A MOTHER'S WARNING

Speaks of a Trouble That Afflicts Many Young Girls.

HEADADHES DIZZINESS, HEARTS PALPITATION, FICKLE APPETITE AND PALLER THE EARLY SYMPTOMS OF DECAY.

From the Sun, Orangeville, Ont.

Hard study at school, coupled with the lack of attention which every young girl merging into womanhood should have, is responsible not only or the many pale faces and attenuated forms met with such lamentable frequency, but is responsible also for the loss of many valuable young lives. First there is an occasional headache, and a shallowness of complexion, from which stages, if these early symptoms are neglected, the condition gradually grows worse and worse until decline or consumption sets in and death claims another victim of parental neglect. Upon mothers especially devolves a great responsibility as their daughters approach womanhood. The following truthful story told a reporter of the Sun by Mrs. O. Herman, of Third Avenue, Orangeville, carries a lesson to other mothers. Mrs. Herman said: "About fifteen months ago my daughter, Kate, while attending the public school studied hard. We noticed that she began to complain of headaches. This was followed by a listlessness and an utter indifference to the things that usually interest young girls. We consulted a doctor, and she took bottle after bottle of medicine but with no benefit. Often she would arise in the morning after an almost sleepless night, her limbs all a quiver and her head reeling. She would be attacked with spells of dizziness, and on the least exertion her heart would palpitate violently, and we were really afraid she would not recover. At this stage my husband suggested that we should try Dr. Williams' Pink Pills and he brought home several boxes. Kate had only taken the pills a few weeks when their was a great change for the better. She grew stronger, began to eat better and to have better color, and from this stage it was not long until she was again enjoying the best of health and able to resume her her studies at school. I might also tell you that these pills cured my daughter Emma of an attack of rheumatism, so that you see we have much reason to praise them, and I earnestly recommend them to all mothers whose daughters may be suffering as mine did."

Dr. Williams' Pink Pills cure all diseases that have their origin either in poor or shattered nerves. It is because they make rich red blood and strengthen the nerves with every dose that they cure such troubles as anaemia, consumption in its early stages nervous headache, St. Vitus' dance rheumatism, partial paralysis kidney trouble, indigestion, etc. Ordinary medicine merely acts upon the symptoms of the trouble, and when such medicines are discontinued the trouble returns often in an aggravated form. Dr. Williams' Pink Pills on the contrary go direct to the root of the trouble and cure to stay cured. See that the full name Dr. Williams' Pink Pills for Pale People, is found on the wrapper of every box. If your dealer does not have them sent direct and they will be mailed, post paid, at 50 cents a box or six boxes for $2 50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

News of the Week

NEW BRUNSWICK

The Mayor and town Councillors of Woodstock were all elected without opposition last week.

At the annual meeting of the York Municipal Council last week, Councillor Thos. Robison, of Manners Sutton was elected warden. The secretary-treasurer reported receipts of the last fiscal year at $26,557 and disbursements $24,857, leaving a balance on hand of $1,700, which had been increased to $4,714 by receipts since the close of the fiscal year.

In Woodstock, Tuesday last week, fire badly damaged the large woollen building in the Lindsay block adjoining the town hall and occupied by the law office of Allison B. Connell, K. C., R. E. Holyoke, grocer, and Dr. Kirkpatrick, dental rooms, in the upper portion.

St. John has had no new cases of smallpox for a week and no dangerous symptoms are exhibited by any of the patients now ill.

Wednesday fire at Centreville, Carleton Co. destroyed a two story building belonging to the Ballock estate, and Ludlow Clark's building, in which was the Post Office.

Edward Brown, son of William Brown, of Brown's Flats, was arrested Thursday charged with breaking and entering the house of Charles Gorham in November last. He is also charged with breaking into several houses at Beulah Camp ground.

CATARRHAL POISONS AND THEIR REMEDY.—The poisonous secretions from Catarrh are dangerous because they affect the stomach and bowels giving rise to an unhealthy condition of these organs. Catarrh is the source of much ill health and was considered practically incurable until it was demonstrated to the satisfaction of the medical profession that by the use of Catarrhozone any case of nasal or throat trouble can be quickly and permanently cured. Catarrhozone by its unusual merit has enlisted the support and endorsement of the most prominent medical authorities, who freely state that anyone giving it a trial is sure to receive permanent benefit. Sold for $1. Small size 25c. At Druggists or Polson and Co., Kingston, Ont.

NOVA SCOTIA

The S. S. Dahome, from London arrived at Halifax Tuesday, with a case of small pox. The passengers were put in quarantine for three weeks.

North Sydney is to be the site of the new blast furnaces of the Nova Scotia Steel Company.

The house and barn of Israel McCollum, at Noel, were burned to the ground Wednesday. Loss $2,500.

It has been decided at Ottawa by the government to have the name of Minas Basin changed to "Mines." This is not approved by the majority of people in this vicinity. At a recent meeting of the faculty of Acadia it was decided to send a protest, asking the government to reconsider the matter.

It is claimed that Canso, shipped more fresh fish last year than all the rest of Nova Scotia combined. Over 2000 tons were shipped by Intercolonial railway. Ten years ago the shipments were less than 100 tons.

A Montreal paper is authority for the statement that serious differences have arisen between Premier Murray of Nova Scotia, and Messrs. Mackenzie and Mann, contractors for the Halifax to Yarmouth railway, that as a result the latter may give up the contract.

Vice-Admiral Archibald Lucius Douglas, of the Royal Navy, has been appointed commander of the North Atlantic squadron, to succeed Admiral Bedford. Vice-Admiral Douglas is the first Canadian naval officer to be thus honored. He is 60 years of age and was born in Canada.

The following have been appointed Justice's of the Peace,—Hedley V. McKay of Gay's River; William Sterling of Port Greville; Robert Taylor of Upper Stewiacke.

The following is the return of the population of some Nova Scotia towns; Yarmouth, 6 430; Dartmouth, 4,806; Truro, 5,993; Springhill, 3,430: New Glasgow, 4,447; Amherst, 4,854: Lunenburg, 2,916; Pictou, 3,235; Windsor, 3,398; Liverpool, 1,937.

In Halifax, Friday, the six-year-old child of Edward Harrington died from injuries received on Wednesday by its clothing catching fire.

At Montague, Thursday, three men were preparing dynamite for a blast when it caught fire and exploded. The men were more or less injured, but one, Joseph Barker, was very badly burned about the face and body. One eye had to be removed, and he may lose the sight of the other.

POLSON'S NERVILINE CURES RHEUMATISM

The remarkable strength and marvellous soothing power of Nerviline renders it quite infallible in rheumatism. Five times stronger than any other remedy, its penetrating power enables it to reach the source of the pain and drive out the disease. Nerviline is stronger and more penetrating, more highly pain-subduing in its action than any other medicine heretofore devised for the cure of rheumatism. Sold in large 25 cent bottles everywhere.

OTHER PROVINCES

The estimates for 1902 for the province of Ontario show the total amount to be voted for current expenditure is $3,553,980; on capital account, $303,273; other purposes, $146,975: total, $4,004,040.

Rat Portage had another disastrous fire Tuesday night. The fire started in Keighaw's store and spread north to the Gould block. Loss partial insurance.

The British government contemplates offering special encouragement and facilities for emigration on a large scale to South Africa at the close of the Boer war.

Jas Muir, shoe manufacturer of Quebec, has been appointed by the federal government to visit the British Isles with a view to increasing trade in Canadian made footwear in the old country.

Ploughing and seeding are now going on in southern Alberta, and some of the trees are budded and almost in leaf. This is the earliest record of spring ploughing for a good many years.

Charlottetown, P. E. I., had a disastrous fire Friday in the machine shop of the McLean Manufacturing Co. The building was badly gutted. Adjoining buildings were also damaged. Partial insurance.

At Ottawa, early Saturday morning, the Hotel Cecil was burned to the ground. It is a complete loss. The loss is about $60,000. The insurance is about $30,000. The guests on the fifth floor had to run for their lives in their night dresses. Some of them had to be taken out of the windows.

Smallpox has been in Georgetown P. E. Island, since the beginning of winter (brought by two vessels) disastrously affecting trade, and causing both schools and churches to remain closed during the month of January.

In Ottawa Friday Myles Traves, a laborer, was killed while coupling an electric exploding appliance to a charge of dynamite in a sewer. He leaves a widow and five children.

FOR OVER SIXTY YEARS.

AN OLD AND WELL-TRIED REMEDY—Mrs. Winslow's Soothing Syrup has been used for over sixty years by millions of mothers for their children while teething, with perfect success. It soothes the child softens the gums allays off pain, cures wind colic, and is the best remedy for Diarrhœa. Is pleasant to the taste. Sold by Druggists in every part of the World. Twenty-five cents a bottle. Its value is incalculable. Be sure and ask for Mrs. Winslow's Soothing Syrup and take no other.

UNITED STATES

A terrific explosion occurred Tuesday at the King's Mills Powder Company plant. Its force was felt for miles. Every vestige of the glazing plant was destroyed. Wm. Dunstin, of Mainville, Ohio, was blown to pieces, and David Thompson, of Mason Ohio, was so badly mangled that he died in a few minutes. Charles Harper and a man named Butler, of South Lebanon, were so terribly injured that death is expected any minute.

An affray occurred at Belleville, Tex., Wednesday, which resulted in three men's deaths, the fatal wounding of one man and the slight wounding of three others.

An explosion in the basement of St. Mary's Catholic church at New Britain, Conn., Tuesday, caused a fire which totally destroyed the interior of the structure.

As the result of an explosion in the Lost Creek Mine, Iowa, there are now eight dead, eight injured and twenty-six imprisoned with no hope for the entombed men. It is the general opinion that they are already dead.

WARTS AINT PRETTY:

Why do you hang on to yours? Don't know how to cure them? Putnam's Painless Corn Extractor does the work in short order—you just try it. Guess your druggist has it all right—ask him.

BRITISH AND FOREIGN

At Belfast, Wednesday thirteen persons were killed and 50 injured at a mill accident.

Owing to the high price of British coal the management of Swedish railways have decided to experiment with Canadian coal, which in all respects equal to that exported to the Baltic from England.

Alfonso XIII. will be crowned King of Spain at Madrid on May 17, on his sixteenth birthday.

The exports of coal from Great Britain are larger this year than usual notwithstanding the export tax of a shilling a ton.

A treaty ceding the Danish West India Islands to the United States was signed Friday. The treaty will require action not only by the Senate and the Danish Rigsdag, but by the United States House and Representatives as well. The Danish government before it ratifies the treaty will submit the question of cession to the people of the islands.

Other slight earthquakes have been felt in Mexico, terrifying the people. Official data shews that 614 houses, not including the government buildings, were destroyed in the first and second earthquakes.

King Emmanuel has conferred the order of St. Maurice and St. Lazarus upon William Marconi.

Rumors are current in India of coming trouble in Arghanistan. It is allegal that Russia will during the winter mass troops upon the northern frontiers, in readiness to invade Afghanistan as soon as the snow melts on the passes.

HOW THIN YOU LOOK!

Do you like to hear it? If not take Scott's Emulsion. 'Twill fill out your sunken eyes, hollow cheeks, and thin hands. Why not have a plump figure? Don't let disease steal a march on you.

SEED GRAIN.—The Department of Agriculture of the Dominion will this season make another distribution of samples of the most productive sorts of grain for the improvement of seed. The stock for distribution is of the very best and has been secured by the Director of the Experimental Farms from the record-breaking crops recently had in the Canadian North-west. It will be worth while for Canadian farmers generally to renew their seed of oats when varieties which have produced more than 100 bushels per acre can be had. The distribution this Spring will consist of samples of oats, Spring wheat, barley, field pease, Indian corn and potatoes. Every farmer may apply, but only one sample can be sent to each applicant, hence if an individual receives a sample of oats he cannot also receive one of wheat, barley or potatoes, and applications for more than one sample for one household cannot be entertained. These samples will be sent free of charge through the mail. Application should be addressed to the Director of Experimental Farms, Ottawa, and may be sent in any time before the 15th of March.

SPECIAL OFFER

We will mail to any address a Large Sample of the Wonder Working KDC

A sample of 50 cents. Test K. D. C. and be convinced of its great merits for any form of

INDIGESTION

Mention this paper.

K D C Ltd. New Glasgow and 127 State St. Boston Mass.

HOME AND CHILD

Does your horse "feel his oats"? What a difference between the grain-fed and the grass-fed horse! The first strong and full of ginger, the second flabby, weak and tired out before he begins. The feeding makes the difference.

Children are not alike either. One is rosy, bright-eyed, full of life and laughter, another is pale, weak and dull. The feeding again is responsible.

Sickly children need special feeding. They don't "feel their oats". Scott's Emulsion adds just the right richness to their diet. It is like grain to the horse. The child gets new appetite and strong digestion.

Scott's Emulsion is more than food. It is a strong medicine. It rouses up dull children, puts new flesh on thin ones and red blood into pale ones. It makes children grow. Scott's Emulsion makes ordinary food do its duty.

This picture represents the Trade Mark of Scott's Emulsion and is on the wrapper of every bottle.

Send for free sample.

SCOTT & BOWNE, TORONTO CANADA

50c and $1. all druggists.

In the Night

Sudden disease, like a thief in the night, is apt to strike confusion into a household. Croup chooses the hours of darkness for its deadly visitations. Cholera morbus, cholera infantum, cramps and colic come frequently in the night. Are you prepared for midnight emergencies? A bottle of JOHNSON'S ANODYNE LINIMENT gives security, eases pain and saves life. The real danger from a large number of ailments is inflammation. JOHNSON'S ANODYNE LINIMENT is the remedy for inflammation and, *whether used internally or externally*, it subdues it, gives relief from pain and cures the disease.

Johnson's ANODYNE LINIMENT

A FOE TO INFLAMMATION

is just the same as it was ninety years ago. At all seasons of the year it is in daily demand for curing colic, cramps, diarrhœa, cholera morbus bites, bruises, burns, stings, chafings. In fall and winter it cures colds, coughs, croup, catarrh, bronchitis, la grippe, lameness, muscle soreness and pain and inflammation in any part of the body. Get it from your dealer. Two size bottles, 25 cents and 50 cents. The larger size is more economical.

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PURE GOLD SELECT PURE SPICES

in 5c. and 10c. Packages. Full measu Best Quality.

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SYMINGTON'S EDINBURGH COFFEE ESSENCE

makes delicious coffee in a moment. No trouble, no waste. In small and large bottles, from all Grocers.

GUARANTEED PURE. 100

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Silks, Millinery, Furs, Cloaks

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Our New Furniture Department contain an immense stock of

Fine Furniture

Parlor Suites, Bedroom Suites, Dining Tables, Sideboards, Rocking Chairs, Easy Chairs, Brass and Iron Bedsteads, and all kinds of Household Furniture

Use the genuine MURRAY & LANMAN'S FLORIDA WATER

"The Universal Perfume." For the Handkerchief, Toilet and Bath. Refuse all substitutes.

Professional Men.

It's the constant strain and worry under which the professional man labors, the irregularity of habits and loss of rest that makes him peculiarly susceptible to kidney troubles. First it's backache, then urinary difficulties, then—unless it's attended to—Bright's Disease and—death.

DOAN'S KIDNEY PILLS

Strengthen and invigorate the kidneys—never fail to give quick relief and cure the most obstinate cases.

Rev. M. P. Campbell, pastor of the Baptist Church, Essex, Ont., says: "From my personal use of Doan's Kidney Pills, which I got at Sharon's drug store, I can say they are a most excellent remedy for kidney troubles, and I recommend them to sufferers from such complaints."

Business Men

Are just as anxious to discover and employ well trained and talented help as young people are to secure good positions. In fact, we cannot begin to supply the demands upon us for such help, especially for young men who can write Shorthand.

SEND FOR

Our Twelve Exercises in Practical Penmanship, also for our Catalogues, containing Terms and Courses of Study. OUR NEW TERM begins Thursday, January 2nd.

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Women's Tailored Suits,

Vogue, Style, Fashion, call it what you will, in the general run of cases make high prices. Choiceness in garments may, if the merchant wills, be turned to selling advantage and prices raised. not so here. We pride ourselves on our selections. We have erected out some stylish cloths and are prepared to manufacture them into Stylish Suits and at very close prices.

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