

**TOMMY'S LESSON.**

I thought when a boy was old enough to have a slate and book and go to school he was big enough to take care of himself and go the way that he wanted to; so I did not go straight down the road as my mother told me, but I climbed the fence to go across the field. By-and-by something said, "Bow-wow, wow!" and there was a big dog running right at me. Didn't I run? That dog almost caught me before I got to the fence, and I tumbled over, and scratched my arm, and broke my slate, and tore my clothes; so I had to go home to mamma.

She said, "Ah, Tommy, boy, people never get too old to go in the right way instead of the wrong one. The straight path is the safe path. Remember that." And that is all the lesson I learned in my first day at school, 'cause I didn't go.—*Early days.*

**THINGS TO REMEMBER.**

Take extra care of bread and cake boxes in hot weather.

Bake your bread in small loaves and very thoroughly, else the uncooked germs in the center will speedily destroy the loaf.

Nothing is more indigestible than slack baked bread, and yet many people have the taste to prefer it in that raw state.

Good flour is a creamy color, and holds together upon pressure.

If baskets of soft berries must stand over night, turn them on platters and remove those unfit for use, separate the rest and stand in a cool, airy place not on ice.

Wash small fruits by putting them, a few at a time, in a wire sieve or colander.

Eating fruit or anything else merely to save it is not digestive economy.

If children leave food on their plates do not compel or hire them to eat, but serve them with less and avoid waste.

Grown-up children often leave very untidy plates at table. Is it custom, or lack of training?

It is a misfortune for any child to be untaught in table requirements. Unless they are observant, their lack of teaching will follow them through life.

If in ironing you scorch an article, soap suds and the hot sun will remove it.

Brush the stove pipe over with equal parts of kerosene and linseed oil when put away for the summer.

Ashes and common salt wet and mixed will mend cracks in the stove.

Use strong baking-soda water for scald or burn where the skin is not broken.

Wash hair brushes with soda water.

Save work in the house by wiping the feet on the door mat. Nothing is better in a country home than the old-fashioned corn husk mat.

To remove grass stains, wet the spot with cream of tartar and rub well.

To cleanse ribbons, put them in a glass jar with a little gasoline for a few hours. Shake them well, remove and dry with the fingers in the open air, pull them straight, and they will look like new.

When the house is clean, don't spend several hours each day with the broom, duster and a wet cloth, lest a speck of dust or a fly light on something. Take things easy, and live out of doors all you can, and set a custom of entertaining callers in the open air.

Have a plain table, and often picnic under a tree in the yard or on the veranda, unless you have a "big course" meal.

Simplify everything as much as possible. Fruit is plenty and is already cooked, and with entire wheat bread and butter would make a good dinner on a hot day.

A cereal cooked in the morning and eaten with bread, cream and fruit for dinner, would make life easy for one day, when one would enjoy sitting or lying out of doors with little to do.

Ripe bananas, sliced thin, and mixed with shredded pineapple, sliced oranges or strawberries, make a delicious salad. Good for dinner on a hot day.

Eat less meat, and more fruit and vegetables in hot weather.—*Health Culture.*

**WEAKLY CHILDREN.**

Stunted, weakly children are those whose food does them no good, because they do not digest it properly. Keep the child's digestive organs right and it will grow up strong and healthy, and it will not cause mother much trouble while it is growing up. It is the weak children — the puny children — that wear the mother out, caring for them night and day. All this is changed when Baby's Own Tablets are used. They promote digestion, they give sound, natural sleep, they keep baby bright and cheerful. They are good for older children, too, and cure all their minor ailments. It costs only 25 cents to prove the truth of these statements — and you will be thankful afterwards. Mrs. Archibald Sweeny, Carleton, N. S., says, "I have given my little one Baby's Own Tablets, and am more than pleased with the results. I can recommend them to every mother." That's the way all mothers who have used the Tablets, talk. That's the way you will talk if you will try them when your little ones are ailing. You can get the Tablets from any dealer, or they will be sent by mail at 25 cents a box, by writing the Dr. Williams' Medicine Co., Brockville, Ont.

**THE CRICKET AND THE LION.**

One day the lion was out walking in the wood. As he was stepping near an old rotten log, he heard a tiny voice say, "Oh, please don't step there! That's my house, and with one step more you will destroy it."

The lion looked down and saw a little cricket sitting on the log. He roared, "And is it you, weak little creature, that dare tell me where to step? Don't you know that I am king of the beasts?"

"You may be king of the beasts, but I am king of my house; and I don't want you to break it down, king of no-thing."

The lion was amazed at such daring. "Don't you know, you weakling, that I could smash you and your house and all your relatives with one blow of my paw?"

"I may be weak, but I have a cousin no bigger than I who can master you in a fight."

"Oh, ho! Oh, ho!" laughed the lion. "Well, little boaster, you have that cousin here tomorrow, and, if he does not master me, I'll crush you and your house and your cousin altogether."

The next day the lion came back to the same spot and roared, "Now, boaster, bring on your valiant cousin!"

Pretty soon he heard a buzzing near his ear. Then he felt a stinging. "Oh, oh!" he cried. "Get out of my ear!"

But the cricket's cousin, the mosquito, kept on stinging and stinging. With every sting the lion roared louder, and scratched his ear and jumped around. But the mosquito kept on stinging and stinging. The cricket sat on the log and looked on. At last he said, "Mr. Lion, are you satisfied to leave my house alone?" "Yes, anything, anything," roared the lion, "if you will only get your cousin out of my ear!" So the cricket called the mosquito off, and then the lion went away and never bothered them any more.—*Good housekeeping.*

**SIX IMPORTANT POINTS.**

Six things a boy ought to know: First — That a quiet voice, courtesy and kind acts are as essential to the part in the world of a gentleman as of a gentlewoman.

Second — That roughness, blustering, and even foolhardiness, are not manliness. The most firm and courageous men have usually been the most gentle.

Third — That muscular strength is not health.

Fourth — That a brain crammed only with facts is not necessarily a wise one.

Fifth — That the labor impossible to the boy of fourteen will be easy to the man of twenty.

Sixth — That the best capital for a boy is not money, but the love of work, simple tastes and a heart loyal to his friends and his God.—*Texas Christian Advocate.*

**WASPS AND THEIR WAYS.**

Two boys took a walk with a naturalist one morning.

"Do you notice anything peculiar in the movements of those wasps?" he asked, pointing to a puddle, around which some of them were busily engaged.

"I don't," replied one of the boys, "except that they seem to come and go."

The other observed them closely and said,

"They fly away in pairs; one has a little pellet of mud, the other has nothing."

"I am glad you have discovered something," responded the naturalist; "but both wasps were busy. The one you thought idle had a drop of water to carry. They reach their nest together; the one deposits the mud and the other ejects the water upon it. They then mix it, and fly away for more, and thus the nest is gradually built."

The boys never forgot the incident, nor the lessons which their kind friend sought to point out, namely, the industry and patience of the wasps, and the importance of acquiring knowledge by careful observation.

Nobility of character manifests at loop-holes when it is not provided with large doors.—*Mary E. Wilkins.*

**THE HACKING COUGH.**

One of the meanest things to get rid of is a hacking cough. There is apparently no cause for it. No soreness, no irritation at first; but the involuntary effect of the muscles of the throat to get rid of something is almost constant. Of course with many cough is a habit, but it is a bad habit, and should be stopped. When you realize this and try to stop it, you find you can't, for by that time there is an actual irritation, which will never get better without treatment.

It is a curious thing that nearly all treatment for cough actually makes the cough worse. Therefore, most medicine for cough have a bad effect on the stomach. This is especially true of so-called cough remedies that contain a narcotic. The true treatment for cough is one that heals the irritated surfaces. This is what Adamson's Botanic Cough Balsam does. It protects the throat also while the healing process is going on. When this remedy was first compounded our old men were young boys, and all this time it has been doing a steady work of healing throats. The most obstinate hacking cough will quickly show the effects of the Balsam. People who have been trying for years to break up the mean little cough, will find a sure friend in this old-time soothing compound made from the barks and gums of trees. All druggists sell Adamson's Botanic Balsam. 25 cents.

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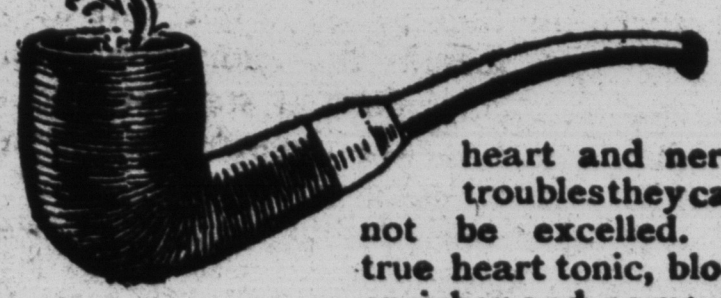
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"There is an argument for Christianity which I cannot answer," said David Hume, as a young man, distinguished for his consistent life, passed by. And it's just the argument that can not be answered: What is the use of denying the life of the Tree, when its boughs are bending with clustering fruit?

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