

THE HOUSE.

CHEAP ORNAMENTATION.—A carrot grown in sand is, if well managed, a highly ornamental object.

Another experiment may be made with a turnip, which must be as sound as possible.

CHOCOLATE CANDY.—One and a half pounds of brown sugar, half pint of cream or milk; boil ten minutes, then add one-quarter pound of chocolate.

CHOCOLATE CREAM DROPS.—One cup of powdered sugar, half cup of water; boil from five to seven minutes.

MOLASSES CANDY.—One cup of molasses, one cup of sugar, one cup water; boil until done.

MEAT FOR PORK.—The poultry should be fed meat scraps three or four times a week with their other food.

A DELICIOUS PUDDING, so light as to be sometimes called "puff pudding," is made thus: measure eight tablespoonfuls of flour.

"Pop-overs" for tea, when the bread is out and there is no time for biscuit, may be made in this way: One cup of sweet milk, one egg, a bit of melted butter.

Soaking clothes preparatory to washing them is often overdone; a brief soaking in warm suds just before washing is much more effective than an all night soaking.

Remember that when the ground is covered with ice and snow or frozen as hard as a brick-bat, the fowls cannot supply themselves with gravel, and they will not do well without it.

TO CLEANSE MICA.—Take a little vinegar and water and wash the mica carefully with a soft cloth; the acid removes all stains.

Never roast meat says Miss Parloa, without having a rack in the pan. If meat is put into the water in the pan it becomes soggy.

A correspondent sends us the following recipe for "temperance mince-meat" for pies: "Two bowls chopped apples, one of chopped meat, with one-fourth pound suet, the grated rind and juice of one lemon, two teaspoonfuls molasses, one large teaspoonful each of cinnamon and cloves, one nutmeg, one pound raisins, half pound currants, one-fourth pound citron cut fine, sugar and salt to taste.

STUFFED EGGS.—Six hard-boiled eggs cut in two, take out the yolks and mash fine; then add two teaspoonfuls of butter, one of cream, two or three drops of onion juice, salt and pepper to taste.

Never bang the door of an oven, as it will ruin what is in it. I remember, said Miss Munro, a visit I paid to a grave yard in the South of England, and I was much struck with an epitaph on a tomb-stone: "She never banged the door."

"FRUIT JARS," he said, as he looked at a sign, and then continued; "yes, it does, unless it is real ripe."

POACHED EGGS.—Strain some boiling water into a frying-pan, which must also be perfectly clean. The least impurity will mar the whiteness of the eggs.

POACHED EGGS A LA CREME.—Nearly fill a clean frying-pan with water boiling-hot; strain a tablespoonful of vinegar through double muslin, add to the water with a little salt. Slip your eggs from the saucer upon the top of the water (first taking the pan from the fire.) Boil three minutes and a half; drain, and lay on buttered toast in a hot dish.

To flavor a roast of beef deliciously, to make it tender, and to give variety which is essential in that family where beef is the staple meat eaten.—to do all this—nothing more is required than a large lemon; cut it in two pieces, squeeze all the juice upon the roast, then after peeling the lemon, roll it up in the roast.

HEALTH HINTS

Milk that is heated too much above 100 degrees Fahrenheit, loses for the time a degree of its sweetness and its density, but no one who, fatigued by over-exertion of body and mind, has ever experienced the reviving influence of a tumbler of this beverage, heated as hot as it can be sipped, will willingly forego resort to it because of its having been rendered somewhat less acceptable to the palate.

ABOUT FOOD.—Persons who decide what shall be our food and drink, and its preparation, decide, to a great extent what shall be the health of the family; hence they should obtain hygienic knowledge about food, and adapt it and cooking to the laws of health.

Peas and beans are highly nutritious and strength-imparting; the Chinese make cheese of peas; they contain casein, the chief ingredient of cheese.

The free use of salt and salted meats, especially pork, and other fatty substances, also buck-wheat, oat-meal, and oily fish, produce pimples, boils, &c.; long abstinence from such food, also animal food, cures cutaneous eruptions; condiments contain volatile oil; continual use of them debilitates the stomach.

Try eating fresh radishes and yellow turnips for gravel.

THE FARM.

APPLES FOR COWS.—Apples, like other succulent food are good for cows and increase their milk, provided the feeding is begun cautiously in the first place, and gradually and regularly increased.

THE BEST MANURE.—With all the merit of modern knowledge there is no saying that includes more real and enduring truth than the old adage that "the foot of the owner is the best manure for the land."

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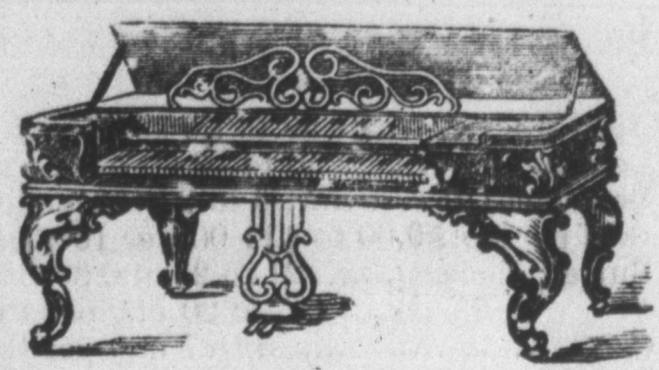
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