

HOLIDAY CONFECTIONERY.

BY MRS. CARRIE ASHTON-JOHNSON.

Homemade candy is far more wholesome and delicious than the majority of what is found on the market. It is much wiser to teach children to make candy at home, than to purchase so much of it. Herewith are some tested and reliable rules for making it:

Nut Creams—Two cupfuls of light brown sugar, three-fourths of a cupful of cream, one-fourth cupful of hot water; cook until it forms a ball when dropped in cold water, then add two-thirds of a cupful of chopped English walnuts. Stir until creamy.

Cream Candy—Cook two cupfuls of granulated sugar and one cupful of water until it boils, then add one and one-half tablespoonfuls of glucose. Cook until it holds together in a ball when dropped in cold water. Beat until it is creamy.

Molasses Candy—One cupful of molasses, one cupful of light brown sugar, butter the size of a walnut, juice of one lemon. Cook until it hardens in water. Just before taking from the stove, add one teaspoonful of soda.

Butterscotch—Two tablespoonfuls of molasses, two tablespoonfuls of brown sugar, two tablespoonfuls of water, one

large tablespoonful of butter. Cook until it hardens in water.

Peanut Candy—One cupful of molasses, one-half cupful of sugar, one tablespoonful of vinegar, a piece of butter the size of a walnut. Just before it is done stir in a pint of shelled peanuts. Cook until it hardens in water.

Cream Taffy—One pint of coffee. A cup of sugar, (granulated will do). One-half pint of water, three tablespoonfuls of vinegar or one teaspoonful of cream of tartar. A piece of butter the size of a hickory nut. Boil without stirring until it threads, then pull as soon as it can be handled.

Orange Drops—The grated rind of and juice of one orange, a pinch of tarratic acid, add confectioner's sugar until it is stiff enough to form into small balls the size of a small marble. Place on oiled paper.

Stirred Walnut Creams—Two cupfuls of sugar, two-thirds cupful of boiling water, one-half saltspoonful of cream of tartar. Boil until it threads, cool slightly until it begins to thicken, then stir in two-thirds of a cupful of chopped walnuts. Drop on oiled paper.

Lemon Drops—One cupful of sugar, juice of two good lemons, two tablespoonfuls of water. Cook until it will harden in water, then shape in small balls, when it can be handled.

Cocoanut Drops—One teacupful of sugar, four tablespoonfuls of water. Boil until it threads, then beat into it the white of one egg, well beaten and enough freshly grated cocoanut to make stiff enough so it can be molded into small balls. Place on oiled paper.

Cocolate Caramels—One cupful of molasses, one-half cupful of sugar, one-half cupful of milk, one-fourth pound of chocolate. Boil until it will harden in cold water.



HOW ELEPHANTS SLEEP.

"That elephant," said the circus man to a *Louisville Courier-Journal* writer, "has slept standing up for a year. He is 90, and what little sleep he requires he takes on his feet."

"An elephant in his prime only sleeps five hours a night, and the older he grows the less sleep he needs. This good fellow here practically needs no sleep at all. At whatever hour of the day or night I come to him, he stands patiently in his place, rocking from side to side. I know he sleeps a little, but for years now his naps have been so short that he hasn't bothered to lie down for them. Nearly all old elephants are like this."



MANNERS FOR BOYS.

Poor fellows! How they get hectored and scolded and snubbed, and how continual is the rubbing and polishing and drilling which every member of the family feels at liberty to administer. No wonder their opposition is aroused, and they begin to feel that every man's hand is against them, when, after all, if they only in a quiet way were informed what was expected of them, and their manliness appealed to, they would readily fall into line.

So thought Aunt Mary, as she wrote out the following rules for a little twelve-year old nephew, who was the "light of her eyes," if not always the joy of her heart, for though a good natured, amiable boy in the main, he would offend against the "proprieties" frequently:

Keep step with any you walk with.

Hat lifted in saying "Good-bye" or "How do you do?"

Hat lifted when offering a seat in a car, or acknowledging a favor.

Always precede a lady upstairs, and ask her whether you may precede her in passing through a crowd or public place.

Let ladies pass through a door first, standing aside for them.

Let a lady pass first always, unless she asks you to precede her.

Look people straight in the face when speaking or being spoken to.

In the parlor stand till every lady in the room is seated, also older people.

Rise if a lady comes in after you are seated, and stand till she takes a seat.

Hat off the moment you enter a street door, and when you step into a private hall or office.

Never play with knife, fork or spoon.

Use your handkerchief unobtrusively always.

In the dining room take your seat after ladies and elders.

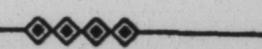
Rise when ladies leave the room, and stand till they are out.

Eat as fast or as slowly as others, and finish the course when they do.

In passing out of a room, let the ladies pass first.

Do not look toward a bedroom door when passing. Always knock at any private room door.

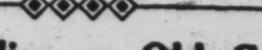
Special rules for the mouth are that all noise in eating and smacking of the lips should be avoided.—Selected.



THE CARE OF THE FEET.

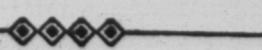
Bathing the feet in hot water will make them tender. A bath in tepid water or cold for those who like it, twice a day morning and evening, using a brush on the soles, will keep them in good condition. It will tend to harden them and so prevent corns and bunions. In the morning, no soap should be used, just the brush and water; then water and the brush, then once more plenty of brush and water. A shoe tree is a desirable article to possess, though not a necessity; it costs so little that it will save itself in the cost of shoes, many times over, for upon it the shoe will dry and keep its proper shape.

—Good Housekeeping.



How to Utilize an Old Carpet.

Take an old carpet that is whole, but too shabby for use, clean it well and tack it on the kitchen floor, says the *New York Journal*. Then make a good, thick, boiled starch of flour and water. Rub a coat of this into the carpet with a whitewash brush, and when it is thoroughly dry give it a coat of paint, any color desired. Dark yellow is a good color for a kitchen. When the first coat of paint is dry give it a second coat, and you will have a cheap and good floor covering equal to linoleum and twice as cheap.



BEGINNING OF A MAN.

"What is a boy?" said a gentleman once at a Band of Hope meeting.

A little boy started from his seat and replied, "A boy, sir, is the beginning of a man."

The boy was right; a true boy, a real boy, a boy who will be worth anything in the future, must be the beginning of a man. If he would be a man when he grows up, he must commence to be so while he is a boy.



Dizzy Headaches are Caused

Nine times out of ten by constipation, but can be cured quickly by Dr. Hamilton's Pills of Mandrake and Butternut. For constipation, headache, and liver complaint use only Dr. Hamilton's Pills. Price 25c.

THE HACKING COUGH.

One of the meanest things to get rid of is a hacking cough. There is apparently no cause for it. No soreness, no irritation at first; but the involuntary effort of the muscles of the throat to get rid of something is almost constant. Of course with many coughs is a habit, but it is a bad habit, and should be stopped. When you realize this and try to stop it, you find you can't, for by that time there is an actual irritation, which will never get better without treatment.

It is a curious thing that nearly all treatment for cough actually makes the cough worse. Then, too, most medicine for cough have a bad effect on the stomach. This is especially true of so-called cough remedies that contain a narcotic. The true treatment for cough is one that heals the irritated surfaces. This is what Adamson's Botanic Cough Balsam does. It protects the throat also while the healing process is going on. When this remedy was first compounded, our old men were young boys, and all this time it has been doing a steady work of healing throats. The most obstinate hacking cough will quickly show the effects of the Balsam. People who have been trying for years to break up the mean little cough, will find a sure friend in this old-time soothing compound made from the barks and gums of trees. All druggists sell Adamson's Botanic Balsam. 25 cents.

JOHN G. ADAMS
UNDERTAKER

AND FUNERAL DIRECTOR.

COFFINS and
CASKETS,
ROBES and
MOUNTINGS.

First class work at low prices.
Special rates for country orders.

TELEPHONE 26

COURT HOUSE SQUARE.

Opposite Court House,

FREDERICTON, N. B.

OLYMYER CHURCH BILLS. UNIQUE OTHER BILLS SWEEPER, MORE DURABLE, LOWER PRICE. YOUR FRIENDS CATALOGUE TELLS WHY.
Write to Cincinnati Bell Foundry Co., Cincinnati, O.

BELL'S CHIMES AND PEALS. FAVORABLY KNOWN SINCE 1826. BELL'S CHIMES AND PEALS, CHURCH, SCHOOL & OTHER BUILDINGS. MCKEELEY & CO., WEST-TROY, N.Y. GENUINE BELL'S CHIMES AND PEALS. CATALOGUE AND PRICES. BELL'S CHIMES AND PEALS. CHIMES AND PEALS. Best Superior Copper and Tin. Get our price. McSHANE BELL FOUNDRY Baltimore, Md.

A WARNING NOTE
FROM THE BACK.

People often say, "How are we to know when the kidneys are out of order?" The location of the kidneys, close to the small of the back, renders the detection of kidney trouble a simple matter. The note of warning comes from the back, in the shape of backache. Don't neglect to cure it immediately. Serious kidney trouble will follow if you do. A few doses of

DOAN'S KIDNEY PILLS, taken in time, often save years of suffering. Mr. Horatio Till, Geary, N.B., writes:—"I suffered for about two years with kidney disease. Had pains in my back, hips and legs; could not sleep well, and had no appetite. I took one box of Doan's Kidney Pills, and they cured me. The pains have all left, and I now sleep well."

Price 50 cents per box, or \$1.25. All dealers, or

THE DOAN KIDNEY PILLS Co.,
Toronto, Ont.

H. F. McLeod

BARRISTER,
CONVEYANCER, etc.

Chestnut's Building, Opposite City Hall,

FREDERICTON, N. B.

D. McLEOD VINCE,

BARRISTER-AT-LAW,
NOTARY PUBLIC, Etc.

Woodstock, N. B.