For Daily Life.

Begin the day with God, Kneel down to him in prayer; Lift up thy heart to his abode, And seek his love to share.

Open the Brok of God. And read a portion there, That it may hallow all thy thoughts And sweeten all thy care.

Go through the day with God. Whate'er thy work may be: Where'er thou art at home, abroal, He still is near to thee.

Conclude the day with God. Thy sins to him confess; Trust in the Lord's atonic g blood And plead his righteousness. Lie down at night with God,

Who gives his servants sleep; And when thou tread'st the vale of death, He will thee guard and keep.

Consecration,

BY REY. J. F. CHAFFEE, D. D.

Consecration is only another name him a great moral force in the world. in word only, but one which is in deed Something larger and stronger than and in truth-a consecration that will ourselves is necessary in order to our keep us in sympathy with the afflicted, being anchored to what should be our and in touch with the poor; not a life work. Duty is not wholly self- sympathy that one wears on his sleeve, centered, and time that does not in- but a sympathy deep and heart-felt clude eternity cannot furnish all the like that which Jesus had, which reasons that should control human unlocks, as nothing else can, the door conduct. And so all great lives have of the human soul. If we can only do been consecrated to some great end. that, we shall never lack for hearers, But the great end must also be a good | nor for God's blessing; for where God's end, great, not only because it is good, poor are, there is his blessing also. but great in itself, in order to noblest character and highest results.

Consecration is not a sentiment, nor a mere say-so. It is not a prayermeeting act, nor an altar-righteousness, of which we see and hear nothing more after the prayer-meeting is over. Consecration is not something, the chief good of which is to be found, be truly blest, it is infinitely better to in its profession; for if it be a fact it does not need to be professed-it will profess itself; and if it be not a fact then the more profession the more lie and the greater is the pity. What the church needs, and what the world needs, is not more professing, but greater consecration and more work. It is a need for more earnest menmen who have convictions, and are true to them. Away then with this puerile frivolousness that is all the while trying to substitute some incident of the Christian life instead of an We read that "Lot lifted up his eyes end, the constant excitation of the emotional nature, for instance, as though feeling could be a possible substitute for a righteous life. As if gush and noise could cover the scandal selfishness, yet, according to worldly of a fruitless life! And as though, again, all that belongs to Christian choice that, seemingly, could have character will not come to him wh? has that character. If one would have the "fruits of the Spirit" he must first have the Spirit; and it is an entire perversion of the spirit and method of the gospel to reverse that order, which He lifted up his eyes; he saw; he would be to seek for the incident rather than the end. What the world demands is not self-seeking, but the consecration of one's life to a high and noble purpose, in which, in proportion to its completeness, one is to find his reward.

The Christian minister, of all others, should be a consecrated man. It matters but little what may be his theories in respect to sin and salvation, whether the work to be done is history as something too awful to read, the raising of the morally dead to life and he, himself, was so smirched with well while following the plow as in again, or whether it be the breaking the deadly, contaminating influence of up of an evil environment, or both; in either, and in any case he should once he was. assume that his work is a necessity. No man is justified in taking up the ugly tale of shame and sorrow, somework of the ministry who does not times we forget that it was the natural the teacher to hear the voice of God feel that its necessity and importance consequence of Lot, without divine as well while poring over his books as fully justify him in consecrating him- command, "lifting up his eyes" self wholly to that work. Such a con- Gladly we turn from scene so sermon? Without doubt it is. Every viction lies at the very foundation of horrible to a gentler picture. We see true follower of Christ does commune enthusiastic effort, and without en- an old man whose life has been as pure with God in his daily business. But thusiasm success is impossible. And as the dim light of that early day could the mind is so constituted that it reno man needs the enthusiasm that make it. He sees his nephew, young quires periodical rest from the strain comes from entire consecration more and strong, choosing what appears to of business though and care, and the than does the Christian minister. be the best of all the land; but we health of the spirit requires leisure for Call the dead roll of the world's Without it he stands no chance what- hear no murmur, and still the old man spiritual refreshment as much as the ever of overcoming the moral inertia waits in patience. of the people. What he does not possess he cannot give. But he needs heaven calling, and he who is so fitly power to move the people in a religious termed "the friend of God" now listens will soon cease to pray at all. It is way. They seem to have power to eagerly. 'Tis God who speaks, and the spiritual strength acquired in the blessed the poor, the sick, the dying, move themselves in other ways, but the words are, "Lift up now thine hour devoted exclusively to prayer the helpless. Has not the measure of not in a religious way; for on the eyes." And Abraham, who has never that enables the Caristian to keep up their goodness been that of self-denial? slightest occasion men will throw ap known aught but to obey, looks up, his communion with God when busy their hats and shout themselves hoarse and the Friend and Guide in all his for anything and almost everything wanderings tells him what is in reserve except God and religion; but when we for him. mention the world's salvation, and We know this story also, and it social life. One can give his mind to ing unspeakable wrongs, the tears and want them to shout and give and work rests and strengthens us to read it. two things at the same time, but the blood. for that, one class will shout and blus. But let us also remember that it, too, attention he gives to each is not so ter, and tease for amens, while another was the legitimate result of Abraham close as it would be if he gave his his own bosom to feed his loved ones. class will demand that there shall be waiting in patience until he heard his mind to one at a time. He cannot fix Is not heaven itself to be reached

and weld them so that "giving and from God. working," they may be hurled against the bounds of prudent enthusiasm in order that he may bring his people up to that point. And if he be beside himself, it must be unto God; and if he be sober, it must be for the cause of his people, and those whom he would win; but in any event the "love of Christ must constrain" to an enthusiasm that should be well nigh irresistible.

Consecrated workers in the pulpit, and out of it, should bring to the church accessions in large numbers. for earnest work along the line of It should give us comfortable places one's convictions There can be no of worship and full houses; it should high endeavor that is not based on a give us a ministry paid, not grudgingprofound sense of duty. All consider- ly, but cheerfully, promptly and fully ations of personal interest, whether and it should give us overflowing of pleasure, popularity, or gain, are collections for all the great causes only side issues whose influence is which the church is trying to promote never of such a determinate quality as | in order to the world's salvation. But will lift a man above himself and make | this means a consecration which is not

Choosing and Trusting.

ANNA D. BRADLEY.

Lately I have been studying the story of Abraham and Lot, and the result is only to deepen the conviction -already strong-that if my life would trust than to choose.

Now, not only when the year is young, but when the young, new century is still before us, and, whether we wish or not, we must leave our impress upon it and decide its weal or woe, it becomes a very grave matter, and our responsibility to the century is very great indeed.

We know the story of the old man and his nephew, how, when they could not agree, the older man said to the younger, "Choose where you will go." and saw all the plain of Jordan, and it was well watered everywhere, like unto the garden of the Lord." While Lot may have manifested considerable wisdom, he made the very wisest been made. Rich plains, well watered stately, populous cities just in sight. What could be better? What need had Lot to ask for guidance with such | crookedn s + of unscrapulous competia magnificent prospect before him?

We all know the terrible result. No need to tell the Bible reader of the fierce destruction which followed Lot; that wrested from him position, home disobedience for every age to come; that enveloped his own name in such from worldly care and thought occablack disgrace that, with a shudder of horror, we burry over the shameful with God. sin that never again could he be as tion? Why can the merchant not

"Abraham!" 'Tis the voice from daily food.

few with you who never shout, and picture which I would fain keep in my has its limits. The nature of the mind! The leaders of mankind have had to

a common foe. In this there is but flying years, and the young man grow-shall never learn to know God by one way to succeed: As the military ing old full to overflowing with the reading of Him and hearing what men leader must scale the parapets himself, | rich, proud rewards which the world say about Him. It is only by withif he would have his soldiers carry the delights to give its faithful worshipers. drawing from the world and spending enemy's works, so the Christian minis- Then, suddenly, without a moment's some time each day alone with Him ter sometimes must go almost beyond warning, I would paint him bereft of that we come to know Him. Some wealth, position, friends, home and men know God as well as they know honor, and retaining only an empty any earthly friend. These are the life with a disgraced old age.

As companion to this dark picture I would paint a childless, but not childish, old man, standing with closed eyes and outstretched hands waiting trustfully for the guidance which he knew would come to him in time for all his needs. Next I would paint a vast multitude which no man could number, all calling the old man "Father," and right in the midst of this vast throng there should stand a glorified One whose name would be Jesus, and toward whom both Jew and Gentile alike would look for

All this wonderful reward simply ecause the old man dared to rest upon the promise of the omnipotent One o guide him, and waited patiently unil he heard the divine voice calling, 'Lift up now thine eyes."

The lesson is full of solemn instrucion for you and me. All along life's ourney we behold paths that seem so promising, yet only on the surface are hey beautiful. Death crouches low neath every one of these; and will sooner or later, destroy all those who ourney o'er them.

But yet there is a safe, sure path. And while we pause, not knowing where it is, a voice from heaven will surely whisper in our listening ear, "Lift up now thine eyes." Then, looking up, we will slways see the Guide that leads to life.

O Father, give me strength and grace never to choose nor ask for this nor that, but only each new day to lay my hand truthfully in thine, and to fear no evil because thou art leading me. Amen and amen.-Chris Standard.

Apart.

Contact with the world is necessary This necessity is not to be regretted It is good for the Christian to be in the world. He is a blessing to the world. "Ye are the salt of the earth." Strange as it may seem, the world is also a blessing to the Christian. The pursuit of an honorable calling should be, and often is, a means of grace. One may draw near to God through in his grasp. No matter how dark the labors of the field, the cares of home, the studies of the school, and have faith in yourselves and in the the responsibilities of public life.

But contact with the world is attended with danger. Temptations to dishonesty and falsehood lurk in the competition of business and the earth in May, when the warm rains tors subject the integrity of the Christian to a severe strain. The mind the cold and barren earth, as in rewhich is completely and constantly sponse to the touch of an invisible absorbed in business loses its spiritual wand, blooms with verdure. - Watchfervor. One who fixes his thought on man. worldly interest without interruption will cease to think of bet'er things and and rich spiritual life to withdraw sionally and spend some time apart

Why can the farmer not pray as some secret and lonely place of devocommune with God as well while sell-Yet, while we are familiar with the ing goods over the counter as in the prayer-meeting? Is it not possible for if he were in the church listening to health of the body requires leasure for martyrs, and saints, the great teachers

One who never goes apart to pray with worldly cares.

devil and the deep sea," with only a If I were an artist, I would paint a alone with God. The human mind been crucified.

who are not much troubled about sight forever. I would paint in glow- requires that we give some time ex- tread a blackened and scorcle 1 pa h "proper decorum," but who do "give ing colors a strong, self confident clusively to the things of the king- of suffering. White robes of earth!y and work" for the salvation of men. young man, full of what the world dom of God. The distractions of daily saintship, like those of heaven, are It will require enthusiasm in a marked 'calls "push" and "grit;" but I would life interpose a serious hindrance to only gained through much tribulation. degree to bring those extremes together, paint him with his face turned away our devotions. It is by communing Everything good costs self-denial. with God apart from the world that J. D.Geikie. If I could, I would paint the swiftly | we become acquainted with Him. We men who spend much time alone with Him.

For this reason the Sabbath is an unspeakable benefit. The prayer meeting also is indispensable. How can a busy Christian maintain a high degree of spiritual vitality without a prayer meeting? Secret prayer is also exceedingly important. Our Lord has given us an example which we should follow closely. "He went up into the mountain apart to pray. This he often did. This is the secret of that marvelous vigor of spiritual life which He manifested. He withdrew from the world to commune with His Father, and came forth again with the glory of heaven in His heart and the beauty of the Lord in His life. In this let the disciple be as his Lord.

"Far from the world, O Lord I flee. From strife and tumult far; From scenes where Satan wages still His most successful war.

The calm retreat, the silent shade, With prayer and praise agree And seem by Thy sweet bounty made For those who follow Thee.

There, if Thy Spirit touch the soul, And grace her mean abode, O with what pe-ce and joy and love Does she commune with God!" Christian Advocate.

Do not be Discouraged.

if we let the failures and disappointments of the past cloud our horizon. Many lives are like century plants; they burst into bloom only after a long and tedious interval. The hard work, the patient endurance, the courage in bearing losses and trials, at length on some favored day bring forth their result, and the man is sud denly overwhelmed at the transformation of his life in the fruition of long cherished hopes. No one of us can tell when we are standing on the verge of such a crisis. Many a man, like Saul at Gilgal, has become discouraged just too soon, and, lo!a little after he has committed himself to a false and weak policy the prophet has come, and he finds that he has missed the prize that was almost withand discouraging the outlook may be, good providence of God, and may this year bring you the fruitage of your hopes, the transformation of life, which is as wonderful and yet as | plied. business of every day. The sharp possible as the change which comes to and the mounting sun suddenly work the miracle of the springtime, when

WE CLAIM THAT The D. & L. Menthol Plaster will cure lumbago, backand friends; that destroyed his wife lose interest in them. It is necessary ache, sciatica, or neuralgic pains and made her name a synonym for for those who will maintain a deep quicker than any other remedy. Made by Davis & Lawrence Co, Ltd

Self-Sacrifice.

Self-sacrifice is at the root of all the blossoms of goodness that have survived the wreck of paradise. There never was a heart but had gleams of it. Shining at times in some royal natures diffusive as the light of day without clouds, there is yet no life so dark and clouded but it sends a golden shaft through some opening rift. To be great-hearted, for the love we bear to our Master, and in imitation of him, is the ideal of Christianity, for it is the religion of him whose life and ! death were self-sacrifice. If we are to follow, we must, like him, bear a

worthies - its prophets, apostles, of mankind, the architects of our liberties, the heroes of civilization, They have suffered that others might uffer less; they have died for the Going apart to pray we escape the truth that others might live; they distraction of worldly business and have defended human rights by endur-

Love, like the fabled bird, pierces proper decorum in the house of God. Leader and Commander say, "Lift up his thoughts on God so intently while, through death? The blessed One transacting business as he can when entered not into his-glory until he had

Is this our last Year?

Is this our 'as year on earth? This s not suggested to sadden any heart, but in the secret records that are not open to your eyes, it may be written, "This year thou shalt die." The possibility is enough to stir our zeal and increase our activities. "The night cometh, when no man can work. How well it will be, if there has been no loitering or neglect of anything, while the day lasts. If there is work in the church or community that rests on us, let it not be neglected or cast on others. It will soon enough fall on other shoulders. When Wesley was asked how he would spend the next day, if it were his last day on earth he gave the outline of a busy day, from morning till late in the evening, and said he would commit himself to God and fall asleep and awake in glory. So let this year be spent as if it were our last, filled up with labour and prayer and self-sacrificing devotion to Christ. Whether this shall be our last year or not, it is possible to make it the best we ever spent. Everything is propitious; the promises brighter than ever, grace in fuller measure, our hearts more sancti fied and nearer than ever before .-Presbyterian.

How FAITH COMES .- I prayed for faith, and thought that some day faith would come down and strike me like lightning. But faith did not seem to come. One day I read in the tenth chapter of Romans, "Now faith comes by hearing, and hearing by the word of God." I had closed my Bible, and prayed for faith. I now opened my We make an unfortunate mistake Bible and began to study, and faith has been growing ever since. Now the Bible is the only guide-book that points the way to heaven. - D. L.

> Begin by denying yourself, and byand-by you forget yourself. The cindness which was at first just a duty becomes a pleasure and a joy. Selfdenial becomes glorified into selforgetfulness. - Brooke Herford.

THAT TIGHT FEELING in the upper ortion of your lungs, is incipient ronchitis. You will proceed next to laving inflamed lungs and pneumonia may follow. Adamson's Botanical Cough Balsam will give immedicate relief. It has never failed and will not n your case. All Druggists, 25c.

Skepticism .- This is unhappily an age of skepticism, but there is one point upon which persons acquainted with the subject agree, namely, that Dr. Thomas' Eclectric Oil is a medicine which can be relied upon to cure a cough, remove pain, heal sores of various kinds, and benefit any inflamed portion of the body to which it is ap-



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