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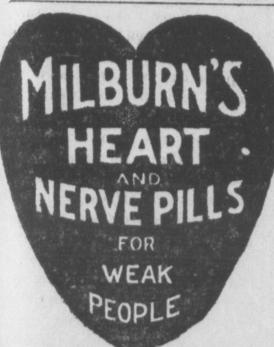
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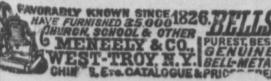
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CHURCH BELLS Chimes and Peals, McSHANE BELL POUNDRY Baltimore, Md.

The Sabbath School

INTERNATION AL LESSON

First Quarter Lesson I2 March 23 1902 FEMPERANCE LESSON. Ephesians 5: 11-21

Verses 15.18.

with wine wherein is excess.- Eph.

This lesson presents the contrast of the two great moral kingdoms which are contending for supremacy in our hearts and in the world.

THE KINGDOM OF EVIL.

In the verses of the lesson we find the Works of darkness. Drunkenness. Unspeakable sins. Excess.

Days of evil. In the whole Epistle. Lying. Foolish jesting." Stealing. Darkened understand

Malice. Deceitful lusts. Uncleannesss. Grieving the spirit. Covetousness. Evil-speaking. Filthiness. Corrupt communica-Disobedience. Respect of persons.

Wickedness in high Anger. places. Ignorance. Alienation from God Greediness. Fornication. Lasciviousness. Vain words. Lusts of the flesh. Dead in trespasses and sins.

A SUMMARY.

The sins forbidden in the ten command

The description in Rom. 1:18, 21-32. The works of the flesh in Gal. 5: 19-21. The woes in Matt. 23.

THE KINGDOM OF GOD.

From the verses of the lesson. Fear of God. Wisdom. Redeeming the time. Unselfishness. In the whole Epis le.

Knowledge of God. Rooted and grounded in love. Filled with the fulness of God. Long-suffering. Forbearing in love. Unity of the spirit. The bond of peace.

Lowliness. Speaking the truth in Prudence. Singleness of heart. Righteousness Strong in the Lord. Obedience. Tender-hearted. Good conversation. Thanksgiving. Honoring others. Truth. Perfect in Christ.

Wisdom.

Goodness.

Meekness.

Peace.

Love.

Faithfulness. Walking in love. A SUMMARY. The fruits of the spirit, Gal. 5: 22-23.

The ten commandments. The Beatitudes, Matt. 5.1-12. The Sermon on the Mount, Matt. 5-7. The New Jerusalem, Rev. 21-22.

Unfruitful works of darkness. Good fruits cannot grow in darkness. But that which should bring forth good fruit in the light, when placed in darkness brings forth corruption, poisons, insects, death. Reprove them by word and by example. All things that are reproved, etc. Public reproof brings to light the sins of darkness, and this tends to destroy the evil. Evil loves secrecy. Awake thou that sleepest, like Jonah asleep in the storm, dreaming of happiness and heaven, while dead in trespasses and sins. Walk circumspectly. With strictness, looking on every side to see that the right path is taken. Not as fools. Who go carelessly through life, running into temptations and dangers, visiting saloons and places of evil, going with bad companion. But as wise. Keeping in the right way; avoiding temptations. Redeeming the sion of; time here means opportunimprove every opportunity, use your time to the best advantage. Because the days are evil. Because book of Providence. Learn what used to know. the Bible says of intemperance. Sure, I've had me bad times and The essential lung-healing principle yourselves one to another. No seek- d'ye mind? ing to rule, but to help each other. I am older; I feel it sometimes in

Still it must be in the fear of God, only in those things which are Whisper, darling, it ain't the years

men in the space between these kingdoms, apparently, not wholly belonging to the one or the other. distinct the kingdoms are.

one kingdom or the other. Two when she was twenty, I'm gettin' seeds may look alike, and one grow on! says she. Warn she was into a poison tree, and the other twenty-five. No, says she to Johnny fact so great is the power of this medi-

3. The decisive question in which be marrying. Then when she was driven from the body.

way are we going: toward the evil or toward the good.

4 The real contrast is between selfishness and love. Whichever is supreme in his heart and life decides the question as to which kingdom any one belongs.

himself to which kingdom he will Read Ephesians 5.—Commit belong. And be not drunk with A good worker was Katie. But the wine wherein is excess; but be filled | boss he looked us up, and looked us GOLDEN TEXT. - Be not drunk with the Spirit. First: the King down, and asked his questions, and dom of Intemperance. Drunk with then says he: I'll give you a trial, wine, then the usual intoxicating my girl, says he to me. But as liquor. Wherein is excess, waste- for you, he says to Katie, it's young furness, dissoluteness, profligacy; strong, lively women we want, says that which wastes body and soul. he, and I'm thinking you're after The nature of all intoxicating mistaking this for the Old Ladies' drinks is to lead to excess. Riot, Home, which, says he, is in the dissoluteness, anger, hate, intem- next block. perance, vice, murder, all lie at the O-oh! says I to myself at that. bottom of the wine cup.

from whom he was about to part, I begun to toss me birthdays over a list of crimes, and bad him choose me shoulder as fast as they came ful. The young prince turned in where I can't fall over thim. horror from murder, theft, and loss | Whisper, darling, Mrs. Mullaly man, which will bring you all.

This is the way Mr. Amos R Wells, in his Three Years with the the caption "Tripped Up" :-

Jack Collins, with his six friends stepped into the rum shop one evening. As they went out, late that night, walking very unsteadily, the saloon keeper put a big stone right in the way of one of Jack's comrades, and tripped him up. The comrade fell and was killed. The comrade was Jack's Health.

The next night Jack Collins, with five friends, went to the rum shop again, and again they all got drunk-so drunk that another friend was tripped up, as he went Watchfulness. Filled with the spirit. out, by the sly saloon keeper. That ion that some people can pin a friend was Jack's Reputation.

fellow from that time on had nobody to keep him cheerful. The next friend to go was Jack's Mind, so that Jack hardly had wit enough rest (and get away from the chilleft to call for a glass of whisky dren) Sae can do a wearisome when he came back on the sixth day's shopping and have a good night. And that evening, as he time with three or four friends and his sole remaining friend left without drinking a keg of beer. She the rum shop, that friend also was tripped up and slain. It was Jack's

the holy Sabbath, and Jack lay alone in the gutter, his six friends Jack himself was dead.

Second: the Way of Escape,-Be filled with the Spirit. The Holy Spirit of God, and thus with all the pure and holy feelings, acts, in six days for \$5,000, but she can tastes, and love that belong to the kingdom of God.

1. If one is filled with the Spirit, there will not be room for the spirit of evil.

things that find their inspiration in intemperance. He will be opposed to them as contrary to his nature. Signing the P.edge. Each one should sign the temperance pledge. Sometimes people object to hav ing boys sign a temperance pledge choir and the life of the sewing or promise not to use intoxicating beverages. Mr. John B Gough, the popular temperance lecturer, who

ward reformed, said :-If the pledge had been offered me when I was a boy in Sabbath school I should have been spared those seven dreadful years.

The Old-Age Habit.

For why should I look old, darling? Answer me that, now! Mrs. Honora Costigan formerly, Mrs. yet keep the soul of the Christian Morris' loving and faithful house- warm and make it fruitful.-John girl; but that was twenty years | Mason. there are many temptations and earlier. Mistress and maid had dangers. These "evil days" are been at opposite ends of the earth largely connected with intemper- in the meantime, and the mistress, ance and its accompaniments. who had noticeably aged, felt almost Understanding the will of God. a shock of resentment at sight of By studying God's Word, and his the plump and buxom Nora she Perry Davis'. 25c. and 50c.

See the effect of it. (See below). | me good times, like the rest of the of the pine tree has finally been suc-Speaking . . . in psalms and hymns word, Mullaly went on, reflectively. cessfully separated and refined into a ... singing. Conquer evil by the But, glory be ! before the bad times perfect cough medicine-Dr. Wood's religious life. Giving thanks. What quite finished me the good times a man is really thankful for is a always came again-me always test of his character Submitting leaving the door ajar to let them in,

me poor back; but I'm not old.

'Twas a cousin of mine that teached me the truth of it, this long Thus we do not always realize how she was born, did Katie, and when N. Y., writes: "I am subject to 2. But every person belongs to ing 'twas a great help to her. But Difficulty, and find Parmelee's Pills into a fruit tree. The result lies Walsh, that came a-courting; I'm cine to cleanse and purify, that disease

thirty nothing would do her but to get wid the old women, and talk of the times when she and they was

So the heart of her went into the face of her. It did so! I mind UIII when she was thirty about, and me 5. Each one must decide for over twenty, we went together one day to a big new hotel to get work.

Am I going out to hent for Illustration. A story is current | wrinkles and rheumatism before in the Orient of a wise old sheik, me own mother gets gray in her who gave to a young Arab prince hair? No, says I, and 'twas then the one which seemed least harm- They're all behind me, glory be !

of virtue, and told the patriarch he added, impressively, old age is a bad would choose intemperance. You habit, like drinking, and if ye give have chosen that, said the wise old way to it ye won't so easy break it off. Sure, there's a new year every twelve months, but that can't mak ye an' old woman-never, darling, Children, teaches temperance under | until ye're willin' to be !-Youth's Companion.

What Women Can Do.

Robert J. Burdett, in his characteristic style, takes a funny view of what women can do, and while his remarks are amusing they isdirectly compliment women very highly. Among many other things that he says she cannot tie a package to look like anything but a crooked cross section of chaos, but land of miracles ! see what she can do with a pin! He is of the opinglass knob to a dcor. He says, cost you anything to find out. The third night, in just the same | She cannot walk so many miles way, another friend was lost, this a ound a billiard table with nothing First class line of Spectaeles and time Jack's Wealth. The fourth to eat and nothing (to speak of) to Eye Glasses to select from. night the stumbling-block tripped drink, but she can walk the flor op Jack's Happiness, and the poor all night with a sick baby without going asleep the first balf hour. She can ride five hundred miles

without going to the smoking car to

can enjoy a visit without smoking a half dezen cigars She can endure the torturing The next night was the seventh, distraction of a houseful of children all day, while her husband cuffs them, all howling, to bed before he all fallen over the rum shop and is home an hour. Every day she endures a dress that would make an athlete swoon. She will not, and possibly cannot, walk five hundred miles around a tanbark track walk two hundred miles in ten hours up and down the crowded aisle of a department store when there is a reduction sale on. She hath not skill at fence, and knoweth 2. He will have no taste for the not how to spar, but when she javelins a man in the ribs in a Christmas crowd his whole family howls. She is afraid of a mouse and runs from a cow, but a book agent can't scare her. She is the salt of the church, the pepper of the circle, and about all there is of a

had been intemperate, but after-A gentleman recently made the assertion that he was so grounded in his Christian belief that he would die for it if necessary. That is very good; but just now and in this land there is more call for people who will live for their faith, and pray and work and give for its propagation.

young ladies' school or nunnery.

As snow is itself cold, yet warms and refreshes the earth, so afflictions, though themselves grievous,

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Norway Pine Syrup. Sold by all dealers on a guarantee of satisfaction. Price 25 cents.

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> Colic and Kidney Difficulty.-Mr. ago. She began to be old the day J. W. Wider, J. P., Lafargeville, she was fourteen, looking and act- severe attacks of Colic and Kidney afford me great relief, while all other remedi s have failed. They are the too old and settled in me habits to of almost every name and nature are

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