# Our Young People

This department is in the interest of the Free Baptist Young People's Societies.

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#### OUR TOPIC TALK.

May 10.—What does the story of Zaccheus teach us? Lk. 19: 1-10.

Jesus frequently passes near us, but we may fail to recognize him because we are not willing to climb above our blinding surroundings. To see Jesus daily and feel anew the power of his salvation are the privileges of every soul.

Christ comes to save the lost. To be lost is to be in a condition of heart out of harmony with God. It is with the heart that man believes and becomes righteous, as did Abraham. It was not because of Zaccheus' good deeds that salvation came to him, but because he had a heart receptive for Christ, out of which good works could come.

How does Jesus bring salvation to men to-day? The Holy Spirit and the Scripture are power-agents, but their work must be supplemented by the living witnesses. Christians are the world's Bible in a very real sense. The Master himself came to seek and to save that which was lost, and he has sent forth his disciples on the same mission.

S. J. C.

## A SPRING TONIC.

Some one asked an old lady whose face at eighty was still sweet and rosy, how to be beautiful. Her advice was: "Try a little spiritual exercise. Look at yourself in the mirror four or five times a day. If the corners of your mouth are down, and you are an unhappy looking creature, elevate your expression. Think of the pleasantest thing that was ever done for you; send out the most generous, sweetest, most helpful thoughts to your friends, then you will be beautiful."

My Christian Endeavor friend, don't you think the old lady's remedy the right one? The spiritual exercise is good, and if you feel "rundown" spiritually, the C. E. pledge is a splendid tonic.

A tonic is a medicine given to strengthen and restore the healthy functions of the system. This tonic, the C. E. pledge, can restore the healthy functions of the spiritual system.

"Trusting in the Lord Jesus Christ for strength." At first take as much "trust" as your present condition will permit, and gradually increase the quantity. "I promise him that I will strive to do whatever he would like to have me do." Here you can bring

in another kind of spiritual exercise, it works well along with the tonic. The "whatever" means not to do as well as to do, and it gives you the courage to say "No" and stand by it.

And so all through the pledge, every clause digested has an invigorating effect? What will it not do for you? What has it not done for others? You no doubt have heard or read many testimonials; read a few now.

"The C. E. pledge has made me a more thorough Bible student. It has helped me to throw the responsibility of my Christian living upon myself, and not upon my environment or the action of others."

"The C. E. pledge has helped me to take part in the meeting, whether I felt like it or not, and God strengthened me, for the duty became a pleasure, and now I feel it a privilege."

"The C. E. pledge has helped me; by helping me to trust more in the Lord and less in my own strength; by leading me to study his will and try to do it."

"The pledge has made me long to help others, and has taught me in several instances how to help them."

"The pledge has emphasized the weakness of human resolves, trusting in the Lord Jesus Christ for strength."

Reader, if you have not already done so, will you not try the C. E. pledge and see if it does not wonderfully "tone" the system?

C. E.

# PRACTICAL PLANS AND SENSIBLE SUGGESTIONS.

(From the pages of the C. E. World), III.

FOR PRAYER-MEETING COMMITTEES.

Prayer Practice.— When the Endeavor Society was organized here in 1894, only two of the active members felt brave enough to offer prayer in public. Our president, seeing the difficulty at once, announced that the business meetings would be held at the homes of the members, and at these meetings said, "Let us all kneel down and each offer a short prayer in turn." It was impossible not to respond, as it was harder to feel all were waiting than it was to pray. The brave ones offered as short prayers as the timid ones, and, helped in that way, it was only a short time till every member was willing and glad to pray in public meetings. You who have timid ones, try this, and make your prayers short and simple, like theirs. You do not know how it will help them, and the Lord will answer just as quickly.

## THE MUSIC COMMITTEE.

Learning New Hymns.—From Miss C. H. Rowan, Brooklyn, N. Y., we have an account of how her society has greatly improved its music. The committee writes the words of new hymns on the blackboard, usually practising the singing beforehand. One hymn each week is selected and used in this way. It pertains directly to the subject, and the chairman is on the lookout for good . hymns weeks in advance. They are not always new ones. Sometimes they are brought from Christian Endeavor conventions which some of the members have attended. Sometimes the music is obtained in that way, and the words are typewritten and distributed among the members. Societies that follow this plan should remember that the copyright laws are very strict, and that permission must always be obtained for such use of copyrighted hymns and tunes. This Brooklyn music committee furnishes the leader at every

meeting with a selected list of hymns on the subject, though it is optional with him whether he uses this list or makes his own selection.

#### FOR MUSIC COMMITTEES.

A Society Hymnologist.—Find some one in your society who is interested in hymns and who is a good speaker, and appoint him "society hymnologist" for three months, or perhaps for six. Ask him to look up all the interesting facts concerning hymns and hymn-writers that he can find, and present them to the society in various ways. At one time, for example, all the hymns sung during the evening may be from the work of one hymn-writer, and the hymnologist will give an account of this writer's life at the opening of the meeting. At another time he will take one writer a month, and give some facts or anecdote regarding him at each meeting of the month, following this with the singing of one hymn by that writer. Portraits of these hymn-writers might be obtained and shown to the society.

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#### THE DEAD-PRAYER OFFICE.

The dead-letter office is a very important part of the postal department. Letters are sent without direction, incorrectly addressed, lacking name, place or something necessary for prompt and safe delivery; and to this dead-letter office multitudes of such letters, from one cause or another, find its way.

We have sometimes wondered if there is a dead-prayer office. Multitudes of prayers are started which never seem to get anywhere, at least they bring no answers. They are misdirected, deflected from their course, lost in transit, or in some way fail to reach the mark, and to bring back the answers desired.

Many a man inquires for the unanswered letter, but who ever investigates dead prayers? Who asks why we do not get an answer? Who sends another message after the first, and watches and waits for its return?

Beware of the dead prayer-office. See that the prayers come from a prepared heart, and be sure they are rightly directed; that they go to God in the name of Jesus Christ our Lord; that we ask in faith, nothing doubting, and expect that answers of peace will return to our waiting souls.—The Christian.

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### FROM THE TREASURER.

We are growing older; are we growing better?

We will soon be a year older than when we parted at our League meeting last year. At that time we made many good resolutions for the coming year. Among others, we pledged ourselves to raise a certain amount of money for the Master's work. How many of us have redeemed our part of that pledge?

In a few weeks I will publish in this column a list, giving names of the different Y. P. S. C. E. societies and individuals and amounts pledged by each, and those who have paid to date. Will you be among the latter?

T. A. LINDSAY,
Woodstock, April 24. Treasurer.

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To be patient under a heavy cross is no small praise; to be contented is more; but to be cheerful is the highest pitch of Christian fortitude.— Bishop Hall.



## "I wrote to Doctor Pierce, who sent me a very kind letter and advised me."

Thousands of weak and sick women can trace the beginning of a new life of perfect health to that letter written to Dr. Pierce.

Sick and ailing women are invited to consult Dr. Pierce, by letter, free. All correspondence held as strictly private and sacredly confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Favorite Prescription cures weak and aching backs, headaches, nervousness and other womanly ailments by curing the womanly diseases which cause them.

"In the spring of 1000 I became very ill," writes Mrs. Alviena Scholtz, of Lake Washington, Lesueur Co., Minn., "my back was very weak and ached so that I could do no work at ali, so I was obliged to take to my bed. I felt a constant desire to urinate and the pains in abdomen were almost unbearable. I wrote to Dr. Pierce, who sent me a very kind letter and advised me to take his 'Pavorite Prescription' and 'Golden Medical Discovery.' I took six bottles of each and am a we'll woman now. I cannot say enough in favor of Dr. Pierce's medicines."

"Favorite Prescription" makes weak women strong, sick women well. Accept no substitute for the medicine which works wonders for weak women.

Dr. Pierce's Pleasant Pellets are the most desirable laxative for delicate women.

# EYE GLASSES

Anything the matter with your eyes? Can't see as well as you used. If so, call at

## WIRL'S DRUG STORE

and get your eyes tested. Won't cost you anything to find out. No charge for consultation.

SPECTACLES

EYE GLASSES
TO SELECT FROM.

WILEY'S

206 Queen St., FREDERICTON, N. B.

## E ACHE

Ache all over. Throat sore, Eyes and Nose running, slight cough with chills; this is La Grippe.

## Painkiller

taken in hot water, sweetened, before going to bed, will break it up if taken in time.

There is only one Painkiller, "PERRY DAVIS"