANDARY, 1981 First Quarter, Jan. 7th, 3h. 55m. M. Fue Quarter, Jan. 7th, 3h. 55m. M. Fue Quarter, Jan. 7th, 3h. 55m. M. Stat Quarter, 23rd, 4h. 35m. M. New Moon, 29th, 8h. 34m. A. Dy State, 7424 27 9 2; 2 8, 714 9 4 Stat. 7 424 28 9 323 1 10, 555 1 8 12 Stat. 7 424 28 9 323 3 1 8 30 9 53 4Tu. 7 424 28 9 323 3 1 8 30 9 53 4Tu. 7 424 29 9 59 3 52 9 45 10 40 5W. 7 424 30 10 25 4 40 10 55 1 124 6Th. 7 424 30 10 25 4 40 10 55 1 124 6Th. 7 424 30 10 25 4 40 10 55 1 124 6Th. 7 414 33 11 47 7 1 1 11 0 656 9 Su. 7 41 33 10 49 5 26 M M 7 7 41 4 33 11 47 7 1 1 11 0 656 9 Su. 7 41 4 33 11 47 7 1 1 11 0 656 9 Su. 7 41 4 33 11 47 7 1 1 11 0 656 9 Su. 7 41 4 33 11 54 6 40 7 122 15 Sa. 7 38 4 40 4 33 11 54 6 40 7 122 15 Sa. 7 38 4 41 5 33 M. 7 15 7 54 16 STu. 7 33 4 42 6 34 0 0 38 7 43 8 26 17 M. 7 37 4 44 7 35 1 23 8 12 9 0 18 Tu. 7 364 455 8 18 3 2 6 19 W. 7 364 469 902 448 8 58 10 3 20 Th. 7 33 4 50 M 5 110010 11 122 23 SU. 7 33 4 50 M 5 11010 10 11 122 23 SU. 7 33 4 50 M 5 1100 10 10 122 </td <td>troublesome odour. To MAKE BOOTS WATER PROOF.— A good composition for rendering boots proof against snow and wet can be made of one part mutton tallow and two parts beeswax, melted together. It should be applied to the leather at night and then wipe off the boots with a bit of coloured flannel the next morning. Of course it will be more difficult to make boots thus treated take a good polish, but after a few times they will be as susceptible of a brilliant polish as ever. Half an ounce of Burgundy pitch, dissolved in half a pint of drying oil, and mixed with half an ounce of tur- pentine, will not only make leather resist wet and damp, but will also ren- der it more durable, pliable, and softer Warm the boots a little over the stove and then apply the mixture with a soft brush or swab. Let them dry thorough- ly, then paint them over again. Put them in a warm, dry place for twenty- four hours ; and you will have a pair of perfectly waterproof boots. Bill another waterproof composition</td> <td>very useful as "watch dogs" in the poultry yard, for they are ever on the alert to give notice by their shrill cries of the approach of hawks, snakes, rats and other enemies to poultry. HEALTH HINTS. LIME WATER AND ITS USES.—Place a piece of unslacked lime (size is imma- terial, as the water will only take up a certain quantity.) in a perfectly clean bottle, and fill with celd water; keep corked in a cellar or in a cool dark place; it is ready for use in a few minutes, and the clear lime-water may be used whenever it is needed. When the water is poured off, add more; this may be done three or four times, after which some new lime must be used, as at first. A teaspoonful in a cup of milk is a remedy for children's summer com- plaint; also for acidity of the stomach; when added to milk it has ne unpleasant taste; and when put into milk that would otherwise curdle when heated, it prevents its curdling, so that it can be then-used for puddings and pies. A small quantity of it will prevent the "turning" of cream ard milk. It also sweetens and purifies bottles which have contained milk. Some add a cupful to a sponge of bread to prevent it from souring. FOOD FOR FAT PEOPLE.—There are three classes of food—the oils, sweets, and starches—the special office of which is to support the animal heat and produce fat, having little or no influence in promoting strength of muscle or</td> <td>This roofing is pronounced by competent judges to be "far superior to anything yet discovered for SAFETY and DURABILITY, being perfectly safe from sparks or blazing shingles, and quite impervious to winter frost or summer heat." PATHS, SIDEWALKS and CELLAR FLOORS made of this Composition become hard and durable almost as iron, and proof against atmospheric influences. The undersigned is now prepared to show samples of the Roofing, and to re- ceive and attend to orders for spring and summer operations. The Prepared Roofing and Composition may be had in barrels, and sent to any part of the Province, together with full directions for use. The most Perfect Satisfaction Guaranteed ! Price and full particulars and testimonials on application to GEO. FRASER, Agent for the Maritime Provinces and Newfoundland. Bedford Row, Halifax, July 1st, 1880. BAPTIST CHURCH REQUISITES. Articles and Covenant \$1.00 per 100. Church Record and Register \$2, and \$3.</td>	troublesome odour. To MAKE BOOTS WATER PROOF.— A good composition for rendering boots proof against snow and wet can be made of one part mutton tallow and two parts beeswax, melted together. 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FOR THE LENGTH OF THE DAYAdd 12 hours to the time of the sun's setting, and from the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHTSub	tin basin, and place that in a pan o	f fish and fowl less of fine flour and	Alphabetical List of Members 40 cents

FOR THE LENGTH OF THE NIGHT.—Sub-tract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.



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and all diseases that follow as a sequence of Self-Abuse; as loss of Memory, Uni versal Lassitude, Pain in the Back, Dimness of Vision, Premature Old Age, and many other Diseases that lead to Insanity or Consumption and a Premature Grave.

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boiling water. When it is boiling hot, slice into it two ounces of mutton tallow, and apply while hot to the boots,

letting it dry in thoroughly. The following receipts for making

leather waterproof are from the Hide and Leather Journal, and other authoritative sources :---

1. Boiled oil, 1 pint; beeswax and yellow resin, each 2 oz.; melt together, Apply warm before the fire. 2. India rubber in fragments, 1 oz.; boiled oil, 1 pint; melted together over a slow fire. Add another pint of hot boiled oil, stirring well.

3. Boiled oil, 1 pint ; mutton suet, 1 lb.; beeswax, 6 oz; resin, 4 oz.; melt over a slow fire in an earthen dish. Apply to new leather with a brush, when dry and clean.

4. Neatsfoot oil, ½ pint; beeswax, 4 oz. 4 tablespoonfuls of lampblack camphor the size of a hen's egg. Melt after melted, never allowing it to boil. Warm the leather and apply with a brush after melting. Use little and often.

5. Shellac, ½ lb., broken small, in a quart bottle, cover with methylated spirits; cork tight and set in a warm place, shaking several times each day add camphor the size of an egg; shake, add 1 oz. lampblack. Pour a little inte a saucer and apply with a brush, not drying it in .- Country Gentleman.

A simple way to cleanse old pork barrels is to fill with fresh earth and let it stand two or three days, then repeat and fumigate with sulphur.

Boiling water should be poured all over and inside of a goose or duck before preparing it for cooking, to take out the strong, oily taste. If a lemon that has been carefully pared without breaking the inner white skin, be placed inside a wild duck, and kept there forty-eight hours before cooking, it will remove all traces of fishy flavor.

more of the whole product of the grains -except the hulls-less of the sweets, particularly in warm weather, and more of the fruit acids in a mild form, as in apple, sleep less, be less indolent, and labor more in the open air, the fat would disappear to a certain extent at least, with no loss of real health. In food we have almost a perfect control in this matter, far better than we can have in the use of drugs. If we have too much fat and two little muscle, we have simply to use less of the fat-forming elements, and more of the muscle food, such as lean meats, fish and fowls, and the darker portions of grains, etc., with peas and beans .- Medical Jour.

THE USE OF LEMONS .- Lemonade is one of the best and safest drinks for any person, whether in health or not. It is suitable to all stomach diseases, is excellent in sickness-in cases of jaundice gravel, liver complaints. Lemon juice is the best scorbutic remedy known. It not only cures this disease, but prevents it. Sailors make a daily use of it for that purpose. I advise every one to rub their gums daily with lemon juice to keep them in health. The hands and nails are also kept clean, white, soft and supple by the daily use of lemon instead of soap. It also prevents chilblains. Lemon is used in intermittent fevers, mixed with strong hot black coffee, without sugar. Neuralgia may be cured by rubbing the part affected with a cut lemon. It is valuable also to cure warts, and to destroy dandruff on the head, by rubbing the roots of the hair with it. In fact its uses are manifold, and the more we employ it externally and internally the better we shall find ourselves.

VARIETIES.

AN ODD COMBINATION .- The year 1881 will be a mathematical curiosity. From left to right and from right to left it reads the same; 18 divided by 2 gives 9 as a quotient; 81 divided by

FRAINS leave Halifax daily (Sunday L excepted) as follows :--

(Halifax time.) At 8.30 a.m.-Express for St. John, Pictou, Quebec.

At 1.15 p.m.-Accommodation for Pictou. At 5.30 p. m.-Accommodation for Truro. At 3.00 p. m.-Express for St. John and Quebec.

WILL ARRIVE :-

At 9.15. a. m. - Accommodation from Truro.

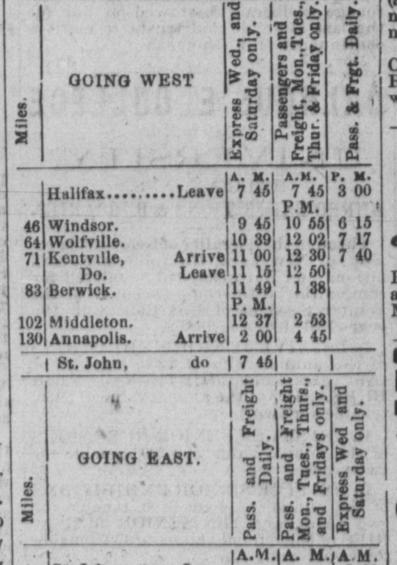
At 12 55 a.m.,—Express from Quebec and from St. John. At 3.00 p. m.-Accommodation from Pic-

At 8.30 p. m.-Express from St. John. Nov. 24, 1880.



Railway.

Winter Arrangement-Commencing Thursday, 16th Dec., 1880. The following is according to Railway Time. Halifax times is 15 minutes later.



Leave

St. John,

April 15. THE NATION SAVE For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember, RIDGE'S FOOD FOR INFANTS AND INVALIDS. Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

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Invalids, Nursing Mothers, and those suffering from INDIGESTION will find on trial that RIDGE'S FOOD FOR INFANTS AND INVALIDS, is all they can desire. It is carefully put up n four sizes.

Constant users will find our No. 4 size (always the most economical size to buy) now much larger than formerly, thus materially lessening the expense.

WOOLRICH, Dispensing and Family Chemist, Upper Water St., Depot for Ridges Food, Pick-me-up Bitters, &c., with a well-assorted stock of Pure Drugs. April 17

Nova Scotia Book Bindery, G. & T. PHILLIPS,

Corner Granville & Sackville Streets BOOK BINDERS, PAPERS RULERS, BLANK BOOKS, Manufacturers, Perforaters, Steam Machine PAPER BAG Manufacturers. Cheapest in the Market. Jan. 31.

