

"I'm glad you came," she said, "I've been on this island ten years, and I'm getting awful lonesome."

"Oh, I hope we won't have to stay ten years," said Mildred. "I wouldn't like to be away from mother that long, and, besides, I should get hungry."

"There's lots of things here to eat," said Annie. "This is Swiss Family Robinson's island. Come over to the banana-tree, and pick a whole basket full."

It is surprising, but true, that the blackberries tasted very different when one called them bananas, and the little

baskets on the children's arms filled up much faster. The island was a most wonderful place. All sorts of fruit grew on the trees, and all sorts of birds and beasts lurked in the thickets. But Annie declared that all the animals were tame, and her especial pets, because Mildred was frightened when they spoke of seeing big bears or lions coming. They sat down to eat their lunch in a little nook in the bushes which they said was the Swiss family's cave.

Mildred was a generous little soul, and when she saw that Annie had nothing but bread and butter, she said they would have a picnic lunch all together. So Annie was given a share of the nice things that Mother White had put up for her children.

The afternoon waned too soon. Mildred and Elmer said good-by to their new friend and started away. As soon as the bushes separated them, Mildred said eagerly, "Let's give Annie our berries. She hasn't any father, and her mother sells the berries to get money. Our mamma don't want any more anyway. She said yesterday that she wasn't going to make any more jam."

"All right," said Elmer, "let's go and put them in her big basket without telling her."

So they did, and I suppose Annie wondered how her basket got so full.

"It's lots of fun picking berries," said Elmer, as they ran across the pasture with empty baskets.

"Yes," said Mildred, "let's go again to-morrow."

"We will," said Elmer.— *Christian Standard.*

HOW FAR AWAY ARE THE STARS?

Of the 100,000,000 or more stars which are visible with astronomical instruments, the distances from the earth of only a very few have been measured with even an approximation to accuracy. Most of the stars appear to be so far away that the change in their apparent place caused by viewing them from the opposite side of the earth's orbit—and that orbit is about 186,000,000 miles across—is so slight that it escapes certain detection. Only about fifty stars have thus far yielded definite results in the attempt to measure their distances, and even these results are too often exceedingly conflicting and uncertain.

The nearest star thus far discovered is one of the first magnitude, not visible from the United States or Europe. It is the star called Alpha, in the constellation of the Centaur, in the southern hemisphere of the heavens. The distance of the star appears to be something like twenty trillions of miles, or about 215,000 times as great as the distance of the sun from the earth.

The next nearest star, as far as known, is a little sixth-magnitude twinkler, barely visible to the naked eye, in the constellation of Cygnus, popularly called the Northern Cross. The distance of this star, which is known to astronomers as "61 Cygni," is variously estimated at from forty to sixty trillions of miles, or two or three times that of the bright star of the Centaur.

The brightness of the stars as we see them is, then, no measure of their comparative distance. A very bright star may be much more distant than a very faint one, the difference in brilliance being due to the greater magnitude of the more distant stars. Sirius, or the Dog Star, for instance, which scintillates so splendidly in the winter sky, is more distant than the little star "61 Cygni," the latter being, in fact, a very much smaller sun than ours, while Sirius is a far larger one.

It thus appears that while the efforts to measure the distance of the stars have not been very successful, yet they have resulted in giving us a wonderful insight into the arrangement of the universe of suns in the midst of which we dwell. They have proved that large and small stars are scattered through space at various distances from one another, and from us; that the dimensions of the blazing bodies which we call stars, or suns, vary to an enormous extent; and that our own sun, great, glorious and overpowering as it seems to us, really belongs to a quite inferior rank.—*Youth's Companion.*

CHILDHOOD DANGERS.

How the Heavy Death Rate Among Children may be Reduced.

The death rate among infants and young children during the hot weather is simply appalling. For example, in the city of Montreal alone in one week the death of one hundred and six children was recorded. Most of these deaths were due to stomach and bowel troubles, which are always alarmingly prevalent during the hot weather, and most, if not all, of these precious little lives might have been saved, if the mother had at hand a safe and simple remedy to check the trouble at the outset. As a life saver among infants and young children, Baby's Own Tablets should be kept in every home. These Tablets prevent and cure diarrhoea, dysentery, cholera infantum, and all forms of stomach trouble. If little ones are given the Tablets occasionally they will prevent these troubles, and keep the children healthy. The Tablets cost only 25 cents a box, and a box of Baby's Own Tablets in the home may save a little life. They are guaranteed to contain no opiate or harmful drug, and may be given with safety and advantage to a new-born babe or well grown child. If your dealer does not keep the Tablets, send the price to the Dr. Williams' Medicine Co., Brockville, Ont., and a box will be sent you by mail post paid.

A DOG WITH A GRUDGE.

Eureka is a small dog, very much devoted to her master. Occasionally her master takes an early train for New York, returning at night. On such occasions "Reke" sits on a box at the window, and watches him out of sight; and, when the whistle blows for the evening train, she takes her place again to watch for his return.

One evening he did not come; but, seeing another gentleman coming up from the station in the dusk, she mistook him for her master, and, whining for the door to be opened, she ran out, wagging her tail, and manifesting her joy in every known way until she had nearly reached the stranger.

When she perceived her mistake, she turned with an expression of extreme disgust and ran back, head and tail lowered, and looking as sheepish as possible.

When we laughed at her, she withdrew to a corner and lay there for the rest of the evening.

Since then she never allows that gentleman to pass without barking at him; and once, when he came to the house on business, she made such a noise that she had to be put out. Evidently she thought he had insulted her.

WHAT MAKES YOU COUGH.

Did you ever wonder just what it is that makes you cough? In a general way it is understood to be an involuntary effort of nature to eject something from the respiratory pipe. As a matter of fact, merely a slight throat inflammation caused by a cold will cause a cough to start, and the more you cough the more you want to cough. If you allay the inflammation in your throat the cough will stop.

Don't hurt the sensitiveness of the throat with medicines containing a narcotic, but give it healing and soothing treatment. This is difficult, because the inflamed parts are in the way of the passage of food and drink. The true cough remedy is something that will protect the throat from the ill effects of catarrhal discharges and also from the irritation of swallowing food. Such a remedy is Adamson's Botanical Cough Balsam, which for many years has been conquering the most obstinate coughs. It is a soothing compound, prepared from barks and gums. Its beneficent effect is quickly felt, and the work of healing promptly begun. If you once take Adamson's Balsam for cough, you will never be satisfied without some of it at hand for any new cough. A trial size of the balsam can be secured of any druggist for 10 cents. The regular size is 25 cents. In asking for the Balsam, be sure to get the genuine, which has "F. W. Kinsman & Co." blown on the bottle.

**JOHN G. ADAMS
UNDERTAKER**

AND FUNERAL DIRECTOR.

**COFFINS and
CASKETS,
ROBES and
MOUNTINGS.**

First class work at low prices.
Special rates for country orders.

TELEPHONE 26
COURT HOUSE SQUARE.
Opposite Court House,
FREDERICTON, N. B.

BLMYER BELL'S
UNLAKED BELL
SWEETS, MORE DUB-
BLE, LOWER PRICE
OUR FREE CATALOGUE
TELLS WHY.
Write to Cincinnati Bell Foundry Co., Cincinnati, O.

CHURCH BELLS
HAVE FURNISHED 25,000 BELLS
FOR SCHOOLS & OTHER PURPOSES
WEST TROY, N. Y. BELL-METAL
CO. L. E. CATALOGUE & PRO-

CHURCH BELLS
Chimes and Peals,
Best Superior Copper and Tin. Get our price
McSHANE BELL-FOUNDRY
Baltimore, Md.



Are just what every weak, nervous, run-down woman needs to make her strong and well. They cure those feelings of smothering and sinking that come on at times, make the heart beat strong and regular, give sweet, refreshing sleep and banish headaches and nervousness. They infuse new life and energy into dispirited, health-shattered women who have come to think there is no cure for them.

They cure Nervousness, Sleeplessness, Nervous Prostration, Brain Fag, Faint and Dizzy Spells, Listlessness, After Effects of La Grippe and Fever, Anemia, General Debility and all troubles arising from a run-down system.

Price 50c. per box or 5 for \$1.25
all druggists or mailed by
THE T. MILBURN CO., LIMITED,
Toronto, Ont.

**WONDERFUL CURE
OF SORE HANDS**

**By Cuticura After the
Most Awful Suffering
Ever Experienced.**

EIGHT DOCTORS

**And Many Remedies Failed
to do a Cent's Worth
of Good.**

"About five years ago I was troubled with sore hands, so sore that when I would put them in water the pain would very nearly set me crazy, the skin would peel off and the flesh would get hard and break. There would be blood flowing from at least fifty places on each hand. Words could never tell the suffering I endured for three years. I tried everything that I was told to use for fully three years, but could get no relief. I tried at least eight different doctors, but none of them seemed to do me any good, as my hands were as bad when I got through doctoring as when I first began. I also tried many remedies, but none of them ever did me one cent's worth of good. I was discouraged and heart-sore. I would feel so bad mornings when I got up, to think I had to go to work and stand the pain for ten hours, and I often felt like giving up my position. Before I started to wrap every finger up separately, so as to try and keep them soft and then wear gloves over the rags to keep the grease from getting on my work. At night I would have to wear gloves in bed. In fact, I had to wear gloves all the time. But thanks to Cuticura, the greatest of all great skin cures. After doctoring for three years, and spending much money, a small box of Cuticura Ointment ended all my sufferings. It's been two years since I used any and I don't know what sore hands are now, and never lost a day's work while using Cuticura Ointment."

THOMAS A. CLANCY,
310 N. Montgomery St., Trenton, N. J.
Cuticura Ointment, liquid and in the form of Chocolate Cream, Cuticura Ointment and Cuticura Soap are sold throughout the world. Deposits: London, 27 Charterhouse St.; Paris, 2 Rue de la Paix; Australia, 2, Towns & Co., Sydney; Boston, 127 Columbus Ave.; Foster Drug & Chemical Co., Sole Proprietors.

H. F. McLeod
**BARRISTER,
CONVEYANCER, etc.**
Chestnut's Building, Opposite City Hall,
FREDERICTON, N. B.

D. McLEOD VINCE,
**BARRISTER-AT-LAW,
NOTARY PUBLIC, Etc.**
Woodstock, N. B.