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FARM AND GARDEN.

Feeding a cow heavily just before she comes in, with intent to get from her the highest possible yield, is the usual cause of milk fever. There is time enough for crowding efter a good flow of milk has become established.

EARLY VEGETABLES .- Dr. F. M. Hexamer gives in the American Garden this helpful hint toward securing early vegetables :- Tomatoes, peppers, egg plants, cabbage, cauliflowers, melons, corn, and almost every kind of vegetables, may be started in pots and transplanted with the entire root-ball as soon as danger of frost is over. By this method a gain of several weeks is often secured, and at a trifling expense. The pots may also be nsed for pot layering strawberry plants, and when once purchased will last a lifetime. Boxes may be used for the same purpose. The plants in these should not be placed of limewater has been put. closer than three inches apart each from interlacing with each other, a sharp knife is drawn between them through the soil about every taken up with a solid block of soil ing else will.

VALUE OF THE SUNFLOWER. -Agriculturists claim it is the best before and after the dose. producing food known for poultry, keeping them in a thriving condition and largely increasing the production of eggs. Every poultry raiser who tries it will find that this seed is the best food known for glossing the plumage of fowls, and is almost indispensable to those who want to fit their birds for exhibition to the best advantage. The Russian sunflower is easily raised, requires very little care, can be grown in the fence corners, or other places difficult to cultivate. Its production of seed is immense, vielding often at the rate of one. hundred bushels to the acre. quarts of seed will plant an acre.

HEALTH HINTS.

little cup on a stand close by the bed, also cooling and quieting.

CURE FOR LUMBAGO.—A Corresthe following, and states that it is cloth, such as we use to cover tables, and sip a little once an hour or so. but of a soft, pliant kind, sufficiently These rules have all been tried large to cover the loins; place it over the flannel shirt, and bandage yourself with a flannel bandage; profuse perspiration will ensue on the loins, and you are quickly rid of this wearisome complaint.

PRACTICAL HINTS ABOUT GLASSES. -Persons finding their eyes becoming dry and itching on reading, as well as those who find it necessary to place an object nearer than fourteen inches from their face to read, need spectacles.

Persons under forty years of age should not wear glasses until the accommodating power of the eyes has been suspended, and the exact state of refraction determined by a competent ophthalmic surgeon.

The spectacle glasses sold by ped. hurtful to the eyes of those who read much, as the lenses are made of inferior sheet glass and are not symmetrically ground.

No matter how perfectly the lenses may be made, unless they are mounted in a suitable frame and properly placed before the eye, discomfort will arise from their prolonged

There are three systems of grading spectacle lenses: the English, the metric, and the Prussian. Those made to supply the demands of the trade in this country are carelessly made, and are poor imitations of either the English or the metrical system. The metrical scale has no ter-focal spaces, and is therefore when freshly gathered.

unsuited to the exacting demands of

Persons holding objects too near the face endanger the safety of their eyes and incur the risk of becoming near-sighted.

reading. L. H. and seemed - on . A. D. a.

The proper time to begin wearing glasses is just as soon as the eyes tire on being subjected to prolonged use. - Medical Herald.

HOUSEHOLD.

THINGS WORTH KNOWING .- Use saleratus water for burns.

Salt and water is good for bruises and so also is kerosene oil. A lunch of freshly popped corn

is a relief for nausea or a disordered For heartburn, drink half a glass

of cold milk in which a tablespoonful the pancake is done sprinkle over

over the chest under the outer wrap. When recovering from a debilitating sickness, such as diphtheria, two weeks. Each plant may then be clam broth often relishes when noth-

> To make cod liver oil less disor eat a bit of fresh orange peel and a cut lemon to table with them.

> bronchial irritation is often relieved should be beaten separately and by gargling the throat with salt and the whites added the last thing to water, or by swallowing a little salt. the batter before frying. Hiccoughs may be stopped by pursing up the mouth as if about to.

> to prevent it, press the bridge of the spout of a steaming tea-kettle. the nose or the upper lip with the This is almost always effectual. fingers and the sneeze will be

stopped. should be planted in hills four feet ing absence from home in winter, used, but, a bread pan filled with apart, any time from the 10th of in a sudden cold snap. Laid on boiling water, with muffin rings May to the 1st of July. Three the floor or a dirty car it is often placed in it, is more easily handled. ladies' dresses.

is often greatly relieved by bathing rately into the muffin rings. Two An excellent authority in medi- the head with water as hot as can minutes' simmering will cook them cine recommends a little common be borne, and the application will sufficiently. Have ready a hot platsugar as a remedy for a dry hacking seldom have to be repeated more ter, with small pieces of boiled ham cough, and gives scientific reasons than once before the patient will or thin slices of well buttered toast. for it. If troubled at night or on fall into a refreshing sleep. Bathing Take the eggs from the water with first waking in the morning, have a the head and eyes with bay rum is a draining ladle and slip each egg

will be of benefit when cough syrups feels the first symptoms of having Garnish the dish with bits of parsfail. camphor through the nose frequently, before the cold gets settled upon pondent in Smyrna, Turkey, sends one. Hartshorn used in the same way is good. Or, put a few drops reliable: Take a piece of oilskin of camphor in a tumbler of water,

and proved valuable.

To insure a bright flame, soak the lamp wick in vinegar twentyfour hours, tradale way andare

To keep flies off gilt frames, boil three or four onions in a pint of water and apply with a soft brush.

ounces of powdered alum and two tine and milk, and stir until it is disof borax to a twenty-barrel cistern solved; add the sugar to the beaten of rain-water.

Preserving cut flowers.—One of the safest and best ways to send a few choice cut flowers to a distant and heat gently, stirring faithful until is to cut slits in potatoes and insert | it almost boils. Remove from fire, turn the flower stems, taking care that into a bowl and whip in lightly and they are firmly fastened in and dlers and by jewelers generally are supported by a little cotton or paper. An ordinary potato will keep most flowers fresh for two weeks or more in a moderate temperatuae. Potatoes can also be used in floral decorations through being disguished by leaves and flowers.

> TO PROMOTE THE GROWTH, OF THE HAIR .- Aromatic spirits of ammonia, loz; spirits of rosemary, loz; glycerine 1 oz; tincture of cantharides, 3 drs; rosewater enough to make 8 fluid ounces. Apply night and morning by rubbing the scalp.

MINT SAUCE.—It is not generally known that mint sauce will keep if English equivalent, is not graded dy bottled for a week or ten days, and | Well, now and then, a day in April any uniform rule of dividing the in- be as good or even better than is decidedly underdone, and some of

PANCAKES .- Ingredients -- Eggs, flour, milk; to every egg allow one ounce flour, about one gill milk, oneeighth teaspoonful salt. Mode-Whisk the eggs well in a basin, add the flour, salt, and a few drops of . The near-sighted eye is an un- milk, and beat the whole to a persound eye, and should be fully cor- feetly smooth batter; then pour in rected with a glass, notwithstand- by degrees the remainder of the ing the fact it may need no aid for milk. The hatter should be of the consister cy of thick cream. Place a small frying pan on the fire to get hot; let it be delicately clean and when quite hot put into it a small piece of butter, allowing about onehalf ounce to each pancake. When it is melted pour in the batter, about one-quarter teacupful to a pan twelve inches in diameter, and fry it for about five minutes, or until it is nicely brown on one side. By. only pouring in a small quantity of butter and so making the pancakes thin, the necessity of turning them (an operation rather difficult to unskilful cooks) is obviated. When it some pounded sugar, roll it up in To protect the lungs when riding the pan, take it out with a large way: and, to prevent the roots in the cold, place a tolded newspaper slice and place it on a dish before the fire. Pancakes are never good unless eaten almost immediately they come from the frying pan. The batter may be flavoured with a little grated lemon rind, or the pancakes may have preserves rolled in them agreeable, take it in tomato catsup, instead of sugar. Send sifted sugar To render the pancakes very light A troublesome, hacking cough or the yokes and whites of the eggs

> REMOVING IRON RUST .- Iron rust whistle, and inhaling and exhaling may be removed from delicate garthe breath as slowly as possible a ments, upon which you dare not try oxalic acid, by mixing the juice of a If one feels an inclination to lemon with some salt; put this over sneeze in a public place and wishes | the rusted spots, and then hold over

POACHED EGGS,—to present a A newspaper is an excellent nice appearance must be cooked makeshift for extra bedding dur- with care. An egg poacher may be also a convienent protection for Only the freshest eggs should be used. Open each egg in a saucer, Congestive or nervous headache | and when all are ready drop sepacarefully on the toast. Sprinkle and take half a teaspoonful; this An excellent remedy, when one salt and pepper over each egg.

> POTATO SCONES.—Mash any cold potatoes which may have been left from a previous meal until quite smooth, adding a little salt. Knead out to the thickness required and toast on a griddle, pricking them with a fork to prevent blistering. Eaten with butter they are equal to crampets, are nutritious and more wholesome.

CHOCOLATE BLANC-MANGE. - One quart of milk; one ounce Cooper's gelatine soaked in a cup of milk one hour; four heaping tablespoons of grated chocolate, rubbed up with a little milk; three eggs, whites and yolks beaten separately; three-fourths cup of sugar and two teaspoonfuls of vanilla. Heat To clear cistern water, add two the milk to boiling; pour in the gelayolks and stir until smooth; beat the chocolate into this, and pour in spoonful by spoonful, the scalding milk upon the mixture, stirring all the while until all is in. Return to the inner saucepan briskly the beaten whites with the vanilla. Set to form in moulds wet with

VARIETIES.

A cute observer remarks that "the man who stops his paper to economize is like a man who goes barefoot to save his shoes."

Pat says that if men could only hear their own funeral sermons, and read their own headstones, there would be no living in the world with them.

Josh Billings says, "A reputashun once broken may possibly be repaired, but the world will alwus keep their eyes on the spot where the krack was."

"What is so rare as a day in June?" the March days are really raw."

Rev. Father Wilds' EXPERIENCE

The Rev. Z. P. Wilds, well-known city missionary in New York, and brother of the late eminent Judge Wilds, of the Massachusetts Supreme Court, writes

as follows: "78 E. 54th St., New York, May 16, 1882.

MESSRS. J. C. AYER & Co., Gentlemen:
Last winter I was troubled with a most uncomfortable itching humor affecting more especially my limbs, which itched so intolerably at night, and burned so intensely, that I could scarcely bear any elething over them. I was also a sufferer from a severe catarrh and catarrhal cough; my appetite was poor, and my system a good deal run down. Knowing the value of AYER'S SARSAPARILLA, by observation of many other cases, and from personal use Aven's Sarsaparilla, by observation of many other cases, and from personal use in former years, I began taking it for the above-named disorders. My appetite improved almost from the first dose. After a short time the fever and itching were allayed, and all signs of irritation of the skin disappeared. My catarrh and cough were also cured by the same means, and my general health greatly improved, until it is now excellent. I feel a hundred per cent stronger, and I attribute these results to the use of the Sarsaparilla, which I recommend with all confidence as the best blood medicine ever devised. I took it in small doses three times a day, and used, in all, less than two bottles. I place these facts at your service, hoping their publication may do good.

Yours respectfully, Z. P. Wilds."

The above instance is but one of the many constantly coming to our notice, which prove the perfect adaptability of AYER'S SARSA-PARILLA to the cure of all diseases arising from impure or impoverished blood, and a weakened vitality.

Ayer's Sarsaparilla cleanses, enriches, and strengthens the blood, stimulates the action of the stomach and bowels, and thereby enables the system to resist and overcome the attacks of all Scrofulous Diseases, Eruptions of the Skin, Rheumatism, Catarrh, General Debility, and all disorders resulting from poor or corrupted blood and a low state of the system. PREPARED BY

Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists; price \$1, six bottles for \$5.



PILLS. **Best Purgative Medicine**

AYER'S

cure Constipation, Indigestion, Headache, and all Bilious Disorders. Sold everywhere. Always reliable. Feb. 7. 1y.

HONOR TO WHOM HONOR IS DUE

Holman Pad Company, Halifax, N. S. WALLACE BRIDGE, Cumberland Co., 17th February, 1882.

GENTLEMEN,—I have much pleasure in informing you of the benefit 1 have received from wearing one of your Pads. I was induced by a friend, last December, to give one a trial. Since then my health has improved so much that I have gained twenty-two pounds in weight. Under these circumstances, I feel that I am obligated, not only to you but to every person suffering as I did before I commenced to wear your Pad, to endeavor, as for as I possibly can to below to place such far as I possibly can, to help to place such a remedy within the reach of every suf-Yours truly,

LAWRENCE McKIN, Postmaster. Advice free. Pads of all descriptions sent free by mail on receipt of price.

HERRING COVE, April 8, 1882. HOLMAN PAD COMPANY, 119 Hollis St.,

DEAR SIRS,—My wife has been ill for about THREE years, and attended by the best physicians without receiving the least benefit therefrom; but since wearing your Pads, she is QUITE WELL. With deepest gratitude and with the view of benefiting others.

I remain, Yours obediently, JOHN KEATING. April 19.

HALIFAX STEAM DYE WORKS, 566 Upper Water Street, (Opposite H. M. Naval Yard)

Established 1871. JOHN HUBELEY, Proprietor.

COATS, Pants, Vests, Shawls, Sacques Dresses, Clouds, Curtains, Table Cloths, Cashmere Shawls, &c., Cleansed and Dyed to look like new.

FEATHERS DYED AND CURLED. Gents Garments cleansed and pressed, Goods damaged by fire or water, faded or soiled, Coats Dyed to look like new.

Mourning Dyed at the shortest notice. Gents Garments and Ladies Dresses, all wool, Dyed and Pressed whole, without

AGENT-MISS CAROLINE LAWSON, 123 Barrington Street, opposite St. Paul's JOHN HUBELEY,

566 Upper Water Street, Cheapest Place in the city for Dyeing. Oct. 12.

TO DRS. BENNET AND LEWIS. 119 HOLLIS ST., HALIFAX.

DEAR SIRS :- "I desire to express my feelings of profound gratitude to you who have helped me so much by the use and application of your wonderful medicine known as your Absorptive Pads and Plasters. I was sick about two years, and spent a large sum of money with Physicians but received very little benefit until I tried your Absorptive treatment. I tried your Absorptive treatment. When I commenced using it this summer I could scarcely walk across the floor, and now I can walk a mile at a time, and attend to household duties much better than I could before and feel only too glad to recommend this truly great treatment to any person or persons who may be afflicted as I was. You are at liberty to make any disposition of this note you may deem proper.

MRS, R. HIBBARD. Hebron, Yarmouth. This treatment can be applied effectively without interview where full particulars of case are sent by letter.

Nov. 21,

30 YEARS!

Imporrant trial of THIRTY YEARS decided, and a jury of half a million people have given their verdict that

MINARD'S LINIMENT! Is the best inflammation allayer and Pain destroyer in the world. 500 Med-ical men endorse and use it in their practice, and believe it is well worthy

the name. KING OF PAIN!

\$100 will be paid for a case it will not cure or help of the following Diseases: Diptheria and Rheumatism' Scalds, Chilblains, Galls, Boils, Sprains, Lumbago, Bronchitis, Burns, Toothache, Broken Breasts, Sore Nipples, Felons, Stings, Frost Bites, Bruises, old Sores, Wounds, Earache, Pain in the Side or Back, Contraction of the Muscles.

There is nothing like it when taken internally for Cramps, Colic, Croup, Colds. ternally for Cramps. Colic, Croup, Colds, Coughs, Pleurisy, Hoarseness, and Sore Throat. It is perfectly harmless, and can be given according to directions without any injury whatever.

A Positive Cure for Corns and Warts. And will produce a fine growth of Hair on bald heads in cases where the Hair has fallen fromdisease, as thousands of testimonials will prove. A trial will convince the most sceptical that the above is true. Send to us for testimonials of distinguished men who have used.

MINARD'S LINIMENT And now have a beautiful crop of Hair and hundreds who have used it are will ing to swear that by the use of Minard's Liniment they have obtained a new growth of Hair.

W. J. NELSON & Co., Proprietors, Bridgewater, N. S. Wholesale agents-Forsyth, Sutcliffe & Co., and Brown & Webb, Halifax.

A SERVANT WANTED.

Enquire at the CHRISTIAN MESSENGER Office, 71 Granville Street.

Paper Hangings WM. GOSSIP'S. UNITED SERVICE Book & Stationery Warehouse,

NO, 103 GRANVILLE ST., HALIFAX, N. S.

My importations of

This season are very attractive. They are in time to escape the additional protective duty imposed by the Dominion Government, and will be sold at correspondingly low rates.

SOLD WHOLESALE by the bale of four or five hundred rolls, about twenty patterns in a bale, from 6 cts. a roll and upward. Send to

William Gossip.

No. 103 Granville Street, Also just received, a large assortment of Artists' Materials, Oil and Water Colours, &c. Drawing Paper, Canvases, Brushes, &c., &c. March 22.

1872 MUSIC CARD, 1883

The Gates' Organ and Piano Company, (Limited.) Capital \$60,000—Encourage Home Enter-

Prof. C. E. Gates, President; W. J. Gates, Manager; G. O. Gates, Superintendent. Factory TRURO. Warerooms HALIFAX & TRURO, N. S.

FOR SALE.—Pianos, Organs, Music Stools, Sheet Music, Music Books, and all kinds of Musical Instruments. Pianos and Organs fully warranted. "SUDDS" Famed 190 page Organ In-structor only \$2.50. New 300 page Piano Instructor only \$3.50 and \$2.00.

The Musical Journal published monthly by the Company,

Silk Ribbons, Scarves, Crape Shawls, (120 pages New Music). Price only 60 copy of the last Annual Report, giving Satan Neckties, &c., Dyed all Colours.

EDITORIAL NOTICE

During Convention and Associations we want to introduce BUDS & BLOSSOMS,

so as to end the seventh year with an "Buds and Blossoms and Family Greetings" as a magazine for church and home must win its way both on account of quality and price.

See what others say ! BUDS AND BLOSSONS is the title of a

neat and attractive illustrated religious monthly magazine, published in Halifax, N. S., and edited by Rev. J. F. Avery, pastor of the Third Baptist Church of that city. It is now in its seventh vol., and does credit to both publisher and editor. It is such a periodical as will prove a blessing in any family where it is taken and read.—N. Y. "Watch Tower." "J. F. AVERY, of Halifax, editor of BUD'S & BLOSSOMS, sent us a copy of his magazine. We are very much pleased with it. It is a nearer approach to the English magazines of the same class than anything published here. Its ILLUSTRATIONS are good and its reading matter such as must do good. We wish it success."—"Canadian Baptist."

Fully Illustrated, 38 pages, price 75 cents a year, specimen for a 3 ct. stamp.

May 30.

\$72 A WERK. \$12 a day at home Costly Outfit free. Address TRUE & Co., Augusta, Maine *Sept. 29, 1880.

CHRISTIAN MESSENGER Printing Office,

69 & 71 GRANVILLE ST.

HALIFAX, N. S. All kinds of

JOB PRINTING

Executed with neatness and despatch BOOKS,

PAMPHLETS,

CIRCULARS

BILL-HEADS, OF MI POSTERS

Business Cards

Of all kinds

WEDDING CARDS,

LADIES VISITING CARDS,

TICKETS & LABELS At reasonable prices.

Sunday School Headquarters.

BRITISH AMERICAN BOOK AND TRACT SOCIETY,

Depository, 117 Granville St., Halifax. Secretary and Superintendent of Colportage,

A. N. ARCHIBALD.

Ample supply of the best and most popular Sunday School Books published. HALF PRICE-Books of Religious Tract Society, London; STRONGEST BINDING, SU-PERIOR TYPE. Sold both through the Depository and the Society's Colporteurs in lots to suit the Schools.

50 Volumes for from \$6.00 to \$8.00. The Committee have been selecting from the leading Publishing Houses of Great Britain and America for 15 years the choicest S. S. publications, and have made a specialty of Libraries, Periodicals, Lesson Helps, Cards, etc.

PELOUBET'S SELECT NOTES ON INTERNA-TIONAL S. S. LESSONS, postpaid \$1.25. HACKETT'S COMMENTARY ON ACTS, edited by Dr. Hovey, of Newton, postpaid, \$2.

People's Home Mission Agency.

The Society has been in operation 15 years. Colporteurs to the number of 102 have been employed, who have distributed Bibles and good books worth \$141,286 by sale, and books and tracts valued at \$10,081 by grant. Total grants by the Society, including those from Depot, more than \$16,000 worth. Time served by the Col porteurs equals that of one man for 142 years. Labrador, Newfoundland, Cape Breton, P. E. Island, Nova Scotia, New Brunswick, and a portion of Quebec have been explored. There have been found 1,525 lamilies without God's Word; 2,582 families with no other religious book; and 2,545 families who habitually neglect attending any place of worship. The 26 Colporteurs employed in 1882 performed labor equal to that of one man for I24 years; found 205 Protestant families without Bibles, 279 with no other religious books, and 373 families who never enter the House of God. They sold books worth \$13,332, and made free grants to the value of \$913, as they made 31:679 family visits, and held 625 religious

The books circulated are sound and good teaching the RUIN of man by the fall, REGEN-ERATION by the Holy Spirit, and REDEMPTION through our Lord and Saviour Jesus Christ. They are eminently designed to spread abroad Divine truth, and they are accepted by those that in every place call upon the name of the Lord. They give no uncertain sound upon the essential doctrines of the Cross: Justification through the blood of the Redeemer, holiness through the sanctifi-cation of the Spirit, and complete redemption through God's grace alone. Books and tracts designed especially to awaken the impenitent and point to Jesus are imported in great numbers. Almost 10,000 "Come

to Jesus" were distributed last year.

The prayers of all God's people are earnestly requested for the Spirit's power to accompany the reading of the books and the evangelistic efforts of the Colporteurs. A extracts from the Colporteurs' reports, will be sent on application to the Secretary.

American Baptist Publication Society.

As advertised last year, we continue to order the publications of the above Society upon which we allow a discount of FIFTEEN per cent, excepting periodicals, from the catalogue prices. As compared with the issues of the British houses these books are expensive. Catalogues will be supplied upon application, and those ordering can decide for themselves.

The Psalmist, published in the United States for 85 cents, we continue to sell for 75 cents. From our Depot and through Colporteurs about 5,000 Psalmists have been already sold.

Donations to Dec. 31st, 1882, in aid of Colportage, \$40,127; amount paid by Society to Dec. 31st, 1882, for Colportage,

Patronize the Depository and thus aid Colportage, to which all accruing profits are applicable. Jan. 81. 1 y.

BEING in possession of a valuable remedy for Asthma, Hay Fever, Phthisic, Brou-

and all difficulty in breathing, I have consented after numerous solicitations to make it known. Any individual so suffering can get valuable information by addressing

REV. G. FRED. DAY, Musquodoboit Harbor, N. S. May 9.