

The Messenger Almanac.

Table with columns for Day, SUN, MOON, and High Tide. Rows list dates from 1st to 30th of September 1881.

THE TIDES.—The column of the Moon's Setting gives the time of high water at Pictou, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax.

FOR THE LENGTH OF THE DAY.—Add 12 hours to the time of the sun's setting, and from the sum subtract the time of rising.

PATENTS

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BAPTIST CHURCH REQUISITES.

- Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3. each. Alphabetical List of Members 40 cents each.

HALIFAX STEAM DYE WORKS, 566 Upper Water Street HALIFAX, N. S.

Cheapest place in the City. COATS DYED and PRESSED for \$1.00. FEATHERS DYED ALL SHADES AND CURLED. COATS, DRESSES, CURTAINS, SHAWLS, SACQUES, etc., Dyed to look like New.

"CUSTOM TAILORING." H. G. Laurillard, 119 HOLLIS STREET, HALIFAX, N. S.

"Photography."

PARTIES living in the country who intend visiting Halifax on business or pleasure, should visit the Studio of the HALIFAX PHOTOGRAPHIC COMPANY, corner of BARRINGTON & PRINCE STREETS.

HEALTH HINTS.

BEDS FOR THE SICK ROOM.—Two narrow beds (iron bedsteads) with fresh hair or straw mattresses, are the best. These beds are easily moved, and thus the patient will not be compelled to look constantly at the same cracks in the wall or count the same three spots in the corner.

The best way to manage is to have two beds, and lift the patient from one to the other. When the bed which has been in use from four to six hours is released, the mattress and blankets should be put where they can be thoroughly aired, and, if practicable, sunned.

SUMMER DRINKS.—Rice water, barley water, oatmeal water, with lemon and sugar, should be ready in every house where children are. These are surely better than cold tea, which is often given, or milk that cannot always be trusted.

Small pieces of ice are very refreshing now and then for strong healthy persons; also a drink of water mixed with vinegar and molasses is thirst-quenching for work people, or a slice of lemon dipped into white sugar.

A small ice-cream now and then is refreshing; but a continual use of it in sultry weather may have very evil consequences.

The humane custom to erect here and there a drinking fountain is in the highest degree praiseworthy; it will save many a headache, many a faltering spirit from giving way, and cool many a parched tongue.

THE "SUN" CHOLERA MEDICINE.—More than twenty years ago, when it was found that preventing of Cholera was easier than cure, one prescription, drawn up by eminent doctors, was published in the Sun, and it took the name of the Sun cholera medicine.

Our contemporary never lent its name to a better article. We have seen it in constant use for nearly two score years, and found it to be the best remedy for looseness of the bowels ever yet devised.

No one who has this by him, and takes it in time, will ever have the cholera.

We commend it to all our friends. Even when no cholera is anticipated, it is an excellent remedy for ordinary summer complaints, colic, diarrhoea, dysentery, etc.

Take equal parts of tincture of Cayenne pepper, tincture of opium, tincture of rhubarb, essence of peppermint, and spirits of camphor. Mix well. Dose 15 to 20 drops in a little cold water, according to age and violence of symptoms, repeated every fifteen or twenty minutes until relief is obtained.—Journal of Commerce.

CONCERNING THE PULSE.—Every intelligent person owes it to himself to learn from his family physician how to ascertain the pulse in health; then by comparing it with what it is when ailing, he may have some idea of the urgency of his own case, and it will be an important guide to the physician.

There are pulses all over the body but where there is only skin and bone, as at the temples, it is more easily felt; the wrist is the most convenient point. The feebleness or strength of the beat is not material, being modified by the finger's pressure.

feels harder, like a silk thread; if there is inflammation, which is always dangerous, it beats fast, spitting and hard, as if a fine wire was throbbing against the finger. When the pulse beats irregularly, as if it lost a beat, then it hurries to make it up, there is something the matter with the heart.

THE HOUSE.

LAUNDRY HINTS.—Bran or oatmeal will soften hard water. The bran should be sown in a muslin bag and kept in the water all night. The oatmeal should be treated as follows; Put two tablespoonfuls in a saucepan and pour a quantity of hot water upon it and boil it a quarter of an hour; strain and mix with water as need.

When a mustard plaster is not wanted to blister mix the mustard with the white of an egg. Kerosene is excellent for cleaning unvarnished furniture, either walnut or oak.

BOILING SWEET CORN.—In boiling sweet corn, from ten to twenty minutes will cook any corn which is fresh enough to be eaten. If cooked too long the hulls are tough and will wrinkle as the corn cools.

BLACKBERRY CORDIAL.—Two quarts of black-berry juice, one and a half pounds of loaf-sugar; half ounce of nutmeg grated; half ounce of powdered cinnamon; quarter ounce of powdered cloves; quarter ounce of powdered allspice. Let the juice, sugar, and spices just come to a boil; skim, cool. Cork tightly. This cordial has been thoroughly proved for years for summer complaint. Dose: One tablespoonful for an adult; a teaspoonful for a child. It should always be kept in the house.

A thin coat of white varnish applied to a worn straw matting makes it look better as well as add to its durability.

AGRICULTURE.

POULTRY DROPPINGS.—One of the first things the farmers needs to do, is to get rid of the idea that manure is valuable according to its bulk. A two-horse load of manure, so-called, without doubt often contains less real plant food than a peck of bone meal, or a half bushel of hen manure.

Every intelligent person owes it to himself to learn from his family physician how to ascertain the pulse in health; then by comparing it with what it is when ailing, he may have some idea of the urgency of his own case, and it will be an important guide to the physician.

There are fifty kinds of flowers growing in the Arctic regions which are to be found nowhere else. Most of them are of a white or yellow color.



INTERCOLONIAL RAILWAY.

SUMMER ARRANGEMENT.

TRAINS leave Halifax daily (Sunday excepted) as follows:— (Halifax time.) At 8.25 a. m.—Express for St. John, Pictou, Quebec.

Windsor and Annapolis Railway.

Summer Arrangement—Commencing Monday, April 4th, 1881. The following is according to Railway Time. Halifax times is 15 minutes later.

Table with columns: GOING WEST, Miles, Express Daily, Passengers & Freight, Pass. & Frgt. Daily. Rows list stations: Halifax, Windsor, Wolfville, Kentville, Berwick, Middleton, Annapolis, St. John.

GOING EAST.

Table with columns: Miles, Express Daily, Pass. & Frgt. Daily. Rows list stations: St. John, Annapolis, Middleton, Berwick, Kentville, Wolfville, Windsor, Halifax.

Steamer "Empress" leaves St. John at 8 a. m. every Monday, Wednesday and Friday for Digby and Annapolis, and leaves Annapolis on arrival of Express Train from Halifax, 1.40 p. m. every Tuesday, Thursday and Saturday, for Digby and St. John.

HALIFAX and CAPE BRETON RAILWAY.

EXPRESS leaves New Glasgow at 1.00 P. M., after arrival of I. C. R. Train leaving Halifax at 8.10 A. M., arriving at the Strait of Canso at 5.00 P. M.



Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.45 a. m. Leaves Digby on Monday, Wednesday, and Friday at 1.00 p. m. Arrives at Yarmouth at 5.00 p. m. On Tuesday, Thursday and Saturday at 3.30 p. m. Arrives at Yarmouth at 7.30 p. m.

SAVE THE NATION!

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

RIDGE'S FOOD FOR INFANTS AND INVALIDS,

Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

Nova Scotia Book Bindery, C. & T. PHILLIPS,

Corner Granville & Sackville Streets. BOOK BINDERS, PAPERS RULERS, BLANK BOOKS, Manufacturers, Performers, Steam Machine PAPER BAG Manufacturers. Cheapest in the Market. Jan. 31.



Ayer's Hair Vigor,

FOR RESTORING GRAY HAIR TO ITS NATURAL VITALITY AND COLOR.

It is a most agreeable dressing, which is at once harmless and effectual, for preserving the hair. It restores, with the gloss and freshness of youth, faded or gray, light, and red hair, to a rich brown, or deep black, as may be desired.

The VIGOR cleanses the scalp, cures and prevents the formation of dandruff; and, by its cooling, stimulating, and soothing properties, it heals most if not all of the humors and diseases peculiar to the scalp, keeping it cool, clean, and soft, under which conditions diseases of the scalp and hair are impossible.

As a Dressing for Ladies' Hair

The VIGOR is incomparable. It is colorless, contains neither oil nor dye, and will not soil white cambric. It imparts an agreeable and lasting perfume, and as an article for the toilet it is economical and unsurpassed in its excellence.

Prepared by Dr. J. C. Ayer & Co.,

Practical and Analytical Chemists, Lowell, Mass.

SOLD BY ALL DRUGGISTS EVERYWHERE. BROWN & WEBB, Halifax, Wholesale Agents.

WHOLESALE.

1880. FALL 1880. STOCK NEARLY COMPLETE.

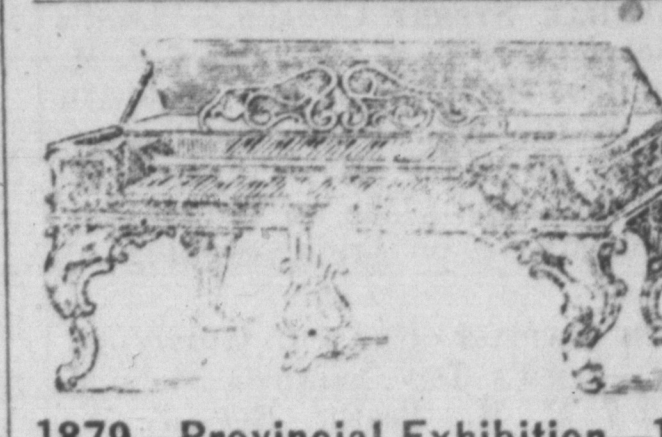
Our Importations THIS SEASON

Are the Largest —IN THE— MARITIME PROVINCES.

SMITH BROS.

Sept. 29. J. C. DUMARESQ, ARCHITECT.

Plans, Specifications, &c., of Churches, Country Residences, and all kinds of Buildings, prepared to order. OFFICE: JARVIS BUILDING, Prince William Street, St. John, N. B. May 16.



1879—Provincial Exhibition—1879

Fraser & Sons,

82 & 84 Barrington Street, Halifax, N. S. EXHIBITED SQUARE AND UPRIGHT PIANOS, —And were Awarded— DIPLOMA AND HIGHEST PRIZE.

These Pianos were not got up for exhibition, but were our ordinary manufacture. We invite inspection of our instruments; all first class and warranted to give satisfaction. Piano-Fortes, Cabinet and Church Organs Tuned and repaired. Nov. 5.

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