

THE HOUSE.

FRUIT PIE FOR INVALIDS.—The rich crusts usually made for ordinary use are indigestible, and should not be eaten by delicate people.

A CORRESPONDENT of the Southern Presbyterian says: A few years ago, my house was infested with cockroaches (or "clocks" as they are called here), and I was recommended to try cucumber peeling as a remedy.

TO BROIL COLD ROAST BEEF.—Cut slices about a quarter of an inch thick from the underdone part of the meat; strew salt and pepper over it, and place it over the gridiron and let it heat very quickly; turn it over four times in as many minutes, and serve it up on a hot dish in melted butter; it must be put to broil when the dinner bell rings, and served the moment it is to be eaten; it will then be found to be very nice.

CURING BEEF, ETC., EXPEDITIONALLY.—To cure fresh beef, hams, or shoulders, in a short time, put one or two pounds of good salt in a kettle or spider, and heat it over the stove, until all the moisture is expelled and the salt is so hot that it will hiss when a drop of water is dropped in. It will take about two pounds of salt to 100 pounds of meat.

hams can be smoked if desired, and they will have all the flavor of sugar-cured hams. Treat beef in the same way, one side at a time, and after two or three days hang up to dry. I have prepared the finest dried beef I ever saw in this way.

DURABLE OR CAKE YEAST.—Most good cooks prefer liquid yeast but as that is apt to become unexpectedly sour, especially in hot weather, a prudent housekeeper will provide herself with a supply of that which keeps, and may be found ready at any moment.

HEALTH HINTS

OUR TEETH.—They decay. Hence unseemly mouths, bad breath, imperfect mastication. Everybody regrets it. What is the cause? I reply, want of cleanliness.

Sugar, acid, saleratus and hot things are nothing when compared with food decomposing between the teeth. Mercurialization may loosen the teeth, long use wear them out, but keep them clean and they will never decay.

Never have a tooth taken out if it is possible to have it filled. The loss of a single jaw tooth will not only give the cheek a sunken appearance, but it will prevent the proper mastication of the food and this is a long step towards dyspepsia, with its train of evils.

SCIENCE.

One of the largest avalanches ever known in Western Switzerland fell a few days ago near Ormons Dessus in Canton Vaud. It carried away several houses, piled up a mass of ice and snow 200 feet thick, and covered three square kilometres of ground.

oyster. It appears that 100 grammes of the flesh of this mollusc contains about one-tenth gramme of iodine, bromine, and chlorine, just twice as much as the common oyster.

THE FARM.

Composting Manures. "One of the important questions which every farmer has to decide is the best method of composting manure. Farmers do not agree on this subject; while some hold that it is best to apply manure in its green state and compost it with the soil, others believe it best to compost it in the yard by mixing it with an equal quantity of muck or loam.

"While it is probably best for most crops to apply manure in the green state, there are some crops that need forcing with manure already well decomposed. For example, strawberries that have been set one year sometimes require a fertilizer that will act at once. Grass land, if manured between the first and second crop, should have well decomposed manure.

"The farmer in composting his manure should never forget that all of the muck, loam, or sand which he mixes with his manure, above that which is necessary to absorb the liquids and gases, is a waste of labour, and only makes his manure heap a deception which his crops will surely find out.

WINTER WORK ON MEADOWS.—When the meadow is frozen and the snow is not too deep, it is a good time to cover it with sand. If the meadow is to be brought in to English grass no time can be spent on it to better advantage than in covering it one or two inches with sand.

TRANSPLANTING LARGE TREES.—Full-grown trees may be safely moved, providing it is properly done. A gentleman in New York has just set in front of his residence three magnificent elms about fifty feet high and eight to ten inches in diameter.

Hogs require very little salt. Some persons have given the brine from a meat barrel to the pigs supposing it would be good for them, and have killed them by so doing, the salt causing fatal inflammation of the stomach and bowels.

HALL'S Vegetable Sicilian HAIR RENEWER

was the first preparation perfectly adapted to cure diseases of the scalp, and the first successful restorer of faded or gray-hair to its natural color, growth, and youthful beauty. It has had many imitators, but none have so fully met all the requirements needful for the proper treatment of the hair and scalp.

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Will change the beard to a natural brown, or black, as desired. It produces a permanent color that will not wash away. Consisting of a single preparation, it is applied without trouble.

FOR ALL THE FORMS OF SCURF, OF SCALD, SCROFULOUS, MERCURIAL, AND BLOOD DISORDERS, the best remedy, because the most searching and thorough blood-purifier, is Ayer's Sarsaparilla.

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SAVE THE NATION!

FOR IT IS SADLY TOO TRUE THAT THOUSANDS OF CHILDREN ARE STARVED TO DEATH every year by improper or insufficient food. Remember RIGGS' FOOD FOR INFANTS AND INVALIDS, is all a great deal more than we have claimed for it. It is simply a HIGHLY NUTRITIOUS and easily assimilated FOOD, grateful to the most delicate and irritable stomach, and especially adapted for the INFANT and GROWING CHILD.

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