# The Messenger Almanac.

### JUNE, 1881.

First Quarter, June 4th, 11h. 5m. A. 12th, 2h. 42m. M. Full Moon. 18th, 5h. 4m. A. Last Quarter, 26th, 9h. 50m. M. New Moon,

THE TIDES.—The column of the Moon's Southing gives the time of high water at Parreboro, Cornwallis, Horton, Hantsport, Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 minutes LATER, and at St. John's, Newfoundland, 20 minutes EARLIER, than at Halifax. At Charlottetown, 2 hours 56 minutes LATER. A Westport, 2 hours 54 minutes LATER. A Yarmouth, 2 hours 20 minutes

FOR THE LENGTH OF THE DAY .- Add 12 from the sum subtract the time of rising. FOR THE LENGTH OF THE NIGHT .- Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

obtained for Inventors, in the United States, Canada, and Europe, at reduced in Washington, directly opposite the United States Patent Office, we are able to attend to all Patent Business with greater promptness and despatch and less cost, than other patent attorneys, who are at a distance from Washington, and who have, therefore, to employ "associate attorneys." We make preliminary examinations and furnish opinions as to patentability, free of charge, and all who are interested in new inventions and Patents are invived to send for a copy of our "Guide for obtaining Patents," which is sent free to any address, and contains complete instructions how to obtain Patents, and other valuable matter. We refer to the German-American National Bank, Washington, D. C.; the Royal Swedish, Norwegian, and Danish Legations, at Washington; Hon. Jos. Casey, late Chief Justice, U. S. Court of Claims, to the Officials of the U.S. Patent Office, and to Senators and Members of Congress from every State. Address: LOUIS BAGGER & CO.,

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# REQUISITES.

Articles and Covenant \$1.00 per 100. Church Record and Register \$2. and \$3 Alphabetical List of Members 40 cents

Letters of Dismission 50 cts. per quire. Psalmists, in all varieties, from 85 cts. Baptist Hymn Book from 50 cts. Baptists Hymn and Tune Book \$1.00

Scripture Catechism, \$6.00 per 100. THRISTIAN MESSENGER OFFICE. No. 69 & 71 Granville St., Halifax.

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# "Photography."

DARTIES living in the country who intend visiting Halifax on business or pleasure, should visit the Studio of the HALIFAX PHOTOGRAPHIC COM-PANY, corner of BARRINGTON & PRINCE STREETS. If time is limited, a sitting can be secured by Postal Card in advance, so that no time will be lost. Photographs taken at this establishment mailed to any address free of charge.

### THE HOUSE.

WHAT HOUSEKEEPERS SHOULD Know .- That a little ginger put into sausage meat improves the flavour.

That salt fish are quickest and best freshened by soaking in sour milk. That in icing cakes, the knife should

be frequently dipped in cold water. That tumblers that have had milk in

them should never be put in hot water. That clear boiling water will remove ink and other stains from white cloth. That fish may be scaled much easier by dipping in boiling water about a

minute. remove machine grease from washable fabrics.

That oil-cloth should be cleaned with milk and water; a brush and soap will ruin them.

That if your coal fire is low, a tablespoonful of salt thrown on it will help it very much.

That a teaspoonful of turpentine boiled with your white clothes will aid the whitening process.

That a spoonful of stewed tomatoes in the gravy of either roasted or fried meat is an improvement.

That fresh meat, after beginning to sonr, will sweeten if placed out of doors in the cool air over night.

That kerosene will soften boots or shoes which have been hardened by water, and render them as pliable as

That milk whick is turned or changed use again by stirring in a little soda. That fish may as well be scaled, if

desired, before packing them down in hours to the time of the sun's setting, and salt, though in that case do not scald A bowl of well-seasoned broth, as a

> juices. If the meat is wanted for itself | any one. alone, plunge into boiling water at once. That kerosene will make tin tea-

kettles as bright as new. Saturate with a woollen rag, and rub with it. will also remove stains from varnished turniture.

That blue ointment and kerosene, mixed in equal proportion, and applied to bed-steads, is an unfailing bed bug rates. With our principal Office located remedy; and that a coat of whitewash plaints are certainly benefited, often is ditto for wooden walls.

Eggs vs. Meat. - Would it not be them like magic. Don't be afraid of wise to substitute more eggs for meat in our daily diet? About one third of be wanting by morning, and the good the weight of an egg is solid nutriment. This is more than can be said of meat. There are no bones, no tough pieces egg is made up of ten parts shell, sixty parts white and thirty parts yolk. of onions to a syrup. and taken as a HALIFAX and CAPE BRETON The white of an egg contains sixty-six medicine, answers the purpose very per cent. water, the yolk fifty-two per | well, but fried, roasted, or bofled onions cent. Practically an egg is animal food, and yet there is none of the disagreeable work of the butcher necessary to obtain it. The vegetarians of take" as the costly nostrums which a England use eggs freely, and many of neglect of their use may necessitate. these men are eighty and ninety years old, and have been remarkably healthy. Eggs are best when cooked four minutes. This takes away the animal taste that is offensive to some, but does not harden the white or yolk so as to make them hard to digest. An egg if cooked very hard is difficult of digestion except by those of stout stomachs; such eggs should be eaten with bread and masticated very finely. An egg spread on toast is food fit for a king, if kings deserve any better food than anybody else, which is doubtful. Fried eggs are less wholesome than boiled ones. An egg dropped into hot water is not only clean and handsome, but a del cious morsel. Most people spoil the taste of their eggs by adding pepper and salt. A little sweet butter is the best dressing. Eggs contain much Cheapest place in the City. phosphorus, which is supposed to be COATS DYED and PRESSED for \$1.0% useful to those who use their brains much. - Poultry Review.

> STEWED POTATOES .- Peel and cut the potatoes into dice. Lay in cold water half an hour; then put over the fire in enough hot salted water to cover them very well. Stew until tender; turn off nearly all the water, and add acup of hot milk in which have been melted a teaspoonful of butter and a teaspoonful of flour previously wet up with cold water. Cook five minutes, and stir in a teaspoonful of finely minced parsley. In one minute more, serve in a deep dish.

When a cow manifests the slightest sensitiveness when being milked, the udder should be thoroughly examined. Milking is a pleasure to the cow when all is right. Whenever it ceases to afford gratification to her there is evidently something wrong, which should at once receive attention.

### HEALTH HINTS.

WATER AS A DRINK .- Many persons drink ordinarily as little water as possible, and none at all at meal times, because they suppose that water dilutes the gastric juice. Experiment, however, shows that dilution does not diminish the digestive power of the gastric juice, and further, that water alone, as well as solid food, awakens its secretion. A paper read by Dr. Webster, of Boston, at a meeting of a learned medical society, took the ground that water, used moderately at meals is beneficial; and that a large That cold rain water and soda will class of persons drink too little. The result is, if too little water is drankespecially if the persons eats heartilythe perspiration and the kidney secretion is diminished. Not only they, but the waste of the system which can be removed only in a state of solution, is not eliminated with sufficient regularity and fullness, and the system becomes gradually clogged by it. The accumulation is slight from day to day, but in time unpleasant symptoms are developed. The symptoms are of an indefinite character-discomfort, even pain, some-

times in one place and sometimes in another, constipation, and unhealthy hue of the skin. " Patients," said Dr. Webster "who drank no more than a pint of water a day, have told me that they were not thirsty. They were surprised when told to drink more. Those who have followed this suggestion in the course of a week have developed thirst, may be sweetened and rendered fit for and drank as many as three pints of water a day." We may add that water taken into the stomach is at once rapidly absorbed by the blood vessels. first course, is specially helpful to the That in boiling meat for soup, cold above class of patients. A large water should be used to extract the quantity of ice cold water is harmful to

### SCIENCE.

Onions.—The Scientific American says: From our own experience, and the observation of others, we can fully endorse the testimony of the St Louis Miller of the healthful properties of the above esculent. Lung and Liver comcured, by a free consumption of onions, either cooked or raw. Colds yield to them. Taken at night all offense will effects will amply compensate for the trifling annoyance. Taken regularly they greatly promote the health of the have to be laid aside. A good lungs and the digestive organs. An extract made by boiling down the juice are better. Onions are very cheap medicine, within everybody's reach, and they are not by any means as "bad to

> According to Professor Brooks, of the Johns Hopkins University, each female oyster averages more than nine million eggs, all of which could be artificially fecundated, and would, if properly cared for, grow into perfect

## VARIETIES.

The Great Fishery Question—Have you got a bite?

"Why should a red cow give white milk?" was the subject of discussion in a suburban agricultural club. After an hour's debate, the secretary of the meeting was instructed to milk the cow, and bring in a decision according to the merits of the milk. It was blue.

What brains and fingers are worth.— Thirty cents' worth of velvet, three cents' worth of wire, and forty cents' worth of feathers can be stirred up and and sold for \$25.

"Do you pretend to have as good judgement as I have?' exclaimed an enraged wife to her husband. "Well, no," he exclaimed slowly; "our choice of partners for life shows that my judgement is not to be compared to

The man who has half an hour to spare generally drops in and occupies a half hour that belongs to some other

Does a girl cudgel her brains every time she bangs her hair?

The man who drinks 'alf and 'alf gets of n off.

Love decreases when it ceases to

# THE RESERVED INTERCOLONIAL RAILWAY.

SUMMER ARRANGEMENT.

TRAINS leave Halifax daily (Sunday excepted) as follows:-(Halifax time.)

At 8.25 a. m.-Express for St. John, Pictou, Quebec. At 12.15 p.m. - Accommodation for Pictou. At 5.00 p. m .- Accommodation for Truro. At 6.15 p. m.-Express for St. John and

WILL ARRIVE :-

At 9.15. a. m. - Accommodation from Truro. At 10.15 a. m., -Express from Quebec and from St. John. At 2.50 p. m.-Accommodation from Pic-At 7.45 p. m.—Express from St. John.

# THE CONTROL OF Windsor and Annapolis

Railway. Summer Arrangement-Commenc-

ing Monday, April 4th, 1881. The following is according to Railway Time. Halifax times is 15 minutes later.

Miles.	GOING W	saff	Express Daily.	Passengers & Freight Mon. Wed & Friday	Pass. & Frgt. Daily.
46 64 71 83	Windsor. Wolfville. Kentville, Berwick. Middleton. Annapolis.	Leave	9 40 10 30 11 05 11 36 P. M 12 23	2 30 3 18	6 15 7 17 7 40
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130	Annapolis.	Arrive	1 401	6 401	
	St. John,	do	7 301	200	
Miles.	GOING E	AST.	Pass. and Freight Daily.	Pass, and Freight Tresdays Thursdays and Saturday only.	Express Daily.
47 59	St. John, Annapolis, Middleton. Berwick. Kentville,	Leave	6 30 6 57	6 30 8 20 9 46 11 15	8 00 P. M. 2 15 3 31 4 20 5 00

Steamer "Empress" leaves St. John at 8a. m. every Monday, Wednesday and Friday for Digby and Annapolis, and leaves Annapolis, on arrival of Express Train from Hali-fax, 1.40 p. m., every Tuesday, Thursday and Saturday, for Digby and St. John.

1 15 6 17

# RAILWAY.

84 Windsor.

Leaves Antigonish at 9 a.m., and New Arrives at New Glasgow at 11.00 a. m. and at Antigonish at 4.30 p. m.

Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.45 a. m. Leaves Digby on Monday, Wednesday, and Saturday at 4.00 p. m., and at 12.30 p. m. on Tuesday, Thursday and Friday. Arrives at Yarmouth Tuesday &c., at 4.30 p. m., and on Monday &c., at 8. p. m.

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

FOOD RIDGE'S

Is all and a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

Invalids, Nursing Mothers, and those suffering from Indigestion FOR INFANTS AND INVALIDS, is all they can desire. It is carefully put up in four sizes. Constant users will find our No. 4 size

(always the most economical size to buy) now much larger than formerly, thus materially lessening the expense.

WOOLRICH, Dispensing and Family Chemist, Upper Water St., Depot for Ridges Food, Pick-me-up Bitters, &c., with a well-assorted stock of Pure Drugs. April 17

# Nova Scotia Book Bindery, C. & T. PHILLIPS,

BOOK BINDERS, PAPERS RULERS BLANK BOOKS, Manufacturers, Perforaters, Steam Machine PAPER BAG Manufacturers. Cheapest in the Market. Jan. 31.

KIDDER'S PASTILLES. Price 35 cts. by mail.



# Ayer's Hair Vigor,

FOR RESTORING GRAY HAIR TO ITS NATURAL VITALITY AND COLOR.

It is a most agreeable dressing, which is at once harmless and effectual, for preserving the hair. It restores, with the gloss and freshness of youth, faded or gray, light, and red hair, to a rich brown, or deep black, as may be desired. By its use thin hair is thickened, and baldness often though not always cured. It checks falling of the hair immediately, and causes a new growth in all cases where the glands are not decayed; while to brashy, weak, or otherwise diseased hair, it imparts vitality and strength, and renders it pliable.

The Vigor cleanses the scalp, cures and prevents the formation of dandruff; and, by its cooling, stimulating, and soothing properties, it heals most if not all of the humors and diseases peculiar to the scalp, keeping it cool, clean, and soft, under which conditions diseases of the scalp and hair are impossible.

### As a Dressing for Ladies' Hair

The VIGOR is incomparable. It is colorless, contains neither oil nor dye, and will not soil white cambric. It imparts an agreeable and lasting perfume, and as an article for the toilet it is economical and unsurpassed in its excellence.

Prepared by Dr. J. C. Ayer & Co., Practical and Analytical Chemists, Lowell, Mass.

SOLD BY ALL DRUGGISTS EVERYWHERE. BROWN & WEBB, Halifax, Wholesale Agents.

FALL 1880. STOCK NEARLY COMPLETE.

# **Importations** THIS SEASON

Are the Largest -IN THE-

MARITIME PROVINCES. SMITH BROS.

### Sept. 29. J. C. DUMARESQ, ARCHITECT.

Plans, Specifications, &c., of Churches, Country Residences, and all kinds of Buildings, prepared to order.
OFFICE: JARVIS BUILDING,

Prince William Street, St. John, N. B. May 16.



879 - Provincial Exhibition-1879

Fraser & Sons, 82 & 84 Barrington Street, Halifax, N. S. EXHIBITED SQUARE AND UPRIGHT ..

> PIANOS, -And were Awarded-

DIPLOMA AND HIGHEST PRIZE.

These Pianos were not got up for exhibition, but were our ordinary manufacture. We invite inspection of our instruments; all first class and warranted to give satisfaction.

Piano-Fortes, Cabinet and Church Organs Tuned and repaired. Nov. 5,

\$66 a week in your own town. Terms and \$5 outfit free. Address H. HALLETT & Co., Portland, Maine. \*Sept. 29, 1880.

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