The secret of incessant growth in grace, of abounding spiritual peace and of ever increasing power with God and with men is that of LIVING IN THE SPIRIT. But what is it to "live in the Spirit." It is the very opposite of "living in the flesh" or under the control of the fleshly mind. So St. Paul puts these two thoughts and these two models of life in opposition to each other in the fifth chapter of his epistle to the Galatians. "The flesh," as St. Paul uses the expression, means the whole of our sinful nature. After the fall of the race, God said of man, "He also is flesh" (Gen. 6:30. That is, all men, in spirit, soul and body, are by nature under the dominion of corrupt, fleshly, sinful appetites, affections, passions and propensities. Living under this dominion they "live after the flesh" and "in the flesh."

Regeneration brings into the heart and life of the once fleshly man a new principle, a spiritual life, a power which opposes and subdues the lusts and workings of "the flesh"; the result of which is such a moral transformation of the man that he is said in the Scriptures to have become a "new creature" (Greek, Ktisis, creation.) The lowest sense in which one "lives in the Spirit" is that in which he continually walks according to the law of this new and Spirit-begotten life to that degree which enables him to overcome the daily struggles of the old nature to assert itself in various fleshly manifestations. It is the privilege and duty of every child of God thus to overcome "the flesh," and habitually to live according to the law of the spiritual life.

This, however, is not the higher and completer sense in which believers are enjoined to "live in the Spirit"; for

at best, such a state is not altogether spiritual, since the carnal life remains lurking in the heart and ever and anon endeavoring to assert supremacy over the man in thought, or word, or deed. The next thing necessary to that complete and abiding life in the Spirit which is the New Testament ideal, is to be "baptized with the Holy Ghost(" to be "filled with the Spirit"; to "re- that conscience money, didn't you? ceive the Holy Ghost" as "the (in- "Yes, I did, I replied. You dedwelling) Comforter" to be "endued served it." with power from on high"; to "re- "Well, others did the same. I got lowing statement, made from the same

empowering baptism of the Spirit is Such is the story of the man who storm of persecution upon the heads of work together for good to them that the grog-shop, and waste of the drink especially designed to make believers made restitution. Here are the words those who preach it. Those who can- love God." But it cries with Paul, traffic continues, so long will wretchaltogether spiritual—to give them in of the sermon to which he listened— not endure the persecution, and thus "We know that all things work to- edness and want abound; and thereplace of "the carnal mind" "the mind the words which helped his conscience stand with Christ, will have to cease gether for good to them that fore we call on all who are seeking to of Christ." They then breathe and to make the change: "Don't think for preaching Christian perfection, and love God." The believer questions relieve labor from its distress by other live in a spiritual atmosphere, rise a moment that you can save your stand against Him, for "there is no nothing that comes. He knows his means to remember the greatest of all from the lowlands of a mixed moral soul by saying to yourself that the discharge in this war."-Ch. Witness. Father is at the helm and he can foes of labor-a foe which paralysis instate to the healthful and inspiring al- thieving you practice is excused by _____ make all things work together for dustry and pauperizes the industrious; titudes of a spiritual realm, and re- business methods. If your business Was it long ago, or was it but yes- good, and he can "make the wrath of a burden which equals the wages paid joice in such a deep and abiding com- methods demand that you cheat your terday, that we prayed for strength man to praise him." munion with God as they never knew neighbor, drop them and get new ones. to perform a certain duty, to bear a He accepts all the losses and crosses, Sel. before. Theirs is now in the fullest How can you go to bed at night and certain burden, to overcome a certain the desertion of friends and the atsense a life begotten of the Spirit, sleep-sleep-with hell yawning open at temptation, and received it? Do we tacks of enemies as a part of his hersustained by the Spirit, developed by your left hand and God calling at dream that the divine force was ex- itage. He repines and frets at noththe Spirit, controlled and led by the your right? You may give your wealth hausted in answering that one prayer? ing. Snubbed, or set aside, ostracized

but exceedingly important. There must fury, and you cannot escape it or es- today's duty, today's burden, today's faction in God. be perpetual and full surrender to the cape from God."

out of the heart and life of all that ed prosperity, a peace which no dis- Henry van Dyke. Witness. savors of worldliness and grieves the honest wealth can ever afford to its Holy Spirit. There must be a mom- possessor.—Youth's Companion. entary reliance by faith upon the virtue of Christ's blood and upon the power of the Holy Ghost. There must chance.

be incessant watchfulness and prayer, and a faithful use of the appointed means of grace. And finally, this life as spiritual utility, and not personal enjoyment, is the end for which it is bestowed.—The Earnest Christian.

RESTITUTION.

An interesting story concerning a for the time to come."

significant. Of course I could have from the guilt of the sins that are The Holy Spirit finds channels of gone to law, but who but a lunatic past, as if they had never been com- blessing outside of the leader. The loadwants to go to law?

from the agent, asking for an appoint- ing made inwardly just through the ing, but he may be the greatest hindment. You can imagine how surpris- cleansing and sanctifying power and rance. The one who is really blest ed I was when, on seeing him, he Spirit of Christ revealed in the soul, with the greatest outpouring of the handed me a check which righted my which is commonly called sanctifica- Spirit of God upon him, becomes the

"'What does this mean?' I asked

business last Sunday,' he replied, 'and ing to all true Christians, viz., per- which the water flows, as we do to it convinced me. I'm trying to repair fection from sin, according to the the water itself as we press our thirsmy sins. Your case was one of them. Scriptures of truth, which testify it to ty lips to its refreshing waves; and That sermon will cost me ten thous- be the end of Christ's coming, and the yet we are always thankful to the and dollars. It's my own money, not nature of His kingdom . . . But they man who can get heaven wide open the company's. It's a sin offering to never held a perfection in wisdom and and set the waters flowing. One man God on my part; and with God's help, glory in this life, or from natural in- greatly blest of God often fills the

friend seemed to prosper better than sinuated against them." ever. I met him one night, and asked

ceive the power of the Holy Ghost the reputation of being square. And I writer: "George Fox being thus, as has coming upon you," to be "sealed with was square. I was honest with the been said, locked up, the priests be- soul has been entirely sanctified and the sessions.—Sel. the Holy Spirit of promise;" to be company and honest with the men who stirred themselves in their pulpits to tendencies to doubt have been removed. anointed with the Holy Ghost and suffered loses. I did as I would be preach up sin for a term of life and Before this epoch it is a good deal of with power." With the reception of done by. At first it came pretty hard they endeavored to persuade the people the time "the fight of faith," when this second special, full and abiding to pay out my own money to make that it was an erroneous doctrine to sometimes it seems hard to hold the impartation of the seven-fold Spirit of up for what I had saved to the com- assert a possibility of being freed from ground. Now it has become a habit of Liquor has mortgaged more farms God "the flesh" is not only subdued, pany. But I did it, and I made sin in this life, as was held forth by faith—a life. desolated more homes, and made more as in regeneration, but judged, senten- right settlements. When I was con- the Quakers." ced, bound and gloriously displaced, by verted, I made up my mind that I This doctrine must be of God, for, it receives everything good or appar- all other causes combined; and no matthe abiding presence and sanctifying should lose money by it, but I was like all other truths which strike at ently evil as coming either directly ter what may be the wisdom or the

away, you may build churches with No more than the great river is ex- or banished is all the same to him. Nothing is of real value in the world

Perfect love will give others a

GEORGE FOX ON HOLINESS.

William Penn, in his introduction to

trine. They were led to declare, as that is a small matter. We do not "I heard a sermon on honesty in the mark of the prize of the high call- look so much upon the channel through I am going to be honest in the future. firmities or death, as some have, with place with such holy glory that all are "Some years rolled by, and my a weak or ill mind imagined and in- partakers. A meeting where one man

In "Sewel's History of the Quakers" him how things were going with him. he says: "But to return again to Geo. "'Finally,' he replied. 'Do you re- Fox. It set the professors of those member that sermon that converted times in a rage, that some of their me years ago? Well, hearing that ser- adherents harkened to his preaching, mon was the best stroke of business I for they could not endure to hear perever did. I believe you placed some fection spoken of, and a holy and sinmore insurance with me after I paid less life as a state that could be attained here."

Their persecutions for preaching this doctrine may be interred from the fol-

power of the indwelling Comforter. mistaken. My business more than the inbeing of sin, from which Christ from the hand of God or permitted by financial policy of the government in The sanctifying, illuminating and doubled in a year." came to save us, it brings down a him. It no longer believes "all things other respects, so long as it licenses

"Knowledge puffed up, but charity fect love?

BE A BLESSING.

Men are lifted from above. He who in the Spirit must, in order to its George Fox's Journal, says: "This, I is most blest will be the greatest blessmaintenance and development, be con- say, is as the root of the goodly tree ing. Finding fault with the brethren tinually emptying itself into other liv- of doctrine that grew and branched out because they are so little blest, is not es for their redemption and salvation, from it, which I shall now mention in likely to bring to them or others much their natural and experimental order. blessing. Exhortation may be admis-First, repentance from dead works to sible and sometimes necessary and help serve the living God, which compre- ful; but often he who gives it may There is a place of deepest peace, hends three operations. First, a sight need it more than those to whom it of sin. Secondly, a sense of godly is given, and it is likely at best to be From every care a sweet release, sorrow for it. Thirdly, an amendment a human affair. We have sometimes waited for the scoldings of the people case of restitution has recently come "This was the repentance they preach- for lack of spiritual power, and the to light in Chicago. The man who ed and pressed, and a natural result exhortations to earnestness to be over, 'Tis there where sorrow's lonely hour tells the story is one of those to from the principle they turned all peo- for the people, unhindered, to get to whom the money was paid. He said: ple unto. For of light came sight; God for refreshment and holy vigor. Revealing God's sustaining power "Some years ago I suffered a severe and of sense and sorrow came There is nothing which ignites like fire, loss by fire, in the destruction of a amendment of life, which doctrine of and who so well as the leader can be warehouse. When it came to settling repentance leads to justification, that the point of emanation? We have seen the insurance, the agent who had plac- is, forgiveness of sins that are past, the leader of a meeting so in rapport ed the policy deliberately 'did me up,' through Christ the only propitiation; with heaven that very soon the sacred as the saying goes. I told him flatly and the sanctification or purgation of fire kindled all into a flame. There was, There nothing less could e're suffice, I thought he was a swindler. The the soul from the defiling nature and little exhortation; there was simply terms of my contract were plain. The habits of sin present; which is justifi- pushing the curtain back, and opening loss was indisputable. Yet the sum cation in the complete sense of that the window, and the divine power, which the company paid me was in- word, comprehending both justification holy and sweet, began to fill the place. Some day while living thus for Him

mitted, through the love and mercy of er has the opportunity of being the "Three years later I received a note God in Christ Jesus; and creatures be- greatest avenue of blessing to a meetgreatest blessing to that meeting. "From hence sprang a second doc- This may or may not be recognizedor woman is greatly blest, is sure not to be a dry or unprofitable meeting. This alone is sure to redeem a meeting from barrenness and death. Every one should covet, and many have, the privilege of being the avenue of the coming of the Holy Spirit upon the gathered people. To be a blessing we must be blest, and to be blest is to be a blessing.—Selected.

THE LIFE OF FAITH.

The soul has come to the place where tramps, paupers, and criminals than

edifyeth." Why then do people pray If we would keep this more in mind else. We are each other. Life is eachsix prayers for wisdom to one for per- we would be more careful what we otherness, not everybody-elseness.—St.

WITH HIM ALONE.

By Edward Hilton Post. There is a life almost unknown Among God's children here, Where all the heart becomes His throne And all we have and count most dear Are His alone.

A calm amid the strife; A blessed quiet restful life In Him alone.

Begins to shed its rays, That keeps us in our saddest days With Him alone.

This is the life of sacrifice And burden bearing too; Than every day while here to go With Him alone.

The chariot will come, And take us from this world of sin To dwell in our eternal home,-Celestial Home.

GIVING THE TENTH.

While professors of Christianity in the home congregations are discussing various ways of giving, and some of them, in the heart of arrangement, become so worked up about the method that they well nigh forget to give at all, there are thousands of the untutored believers on the frontiers and in heathen lands, who cheerfully take God at His word. Take the little Church of Hopi Indians, at the Sunlight Mission, Arizona. This little hand is so thoroughly alive to the privilege of consecrated giving that not only do they give the tenth of all they 'have, but also do they set apart each tenth member for missionary work. Cheerfully they pay the salary of every worker, thus chosen, and each one so laboring, in turn, gives back one-tenth for the Lord's work. The Hopi Indians may not be blessed with the superior intelligence (?) of many of their white brethren, but they have learned one thing that their friends of the fairer complexion have not fully mastered-to take the Lord at His The real life of faith begins after the word, and trust Him with their pos-

THE GREATEST OF EVILS.

to one-half the toilers of this land.—

WHAT LIFE IS.

The conditions of maintaining this it, you may expend it in charity; but hausted by turning the wheels of one He is looking for nothing man can except people. Never hurt a person by life in the Spirit are few and simple, your conscience will whip you like a mill. Put it to the proof again with give. He finds his heritage and satis- a wrong thought or by word or by act. Never hurt each other, then go temptation. Thrust yourself further With the indwelling Comforter, he on a big discovering expedition and divine will and to the teaching and It was a wholesome, strong word, and deeper into the stream of God's neither depends on what man can do find each other. Never say, "That leading of the Spirit and the word of and it helped to right one life. Many power, and feel it again as you have for him, nor is he craving it. Trials person has nothing in him," for that God. These two will always agree. another life, if the same admonition felt it before, able to do exceeding and sorrows are accepted without only means that you haven't found it There must be a constant barring were heeded, would find, if not increas- abundantly. Remember and trust.— murmuring, for his all is in God.—Ch. yet. Then, last of all, never think you are the only person. You are just a part of "each other." You are not It is far easier to do than to undo. somebody and the rest of us everybody Nicholas,