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13, 1899.

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DR. J. C. A

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Following Jesus.

Master! bid me rest awhile: I have journey'd many a mile O'er a dark and toilsome way: May I rest awhile today?

Long I've known 'tis good for me Patiently to follow Thee: Pardon me when I forget That my way to Thee is set.

Thornier paths by Thee were trod Thou the sinless Son of God: Should I then cast down my load While I tread an easier road? Lord! Thy gracious voice I hear: "Weary child! be this thy cheer, Thou art ever in My sight, Even in the darkest night.

"Mine thy burden; bear it on Till thy time of rest shall dawn; Light as morning's lightest beam Shall My yoke of service seem."

Rise, my soul ! whate'er thy lot, Stand therein, and fear it not: Ever go where Jesus leads; He provides for all thy needs. -Thomas MacKellar. Ph.

to be moving." The sheep reluctantly The Shepherd Psalm. arise. The shepherd goes in advance BY REV. EDWARD JUDSON, D. D. to the next oasis. If he did not know The thought that meets us at the very entrance of this Psalm is recuperthe direct route, if he led his sheep in ation. Out West there are vast tracte wandering ways, they would perish, and of land, unclaimed and unfenced, over he would lose his reputation as a shepwhich cattle and horses roam at will herd. So the Psalmist says: "He their ownership being indicated by leadeth me in the paths of righteousbrand. So in oriental countries, from ness," or rather in straight paths, "for time immemorial, there were just such ranges for cattle and sheep. The life means following Christ. It inshepherd could lead and pasture his volves progress and obedience. There sheep wherever he pleased, alway s constant advance. And the advance keeping with them, night and day, to is in the path that Christ takes The claim ownership and to protect them Christian will not stand still. His life from danger. The sheep were not is one of activity, the direction of kept in fenced pastures, as with us, which is determined by the will and but were taken from place to place, example of Christ. He walks in his wherever food was plentiest. Hence steps. The norm of his development of all your need. In this respect our and, hand-over-hand, both descended the flock often had to take long and is the mind of Christ. Nice and scrupuup-hill journeys. As the season lous conformity to the divine will is advanced, the lowlands and the foot- the distinctive mark of the Christian. hills would be grazed bare by the And his acquiescence will be cheerful, sheep or parched brown by the fierce like that of an affectionate and beautisun, and the shepherd would have to ful child who anticipates the parent's take his flock to the fresh upland wish. As Theodore Parker used to pastures. When a multitude travels, say, "When I see the inevitable, I fall whether it be an army or a flock, there in with it." We may be reluctant at is always great suffering. In these first, and our acquiescence may lack hard trips that the sheep had to take cheerfulness and enthusiasm, but the the weak and the sick fell out by the longer we travel the narrow way the way-the old and the lambs, as well as brighter it becomes. The best of the the ewes great with young. The wine is at the last of the feast. The vulture and the eagle circled over-One who walks in advance of us reaches head ready to drop down on the disback his hand to help us over the difabled straggler, and the wolf sniffed ficult places, and every now and then the path along which the sheep had he speaks an encouraging word to us. trailed their tired feet. One recalls We come more and more into Faber's Jacob's pathetic remonstrance: "The way of thinking: flocks and herds with young are with "I worship thee, sweet will of God, me; and if men should over-drive And all thy ways adore, them one day, all the flock will die. And every day I live I seem and Isaiah's tender words: "He shall To love thee more and more." feed his flock like a shepherd; he shall But we need comfort as well as re-

carry them in his bosom, and shall he path leaves the sunny pastures and gently lead those that are with young, drops suddenly down into the dark The Psalmist seem to take a kind canon where the sun's rays never of kodak picture of the sheep at the penetrate. Here lurk the serpent, end of a long day's march. Having the wolf, the Bedouin Arab. The sheep's heart stands still with fear. traversed hot, sunny wastes and climbed stony hill-sides, they come at But the consciousness of the shepherd's last to the desired place of rest. The nearness dispels the terror. His voice sun is setting and the long shadows of sounding through the gloom reassures. the mountains refresh the sheep. With his staff, which he not only uses little stream widens out into a tranquil to lean upon but as a club of de pool. The banks are clothed with lush fence, he stoutly protects the sheep herbage. This is just the spot for How faithfully is portrayed here the which the shepherd has been looking. experience of the Christian! The way How glad the sheep are! They drink darkened; sorrow comes, affliction, deep of the pool. They eat their fill sickness, lage, death. But in each gloomy defile the voice of Christ susof the green grass. They lie down in tains the soul. As thy days so shall it at full length and chew the cud with perfect contentment. This restores thy strength be. the sheep. It would restore anybody, when he is tired, to have all he wants to drink and to eat and to have a place to lie down and stretch himself out. There is something contagious Every element of recuperation is here about gladness. The occasion of heart-

gather the lambs with his arm, and

-the food, the drink, the place to lie down. The effect of all is to restore

thoughtful. When, four and fifty the sheep. Jehovah gives rest to the soul that to the famine sufferers in Ireland trusts him. The Christian life begins | the outburst of joy was so great that with rest. We are over-driven by the the church bells and the town bells world, stained with sin, torn with re- were started, and the population turnmorse. Jehovah comes to us in Christ ed into the streets to give vent to their as a good shepherd. The first thing gratitude. he does, is, not to lead us, but to rest us. It is his love to us and not our Paris in 1871 when George Moore the love to him that saves us. The very philanthropist distributed relief, al. to the growing dissipation of sensafirst step in the Christian life, strange | though people were so far gone with to say, is not to do something our- starvation that they were scarcely able selves, but to rest in what Christ has to move away with their parcels, many tone up the mind and purify the heart, done and is doing for us. It is hard of them fairly broke down with joy. to make people believe this. They want to do something themselves, Tunis thousands who had been slaves either to climb up to some high plane within the city arose, when they heard of goodness or to have some peculiar his approach, broke their chains, and glow of religious feeling. The doctrine rushed toward the gate. When he of grace is that we believe that the sins entered the town they knelt down moral pabulum there will be a race of of a lifetime are forgiven for Christ's and hailed him as their deliverer. sake, and not for anything that we do or feel ourselves. It is the difference the first century was cured through between rowing and sailing. I lay Peter. In his gladness he did three rity; and there is very little great taldown the oars with which I have en- things. He learned the art of walkdeavored in a futile way to stem the ing suddenly. The power of God largely to mediocre reading? Above swift current of evil heredity and the operates quickly when it is the Lord's all things, give the children reading momentum of long continued evil con- will. This man was so pleased with which will make men and women of duct, and I proceed to spread the white his walking powers that he developed them, and do not forget to put the bronchial tubes are cured by the Balsail of faith, which is caught and filled them into leaping. Demonstration is Bible at the head of the list.

these touches of recuperation. Sabbath | walking, and leaping and praising | these days of book deluge, to keep out comes and smooths the soul's plumage God, and the joy was a teaching that of the salt swamps of literature and soiled and torn by sin. Through the impressed them greatly. emblems of the holy communion, in his own mystical way Christ refreshes the soul that trusts him. Through shine so. When reply was made that secret prayer, by meditation on his he had not put anything on it. the Word, in the serene fellowship of his Hindu retorted, "But you do. All people, our wearied spirits are renewed. | you Christians do. I have seen it in We should not speak of these functions Agra, and in Ahmedabad, and in as Christian work. They are Christ's Surat and in Bombay." "Well, perway of resting us, so that we shall be haps, we do," said the happy convert,

calm and strong to do his work. The church is a kind of House Beautiful. face shine is this-it is happiness in and in the transcripts of it made from The Christian fares like Bunyan's pil- the heart. Jesus gives me peace and time to time by consecrated genius. grim, whom they laid in a large upper joy.' chamber, whose window opened toward the sun-rising; the name of the chamber was Peace, where he slept till which comes from a heart, or from a

tops. The sheep have been fed and

watered and rested. The shepherd

comes and says: "Get up; it is time

aperation and guidance. Sometimes

Bubbling Over With Joy.

felt appreciation is made of by the

years age stores of food were brought

We are told that at the siege of

A poor cripple in the early days of

break of day.

There was great joy in a city where Philip preached. And that gladness company that has felt the workings of But the Christian's life is not all God's grace and love is a boon to the rest. Recuperation is followed by community. The more of God-impartguidance. The morning comes. The ed joy, the better for the world. sun is gleaming on the eastern hill | Presbyterian Review.

Consecration,

Consecration is not an act to b of the flock. He leads straight away performed once for all, never to be repeated. Rather it is an act that commits us to a state of life, like the act of marriage. And rightly to live in this state, we must learn honestly to say, morning by morning, "I put myself at thy disposal." Use your present zeal and willingness. Follow his name's sake." So the Christian where love draws. Rather kindle than damp your enthusiasm. Your ardor may commit you to a position that calls for sacrifice and self-repression. But that is why it is given. Count upon Christ being able to sustain you in all good resolve. From the first day of your connection with Christ you are free to ask him for the supply | who quickly tied it around a chimney, human relationship. A child, as he grows older, does not become more the child of his father than, he is at birth The wife does not become more a wife as time goes on. The relationship is one and the same through out, and carries with it the same responsibilities and the same privileges. A relationship is born full grown, and admits of no degrees; it may be made more or less use of, but itself abides the same. So, our connection with Christ springs into being full-blown. As time goes on, we find more relationship and are more conscious of the bond that binds us to him. But from the first he is our Saviour, from the first he is pledged to us by his blood,

and can give to us no surer pledge. For consecration, as for the whole spiritual life, it is faith that is required - the belief that the love of Christ is really our inalienable possession. that his purposes include all that is of any value, and that in giving ourselves to him we not only do the right thing but take the straightest road to usefulness in life and lasting happiness.

Self-Pity.

Self-pity is a deadly thing. Whatever crosses our life may hold, whatever unwelcome tasks, uncongenial associations, griefs or burdens are ours, let us not fall into the habit of selfcommiseration. It is a habit easily, dle of her smile or know all the mysalmost unconsciously, formed, and it will grow until it crowds out courage usefulness, and sometimes even reason tself. The soul brooding over its own like the invisible air, is often strongest bitterness loses all power of discrimination, and sees all things in a distorted light. Every commonplace happening becomes a peculiar misfortune, and troubles, which are indeed "the common lot of all," are regarded as unique and unequaled. Face your trials honestly, call them by their names, but utterly refuse to sit down with them, as Job did with his friends, for any long bemoaning. Suffer you must, but you need not brood. Give your sympathy to others, but fight as for your life against the luxury of selfpity-Forward.

A Growing Dissipation,

Not enough has been said in regard tional reading, and reading for amusewhich give a man brain force and make When Charles the Fifth landed at his purpose stalwart, has given place to a daily ration of chaff scented wind and seething froth, and by the time we have a couple of generations brought up on this kind of mental and degenerates, with here and there a normal man as a curiosity. Some one has said that this is an age of mediocent among men. May it not be due by the divine Spirit. So I am borne not out of place under these circum- John Ruskin says: "It is of greatest

stances. He went a step farther and importance to you, not only for art's blown in the bottle.

All through the Christian life we feel he praised God. The people saw him sake, but for every kind of sake, in live on a little rocky island of your own A native was asked by a hindu trader | with a spring in it, pure and good.' what he put on his face to make it There is no spring like that well of water in God's Book which springs up into everlasting life; and remember that many a life has been made ever lasting, not only in respect to blessed duration, but also in respect to perpetual influence for good, perennial fragrance of virtue, as the direct result of the fresh water above, it remains stag-"and I'll tell you. What makes my reading that Book, both in its pages Brethren Evangelist.

Brother, sister, does your pastor seem dispirited and lack enthusiasm? Try a few words of encouragement and commendation on him. Give him a cordial handshake; slip a dollar or two into his hand as a surprise; tell him of some special help you, or your wife o children, have received from his sermons or his conversation, and then note the effect. Preachers, like other men, have their times of discourage ment, and need help. "Bear ye one another's burdens, and so fulfill the law of Christ." A high building was burning. A poor fellow was on the roof, with no way of escape. A brave fireman ascended to the top of the lad. der to convey him a rope, but the lad der was too short. Then he climbed the spouting a certain distance with the end of the rope in his teeth. But his strength and courage seemed to fail. One man below shouted to the gazing crowd, "Cheer him! Cheer him!" They did cheer him. He raljied, carried the rope to the man above; discipleship follows the law of all safely to the street below. Some times all a disheartened pastor needs to make him efficient is a few words of hearty good cheer.—The Telescope

Woman and the Home.

Woman, in her weakness, is yet the strongest force upon the earth. She is the helm of all things human; she comes in many shapes and knocks at many doors; she is quick and patient, and her passion is not ungovernable like that of a man, but as a gentle steed she can guide e'en where she will, and as occasion offers can now bit up and now give rein. She has a captain's eye, and stout must be that fortress of the heart in which she finds no place of vantage. Does thy blood beat fast in youth? She will outrun it. Art thou set toward ambition? She will unlock thy inner hoard and show thee roads that lead to glory. Art thou worn and weary? She has comfort in her breast, Art thou fallen? She can lift thee up, and to the illusion of thy sense gild defeat with triumph. Aye, she can do these things, for nature ever fights mpon her side. And thus women rule the world. For her men spend their strength in gathering gains; for ber they do well and ill and seek for greatness to find oblivion. But she still sits like yonder sphinx and smiles; and no man has ever read all the ridtery of her heart He must be great indeed, who can defy the power of woman, which, pressing round him when the senses least discover it .-Christian Work.

What is needed in our home is h'gher type of living. The child that comes from a home where father or mother is nagging, and hears either parent speaking unconsciously in the church, will have a contempt for religion.

CROUPY COUGHS OF CHILDREN.

The tendency to croup is a foe that all parents have to fight. Croup comes in the night, when the help must be in the night, when the help must be right at hand if it is to be help at all. MACHINES Adamson's Botanic Balsam is a blessing to all families where there are children subject to croup or any mean cough. It has wonderful reputation ment. The reading of books which for its efficiency and fully deserves it. You cannot tell what night your child may wake up choking to death with croup. In such a case what do you do? Send for a doctor and wait an hour, or perhaps two hours, while the child is grasping for breath? How much simpler where the true specific for croupy coughs and all throat troubles is right at hand. Indeed, no other way is safe with young children in the house.

Adamson's Cough Balsam is a most delicate medicine is for children, relieving the little throats at once. Its action is soothing and certain. It clears out the phlegm, which produces the croups condition, and is a safeguard which no mother who knows about it will dispense with. All coughs and inflammation of the throat or sam with promptness that surprises. All druggists sell it, 25 cents. The genuine has F. W. Kinsman & Co."

Peculiarities of the Black Sea,

John Murray recently showed how remarkably the Black Sea differs from other seas and oceans. A surface cur rent flows continously from the Black Sea into the Mediterranean, and an under current from the Mediterranean into the Black Sea. The latter current is salt, and, being heavier than nant at the bottom. Being saturated with sulphurated hydrogen, this will not maintain life, and so the Black Sea contains no living inhabitants below the depth of about 100 fathoms. The deeper water when brought to the surface smells exactly like rotten

A young woman recently told her pastor that she believed she loved the Lord Jesus, and that she would like to confess Him openly and unite with the church, but she was afraid it would be difficult for her to be as sober and as solemn as perhaps she ought to be, because it was her very nature to be mirthful and joyous. And she was told in reply to bring all her healthful happiness, vivacity and cheeriness into the church with her and serve the Lord with all the joy and gladness possible. The church is the place for whole hearted animation and good cheer. Henry Drummond is credited with saying: "Christianity wants nothing in the world so much as sunny people and the old are hungrier for love than for bread; and the oil of joy is very cheap, and if you can help the poor on with the garment of praise, it will be better for them than blankets."

An old legend about Thomas, the doubting apostle, suggests an important and needed lesson. Years after the ascension his doubts as to reality of the Lord's resurrection returned with such powers as to occupy all his thoughts. He went to the other apostles to state his trouble and ask for advise, but they were too busy with their work to listen. 'He then sought the women of Galilee on the same errand, but they excused themselves with the plea that they had no time to talk on such a subject. At last it dawned upon him that idleness was the cause of his spiritual distress. He set himself to his work, and his doubts never returned. The application is easy. - U. Presbyterian.

Sore Feet.-Mrs. E. J. Neill, New Armagh, P. Q., writes: "For nearly six months I was troubled with burning aches and pains in my feet to such an extent that I could not sleep at night, and as my feet were badly swollen I could not wear my boots for weeks. At last I got a bottle of Dr. Thomas' Eclectric Oil and resolved to try it and to my astonishment I got almost instant relief, and the one bottle accomplished a perfect cure.



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rived so much benefit from that continued to use it, and took in all bottles, which completely cured me. "That was ten months ago, and a health has been splendid ever since only my kind friend to thank who ad me to take B.B.B."

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