

FARM AND GARDEN.

Feeding a cow heavily just before she comes in, with intent to get from her the highest possible yield, is the usual cause of milk fever.

EARLY VEGETABLES.—Dr. F. M. Hexamer gives in the American Gardener this helpful hint toward securing early vegetables:—Tomatoes, peppers, egg plants, cabbage, cauliflowers, melons, corn, and almost every kind of vegetables, may be started in pots and transplanted with the entire root-ball as soon as danger of frost is over.

VALUE OF THE SUNFLOWER.—Agriculturists claim it is the best egg producing food known for poultry, keeping them in a thriving condition and largely increasing the production of eggs.

HEALTH HINTS.

An excellent authority in medicine recommends a little common sugar as a remedy for a dry hacking cough, and gives scientific reasons for it.

CURE FOR LUMBAGO.—A Correspondent in Smyrna, Turkey, sends the following, and states that it is reliable: Take a piece of oilskin cloth, such as we use to cover tables, but of a soft, pliant kind, sufficiently large to cover the loins; place it over the flannel shirt, and bandage yourself with a flannel bandage; profuse perspiration will ensue on the loins, and you are quickly rid of this wearisome complaint.

PRACTICAL HINTS ABOUT GLASSES.—Persons finding their eyes becoming dry and itching on reading, as well as those who find it necessary to place an object nearer than fourteen inches from their face to read, need spectacles.

Persons under forty years of age should not wear glasses until the accommodating power of the eyes has been suspended, and the exact state of refraction determined by a competent ophthalmic surgeon.

The spectacle glasses sold by peddlers and by jewelers generally are hurtful to the eyes of those who read much, as the lenses are made of inferior sheet glass and are not symmetrically ground.

No matter how perfectly the lenses may be made, unless they are mounted in a suitable frame and properly placed before the eye, discomfort will arise from their prolonged use.

There are three systems of grading spectacle lenses: the English, the metric, and the Prussian. Those made to supply the demands of the trade in this country are carelessly made, and are poor imitations of either the English or the metric system.

unsuited to the exacting demands of science. Persons holding objects, too near the face endanger the safety of their eyes and incur the risk of becoming near-sighted.

The near-sighted eye is an unsound eye, and should be fully corrected with a glass, notwithstanding the fact it may need no aid for reading.

The proper time to begin wearing glasses is just as soon as the eyes tire on being subjected to prolonged use.—Medical Herald.

HOUSEHOLD.

THINGS WORTH KNOWING.—Use saleratus water for burns. Salt and water is good for bruises and so also is kerosene oil.

A lunch of freshly popped corn is a relief for nausea or a disordered stomach.

For heartburn, drink half a glass of cold milk in which a tablespoonful of lime-water has been put.

To protect the lungs when riding in the cold, place a folded newspaper over the chest under the outer wrap.

When recovering from a debilitating sickness, such as diphtheria, clam broth often relieves when nothing else will.

To make cod liver oil less disagreeable, take it in tomato catsup, or eat a bit of fresh orange peel before and after the dose.

A troublesome, hacking cough or bronchial irritation is often relieved by gargling the throat with salt and water, or by swallowing a little salt.

Hiccoughs may be stopped by pursing up the mouth as if about to whistle, and inhaling and exhaling the breath as slowly as possible a few times.

If one feels an inclination to sneeze in a public place and wishes to prevent it, press the bridge of the nose or the upper lip with the fingers and the sneeze will be stopped.

A newspaper is an excellent makeshift for extra bedding during absence from home in winter, in a sudden cold snap. Laid on the floor or a dirty car it is often also a convenient protection for ladies' dresses.

Congestive or nervous headache is often greatly relieved by bathing the head with water as hot as can be borne, and the application will seldom have to be repeated more than once before the patient will fall into a refreshing sleep.

An excellent remedy, when one feels the first symptoms of having taken cold, is to inhale the fumes of camphor through the nose frequently, before the cold gets settled upon one.

To insure a bright flame, soak the lamp wick in vinegar twenty-four hours.

To keep flies off gilt frames, boil three or four onions in a pint of water and apply with a soft brush.

To clear cistern water, add two ounces of powdered alum and two of borax to a twenty-barrel cistern of rain-water.

PRESERVING CUT FLOWERS.—One of the safest and best ways to send a few choice cut flowers to a distant place is to cut slits in potatoes and insert the flower stems, taking care that they are firmly fastened in and supported by a little cotton or paper.

To PROMOTE THE GROWTH OF THE HAIR.—Aromatic spirits of ammonia, 1oz; spirits of rosemary, 1oz; glycerine 1oz; tincture of cantharides, 3 drs; rosewater enough to make 8 fluid ounces. Apply night and morning by rubbing the scalp.

PANCAKES.—Ingredients—Eggs, flour, milk; to every egg allow one ounce flour, about one gill milk, one-eighth teaspoonful salt. Mode—Whisk the eggs well in a basin, add the flour, salt, and a few drops of milk, and beat the whole to a perfectly smooth batter; then pour in by degrees the remainder of the milk.

REMOVING IRON RUST.—Iron rust may be removed from delicate garments, upon which you dare not try oxalic acid, by mixing the juice of a lemon with some salt; put this over the rusted spots, and then hold over the spout of a steaming tea-kettle. This is almost always effectual.

POACHED EGGS.—To present a nice appearance must be cooked with care. An egg poacher may be used, but a bread pan filled with boiling water, with muffin rings placed in it, is more easily handled.

POTATO SCONES.—Mash any cold potatoes which may have been left from a previous meal until quite smooth, adding a little salt. Knead out to the thickness required and toast on a griddle, pricking them with a fork to prevent blistering.

CHOCOLATE BLANC-MANGE.—One quart of milk; one ounce Cooper's gelatine soaked in a cup of milk one hour; four heaping tablespoons of grated chocolate, rubbed up with a little milk; three eggs, whites and yolks beaten separately; three-fourths cup of sugar and two teaspoonfuls of vanilla.

COATS, Pants, Vests, Shawls, Sacques, Dresses, Clouds, Curtains, Table Cloths, Cashmere Shawls, &c., Cleaned and Dyed to look like new.

VARIETIES.

A cute observer remarks that "the man who stops his paper to economize is like a man who goes barefoot to save his shoes."

Pat says that if men could only hear their own funeral sermons, and read their own headstones, there would be no living in the world with them.

Josh Billings says, "A reputashun once broken may possibly be repaired, but the world will always keep their eyes on the spot where the crack was."

"What is so rare as a day in June?" Well, now and then, a day in April is decidedly undone, and some of the March days are really raw.

Rev. Father Wilds' EXPERIENCE.

The Rev. Z. P. Wilds, well-known city missionary in New York, and brother of the late eminent Judge Wilds, of the Massachusetts Supreme Court, writes as follows: "I was 54th St., New York, May 16, 1882. My wife, J. C. AYER & Co., Great Britain.

Ayer's Sarsaparilla cleanses, enriches, and strengthens the blood, stimulates the action of the stomach and bowels, and thereby enables the system to resist and overcome the attacks of all Scrofulous Diseases, Eruptions of the Skin, Rheumatism, Catarrh, General Debility, and all disorders resulting from poor or corrupted blood and a low state of the system.

Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists; price, \$1, six bottles for \$5.

AYER'S CATHARTIC PILLS. Best Purgative Medicine cure Constipation, Indigestion, Headache, and all Bilious Disorders. Sold everywhere. Always reliable.

HONOR TO WHOM HONOR IS DUE.

HOLMAN PAD COMPANY, Halifax, N. S. WALLACE BRIDGE, Cumberland Co., 17th February, 1882.

GENTLEMEN,—I have much pleasure in informing you of the benefit I have received from wearing one of your Pads. I was suffering as I did before I commenced to wear your Pad, to endeavor, as far as I possibly can, to help to place such a remedy within the reach of every sufferer.

LAWRENCE MCKIN, Postmaster. Advice free. Pads of all descriptions sent free by mail on receipt of price.

HERRING COVE, April 8, 1882. HOLMAN PAD COMPANY, 119 Hollis St., Halifax.

DEAR SIR,—My wife has been ill for about THREE YEARS, and attended by the best physicians without receiving the least benefit therefrom; but since wearing your Pads, she is QUITE WELL. With deepest gratitude and with the view of benefiting others.

I remain, Yours obediently, JOHN KEATING. April 19.

HALIFAX STEAM DYE WORKS, 566 Upper Water Street, (Opposite H. M. Naval Yard) Established 1871.

JOHN HUBELEY, Proprietor.

COATS, Pants, Vests, Shawls, Sacques, Dresses, Clouds, Curtains, Table Cloths, Cashmere Shawls, &c., Cleaned and Dyed to look like new.

Satan Neckties, &c., Dyed all Colours. FEATHERS DYED AND CURLED. Gents' Garments cleaned and pressed, Goods damaged by fire or water, faded or soiled, Coats Dyed to look like new.

Mourning Dyed at the shortest notice. Gents' Garments and Ladies' Dresses, all wool, Dyed and Pressed whole, without ripping.

AGENT—Miss CAROLINE LAWSON, 123 BARRINGTON STREET, opposite St. Paul's Church.

JOHN HUBELEY, 566 Upper Water Street, Cheapest Place in the city for Dyeing. Oct. 12.

TO DRs. BENNET AND LEWIS, 119 HOLLIS ST., HALIFAX.

DEAR SIRs:—I desire to express my feelings of profound gratitude to you who have helped me so much by the use and application of your wonderful medicine known as your Absorptive Pads and Plasters. I was sick about two years, and spent a large sum of money with Physicians but received very little benefit until I tried your Absorptive treatment.

MRS. R. HIBBARD. Hebron, Yarmouth. This treatment can be applied effectively by anyone interview where full particulars of case are sent by letter. Nov. 21.

30 YEARS! Important trial of THIRTY YEARS decided, and a jury of half a million people have given their verdict that

MINARD'S LINIMENT!

is the best inflammation allayer and Pain destroyer in the world. 300 Medical men endorse and use it in their practice, and believe it is well worthy the name.

KING OF PAIN!

\$100 will be paid for a case it will not cure or help of the following Diseases: Diphtheria and Rheumatism; Scalds, Chills, Galls, Boils, Sprains, Lumbago, Bronchitis, Burns, Toothache, Broken Breasts, Sore Nipples, Felons, Stings, Frost Bites, Bruises, old Sores, Wounds, Earache, Pain in the Side or Back, Contusion of the Muscles.

And will produce a fine growth of Hair on bald heads in cases where the Hair has fallen from the scalp, as thousands of testimonials will prove. A trial will convince the most sceptical that the above is true. Send to us for testimonials of distinguished men who have used.

W. J. NELSON & Co., Proprietors, Bridgewater, N. S. Wholesale agents—Forsyth, Sutcliffe & Co., and Brown & Webb, Halifax. Feb. 14.

A SERVANT WANTED.

Enquire at the CHRISTIAN MESSENGER Office, 71 Granville Street.

Paper Hangings AT WM. GOSSIP'S, UNITED SERVICE

Book & Stationery Warehouse, NO. 103 GRANVILLE ST., HALIFAX, N. S.

ROOM PAPER

This season are very attractive. They are in time to escape the additional protective duty imposed by the Dominion Government, and will be sold at correspondingly low rates.

SOLD WHOLESALE

by the bale of four or five hundred rolls, about twenty patterns in a bale, from 6 cts. a roll and upward. Send to

William Gossip, No. 103 Granville Street, Also just received, a large assortment of Artists' Materials, Oil and Water Colours, &c. Drawing Paper, Canvases, Brushes, &c., &c. March 22.

1872 MUSIC CARD. 1883

The Gates' Organ and Piano Company, (Limited). Capital \$60,000—Encourage Home Enterprise.

Prof. C. E. Gates, President; W. J. Gates, Manager; G. O. Gates, Superintendent. Factory TRURO, Warerooms HALIFAX & TRURO, N. S.

FOR SALE.—Pianos, Organs, Music Stools, Sheet Music, Music Books, and all kinds of Musical Instruments. Pianos and Organs fully warranted.

"SUDDS" Famed 190 page Organ Instructor only \$2.50. "New 300 page Piano Instructor only \$3.50 and \$2.00.

The Musical Journal published monthly by the Company, (120 pages New Music). Price only 60 cents per annum. Jan. 31.

EDITORIAL NOTICE

During Convention and Associations we want to introduce BUDS & BLOSSOMS,

so as to end the seventh year with an enlarged list. "Buds and Blossoms and Family Greetings" as a magazine for church and home must win its way both on account of quality and price.

BUDS AND BLOSSOMS is the title of a neat and attractive illustrated religious monthly magazine, published in Halifax, N. S., and edited by Rev. J. P. Avery, pastor of the Third Baptist Church of that city. It is now in its seventh volume, and does credit to both publisher and editor.

"J. P. AVERY, of Halifax, editor of BUDS & BLOSSOMS, sent us a copy of his magazine. We are very much pleased with it. It is a nearer approach to the English magazines of the same class than anything published here. Its ILLUSTRATIONS are good and its reading matter such as must do good. We wish it success."—Canadian Baptist.

Fully illustrated, 38 pages, price 75 cents a year, specimen for 3 cts. stamp. May 30.

72 A WEEK. \$12 a day at home easily made. Costly outfit free. Address TRUE & Co., Augusta, Maine Sept. 29, 1880.

CHRISTIAN MESSENGER Printing Office,

69 & 71 GRANVILLE ST., HALIFAX, N. S.

ALL kinds of JOB PRINTING

Executed with neatness and despatch BOOKS, PAMPHLETS, CIRCULARS, BILL-HEADS, POSTERS

Business Cards

Of all kinds WEDDING CARDS, LADIES VISITING CARDS, TICKETS & LABELS

At reasonable prices. Sunday School Headquarters.

BRITISH AMERICAN BOOK AND TRACT SOCIETY,

Depository, 117 Granville St., Halifax, Secretary and Superintendent of Colportage, A. N. ARCHIBALD.

Ample supply of the best and most popular Sunday School Books published. HALF PRICE—Books of Religious Tract Society, London; STRONGEST BINDING, SUPERIOR TYPE. Sold both through the Depository and the Society's Colporteurs in lots to suit the Schools.

50 Volumes for from \$6.00 to \$6.00. The Committee have been selecting from the leading Publishing Houses of Great Britain and America for 15 years the choicest S. S. publications, and have made a specialty of Libraries, Periodicals, Lesson Helps, Cards, etc.

PELOUBET'S SELECT NOTES ON INTERNATIONAL S. S. LESSONS, postpaid \$1.25. HACKETT'S COMMENTARY ON ACTS, edited by Dr. Hovey, of Newton, postpaid, \$2.

People's Home Mission Agency.

The Society has been in operation 15 years. Colporteurs to the number of 402 have been employed, who have distributed Bibles and good books worth \$141,236 by sale, and books and tracts valued at \$10,081 by grant. Total grants by the Society, including those from Depot, more than \$16,000 worth. Time served by the Colporteurs equals that of one man for 142 years.

Labrador, Newfoundland, Cape Breton, P. E. Island, Nova Scotia, New Brunswick, and a portion of Quebec have been explored. There have been found 1,252 families without God's Word; 2,682 families with no other religious book; and 2,645 families who habitually neglect attending any place of worship. The 25 Colporteurs employed in 1882 performed labor equal to that of one man for 124 years; found 205 Protestant families without Bibles, 273 with no other religious books, and 378 families who never enter the House of God. They sold books worth \$13,332, and made free grants to the value of \$913, as they made 31,879 family visits, and held 625 religious meetings.

The books circulated are sound and good, teaching the truth of many by the fall, regeneration by the Holy Spirit, and redemption through our Lord and Saviour Jesus Christ. They are eminently designed to spread abroad Divine truth, and they are accepted by those that in every place call upon the name of the Lord. They give no uncertain sound upon the essential doctrines of the Cross: justification through the blood of the Redeemer, holiness through the sanctification of the Spirit, and complete redemption through God's grace alone. Books and tracts designed especially to awaken the impenitent and point to Jesus are imported in great numbers. Almost 10,000 "Come to Jesus" were distributed last year.

The prayers of all God's people are earnestly requested for the Spirit's power to accompany the reading of the books and the evangelistic efforts of the Colporteurs. A copy of the last Annual Report, giving much interesting information and copious extracts from the Colporteurs' reports, will be sent on application to the Secretary.

American Baptist Publication Society.

As advertised last year, we continue to order the publications of the above Society upon which we allow a discount of FIFTEEN per cent, excepting periodicals, from the catalogue prices. As compared with the issues of the British houses these books are expensive. Catalogues will be supplied upon application, and those ordering can decide for themselves.

The Psalmist, published in the United States for 85 cents, we continue to sell for 75 cents. From our Depot and through Colporteurs about 5,000 Psalmists have been already sold.

Donations to Dec. 31st, 1882, in aid of Colportage, \$40,127; amount paid by Society to Dec. 31st, 1882, for Colportage, \$63,250.

Patronize the Depository and thus aid Colportage, to which all accruing profits are applicable. Jan. 31. 1 y.

CARD.

BEING in possession of a valuable remedy for Asthma, Hay Fever, Phthisis, Bronchitis

and all difficulty in breathing, I have consented after numerous solicitations to make it known. Any individual so suffering can get valuable information by addressing

REV. G. FRED. DAY, Musquodoboit Harbor, N. S. May 9. 6 m.