

THESE MUST GO.

A trade magazine gives a list of the boys who are the first to lose their situations in any well ordered house. Here are a few of them:

The exquisite young man who parts his hair in the middle, and is shocked at the idea of soiling his hands by a little honest work.

The luxurious youth, who has twenty dollar-a-week tastes and habits, and a ten dollar-a-week salary.

The young man who hasn't sense enough to do anything unless he is ordered to do it, and the young man who always doing things contrary to orders.

The remarkable youth, who invariably knows what a customer wants better than he does himself.

The young man who is ignorant of the use of soap and water, and hair-brush and comb, and other toilet requisites, and the young man who is so wrapped up in the use of these that he has thought for little else.

The young man who wears flashy jewelry, exhales an odor of musk, wears wide stripes, daring cravats, violent checks, and is generally "horsey."

To this may be added: The young man whose lusterless eyes and soiled fingers proclaim him a cigarette smoker. —School Index.

TWO WAYS OF GIVING.

And opening their treasures, they offered unto him gifts, gold, and frankincense and myrrh.—Matt. 1: 11.

A colored man was telling of his way of giving to the Lord. "Yes, sir," said he, "I gibs de truck off o' one acre ebbery year to the Lawd." "Which acre is it?" the friend asked. "Wall, dat is a different question. Truf is, the acre changes most ebbery season." "How's that?" "Why, in wet season I gibs de Lawd de low land, and in dry season I gibs Him de top acre of de whole plantation." "In that case the Lord's acre is the worst in the whole farm, for in wet seasons it would be quite flooded, and

in dry times parched." "Jes' so. You don't allow I'se going to rob my family of de best acre I'se got, did ye?"

Is not that too much the fashion of our own offerings to the Lord—shreds of time, bits of talent, driblets of money, fringes of things? These magi teach us better. They gave their best. It is not our poorest, but our best, that we should give the Lord.—Wayland Hoyt.

HEART DISEASE.

A trouble much more common than is generally supposed.

A healthy person does not feel the heart at all. If the heart makes itself felt it is a sure sign of some one of the many phases of heart trouble. Some of the symptoms of heart trouble are shortness of breath, trembling of the hands, violent throbbing or fluttering of the heart, sharp spasms of pain, oppression of the chest, dizziness and clammy sweating, irregular pulse, and the alarming palpitation that is often felt most in the head or at the wrists. Of course people suffering from heart trouble haven't all these symptoms, but if you have any of them it is a sign of heart trouble, and should not be neglected for a moment.

Most of the troubles affecting the heart are caused by anemia, indigestion or nervousness, and when any of these causes lie at the root of the trouble, it can be surely cured by the use of Dr. Williams' Pink Pills. You mustn't trifle with common medicines, and above all you shouldn't further weaken your heart by using purgatives. You must cure your heart disease through the blood with Dr. Williams' Pink Pills. You can easily see why this is the only way to save yourself. The heart drives your blood to all parts of the body. Every drop of your blood flows through your heart. If your blood is thin or impure your heart is bound to be weak and diseased; if your blood is pure, rich and healthy, it will naturally make your heart sound and strong. Dr. Williams' Pink Pills actually make new, rich, red blood. And that new, rich, red blood strengthens your stomach, stimulates your liver, soothes your nerves and drives out of your system all the disorders that helped to disturb your heart. This has been proved in thousands of cases. Here is a case in point. Mr. Adelard Lavoie, St. Pacome, Que., says: "For nearly three years I was greatly troubled with a weak heart, and in constant fear that my end would come at any time; the least exertion would overcome me; my heart would palpitate violently, and I would sometimes have a feeling of suffocation. I was under the care of a doctor, but did not get relief, and eventually my condition became so bad that I had to discontinue work. While at my worst a neighbor advised me to try Dr. Williams' Pink Pills. I did so, and they simply worked wonders in my case. I used only half a dozen boxes when I was able to return to my work, strong and healthy, and I have not since had any sign of the old trouble."

We would again impress upon those who are ailing that they must get the genuine pills with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around every box. Sold by all dealers or by mail at 50 cts. a box, or six boxes for \$2.50, by writing to the Dr. Williams' Medicine Co., Brockville, Ont.

HOUSEKEEPING IN A TREE.

It was a queer place for a home, but these little things had never known any other.

Anyhow, all that they wanted was someone to take care of them and give them a warm place to sleep and plenty to eat. Their mother was a wood mouse who prepared this little house before they opened their tiny eyes in their soft bed.

What a cosy home it was? Mother mouse had lined it with soft white cotton from the fields near by.

In one corner, she had stored away cotton seeds to chew on when she could not go out for food.

The house had but one door, and it was but a small one. Only three-quarters of an inch wide and one and a half inches high. This was a wise thing for two reasons. It did not let in much cold and it was not easily seen.

No doubt the mother mouse and her little babies were very happy in their mouse fashion. But alas, it was not to be for long.

There is a saying of the older folks that the best laid plans of mice and men often go wrong.

That isn't exactly the way they say it, but that is what it means. One cold day some men went into the woods to cut down some trees. They began to saw the tree in which the mice lived. Soon the saw caught in something and they pulled it out to look at it. Pieces of cotton were caught in its teeth.

After awhile they sawed through to the little house and found the warm bed and the full pantry and no mice. The mother mice, realizing their danger had carried her little ones to a place of safety. This proved to be a crevice under a loose piece of bark in the stump from which the tree was cut. This was not so warm nor so secure a place for a home, but it would shelter them until the mother mouse would prepare a better one. Let us hope that they are cuddled up good and warm these cold nights.—Presbyterian Standard.

TO RESTORE SOFA PILLOWS.

When sofa pillows that are filled with down or feathers lose their elasticity and become hard and slightly matted, they can be restored to their original condition by simply hanging them out of doors for the day. Down quilts can be given new life in the same way, and feather beds left out of doors all day will resemble the softest down. Do not hang feathers in the sun, for an oil exudes from them which causes a decided odor, and is apt to discolor the covering. Articles stuffed with down can be hung directly in the sun for a few hours.—Exchange.

BOYS, READ THIS.

Boys with hats on the back of their heads and long hair hanging down over their foreheads, and cigarettes and very smutty stories in their foul mouths are cheaper than old worn-out horses. Nobody wants them at any price. Men don't employ them, and sensible girls won't marry them. They are not worth their keeping to anybody, and it is not likely they will ever be able to keep themselves. If anybody happens to read this who answers to the above description, let him take a thoughtful look at himself, and then go jump in a well and say, "Here goes nothing."—Unknown.

Be 'steadfast' when all goes well, and 'unmoveable' when it goes otherwise.

HARD, RACKING COUGHS.

Barring accidents, the person who gets along with the least amount of cough will live the longest. Of course, the right time to attack a cough is at the commencement, when it is a simple thing or the right treatment to drive the cough quickly away. As a general thing, however, people spend so much time experimenting with various remedies that the cough is well under way before they know it. Then comes the long siege. You feel the hard racking all through your system, and get relief from nothing. You fill your stomach with nauseating mixtures to no purpose. Then you use compounds containing narcotic, which deceive temporarily, and leave you slightly worse. Some coughs of this kind hang on for weeks or even months, and, of course, they frequently develop into serious lung troubles. A true specific for all coughs is Adamson's Botanic Cough Balsam, and it should be kept in the house against any emergency. With a cough that has become chronic the first effect of this remedy is a lessening of the dull sensation of pain which usually is felt with such a cough. Then you are conscious that the soreness is leaving you, and presently the desire to cough grows less frequent. All this process is brought about by the healing properties of the Balsam. It is a compound of barks and gums. You can test it. 25 cents at any Druggist's. Get the genuine with "F. W. Kinsman & Co." blown in the bottle

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PILLS
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Mrs. Denis Hogan, Hazeldean, Ont., writes:—During the year 1901 I was troubled very much with palpitation of the heart, followed by a fluttering sensation and great pain. I would get dizzy, and was very weak and nervous. Being advised to try MILBURN'S HEART AND NERVE PILLS, I procured three boxes, and since taking them I have not had a bad spell, and feel better than I have for years.

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