

FARM AND GARDEN.

Calla and Primrose.

BY ANNIE L. JACK.

The great object of the window gardener is to get flowers in winter, and no plants are more certain to reward the florist than the two named above.

The Chinese primrose will bloom from November to May if placed in a partial shade in the window where the hot spring sun will not fully strike.

BITING HORSES.—Horses have been successfully cured of this vice by putting a piece of hard wood, an inch and a half square, in the animal's mouth, about the same length as an ordinary snaffle-bit.

Cows should be fed all they can digest without injury to their health. Some cows will eat more than they can digest.

Pruning that was omitted last fall should be attended to as soon as the weather will permit.

Farmers are everywhere giving testimony to the efficacy of kerosene as a preservative of fence posts.

Put your wood ashes where they will do the most good—that is, around the fruit trees.

HEALTH HINTS.

INDIGESTION AND DISEASE.—Dr. Henry Reynolds has an article in the Phrenological Journal on indigestion which seems to define the nature and symptoms of the complaint very closely.

Indigestion causes alterations in the general nutrition of the body, which are manifested in various ways, among which are the following: Anæmia, or a depraved state of the blood, involving a deficiency of the red globules of the blood, and causing persons thus affected to be unnaturally pale.

The inflammation of the mucous membrane of the throat, known as "clergyman's sore throat," is a product of indigestion, and the removal of the cause by the adoption of a suitable dietary, exercise in the open air, and observance of the laws of health generally will be the best treatment for it.

Indigestion is the cause of various alterations in the skin, manifested by general coldness or chilliness, especially of the extremities, by changes in its color or texture, which may be earthy or sallow in tint, or dry and coarse, and by various eruptions, among which are the well known eczema, acne, impetigo, and nettle rash.

The causes of indigestion may be due to the food or condition of the stomach. The food may be defective in quality. There may be excess or deficiency of the normal ingredients, saccharine, starchy, albuminous, or fatty, or some of the naturally indigestible materials which form a part of all food.

Eating too much is probably the most common of all causes of indigestion. The secretion of the gastric juice in the stomach seems to be proportioned to the amount of material required for the nourishment of the system.

Much may be done for the cure of indigestion by eating very abstemiously of suitable food, thoroughly masticated, taking exercise in the open air, breathing pure air, and observing the laws of health generally.

VARIETIES.

THE BREATH OF A FROG.—A frog can't breathe with its mouth open. If its mouth were forcibly kept open it would die of suffocation.

This is the explanation: the frog receives the air through the nostrils, but as there is no cavity formed by the expansion of the chest, the mere pressure of the atmosphere following the expansion does not in this case inflate the lungs.

Barnum's "Great Moral Show" is perhaps one of the biggest big things of New York. It is stated that two hundred times last year the show attracted a daily attendance of 30,000 people; it represents a capital of over \$3,000,000; its actual daily expenses are over \$4,750; it uses nearly a mile of its own railroad cars; requires eight acres for its tents, employs 600 men and women, 300 horses, 160 advance advertisers, and five spacious advertising cars.

One of the biggest curios is Jumbo the big elephant. He proves to be somewhat troublesome at times. A large mastiff was recently purchased and imported as a companion for Jumbo and placed beside him on March 2 for the first time, and the other dog a shaggy one taken away.

A giantess, Marian Webb by name, is being exhibited in Manchester, England. She is 8 feet 2 inches in height, and as she is only 17 years of age she may attain still greater proportions.

Here is a definition and a demolition by the Observer: "An agnostic is one who asserts that it is impossible for us to know anything with certainty. If he knows that then he knows something. And if he knows something, he is not an agnostic."

WORD MAKING AND WORD TAKING.—It was not many months ago I mentioned a charming and amusing game we were playing during the winter evenings, which consisted in the skillful use of a neat box of the letters of the alphabet.

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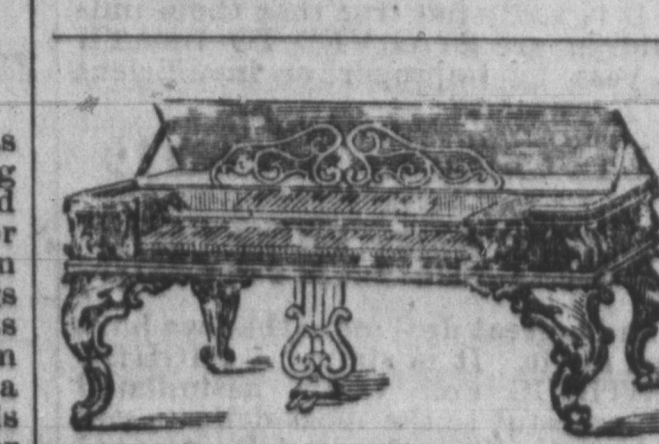
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