

The Sabbath School.

INTERNATIONAL LES. ON.

Third Quarter Lesson 11. Sept. 30, 1900

REVIEW

GOLDEN TEXT.—Bye doers of the word, and no man's name do you give your own names.—Jas. 1: 22

GENERAL REVIEW.

1. There should be a brief review of the life of Christ from the beginning up to the close of the third year of his ministry.

2. This quarter's lessons extend over a period of about eight months, from April to December, A. D. 29. They all belong to the third year of the ministry of Jesus, the year of development, a large part of the teaching being the enforcement and enlargement of those that had been introduced to some extent before.

3. As to places, the events belong to the last part of the Galilean ministry and the Peraean ministry, with excursion east to Decapolis, north to Caesarea Philippi, and west to the region of Tyre and Sidon.

TRAVELS WITH JESUS.

The life of Christ gains reality and vividness if we trace out the movements of Jesus upon the map. A brief description of the town, and for the chief events which cluster around it, but especially those connected with the life of Christ. If we have a large map we may use pins with flyers on them marking the name of each place as we come to it.

In this quarter we sail from the plain near Bethsaida to Genesareth, thence to Capernaum, then across Galilee almost to the Mediterranean in the country Tyre and Sidon, return via a roundabout way north of the Sea of Galilee to Decapolis and back over the sea to Capernaum, thence to B thesada, to Caesarea Philippi, to Mt. Hermon, return to Capernaum, thence to Jerusalem at the Feast of Tabernacles, return to Capernaum, then southerly across the Jordan into Peraea.

REVIEW BY PERSONS.

JESUS.

Peter, Twelve disciples, Pharisee; James, Seventy disciples, Priest; John, Gentle woman, Levite; Moses, Samaritan, Lawyer; Elijah, Blind man, Rich man; Watchers, Shepherd, Servant.

PICTURE LESSON AND OBJECT LESSON REVIEW.

A storm at sea, A ship, A strange experience, A desert, A wonderful meal, A sermon.

A demoniac, A sad outlook, A marvelous scene on a mountain, Heavenly visitors, A lesson from children.

The two debtors, A blind man, A good shepherd, Seventy missionaries, A robbery, A rich fool, The watchers.

REVIEW BY GREAT DOCTRINES AND DUTIES.

Faith, Forgiveness, Atonement, Eternal life.

What Jesus is to man, The power of Jesus, The light of the world, The true nature of Jesus.

Jesus a shepherd, Jesus a door, Jesus the bread of life, Jesus a helper.

Seeking first the kingdom of heaven. Watching faithfully, The childlike spirit, The missionary spirit, The spirit of kindness.

One Step at a Time.

BY THEODORE L. CUYLER.

I once stood at the foot of a Swiss mountain which towered up from the lovely valley to the height of ten thousand feet. It looked like a tremendous pull to the top; but I said to myself, "Oh it will only require one step at a time." Before noonday I stood on the summit enjoying the magnificent view of the peaks around me; and right opposite to me flashed the icy crown of the Weisshorn.

Every boy who would master a difficult study, every youth who hopes to get on in the world, must keep this motto in mind. When the famous Arago was a schoolboy he got discouraged over his mathematics. But one day he found on the waste leaf of the cover of his text-book a short letter from D'Alembert to a youth discouraged like himself. The advice which D'Alembert gave was, "Go on, sir; go on!" "That little sentence," says Arago, "was my best teacher in mathematics." He did push on steadily until he became the greatest mathematician of his day by mastering one step at a time.

This is a vital point with every boy or girl who sincerely desire the day of small things. A noble Christian life looks very difficult; but it is just a series of right steps, one at a time. Learning such a Bible verse as "My son, give me thine heart," is one step. Praying to Jesus Christ that he will accept your heart and

cleanse it is another step. Giving up a bad habit is another step, and saying "No" to some wicked temptation is still another. Everything you do to please the loving Saviour helps you forward. It was by such steady steps that Joseph made his way up from being an ill-used lad at Dothan until he became the noble, righteous ruler of Egypt. Joseph's trials and temptations came one at a time, and God helped him every time to conquer. Just a certain will he help you if you ask him by prayer.

"Money a Muckle."

My Scotch great-grandmother was fond of the proverb, "Money a muckle makes a mickle;" which was a promise to her tired little grandchildren (my mother says) that a great many little lessons would one day make them mighty learners.

This homely truth was illustrated for me a few weeks ago, in a way to suggest a new plan for my Sunday school class. Will you try it with me?

I was quoting carelessly the proverb, "Out of the abundance of the heart the mouth speaketh," referring it to Solomon. "Does Solomon use those words, too?" asked a quiet listener; "because you will find them in the twelfth chapter of Matthew, as used by our Lord."

I verified his statement at once, by opening the Bible at hand, and then turned to my informant to know how it was that he had been able to place the words so accurately. "I have made it a rule for many years," he answered, "to learn the general contents of a chapter each day. It only takes a few moments, especially in those parts of the book with which I am already familiar. It is of course a mechanical way of treating the study of Scripture, and must not in any degree take the place of either critical or devotional study; but I have found it most useful, and a sure return for the investment of such small amounts of time."

I then quizzed this Bible student as far as my own memory enabled me to do so, and found that he knew his Bible as a child knows its primer—book by book, almost chapter by chapter. And this most useful skill in using the Word of Truth had been acquired by a few minutes' effort each day.

I was fired with an immediate desire to have my class adopt this plan, even if they had to be coaxed to do it by some promise or reward. For myself, I can only hope for partial success; the muscles of my memory are now considerably stiffened; but you know the old conundrum, "What is as soft as wax and as hard as brass?" Answer, "A child's memory." Soft to receive, enduring to hold.

So now we begin the hour's lesson by a few rapid questions and answers. "What is in the first chapter of Matthew?" "The genealogy of Joseph, and the birth of Christ." "Second chapter?" "Visit of wise men; slaughter of babes; flight of holy family to Egypt; return to Nazareth."

You see how easily this would be learned. Do you not think it will make the Bible like the starry sky to us on a clear night, instead of a sky murky with mists of ignorance?—E. P. Allan in New Century S. S. Teacher's Monthly.

The Way She Said It.

Every one admires the man or woman, boy or girl, who is to be depended upon, who never betrays a trust or falters in allegiance to a principle. But did you ever think how much the value of fidelity depends upon the manner in which it is exercised; how tact must be combined with loyalty in the life of one who wishes not only to build up a noble character, but to help in the work of making the world better also?

Two young Christian girls were spending some weeks at a summer resort in the mountains. They had heard of the peculiar temptations that lie in wait for young people in these vacation times, when so much of the restraint of home life is relaxed, and had resolved to be more than ordinarily guarded.

Being bright, attractive girls, they quickly made friends at their hotel. One Sunday morning some ladies were planning an afternoon drive to a neighbouring cascade, and it was proposed to invite Estelle and Janet to join the party.

Two of the ladies meeting Estelle, a few minutes later, the invitation was courteously given.

No, thank you, said Estelle, with perhaps unintentional severity; I am not in the habit of driving for pleasure on Sunday, and I certainly should not do away from home what I consider wrong at home.

Indeed! said the first speaker, turning coldly away. Then we will not urge you, though I assure you, Miss Estelle, that we are none of us flagrant Sabbath breakers, and,

for my part, I see no sin in a quiet drive to one of the loveliest haunts of nature.

Perhaps Janet will go, said the other lady, as they passed down the shady piazza. She, at least does not look like a Pharisee. There she is now! spying a sunny head bending over a book in a quiet corner.

Janet rose quickly at the sound of her name. Oh, thank you, she said, cordially, in response to the invitation. It is very kind of you to ask me, though I'm afraid I can't go.

I hope you have no scruples, too, said the other. Your friend has just been inflicting her Puritanic principles upon us.

Janet flushed a little at the covert sneer.

I'll tell you how it is, Mrs. Mansfield, she said, frankly, slipping her hand confidently into the lady's arm and walking with her down the porch. I am a Christian and a church member though not a very old or wise one. I have never gone driving on Sunday, and I fear if I did, I should miss some of the beautiful and holy things that make Sunday mean so much to me. You see, I need all the help I can get. I do thank you for thinking of me, but I know you will excuse me. I hope you are not vexed with me.

There was something very winning in the girl's voice and manner, and something in her words, too, that touched the conscience of her friends, professed Christians themselves.

Somehow I hardly feel like going myself since that sweet girl put it so, said Mrs. Mansfield, thoughtfully, after Janet had returned to her book.

Neither do I, rejoined her companion.

And in the end, through a girl's tactful loyalty, the drive was given up.—C. S. M. A.

Go On, Sir, Go On!

Arago, the great French astronomer, tells us that he became so discouraged in the study of mathematics that he almost resolved to abandon his effort. He was just about ready to give up when he happened to notice something printed or written under the paper binding of his book. He unfolded the leaf and found it was from D'Alembert. The letter said: Go on, sir, go on! The difficulties you meet will resolve themselves as you advance. Persevere, and the light will dawn and shine with increasing clearness upon your path. This striking passage made an impression upon the young mathematician's mind which he never forgot.

It was a perpetual spur to his ambition, and came to him just in the nick of time. He resolved then and there that he would surmount every difficulty; then he would become a great mathematician himself. He tightened his grip, and urged himself on until fame took him up and told the world the story of one of the greatest astronomers of his time.

Hanging on was one of Grant's strong points. He did not know how to let go. He would keep pugging away, no matter what the obstacles, until he triumphed. The race is to the plodder. I have in mind several very brilliant graduates of last year and years before, who promised a great deal, and of whom friends predicted great things, but somehow they have disappointed all expectations, simply because they lack sticking qualities. They are good scholars, and imagined because they ranked high in college that they would rank high in life without great effort.

But they lack the hanging on quality. They do not realize that, in practical life, the race is to the plodder, and not necessarily to the swift. This is why so many brilliant class leaders have become disappointments to their friends. The chain is no stronger than its weakest link, and lack of perseverance is a fatal deficiency which nothing else will supply.

Perhaps the greatest secret of success in life is due to those sticking qualities. Grip conquers the world—the faculty of sticking and hanging on when everybody else lets go. It is the five minutes more which wins the battle—the dogged perseverance, the determination of never giving up until death or victory comes.—Sittings.

Neither can poor, weak, thin blood flourish and sustain the physical system. For strength of nerves there must be rich, vigorous blood. Hood's Sarsaparilla is established as the standard preparation for the blood.

Headaches and Vomiting—I had headaches and vomiting spells and was very low. I would not be cured today but Hood's Sarsaparilla brought health back and I am now well. Mrs. Alonzo Noyes, Chelsea, Vt.

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Hood's Pills cure liver ills; non-irritating and highly cathartic to take with Hood's Sarsaparilla.

Members of Conference having

A Merchant's Maxim.

On the tombstone of John Donogh, of New Orleans, the following maxims are engraved as the merchant's advice to young business men:

Remember that labor is one of the conditions of existence.

Time is gold; throw not one minute away, but place each one to account.

Do unto all men as you would be done by.

Never put off till to-morrow what can be done to-day.

Never bid another do what you can do yourself.

Never covet what is not your own.

Never think any matter so trifling as not to deserve notice.

Never give out what does not come in.

Do not spend, but produce.

Let the greatest order regulate the actions of your life.

Sudy in your course in life to do the greatest amount of good.

Drive yourself of nothing that is necessary to your comfort, but live in honorable simplicity and frugality.

Labor, then, to the last moment of your existence.

The Difference.

Take church-going and store-going. Every morning the man is at his business; nothing keeps him from it but the grip of some disease which will not let him out of the house. He may feel inert, but he goes. He may have a headache, but if he starts; and when he is there how interested he is—how absorbed, how alert, how devoted! That is store-going.

And now take the same man and look at his church-going. What a contrast! I have a headache; I do not think I shall go to church. It rains hard it is so cold; I shall not venture out. I feel tired; I shall stay at home and rest. And often, when he goes, how he lolls about and looks around and lets his mind wander.

Yes, you say; but one is business to which we must attend; we shall lose our place or our money; and the other is—well, what is it? Is it not an important thing? Is it not God's business? Is it not a very holy, a very solemn, a very urgent affair? Does not the welfare of the soul depend upon it? Can it be neglected with impunity?

Think of those words of your Master in Malachi, A son honoreth his father, and a servant his master; if, then, I be a father, where is my fear!—Clinton Locke, D. D.

Count no duty too little, no round of life too small, no work too low, if it come in thy way, since God thinks so much of it as to send his angels to guard thee in it.—Mark Guy Pearse.

BICYCLISTS, young or old, should carry a bottle of Pain-Killer in their saddle bags. It cures cuts and wounds with wonderful quickness. Avoid substitutes, there is but one Pain-Killer, Perry Davis'. 25c. and 50c.

All the lung healing properties of the pine are bottled up in Dr. Wood's Norway Pine Syrup. It is the most satisfactory remedy for coughs and colds of all kinds. Price 25c.

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PARMELEE'S PILLS possess the power of acting specifically upon the diseased organs, stimulating to action the dormant energies of the system, thereby removing disease. In fact, so great is the power of this medicine to cleanse and purify, that diseases of almost every name and nature are driven from the body. Mr. D. Carswell, Carswell, P. O., Ont., writes: "I have tried Parmelee's Pills and find them an excellent medicine, and one that will sell well."

Cholera and all summer complaints are so quick in their action that the cold hand of death is upon the victims before they are aware that danger is near. If attacked do not delay in getting the proper medicine. Try a dose of Dr. J. D. Kellogg's Dysentery Cordial, and you will get immediate relief. It acts with wonderful rapidity and never fails to effect a cure.

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You will need one when you bring your plants in the house now is your chance to get one cheap. We are offering our entire stock at one-third off the price.

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Invigorating Syrup

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Yours truly, (REV.) F. M. YOUNG, Pastor Baptist Church, Bridgetown, N. S.

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