

FOR GIRLS.

No girl who regards her virtue and good name will stroll on the street with boys or men, or stand talking on the street with them. Street strolling may begin in the daylight, but soon is taken under cover of the night. Ruin of character is inevitable to such street associations. Beware of companions who want to get you off alone or away from home. Listen to the wise counsel of your parents, and keep yourself pure. No pure young man will respect a young woman who does not respect herself.

ECZEMA

The World's Greatest Skin Torture

Many Infants are Born with Eczema

It's the Only Thing Some Folks Have Left When They Die

THE ONLY INFALLIBLE CURE IS CUTICURA

It is in the treatment of this most distressing of torturing and disfiguring skin and scalp humours, with loss of hair, that the Cuticura remedies have achieved their greatest success. Original in composition, scientifically compounded, absolutely pure, unchangeable in any climate, always ready, and agreeable to the most delicate, they present to those suffering from Eczema the most successful curative of modern times. We know that this will be considered strong language by those acquainted with the character and obstinacy of the disease under consideration, but it is justified by innumerable successes where all the remedies and methods in vogue have failed to cure, and, in many cases, to relieve, even.

The first step in the treatment of the chronic forms is to remove the scales and crusts and soften the skin, by warm baths with Cuticura Soap. The scalp, ears, elbows, hands, ankles and feet will require frequently a thorough soaking in order to penetrate the thickened skin and crusts with which these parts are often covered. Dry carefully, and apply Cuticura Ointment, lightly at first, and where advisable spread it on pieces of soft cloth and bind in place. Take the Resolvent, pills or liquid, in medium doses. Do not use cold water in bathing, and avoid cold, raw winds.

Cuticura Resolvent, liquid and in the form of Chocolate Coated Pills, Cuticura Ointment and Cuticura Soap are sold throughout the world. Deposits: London, 27 Charterhouse Sq.; Paris, 5 Rue de la Paix; Australia, R. Towns & Co., Sydney; Boston, 127 Columbus Ave. Foster Drug & Chemical Corp., Sole Proprietors. See "Send for" "How to Cure Eczema."

H. F. McLeod

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MABEL'S NEW NURSE.

Out on the piazza the block forts were going up beautifully, while just inside, where the breath of the flowers and all the pleasant summer sounds could come, mother was reading to Mabel.

It was not "a very sick," but just a "sick-enough-to-have-to-stay-in-bed" that was the matter with her, Mabel said. It was rather nice when it came time for cream toast, and while mother read to her; but it was hard to lie still when her mother had to go away and when Mabel could hear the other children playing without her. By and by Bridget looked in at the door.

"The washerwoman's little boy has hurt his foot, ma'am, and she wants to know, will you come down a bit?"

"Oh! dear," said Mabel. "Everybody wants you. Who'll take care of me while you're gone?"

Mother thought a minute. "I know some one who can help you to be the best kind of a little invalid, if she will," she said. "I'll write her name on this slip of paper, and you can open it after I'm gone, and see if you want her."

Mabel waited only long enough to hear mother's steps pass out of the hall before she opened the paper and read "Mabel Gray."

"Why, that's just me!" she said. "I thought it was going to be somebody."

At first her lips pouted, but then at the thought of being her own nurse, funny little dimples and smiles began to come. She told herself to be good. "Lie still, my dear, and try to sleep now." And soon she laughed outright. Then she began to tell herself stories, and by and by she was sound asleep. She did not hear when mother came in, but when she awoke the dear face was smiling down at her.

"Well, how did the new nurse get along?" mother asked.

"Pretty well," answered Mabel. "She asked me, wasn't I 'shamed of myself to be so selfish, when I had you all the time, and that poor boy only wanted you a little while. And then she said I must be good and keep still; she didn't just tell me to; she made me do it."

"I thought she would," laughed mother. "Little girlie, I am glad you have learned that, for it is true when you are well just the same as when you are sick."

THE GENERALSHIP OF A CAT.

The mastery of herself which a cat shows when, having been caught in a position from which there is no escape, she calmly sits down to face out the threats of a dog, is a marvellous thing. Everybody has seen a kitten on the street doorstep, attacked by a dog ten times her size, as apparently self-possessed as if she were in her mistress' lap. If she turns tail and runs down the street she is lost; the dog will have a sure advantage of her. Even as it is, if he could get up courage enough to seize her on the spot, he would be able to make short work of her.

"You dare not touch me and you know it!" is what her position tells the dog. But she is intensely on her guard, in spite of the air of perfect content. Her legs concealed under her fur, are ready for a spring. Her claws are unsheathed. Her eyes never move for an instant from the dog; as he bounds wildly from side to side, barking with comical fury, those glittering eyes of hers follow him with the keenest scrutiny. If he plucks up his courage she is ready; she will sell her life dearly. She is watching her chance and she does not miss it. The dog tries Fabian tactics and with-

draws a few feet, settling down upon his forepaws.

Just then the sound of a dog's bark in the next street attracts his eyes and ears for a moment, and when he looks back the kitten is gone! He looks down the streets and starts wildly in that direction, and reaches a high board fence just as a cat's tail—a monstrous tail for such a little cat—is vanishing over the top of it. He is beaten. The cat showed not only more courage than he had, but a great deal more generalship.

THE SENSIBLE MOTHER.

When little ones are ill the sensible mother no longer doses them with nauseous, griping purgatives, nor puts them to sleep with the so-called "soothing" preparations which always contain harmful opiates. Baby's Own Tablets have been used by thousands of mothers who cheerfully testify that they are gentle in their action, absolutely safe, and make little ones sleep soundly and naturally, because they remove the trouble that made baby irritable and wakeful. On this point Mrs. T. Watson, Sarsfield, Ont., says:—"I have used Baby's Own Tablets and find them a very valuable medicine for young children. When baby is cross or fretful I give her a Tablet, and it soon puts her right."

These Tablets cure all the minor ailments of little ones. They are good for all children from birth onward. Sold by medicine dealers or sent by mail at 25 cents a box by writing The Dr. Williams Medicine Co., Brockville, Ont.

HE HAD NOT THOUGHT OF THAT.

Our position in life depends upon what we do, not on what we can do. A shabbily dressed young man discovered that when he applied to the manager of a large department store for employment.

"What can you do?" asked the manager abruptly.

"Most anything," answered the applicant.

"Can you dust?"

"Yes, indeed."

"Then why not begin on your hat?"

The young man had not thought of that.

"Can you clean leather goods?"

"O, yes."

"Then it's carelessness on your part that your shoes are not clean."

The young man had not thought of that, either.

"Well, can you scrub?"

"Yes, indeed," was the reply.

"Then I can give you something to do. Go out and try your strength on that collar you have on. But don't come back."—Sel.

HEALTH AND HAPPINESS.

Don't anticipate trouble.

Don't gossip; have faith in God, in humanity and in yourself.

Don't imagine every dark cloud you see is going to bring up a cyclone.

Fill every day brimful of sunshine for some one else; much of it will be reflected on you.

Take a sponge bath every morning in cold water, and rub briskly with a crash towel for ten minutes; take moderate exercise and plenty of fresh air.

Cleanliness, purity, fresh air, faith and calm consideration are the best of life-preservers.—*Woman's Home Companion.*

Linen may be made beautifully white by the use of a little refined borax in the water instead of using a washing fluid.

WHY CROUP IS FATAL.

When croup attacks your child you must be ready for it. It comes as an accompaniment to an ordinary cough, or it may attack without warning. All ills of children develop quickly, and when any kind of cough appears there should be something at hand to stop it with promptness. Many a child has choked to death with croup because the right remedy was not convenient. Every one should know that the right safeguard for a child's cough or any cough is Adamson's Botanic Cough Balsam. With this soothing compound in the house, croup is always easily checked and relieved.

To give a child a cough mixture containing a narcotic is a very serious matter, yet most preparations contain something of this kind. Adamson's Botanic Cough Balsam is prepared from the purest extracts of barks and roots and gums of trees, and is health-giving in every component part of it. Wherever it touches an inflamed surface it heals and soothes it. Nothing ever compounded for cough is so harmless, and nothing so efficacious. Adamson's Balsam is an old remedy and it has never lost a friend through failure to help. Keep it in the house. Try it on your own cough and do your child a good turn by being ready for any emergency. Price 25 cents at any druggists.

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UNDERTAKER

AND FUNERAL DIRECTOR.

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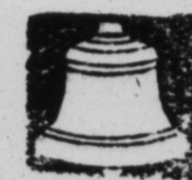
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TALKS WHY

Eating Became a Dread.

HOW MANY PEOPLE ARE ALMOST AFRAID TO SIT DOWN TO THEIR MEALS?

YOU MAY BE ONE OF THEM. IF YOU ARE, THERE IS A CURE FOR YOU.

BURDOCK BLOOD BITTERS

CURES INDIGESTION, DYSPEPSIA, BILIOUSNESS, SOUR, WEAK AND ALL STOMACH TROUBLES.

Mr. J. G. Clunis, Barney's River, N.S., tells of what this wonderful remedy has done for him:—"It is with gratitude that I can testify to the wonderful curative powers of B.B.B. I was so badly troubled with indigestion that whatever I ate caused me so much torture that eating became a dread to me. I tried numerous physicians, but their medicines seemed to make me worse. I thought I would try B.B.B., so got a bottle, and after taking a few doses felt a lot better. By the time I had taken the last of two bottles I was as well as ever, and have had no return of the trouble since. I recommend your medicine to the highest degree. B.B.B. is for sale at all dealers."