

I help it? What notice had I taken of his disciples, his brethren, all these last months? They'd gone hungry, untaught, uncomfortable, for all me. And now, oh! was it too late? And the voices went on, 'Behold, he goeth before you into Galilee, there shall ye see him.' And the tears—such ashamed ones, but almost glad, too, as I heard those words, and yet there was another chance for me yet—came a-streaming down my face. I took that chance. I say it very humbly. I took up my work again, leaving my Dannie and his little grave to the Lord's care. I learnt my boys in Sabbath school again, I worked for the missionary box, I visited among the poor and the sick and the sorry, and I can tell you, very humbly, as I said before, but very thankful, in the Bible words, as I went to tell his disciples, behold, Jesus met me.

"I found afterwards it was Easter Sunday, and I learnt all about the day and what 'twas kept for, and, Congregational as I am, you know, I've kept it ever since. I found out, too, that the singing that morning was the children chanting, as they call it, the story of that first-rising, the Lord's resurrection. It wasn't the regular anthem the Episcopalians use that day, but one the minister got up and learnt them, and they were using that day for the first time. Do you think I don't know why they were led to sing it that morning? Do you think I hold that it only just happened so?—S. S. Times.



One cannot give money or anything else with the same passion with which he gives himself. All other forms of consecration are secondary—valuable, but secondary. No generation, therefore, can show its full faith in Christianity which does not offer its best gifts.—William J. Tucker.



SPRING FEELING.

Weariness, Lassitude and a Desire to Avoid Exertion.

There are few people who have not experienced what is aptly termed the spring feeling. Languor and weariness, loss of appetite, touches of indigestion, pimples and irritation of the skin. They all come with the spring. All these ills are banished by Dr. Williams' Pink Pills. They enrich the blood, brace up the nerves, and charm away all spring weariness. Dr. Williams' Pink Pills are the best tonic medicine in the world. They make new, rich, red blood; strengthen men and women, and makes the roses of health bloom on palid cheeks. Here is proof: Miss Catherine Johnston, Gardner Mines, N. B., says: "I was very much run down, and so weak that I would frequently have to lie down. My appetite was poor and food distasteful. I often suffered from headaches, and the least exertion left me completely used up. I used a few boxes of Dr. Williams' Pink Pills, and since then I have felt like a new person. I do not know of any medicine equal to these pills."

In this climate a tonic is an absolute necessity in spring, and health will be gained and money saved by using only Dr. Williams' Pink Pills. Don't take a substitute or something else said to be "just as good." If in doubt, send to the Dr. Williams' Medicine Co., Brockville, Ont., and the pills will be mailed post paid at 50c. per box, or six boxes for \$2.50.

A TRUE GHOST STORY.

The truth of the following story is vouched for by a London paper:

A young lady arrived late at night on a visit to a friend. She awoke in the darkness, to find a white figure at the foot of the bed. While she watched, the bedclothes were suddenly whisked off, and the apparition vanished.

After an anxious, not to say chilly night, the visitor went down to breakfast. At the table she was introduced to a gentleman, a very old friend of the family, who had, she learned, also been sleeping in the house. He complained of the cold.

"I hope you will excuse me," he said to the hostess, "but I found it so cold during the night, knowing the room next me was unoccupied, I took the liberty of going in and carrying off the bedclothes to supplement my own."

The room, as it happened, was not unoccupied, but he never learned his mistake.



A "HOST IN HIMSELF."

A gentleman found himself one day at a small station where he would have to wait several hours for the train. A New York paper tells the story:

"Sort of dull place," the conductor said to him, as he descended. "Still you'll have company, the ticket agent, the operator, the flagman, the store-keeper, the postmaster, and the agent of the accident insurance company are all inside."

Mr. O'Neill entered the station and looked round. In the dim light he could distinguish only a red-haired man at a telegraph instrument.

"Where are others?" the visitor asked.

"What others?" said the man. "Why, the ticket agent, the flagman, the postmaster, and the rest."

The man grinned. "Where are they?" Mr. O'Neill repeated.

The red-haired man grinned again. "I'm um; come in and join us," he answered.



A young man who had been a nominal Christian lay dying. Passing his room door, his mother heard him saying, "Lost! lost! lost!" The mother ran into the room, and cried, "My boy, is it possible you have lost your hope in Christ, now you are dying?"

"No, mother, it is not that. I have a hope beyond the grave, but I have lost my life. I have lived twenty-four years, and have done nothing for the Son of God, and now I am dying. My life has been spent for myself. My life is lost!"—Exchange.



"Portable Religion" was the subject of a timely sermon preached in a suburban pulpit, with unmistakable bearing on the summer dispersion. It is a capital thought to have in mind as we are packing up for the shore or the mountains and deciding what we shall take and what leave at home. As a matter of fact, our religion, if it be of the true kind, must be portable; it is a part of us and goes with us, as though it were our face or our voice. Jesus and the twelve did not leave their religion at home when they went out into the desert place to rest awhile. All the people whom they met knew they had it and were blessed by it.—Congregationalist.

Eight Reasons for not using Tobacco.

First. It is not for the glory of God. "Ye are bought with a price: therefore glorify God in your body, and in your spirit, which is God's." (I Cor. 6:20).

Second. It brings on disease of the heart and cancer of the tongue. "If any man defile the temple of God, him shall God destroy." (I Cor. 3:17).

Third. It is expensive, and the money wasted. "Wherefore do ye spend money for that which is not bread? and your labor for that which satisfieth not?" (Isa. 55:2).

Fourth. It is infringing on the rights of others by contact with them in its nauseous, sickening odor. "Thou shalt love thy neighbor as thyself." (Gal. 5:14).

Fifth. It is a wrong example to set before the young. "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." (Matt. 5:16).

Sixth. It is a filthy habit. "Let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." (2 Cor. 7:1).

Seventh. The habit once formed brings one into bondage. "Whosoever committeth sin is the servant of sin." (John 8:34).

Eighth. It causes unnatural desire, and leads to intemperance. "If ye live after the flesh ye shall die. To whom ye yield yourselves servants to obey, his servants ye are to whom ye obey." (Rom. 6:16; 9:13).



Lightning Remedy for Cramps.

Some people have cramps pretty often, others only now and again. But when you do have them it's a mighty quick relief you want. Polson's Nerviline is as sure as death to relieve cramps in five seconds—it's instantaneous, just a few drops in sweetened water and the pain is gone. Buy a bottle of Nerviline to-day, and keep it handy. Nerviline is a common household necessity and only costs 25c. Dr. Hamilton's Mandrake Pills cure Constipation.

Doan's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backaches, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

The North Wind Doth Blow and with it come the twinges of rheumatism. Dress warmly, stay indoors as much as you can and rub the swollen, tender muscles with Perry Davis' Painkiller. 25 and 50 cents.

Many people say they are "all nerves," easily startled or upset, easily worried and irritated. Milburn's Heart and Nerve Pills are just the remedy such people require. They restore perfect harmony of the nerve centres and give new nerve force to shattered nervous systems.

A SUCCESSFUL MEDICINE.—Everyone wishes to be successful in any undertaking in which he may engage. It is, therefore, extremely gratifying to the proprietors of Parmelee's Vegetable Pills to know that their efforts to compound a medicine which would prove a blessing to mankind have been successful beyond their expectations, bronchitis, inflammation of the these Pills by the public is a guarantee that a pill has been produced which will fulfil everything claimed for it.

TO CLEAR THE COMPLEXION OF BLEMISHES NOTHING LIKE CUTICURA SOAP



Millions of Women use Cuticura Soap Exclusively for beautifying the skin, for the stopping of falling hair, for softening and whitening red, rough hands, for annoying irritations, too free or offensive perspiration, washes for ulcerative weaknesses, for many sanative antiseptic purposes, and for all the uses of the toilet, bath, and nursery. Sold by all Colonial Chemists, POTTER DRUG & CHEM. CORP., Sole Props., Boston, U. S. A.

The Surest Remedy is
Allen's Lung Balsam
It never fails to cure a SIMPLE COLD, HEAVY COLD, and all BRONCHIAL TROUBLES.
Large Bottles \$1.00. Medium Size 50c. Small or Trial Size 25c.
Endorsed by all who have tried it.

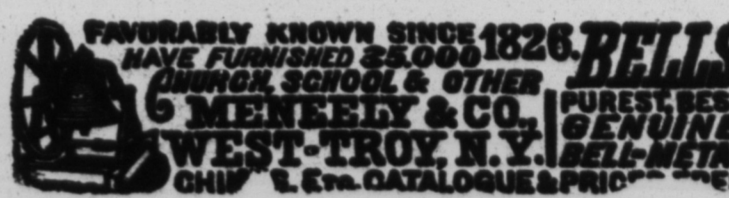
Was Very Weak and Nervous.

Heart Palpitated—
Would Get Dizzy Spells—
Many Canadian Women Troubled in this Way—
Are You One of Them?—
If so, You Can Be Cured!

MILBURN'S HEART AND NERVE PILLS WILL DO IT.

Mrs. Denis Hogan, Hazeldean, Ont., writes:—During the year 1901 I was troubled very much with palpitation of the heart, followed by a fluttering sensation and great pain. I would get dizzy, and was very weak and nervous. Being advised to try MILBURN'S HEART AND NERVE PILLS, I procured three boxes, and since taking them I have not had a bad spell, and feel better than I have for years.

Price 50c. per box, or 3 for \$1.25; all dealers or The T. Milburn Co., Limited, Toronto, Ont.



The great demand for a pleasant, safe and reliable antidote for all affections of the throat and lungs is fully met with in Bickle's Anti-Consumptive Syrup. It is a purely Vegetable Compound, and acts promptly and magically in subduing all coughs, colds, bronchitis, inflammation of the lungs, etc. It is so palatable that a child will not refuse it, and is put at a price that will not exclude the poor from its benefits.

The essential lung-healing principle of the pine tree has finally been successfully separated and refined into a perfect cough medicine—Dr. Wood's Norway Pine Syrup. Sold by all dealers on a guarantee of satisfaction. Price 25 cents.