PEOPLE RECOVERING

Fever, Diphtheria, La Grippe or

any Serious Sickness

Require the Nerve Toning, Blood

riching, Heart Sustaining Action of

It is well known that after any seri

illness the heart and nerves are extrem

weak and the blood greatly impoverish

For these conditions there is no rem

equals Milburn's Heart and Nerve P

It restores all the vital forces of the b

which disease has impaired and weaker

"About a year ago I had a severe att of La Grippe which left my system in exhausted condition. I could not res

strength and was very nervous and sl

less at night, and got up in the morn

"I had no energy and was in a m

"Milburn's Heart and Nerve Pills, w

I got at Richard's Drug Storehere, than

me from a condition of misery to

health. They built up my system, stren

ened my nerves, restored brisk circula

of my blood, and made a new man of

"I heartily recommend them to any

suffering from the after effects of Gri

USE THE GENUINE

FOR THE HANDKERCHII

REFUSE ALL SUBSTITUTE

write to Cincinnati Bell Foundry Co., Cinc

TOILET & BAT

or any other severe illness."

MURRAY &

LYMYER

CHURCH

as tired as when I went to bed.

able state of health.

Mr. T. Barnicott, Aylmer, Ont., says

Milburn's Heart and Nerve Pills.

Earth is the spirit's rayless cell; But then, as a bird soars home to th Of the beautiful wood, where its nest wa

In bonds no more to dwell,

So will its weary wing Be spread for the skies, when its toil And its breath flow free, as a bird's in th

And the soft fresh gales in spring.

O, not more sweet the tears Of the dewy eve, on the violet shed, Than the dews of age on the "hoary head, When it enters the eve of years.

Nor dearer, amid the foam Of the far-off sea, and its stormy roar. Is a br ath of balm from the unseen shore To him that weeps for home.

Wings, like a dove to fly ! The spirit is faint with its feverish strife; O for its home in the upper life ! When, when will death draw nigh ! -B. B Thatcher.

The Revival We Need.

Hopes and premonitions of a great awakening of religious interest are in the air. Many hearts are lifting up Lord, revive thy work !" That a resant with the low spiritual state of The proportion of those who are be- Lord, and learn, like him and by his ing saved to the vast machinery at work for the winning of a man to Christ is lamentably small. If human efforts could effect salvation the converts would be numbered by thousands where hundreds are now brought to the feet of Jesus. But make sin appear as exceedingly full, human effort fails at the vital point. not of blessedness, brightness, and fective. What is it?

We need a revival of the thought of God concerning the awful nature and peril of sin. An inadequate conception of what sin is leads inevitably to quences, as wrong example and enindifference to the fate of the sinner. If we do not realize how terrible a thing sin is in the eyes of the Holy destiny, reaching the wrong goal or God we shall not be greatly concerned destination as to permanent character press forward with renewed diligence. as to the need of immediate salvation for those who are living in unbelief and disobedience. God s thought concerning sin is expressed in the "unspeakable gift" of his beloved Son to die for the salvation of the lost. A deepened sense of the meaning of that infinite sacrific would mark a long step toward the awakening of the churches to their first and most important work, the saving of lost souls.

We need a revival of the sense of dependence upon the Holy Spirit in the doing of God's work. It is impossible to reach a sinful soul without the Spirit's aid. Preaching, exhortation, prayer, personal conversation are of ne aval unless that mighty power gives force to the word and prepares the way for its reception. By his help the weakest agencies are transformed into forces that can overcome the proudest defences of sin, and bring the defiant soul to the feet of Jesus. Those who attempt to win men to Christ by persuasion of their own eloquence find that they have undertaken an im possible task; but the humblest worker for Christ, endued with the power of the divine Spirit, can reach and win hearts that seemed shut u forever against the sweet influences of the Gospel.

We need a revival of the essence of God's presence. He is not atar off, looking down from a remote throne upon our sorrows and strivings. He is all about us, and, if we desire it, will be in us, an abiding presence. But this, too often, we fail to realize. A true seuse of the divine presence would awaken in us a more earnest longing and purpose to do the will of God, would stimulate us to higher living, would make us ashamed of our careless, empty, frivolous pursuits and ambitions, and lead up to a fuller he replies, No! consecration of our powers of mind and heart to the service of our divine

We need a revival of knowledge of the Word of God - not surface knowledge, but the knowledge that comes from prayerful, Spirit-guided study of its deeper me ning. We may become to be found at the concert halls; men be able to repeat it from the beginning attractions, for there are more en'er-God in our day.

We need a revival of faith in the every Sunday throughout the year. salvation to every one that believeth ticon lectures must be given and ness. - Good Cheer.

we repeat with the lip, but our hearts | smoking-rooms for the men members fail to grasp the momentous truth, and of the church must open out of the hence it does not become a living force vestry, if we would bring people into within us, stimulating us to labor for the church. Let us have the circulatthe salvation of all classes and condi- ing libraries. Let us have the lectures, tions of men. When the members of but let us not forget that it is not our charches really believe, in their these things that the people want. inmost souls, that Jesus Christ, by his People do not go to church to while sacrificial death, made it possible for away an hour. They go because they every man, whatever his condition or want to know about God and an inhowever great his sins, to be saved, visible world. What they are seeking there will be, there cannot help being is a life of love and peace. You mina mighty revival of effort for the sal- isters must give it to them, must show vation of all for whom he died.

We need a revival of what has been the pulpit. called, sometimes with a covert sneer, old-fashioned piety. But the piety that puts God and his service first, and our own pleasure afterward and in just subjection to the will of God. can never be out of fashion. The worldly lives of Christians are a stumbling block to multitudes of un saved sou s. It is not to pleasure but to service that the saints of God are called and holy living, far more powerfully than profession of creeds or stately forms of worship or "attractions" of any sort, will appeal with power to the world.

If we really want an awakening of spiritual religion we shall find it, not the cry of the ancient prophet, "O by multiplying or changing methods of "working up a revival," but by vival is needed no one at all conver- cultivating within ourselves the spirit and purposes and holy enthusiasm our churches as a whole can doubt. and consecrated living of our divine methods, to seek and to save the lost -The Examiner.

The Awful Punishment of Sin.

It is the duty of every preacher to Something more and more powerful hope but of badness, darkness and proof against weariness in God's ser- I would rather be set naked on its is needed to make the machinery ef- despair-as exceeding sinful. Let sin be considered as wrong thought, as wrong desire, as wrong consent, as wrong action, as hereditary evil bringing generations into the awful consevironment, intensifying and extending the ruin: and, finally, as wrong and abiding fellowship, then and thus the awful punishment of sin appears. God is not mocked: as a man soweth, has been in close touch with God and so he reaps.

not its author, nor was it ever ordained among men. To know how to avoid by God that he might get the greater glory either in punishing it or in is a matter of grave importance. The vanquishing it. Sin comes from the human spirit rebelling against God, acting contrary to his will and character. Although sin is always hateful in the sight of God, yet God has taken the merciful attitude toward the sinner, and has inspired his prophets through all ages to proclaim his loving kindness and tender mercy, and has sent His Son to be the propitiation for our sins, and not for ours only, but for the sins of the whole world.

The consideration of God's love and mercy makes further sin appear more awful, more ungrateful, more rebellious, more hardening and destructive. When light shines and men and women refuse to see, it must be attributed to a besotted love of darkness. When Divine love appeals, and men and women refuse to yield, it must be attributed to settled stubbornness and hardness. To sin against Gospel light and Gospel love is surely the conquering climax of wrong-doing, and the incurable love for iniquity. That any human being should sink so low in feeling, in aim, in character, and in fellowship, is surely the most awful consequence and punishment of sin. Asked to feel the live of God, he

replied, No! Asked to aim at purity, usefulness,

and nobleness, he replies, No! Asked to seek the fellowship of the heavenly Father, Son, and Spirit, he

Asked to accept salvation, and then to work it out as God works in him,

How shall he escape if he neglects so great a salvation ? - Chris. Guardian.

Men Want to Know About God.

Men do not go to church to listen to an oratorical address, for they are to end; we may know its history, its tain ng clubs elsewhere. Men do not ar haeology, its doctrinal teachings; go to church to listen to an oratorical knowledge of the Word that shall than the members of the congregation make wise unto salvation is one of the who expects to listen to an oration most pressing needs of the children of 'every Sunday, and he is the minister who hopes to be an orator twice a day

saving power of Christ's sacrifice for | The papers tell us that the ministers sin. There is a vast deal of practi- of the present day must shorten their cal skepticism on this point among sermons; that the churches must have professing Christians. That the death good circulating libraries: that good on the cross is the power of God unto 'music must be provided; free stereop-

the way, or you have no business in

The four questions every intelligent man is asking himself to-day are 'What is man?" "What is God! What is the relationship between them?" "How can I bring about that relationship?"

What difference does it make whether Jesus was raised from the dead two thousand years ago or not What we want to believe is that he is here as truly as he was in Capernaum: that he is a living factor among us that he is as certainly with us at this moment as he was with his disciples in Palestine - Lyman Abbott, D. D.

How Not To Grow Weary.

The way to enjoy Christian service and not tire of it is to be diligent in spirit. The hard workers never become weary in well-doing. The more fortune, and giving more money to rewe do for Christ, the more eager we ligion than any other Methodist, if become in his service. We tire most when we do the least. The idlers are the weary ones. Those who do the most enjoy it best, and complain the least. Those who keep growing in grace never weary of the race. Faithfulness in prayer and diligence the to Europe and alive for India. God study of God's Word m ke the soul himself has said to me, Go to Ceylon

for discouragement. The trouble with | Church. discouraged ones is that they always feel like quitting, when to quit is the worst thing they can do. Discouragement lets go the moment that a man sets his face against it with grim determination not to give up, but to

There is no misery like the misery of spiritual dispondency of a man who in the f ont ranks of hope and heaven-Man is responsible for sin. God is ly aspiration, and godly influence such a state or how to escape from it outcome involves the honor of God and the destiny of a man. - Evangelical Messenger.

OneiProposition too Many.

"A farmer once went to hear John Wesley preach. The preacher said he would take up three topics of thought; he was talking chiefly about money. "His first head was, 'Get all you can.' The farmer nudged his neighbor and said, 'That man has got some thing in him; it is admirable preach

"Wesley reached his second division, 'Save all you can' The famer became quite excited. 'Was there ever nything like this? he said.

"The preacher denounced thriftless ness and waste, and the farmer rub bed his hands as he thought, 'and all this have I been taught from my youth up.' What with getting and with hoar ing, it seemed to him that salvation' had come to his house.

"But Wesley went on to his third head, which was, 'Give all you can. Oh, dear! he has gone and spoiled it all,' exclaimed the listener. But getting, without giving, makes only stagnant pools of us.

The Christly idea is, Get what you honestly can, and give what you wisely may. The Satanic plan, Get all you can and keep all you get.

Missed By Waiting.

way of missing the service altogether. There is no waiting one's chance in the life of true service. Opportunities thring the path of every day routine. Every one is susceptible of greater joy. Everyone has a burden, often to be lightened by an understanding familiar with it as L'terature; we may do not go to church because of the club look, a tactful word, a sense of companionship. But we wait, and offer none of these, because we are not this kind hang on for weeks or even but none of these, nor all of them, address, for there are few orators in something notable and striking when ly develop into serious lung troubles. will make it a weapon in our hands for the pulpit, and no man can be an ora- we do serve. Meanwhile a whole slaying our own sinful desires or for tor fifty-two times a year. There is broad of opportunities are born, and impressing the truth upon others. A only one person who is more mistaken die. Let us be not wait to be of any emergency. With a cough that In the case of Rheumatism, Neuralgia

> Be patient with every one, but, about all, with yourself. I mean, do not be disturbed because of your imperfections, and always rise up bravely from a fall.-Francis de Sale .

The distre s we cause others is always subtracted from our own happi-

Random Readings.

Each new day with its opportunities a fresh g ft from the hand of God. Write it on your heart, that every day is the best day of the year .-

A little religion is a painful thing; but more religion takes the pain away. -William Arnot.

things-Andrew Murray. Self-reverence, self-knowledge, self

control, these three alone lead life to overeign power-Tennyson. Christianity is not so much the ad

vent of a better doctrine as of a perfect character. - Horace Bushne l. There is no heaven, either in this world or the world to come, for the people who do not praise God .-

Pulsford. Courage! Up your heart! When ye do tire, He will bear both you and your burden. - Samuel Rutherford.

The lives of the saints of God ought to inspire others to the same saintly characteristics. The Rev. Thomas Coke, IL. D, the first bishop of the Methodist church, represented in his own person, down to his death, the whole missionary operations of Methodism, as their official and sole director, lavishing upon them his affluent not any other Protestant, of his times. When nearly seventy years old, he proposed to go to India at his own expense and there establish Wesleyan missions. A friend remonstrated with him, but he replied, "I am now dead coast, and without a friend, than not Redoubled diligence is the remedy to go."- Steven's Methodist Episcopal

> The woman of Samaria was a most remarkable instance of the effect which contact with Christ was able to produce. She came to Jacob's well notorious sinner; she went back to the town a rejoicing believer. Not only so; she was transformed into an eloquen evangelist, who spread abroad Messiah and the Savior of the world | minds - Harvey. was at hand. And she was most successful. There is a strange persuasiveness in the testimony of one in whom the flame of divine love has just been kindled. Her word so moved her fellow townsmen that they flocked out to see Jesus in number, which, as they approached on the highway, reminded him of the stalks of corn covering a harvest field -Dr. Stalker.

It was a pitch-black night. The thunder was rolling in the sky and the lightning flashing We were crossing a bridge twelve or fourteen feet high, the horse on a walk with a loose rein. Suddenly there came a bright flash of lightning, and I saw that the wheels of the buggy were only about s x inches from the edge of the bridge, and moving at an angle towards it. In a moment more we should have been over into the stream. The lightning saved us. And so it may be that a sudden flash of memory may stir men from a false sense of security by showing them that their misdeeds and sins they thought were buried are still existing and may reappear against them at the judgment day. There is to be, there must be, a final judgment. All that has been done will be revealed as by fire, preserved until that hour. We all feel the appalling mystery of eter-

Hard, Hacking Coughs.

Barring accidents, the person who

gets along with the least amount of cough will live the longest. Of course, the right time to attack a cough is at the commencement, when it is a simple thing for the right treatment to Waiting to be of service is the sure drive the cough quickly away. As a general thing, however, people spend so much time experimenting with various remedies that the cough is well under way before they know it. Then comes the long siege. You feel the the hard, hacking all through your system, and get relief from nothing. You fill your stomach with nauseat ng mixtures, to no purpose. Then you overs a wide field. There is no better use compounds containing narcotic, you slightly worse. Some coughs of For Service Review Strains which deceive temporarily, and leave quick to see, and we want to do months, and, of course, they frequent A true specific for all coughs is Adam- roop Oil freely, and you will be surprised son's Botanic Cough Balsam, and it should be kept in the house against ation subside. has become chronic the first effect of ame Back, or muscular soreness the Oi this remedy is a lessening of the dull ives wonderful relief. sensation of pain which usually is felt with such a cough. Then you are conscious that the soreness is leaving; you, and presently the desire to cough grows less frequent. All this process coup, Whooping Cough, etc., in additio is brought about by the healing pro- , the internal use of the Oil, the throaperties of the Balsam. It is a com- eck, and chest should be rubbed thorough pound of barks and gums. You can , with it. e test it. 25 cents at any druggist's. Used as a gargle it is of inestimate Get the genuine with "F. W. Kins- alue in Diphtheria. Sore Throat, Quin: man & Co." blown in the bottle.

"Lord, what wilt thou have me to do?" Mr. Moody tells of having asked From Pneumonia, Typhoid or Soart

a soldier for the process of his conversion. His graphic answer was "Halt!" "Attention!" "Right about face !" " March !" I do believe the common man's task

is the hardest. The hero has the hero's aspiration that lifts him to his labor. All great duties are easier Life fellowship with Jesus is the than little ones, though they cost only school for the science of heavenly far more blood and agony .- Phillips Brooks.

Take heed how you build. That which you are doing, the work which you are performing, you do not leave behind you because you forget it. Every stroke, every single element abides, and there is nothing that grows so fast as character. - Henry Ward Beecher.

Sorrow must be made an opportunity for service. They who comfort others shall themselves be comforted. Unto those who minister to others shall the Father himself minister--George Hodges, D D.

Found At Last.

A liver pill that is small and sure, that ac sgently, quickly and thoroughly, that does not gripe. Laxa-Liver Pills possess these qualities, and are a sure cure for Liver Complaints, Constipation, Sick Headaches, etc.

The spiritual life is a Spirit led life, It has new impulses, new sensations, new deeds. It is a life which no longer goes its own way, it has surrendered its way to the Spirit's better way. By submission to the Spirit's direction, it escapes the dominion of the flesh. The spiritual life is a life yielded fully to the control of the mighty spirit of God.—The Episcopal

TELL THE DEAF .- Mr. J. F. Kellock, Druggist, Perth, writes: "A customer of mine having been cured of deafness by the use of Dr. Thomas' ECLECTRIC OIL, wrote to Ireland, telling his friends there of the cure. In consequence I received an order to send half a dozen by express to Wexford, Ireland, this week.

Slander, the worst of poison, ever the news that the long expected finds an easy entrance to ignoble

> Loss of Appetite and General DEBILITY are quickly overcome by the use of a few bottles of 'The D. & L" Emulsion of Cod Liver Oil. Manufactured by the Davis & Lawrence

> > Grown by Cuticura.

MISS B., of L., sends us

MISS B., of L., sends to through our British Depot, Messrs. F. Neweers & Sons, London, E. C., a strand of soft glossy hair cut from her own head and measuring fifty-five inches in length which previous to the use of Cuticura, was dry, thin, and lifeless, and

dry, thin, and lifeless, and

came out in handfuls, to

such an extent that she fear-

ed she would soon lose it.

She attributes her magnifi-cent head of hair to fre-

quent shampoos with Curi-

CURA SOAP, followed by light dressings of CUTICURA gently rubbed into the scalp.

TROOP OIL

LINIMENT

pplication for Cuts, Wounds, Ulcers and

ow quickly pain will be eased and inflam

For Caked Breasts or Cracked Nipples

hich cause women so much suffering

key will find nothing to equal Troop Oil

Internally the Oil may be taken with

reat benefit for Coughs, Colds, Bronchitis

ad Ulcerated Tonsiis. A large bottle age

Watches Watch WATCHES

GOLD, SILVER,

GOLD FILLED, NICKLE

-FROM-

**REMEMBER THE

JAMES D. FOWL

Opposite Post Q Fredericto rederict on, Dec'19, 1888.

The subscribers have entere partnership for the carryin GENERAL HARDWARE

under the firm name of GUS TWEEDDALE

il Open Sores, as the soothing and healing For Sprains, Bruises, Stiff Joints, Con-acted Cords, Bites and Stings of Insects and Painful Swellings of all kinds, bathe On the premises lately occupi se parts with hot water, then apply the

Z. R. EVER E. A. TWE

The new firm will carry a of Shelf and Builders hard and Table Cutlery, aren and and Fire Brick, Agricultural Guns, Revolvers and Sp Carpenters' Tools, Carriage Paints, Oils, &c., and will on prices and quality of Ge ectfully soliit a shre of your

GUS. TWEEDDAL pp Normal So

DEC

"I h for mar of sleep then trie and was R. N Six

and su above Ayer's will d We est c

made. so, to There' Three siz cold; 50c., j ness, hard for chronic

Batte

Box 231, lohn

First (Special

Mark.) Lung Tr Severe (Emaciat stible.

Stepher urdock vas ver andemp o atten ny leg 1 ith fea runnin knee 1

When ne I noti ge for and by ad finis lles my fectly h

my hea Improv

CHU

Chin McSHAN B: