

girl may sober down when she gets older, but the loud-mouthed girl is likely to become louder, unless she resolutely determines to control her voice.

Neatness is an essential characteristic of womanliness. The clothes may be limited, but the wardrobe may be neat in her dress.

The slovenly girl who indulges in loud talk marred by slang should cultivate neatness, gentleness of voice, and purity of language.—*The Watchword.*

# CUTICURA OINTMENT

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The Most Wonderful Curative of All Time

For Torturing, Disfiguring Skin Humours

And Purest and Sweetest of Toilet Emollients.

Cuticura Ointment is beyond question the most successful curative for torturing, disfiguring humours of the skin and scalp, including loss of hair, ever compounded, in proof of which a single anointing preceded by a hot bath with Cuticura Soap, and followed in the severer cases, by a dose of Cuticura Resolvent, is often sufficient to afford immediate relief in the most distressing forms of itching, burning and scaly humours, permit rest and sleep, and point to a speedy cure when all other remedies fail. It is especially so in the treatment of infants and children, cleansing, soothing and healing the most distressing of infantile humours, and preserving, purifying and beautifying the skin, scald and hair.

Cuticura Ointment possesses, at the same time, the charm of satisfying the simple wants of the toilet, in caring for the skin, scalp, hair, hands and feet, from infancy to age, far more effectively, agreeably and economically than the most expensive of toilet emollients. Its "Instant relief for skin-tortured babies," or "Sanative, antiseptic cleansing," or "One-night treatment of the hands or feet," or "Single treatment of the hair," or "Use after athletics," cycling, golf, tennis, riding, sparring, or any sport, each in connection with the use of Cuticura Soap, is sufficient evidence of this.

Cuticura Resolvent, liquid and in the form of Chocolate Coated Pills, Cuticura Ointment and Cuticura Soap are sold throughout the world. Depots: London, 27 Charterhouse St.; Paris, 5 Rue de la Paix; Australia, R. Towns & Co., Sydney; Boston, 127 Columbus Ave.; Foster Drug & Chemical Corp., Sole Proprietors. Send for "The Cuticura Skin Book."

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### WHY ELSIE KEPT QUIET.

Lionel, came rushing into the room, his eyes snapping fire, his cheeks flushed warm. "Elsie, Elsie! where are you?" he cried, adding the next moment as he caught sight of his sister standing near the window. "Why did you touch my kite when you could see that it was not dry? I just left it for a few moments on the dining room table while I went into the barn, and when I came back I found it spoiled!"

And then, without waiting for Elsie to speak he continued to reproach her with hasty, angry words for the mischief done.

Once, when he paused for breath, a brown-haired girl standing by Elsie helping to thread beads raised her head and said:

"Why don't you talk back, Elsie? The idea of his saying that you have spoiled his kite when you have not been out of the room for an hour." But Elsie kept silent and Lionel having had his say vanished. "Why didn't you tell him you didn't do it?" Florence asked, gazing half-curiously at her companion.

"I didn't want to quarrel with Lionel," Elsie answered quietly.

A little later the boy entered the room again, this time in a more subdued manner.

"I'm sorry I spoke as I did, Elsie," he remarked in apologetic tone as he advanced toward the window. "Mary says it was she who did the mischief. But I saw your hat on the chair close to the table and that made me think perhaps it was you who touched my kite as you passed through the dining-room when you came indoors. Why didn't you tell me it wasn't you?"

"Because you didn't give me a chance. Besides you were so angry I thought if I spoke we might quarrel, so I concluded it best to keep silent and wait until you were calm."

Surely that was a wise decision. Elsie remembered the old saying: "It takes two to make a quarrel," and she resolved that she would not be one of the two. Many a heartache, many a bitter after-thought might be spared if boys and girls would learn to remember this saying, and, remembering it, follow Elsie's good example.—*Happy Hours.*

### GET STRAIGHT WHEN LITTLE.

Mr. Wooding has bought a nice home, with lawn, trees and shrubs of all kinds around it. One tree had grown quite large, right in front of the house, but crooked.

Mr. Wooding thought he would straighten that tree. He got strong men who planted thick stakes on either side of the tree, and then, with a strong rope, tried to bend it straight. It was no use, it had grown crooked.

While the men were pulling at the rope, Eddie and his sister stood by looking at them. "See, children," said Mr. Wooding, "if that tree had been straightened when it was little, it would now be beautiful. It could have been done easily. It is now too big and we can't make it straight. It will stay crooked as long as it lives. So it is with men and women. When little, they can grow straight and become good and useful. If they grow crooked, that is, with a bad character and disposition, they are likely always to remain so."

Don't grow up crooked and ugly. Grow straight. That is, grow beautiful and good.—*Pansy.*

### A LITTLE GENTLEMAN.

I know a well-bred little boy who never says "I can't;"

He never says, "Don't want to," or "You shan't;"

He never says, "I'll tell mamma!" or calls his playmates "mean."

A lad more careful of his speech I'm sure was never seen!

He's never ungrateful—he never mentions "ain't;"

A single word of slang from him would make his mother faint!

And now I'll tell you why it is (lest this should seem absurd);

He's now exactly six months old, and cannot speak a word!

### DISTRESS AFTER EATING

Can Only be Cured by Removing the Cause of the Trouble.

There is only one way to cure indigestion; the medicine must act upon the digestive organs—not upon their contents. Medicine should not do the stomach's work, but should make the stomach do the work nature intended it should do. Dr. Williams' Pink Pills do this as no other medicine can. They tone up the stomach, restore the weakened digestive organs and promote natural digestion. There is no doubt about this—it has been proved in thousands of cases that Dr. Williams' Pink Pills cure indigestion when all other medicines fail. Mr. Elcear Robidoux, St. Jerome, Que., offers his testimony to substantiate this. He says:—"For some years I was a great sufferer from indigestion. My appetite became irregular, and everything I ate felt like a weight on my stomach. I suffered much, from pains in the stomach and was frequently seized with dizziness and severe headaches. Nothing I tried did me a particle of good until I began the use of Dr. Williams' Pink Pills, and these, after taking them for about two months, completely cured me. It is nearly two years since I discontinued the use of the pills, and I have not since had the slightest return of the trouble."

Dr. Williams' Pink Pills cure not only indigestion, but every trouble due to poor blood and shattered nerves. They will not fail if the treatment is given a fair trial. Don't take any pink colored substitute—don't take anything but Dr. Williams' Pink Pills for Pale People. You will find the full name printed on the wrapper around every box. Sold by all medicine dealers or sent by mail at 50 cents a box or six boxes for \$2.50, by writing The Dr. Williams Medicine Co., Brockville, Ont.

### POOR GIRLS.

The poorest girls in the world are those not taught to work. There are thousands of them. Rich parents have petted them, and they have been taught to despise labor and to depend upon others for a living, and are perfectly helpless. The most forlorn women belong to this class.

Every daughter should learn to earn her own living, the rich as well as the poor. The wheel of fortune rolls swiftly around; the rich are likely to become poor, and the poor rich. Skill added to labor is no disadvantage to the rich, and is indispensable to the poor. Well-to-do girls should learn to work. No reform is more imperative than this.

### CROUPY COUGHS OF CHILDREN

The tendency to croup is a foe that all parents have to fight. Croup comes in the night, when the help must be right at hand if it is to be helped at all. Adamson's Botanic Cough Balsam is a blessing to all families where there are children subject to attacks of croup or any mean cough. It has a wonderful reputation for its efficiency and fully deserves it.

You cannot tell what night your child may wake up choking to death with croup. In such a case what do you do? Send for a doctor and wait an hour, or perhaps two hours, while the child is gasping for breath? How much simpler were the true specific for croupy coughs and all throat troubles is right at hand. Indeed, no other way is safe with young children in the house.

Adamson's Cough Balsam is a most delicate medicine for children, relieving the little throats at once. Its action is soothing and certain. It clears out the phlegm, which produces the croupy condition, and is a safeguard which no mother who knows about it will dispense with. All coughs and inflammation of the throat or Bronchial tubes are cured by the balsam with promptness that surprises. All druggists sell it, 25 cents. The genuine has "F. W. Kinsman & Co." blown in the bottle.

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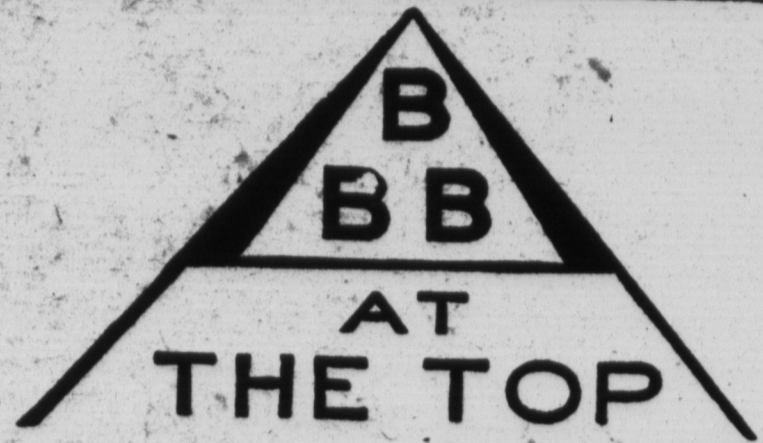
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