# The Messenger Almanac.

		JUNI	18	81.		
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THE TIDES.—The column of the Moon's Southing gives the time of high water at Parreboro, Cornwallis, Horton, Hantsport,

Windsor, Newport, and Truro.

High water at Pictou and Cape Tormentine, 2 hours and 11 minutes LATER than at Halifax. At Annapolis, St. John, N.B., and Portland Maine, 3 hours and 25 min-utes LATER, and at St. John's, Newfound-land, 20 minutes EARLIER, than at Halifax. At Charlottetown, 2 hours 56 minutes LATER. A Westport, 2 hours 54 minutes LATER. A Yarmouth, 2 hours 20 minutes

FOR THE LENGTH OF THE DAY .- Add 12 hours to the time of the sun's setting, and from the sum sub ract the time of rising. FOR THE LENGTH OF THE NIGHT. -Subtract the time of the sun's setting, from 12 hours and to the remainder add the time of rising next morning.

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#### AGRICULTURE.

MORE LIVE-STOCK FOR FARMERS. -There is a growing necessity for more fertilizing matter in agriculture. The present supply is very unadequate. Great quantities are wasted in the cities, particularly the street refuse. One valuable part of many chemical manures is bone, and where could twenty or fifty times the present amount of bones be obtained?

There is one resource left for farmers, and practically only one. That is, to keep more live stock. Happily, too, the tendency is strong in that direction, The great and constant increase in manufactures creates a demand for more meat, and this must go on.

There is a hopeful aspect to the Ensilage furore just now raging and spreading. If really successful, it will strike a powerful blow at the cattle and horse pasturage, and that is encouraging. The first result will be that more stock will be kept, the second that better use will be made of the good land on every farm in order to grow crops for the silo. With the increase of stock comes more manure, then richer lands and greater crops. The increase of dairy products may cheapen them somewhat, but if so producers can stand it, because the cost of production will be lessened. But as dairy products are increased, their consumption will be increased. Tens of thousands are inadequately supplied now, to whom it would be a blessing. Creameries will multiply, and their products be put into forms for exportation to the farthest corners of civilization, and even barbaric lands be open to their sale. Sailors can be treated the luxury of milk, butter and cheese, so that it shall be a common thing instead of a luxury Milk in its condensed form can now be carried everywhere, and the business can be vastly extended. The arts of the inventor are not yet exhausted, so that it is likely ere long new processes will be discovered by which butter and cheese may be made less bulky and perishable, and thus be transported more cheaply to distant markets.

Even without ensilage dairy products can be largly increased by soiling, with only the same amount of stock. The expense will be somewhat increased, but that is no objection in view of the increased income. No farmer knows what his cows are capable of by the happy-go-lucky system of pasturage. But when he takes the steps for soiling he can and should increase his stock, and then he will find a return in manure which will astonish him as compared with the waste of pasturage.

#### THE HOUSE.

BUTTERMILK .- A Detroit physician says that for a het weather drink nothing equals buttermilk. It is, he says, " both drink and food, and for the laborer is the best known. It supports the system, and even in fever, will cool the stomach admirably. It is also a most valuable domestic remedy. It will cure dysentery as well and more quickly than any other remedy known. Dysentery is really a constipation, and is the opposite of diarrhoa. It is inflammation of the bowels with congestion of the "portal circulation" (the circulation of blood through the bowels and liver) It is a disease always prevalent in the summer and autumn. From considerable observation I feel warranted in saying that buttermilk, drank moderately, will cure every case of it-certianly, when taken in the early stages."

liness is next to godliness," it may be never finds time to talk of himself. injudicious to wash the body in cold water at all times, especially for the COATS DYED and PRESSED for \$1.0% aged, very young, and the very weak. A cold bath is never judicious—always dropped by chance springs up a flower. injudicious-when not followed by a sensation of comfort and pleasure. On the contrary, no weather is too cold for judicious use of the flesh brush, one not harsh enough to produce irritation of the surface. In the morning its use will quicken the surface circulation, increase the warmth, ending the blood to the extremities, while at night on good night's sleep-a matter of vast importance, especially to the nervous and delicate.

> OATMEAL .- The use of this article of food has greatly increased during the last few years, and if all we hear and read in its favor be true, it should be used to even a greater extent. The Scotch are noted as a robust and healthy people, and they make great use of oatmeal in various ways. We

believe it would be far better for our farmer friends to have this article on their breakfast tables every morning, than to eat so much fried pork as many do. It must be very healthful and nourishing for children as well as adults. Get a good article and have it well cooked, and served with cream and a little sugar, and it is good. Let those who do not think so try it for six months or a year and they will not do without it ever after.

For hanging pictures use copper or silver wire. Moths eat the inside of the cord. Water in which onions have been boiled rubbed lightly over the frames will keep insects away from them.

BROILING .- Broiling for the sick room, as well as for daily use, says Dr. Kane, is unquestionably the best manner in which to cook meat. By it the meat is thoroughly cooked and the juices remain incorporated in the fleshy fibre. To perform it properly the fire should be very hot, so that the outside of the meat is at once hardened, thus imprisoning the juices within the piece thus treated. The gridiron should be turned every few minutes, so as to cook all parts evenly. Broiling meat in the flame of a coal fire, gives it an unpleasant odor and taste, due to the gases of the coal, and broiling over a smoky wood fire is also to be deprecated. Hickory wood coals impart a peculiar and yery pleasant odor and taste to the meats broiled over them Broiled meats should be served while hot.

The toad destroys from twenty to thirty insects in an hour, and the mole is continually destroying grubs, larvæ, worms, and insects injurious to agri-

The following is recommended as a cure for garget in cows :- Eight dreps of tincture of aconite dropped on a piece of bread and mixed with the food at night. Next morning four drops more given in the same manner, which will generally effect a cure.

#### VARIETIES.

The words of Mr. Joshua Billings are pointed "Thar iz advice enuff now laying around to run three just such worlds as this; what we are suffering most for iz sum good examples.'

"Oh, dear!" exclaimed a young lady entering a public hall the other evening, "What a dreadful odor of carburetted hydrogen !" "Mum!" said the janitor, with a puzzled countenance. "The smell of the carburetted hydrogen," she explained. " That's no kind o'gin, mum," replied the janitor; "that's garss; the pipes is leakin,' mum."

"How do you like the Episcopalian service?" asked Jones. "Never heard it," replied Fogg. "I dropped in at one last Sunday. It was quite early, and so I began reading the service. didn't read far, though, before I found that it would never do for me, So I came out." . Why what was the trouble? Too many collections?" "Yes. On almost every page it said 'collect' One collection is all can I afford to respond to. Must be awfully expensive to be an Episcopalian."

The secret of respectability lies in the strict observance of the following three rules :- Live within your means, always tell the truth, and keep good company.

Never let the world see that you are THE FLESH BRUSH .- Though "clean- fond of your own person; a polite man

> A word of kindness is seldom spoken in vain-it is a seed which even

It is quite wonderful how many things there are in this world which you do not want if you can only make yourself think so.

Professor (to student who writes, not for the masses, but for the educated few)-"You should write so that the most ignorant of your audience can unretiring, a soothing effect is produced, derstand all you say." Student (puzquieting the nerves, and favouring a zled)-"What part of my production is not clear to you sir?"-Berkleyan.

> " I will and I won't, I shall and I shan't I'm a logy if I do, I'm a fogy if I don't Am I ami, or am I not Ami?

It I am Ami, why am I? If I am not Ami, who am I?"

A bore is a man that spends so much time talking about himself that you can't talk about yourselt.

# INTERCOLONIAL BAILWAY.

SUMMER ARRANGEMENT. PRAINS leave Halifax daily (Sunday

excepted) as follows:-(Halifax time.) At 8.25 a. m.—Express for St. John, Pictou, Quebec.

At 12.15 p.m.—Accommodation for Pictou. At 5.00 p. m.—Accommodation for Truro. At 6.15 p. m.—Express for St. John and Quebec.

WILL ARRIVE :-At 9.15. a. m. - Accommodation from At 10 15 a. m.,—Express from Quebec and from St. John.

At 2.50 p. m.-Accommodation from Pic-At 7.45 p. m.—Express from St. John. Nov. 24, 1880.

Railway.

Windsor and Annapolis

Summer Arrangement—Commencing Monday, April 4th, 1881. The following is according to Railway

Time. Halifax times is 15 minutes later Daily. GOING WEST hat are governe Halifax ..... Leave 7 45 8 52 3 00 64] Wolfville. 71 Kentville,

102 Middleton. 130 Annapolis. Arrive | St. John, GOING EAST.

A.M. A. M. A M St. John, 6 30 2 15 Annapolis, Leave, 8 20 3 31 9 46 4 20 6 30 11 15 5 00 6 57 11 45 5 22 28 Middleton. 47 Berwick. 59 Kentville. 66 Wolfville. 1 15 6 17 84 Windsor. 4 30 8 10 130 Halifax

Steamer "Empress" leaves St. John at 8 a. m. every Monday, Wednesday and Friday for Digby and Annapolis, and leaves Annap-olis, on arrival of Express Train from Hali-fax, 1.40 p. m., every Tuesday, Thursday and Saturday, for Digby and St. John.

#### HALIFAX and CAPE BRETON RAILWAY.

Leaves Antigonish at 9 a.m., and New Glasgow at 2.30 p. m. Arrives at New Glasgow at 11.00 a. m. and at Antigonish at 4.30 p. m.

Western Counties Railway.

Train leaves Yarmouth daily at 7.45 a. m., and arrives at Digby at 11.45 a. m. Leaves Digby on Monday, Wednesday, and Saturday at 4.00 p. m., and at 12.30 p. m. on Tuesday, Thursday and Friday.
Arrives at Yarmouth Tuesday &c., at
4.30 p. m., and on Monday &c., at 8. p. m.

For it is sadly too true that thousands of children are STARVED TO DEATH every year by improper or insufficient food. Remember,

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Being compounded of the concentrated virtues of purely vegetable substances, they are positively free from calomel or any injurious properties, and can be admin-istered to children with perfect safety.

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AYER'S PILLS are an effectual cure for Constipation or Costiveness, Indigestion, Dyspepsia, Loss of Appetite, Foul Stomach and Breath, Dizziness, Headache, Loss of Memory, Numbuess, Biliousness, Jaundice, Rheumatism, Eruptions and Skin Diseases, Dropsy, Tumors, Worms, Neuralgia, Colic, Gripes, Diarrhoa, Dysentery, Gout, Piles, Disorders of the Liver, and all other diseases resulting from a disordered state of the digestive apparatus.

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