

FROM DOG TO WOLF.

"One of the most useful hints ever given me in my work as a helper of souls," said the old minister one day, "came from an aged Methodist preacher who was stationed in a desolate part of North Carolina, near the coast.

"I had just been ordained, and had more zeal than discretion. A man who was not as zealous as myself I regarded as almost a criminal, to be dragged back from destruction by main force.

"I went about a good deal with old Brother Ross, riding through the great

pine woods or sailing over to the islands on the coast, on which were some of his flock.

"One day we passed a small island without landing. 'Nobody lives there now,' said the old man, skirting the beach. As he spoke, a wild animal, a wolf, as I thought, came out of the wood, snarling at us, and went leaping along the beach in the hope that we would land. He was joined by two others, powerful, shaggy beasts.

"Keep offshore,' I said. 'They would soon make an end of us. Are they wolves?'

"No," said the old man, steering out to sea, 'but they are fiercer and more bloodthirsty than wolves. A good many years ago the house of a farmer who lived on this island burned down, and he removed to the mainland. He had three or four dogs. They escaped the fire, but either through neglect or design the farmer failed to take them off with him. They were left alone here on the island, and have increased, until now the woods are full of them. Hunger and solitude have made them cruel beasts of prey. But originally they were only tame, affectionate house dogs.'

"After we had sailed far past the island, the old man said: 'Do you know, the so-called wicked folk whom I try to convert always remind me of those dogs? Not once in years do you meet a man who was born savage. How many men do you run across among your acquaintances who were murderers or even thieves by nature? Probably not one. No! their vices are usually virtues overgrown.

"A man is diligent in business; so far, so good. Presently business shuts out his other work in life. He grows sharp, greedy, and at last dishonest.

"A woman is thrifty; thrift is a virtue, but it grows rank, and she ends by being a miser.

"A lad is open-handed; he degenerates into a spendthrift. A girl has a quick imagination; she may become a liar.

"In dealing with such folk, remember that the vices are an unnatural growth, that there is virtue underneath. The beasts on yonder island are not by nature wolves; they were once friendly dogs.'

"I never forgot the lesson," said the old clergyman. "Since then I have met many outcasts and criminals, but never one who had been born a wild beast. Somehow, and at some time, the original nature, wholesome and friendly, showed itself to me."—*The Youths' Companion.*

HOME HINTS.

Less china would be cracked and broken in dusting if each valuable vase were partially filled with clean, dry sand.

If rubbed with fresh lemon or orange peel, knives and forks will be thoroughly freed from the taste of fish.

To clean a steel chain bag use emery powder and a piece of flannel. This will in many cases remove rust stains.

To clean brass nothing is better than the old-fashioned plan of rubbing first with a paste made of powdered bathbrick and paraffin, and then with dry powdered bathbrick. A mixture of lemon juice and powdered chalk used in the same way is also excellent.

Carpets should be beaten on the wrong side first, and afterwards more gently on the right. Never put down a carpet on a damp floor, for this—often the result of hurry and impatience on the part of weary house-cleaners—is a frequent cause of carpets becoming moth-eaten.

THE WINTER SLEEPERS.

There are some kinds of animals that hide away in the winter, that are not wholly asleep all the time. The blood moves a little, and once in a while they take a breath. If the weather is mild at all, they wake up enough to eat.

Now isn't it curious they know all this beforehand? Such animals always lay up something to eat, just by their side, when they go into their winter sleeping-places. But those that do not wake up never lay up any food, for it would not be used if they did.

The little field-mouse lays up nuts and grain. It eats some when it is partly awake on a warm day. The bat does not need to do this, for the same warmth that wakes him wakes all the insects on which he feeds. He catches some, and then eats. When he is going to sleep again, he hangs himself up by his hind claws. The woodchuck, a kind of marmot, does not wake; yet he lays up dried grass near his hole. What is it for, do you think? On purpose to have it ready the first moment he wakes in the spring. Then he can eat and be strong before he comes out of his hole.

BABY'S DANGER.

The summer months are a bad time for babies, and an anxious time for mothers. Fermentation and decomposition in the stomach and bowels are the cause of the many summer complaints of babies and young children. This is the reason why the hot weather months are more fatal to little ones than any other season. Baby's Own Tablets should always be found in every home, where there are young children and their prompt use during hot weather may save a precious life. The tablets cure constipation, diarrhoea, and stomach troubles, and are guaranteed to contain no opiate or harmful drug. Mrs. Walter Rollins, Sissons Ridge, N. S., says:— "A little one cried almost continuously with stomach troubles. I can truthfully say I never had any medicine act so promptly and give such satisfaction as the tablets do. I do not think you make any claim for them which their use will not substantiate." The tablets can be had from any medicine dealer or by mail from The Dr. Williams Medicine Co., Brockville, Ont. Price 25 cents a box.

A BIRD STORY.

W. S. Reed, M. D., tells the story of a robin that took possession of a passenger coach which had been left for several weeks unused at East Thompson, on the Southbridge branch of the New York, New Haven and Hartford Railroad. The robin built her nest on the framework of the trucks under the body of the car. The bird had been seen around the car by the different employes of the road without their suspecting the presence of the nest until the car was coupled on and hauled to Southbridge. The mother followed the train and on its arrival brooded and fed her young, which were just hatched. She followed the train back on its return to East Thompson, where she again fed and housed the young birds. On the second trip of the train in the afternoon the bird again followed her young to Southbridge and back to East Thompson, where the car was sidetracked and given into the possession of the robin, rent free, until her family were grown.

The distance traveled by the bird in the two round trips was eighty-six miles. The kindhearted conductor said that if he had known the nest was there he would never have taken the car out.

EASING THE CHEST.

It is the cold on the chest that scares people and makes them sick and sore. The cough that accompanies the chest cold is racking. When the cold is a hard one and the cough correspondingly severe, every coughing spell strains the whole system. We feel sure that if we could only stop coughing for a day or so we could get over the cold, but we try everything we know of or can hear about in the shape of medicine. We take big doses of quinine until the head buzzes and roars; we try to sweat it out; we take big draughts of whiskey, but the thing that has its grip on the chest hangs on and won't be shaken loose.

If the irritation that makes us cough could be stopped, we would get better promptly, and it is because Adamson's Botanic Cough Balsam is so soothing and healing to the inflamed throat that it is so efficient a remedy for coughs and colds. This really great medicine is a simple preparation, made of extracts of barks and gums of trees, and it never deceives. It heals the throat and the desire to cough is gone. When the cough goes the work of cure is almost complete. All druggists sell Adamson's Balsam, 25 cents. Try this famous Balsam for your sore chest and you will find prompt relief.

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