

Baby's Bronchitis Differs From That Of The Grownups

Infant Has Largest Variety of Chest Coughs of Different Causes.

By LOGAN CLENDENING, M.D.
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We are beginning to get into the bronchitis season, and it might be well to take a general survey of the situation. Bronchitis is technically an inflammation of the bronchial tubes. Untechnically, or to you, it is a cough that comes from the chest. But all coughs that come from the chest are not exactly of the same origin, although they may all be labeled bronchitis. Frequently labeling them bronchitis allows diseases of a more serious character to run along when they should be scientifically treated.

Baby has the largest variety of things that can cause a bronchial cough. Of course, like everybody else, the baby can have just an ordinary bronchitis or cold in the chest, which he gets over in the course of ten days to two weeks.

But if this cough hangs on longer than that, it is not at all unlikely that it may be whooping cough, and that has to be thought of. Whooping cough may occur without whoops.

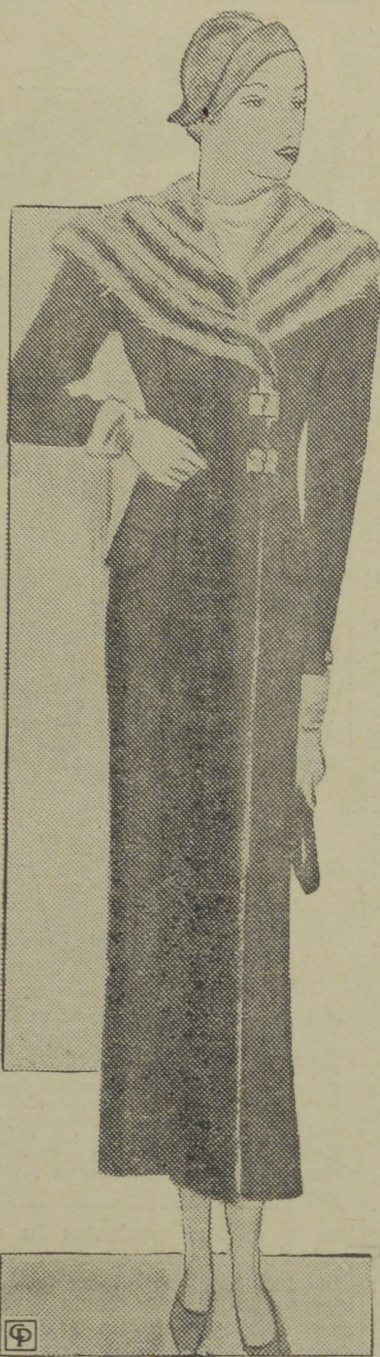
Another thing that the baby's bronchial cough may be due to is diphtheria, which invades the bronchial tubes and which cannot be seen in the throat. This, of course, is the most serious form of diphtheria, and usually the baby is sick enough so that medical advice is sought. But sometimes the early stages go unrecognized and untreated, which results in a serious situation.

(Continued on Page 26, Col. 5)



Dr. Clendenning

New Points on Coats



Courtesy Good Housekeeping. Coats have their new points, too, this season. Brown fur is used on black cloth, and collars have gone on the square. This coat is Linton cloth with mink. The hat is one of the new off-the-face models of crocheted wool, up in the front and side, with ribbon bow on top.

A Boy's Whistling Annoys Mother, Gets On Nerves

Youngsters Must Have Some Outlet For Their Enthusiasm.

By GARRY C. MYERS, Ph.D.,
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As I have said several times before in this column, I rarely hear or read a new type of problem, indicating that most of us parents have about the same sort of difficulties to make living with our children a happy experience for all.

Well, the other day, in an open forum with several hundred parents, in Rochester, I did hear a question which at the time appeared to be a new one. Said a mother: "My boy of ten goes around whistling. How can I stop him? He gets on my nerves." A few questions brought forth the information that he usually was very good natured when he whistled, and that he was likely to whistle every new tune he heard.

I replied: "It seems to me most of us parents would like to know how we might induce our children to be more joyous and whistle more. Sounds we associate with pleasure do not vex us. In case you can believe your child often should be joyous, his whistling will grow pleasant to you rather than annoying. The chances are you have hidden in your bones and nerves and muscles the feeling that a child should not whistle in the presence of adults. Many such curious notions still do lurk around."

"Try to get rid of this foolish notion, and turn your attention to this child's development and your opportunity to earn his companionship. In the meanwhile, when you feel the nervous strain too great, quietly request him to try to keep from whistling for a half hour or so. He will be glad to do so for your sake. By and by, with more self-discipline, you will feel no occasion to make such request. Indeed, you may eventually ask him to whistle, that you might share his pleasures with him, or, better still, that you might whistle with him."

That lad might be well fitted emotionally to learn to play a musical instrument, particularly a wind instrument.

Come to think of it, this is not a new problem at all. I have heard it often in another guise, heard of it when a father or mother complained of the vocal noises children make at play.

When we assume that children should be expected to raise their voices when in gleeful play, that when several are together there should be considerable verbal confusion, such sounds won't annoy us any more than the sounds of the street. Of course we easily can induce children to speak less loudly if we ourselves speak in very gentle tones, and if we help them get along with one another fairly amicably.

Whether their verbal noises make us nervous or not will depend chiefly on our attitude. Needless to say, however, that our children, for the sake of safety and regard for property, should know that they dare not romp and rough-house indoors. Let there be no running there nor games of chase. Such is suited only for the open out-of-doors.

After cooking macaroni or spaghetti use the water that is drained off, keeping it tightly corked till wanted for starching pillow slips and table linens and the like. It is not too thick for these and brings back whiteness.

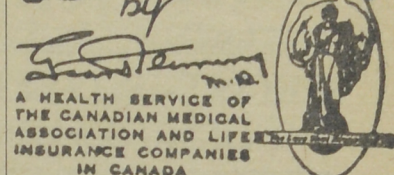
Metal Cloth Dress



By LISBETH

Pictured here is a lovely evening gown of gold metal cloth. The dress features a graceful little train and draped décolletage. It has a little evening coat of matching material to go with it—with fitted full sleeves. Dinner gowns are not being worn for everything this season as was the case last season. The new evening gowns really are lovely. Beautiful materials, long trailing skirts, and very little trimming.

HEALTH



A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

A BOX OF SALVE

Among the assortment of remedies that go to make up the household's supply of "medicines," there is usually to be found a box of salve. Often it is very old, and its original purpose has been quite forgotten. Even if it has been acquired recently, it is most apt to be soiled and contaminated by countless fingers and frequent use.

Ointments which have been prescribed for specific conditions are of unquestioned value; they are the established remedies for a number of skin diseases. Ointments, however, of no specific value, that lie around in the medicine chest, belong to that great class of nostrums known as "cure-alls." They are said to cure with ease every kind of skin disorder from corns to cold sores. Their devotees are willing to swear to their efficacy in almost every skin condition.

Sometimes these ointments do little harm other than to delay nature in the healing process by keeping moist a wound that would heal more rapidly in the dry state. Sometimes the delay is due to the ointment's blocking up a collection of pus that should be allowed to drain freely.

The real danger, however, that lies in the application of ointments or salves is their indiscriminate use on fresh scratches and wounds. Such scratches and wounds should be regarded seriously. Very often they require medical care if a serious condition is to be avoided. Many fatal cases of septicaemia, or "blood-poisoning" have followed carelessness or neglect of what seemed to be insignificant scratches. In the case of even the slightest abrasion contaminated with soil, there is the danger of tetanus, or "lock-jaw."

If the cut or scratch is at all severe, it is best to call the family physician.

In any event, there is no indication for the use of an ointment, and particularly one that has been lying around the medicine chest.

Household Hints

By MRS. MARY MORTON

MENU HINT

- PINEAPPLE JUICE COCKTAIL
- CHICKEN and HOT BISCUITS
- CRANBERRY JELLY
- MASHED POTATOES
- ORANGE and GRAPE FRUIT SALAD
- SOUR CREAM CHOCOLATE CAKE
- COFFEE

What do you think this menu is? A birthday dinner, of course, planned for the boy of the family. Don't forget to ice the cake with chocolate icing. That is essential. Add enough lemon juice to taste to the pineapple juice that has been cooled in the refrigerator. Pineapple juice may be obtained canned in your favorite grocery now, you know.

RECIPES

Sour Cream Chocolate Cake—3 eggs, 1½ cups sour cream, 2 squares chocolate, ½ cup hot water (scant), 1½ cups sugar, 2½ cups pastry flour (sifted before measuring), 2 teaspoons baking powder, ¾ teaspoon soda, ⅛ teaspoon salt. Beat eggs until light. Add cream and beat again slightly, just until mixed; add dry ingredients, including sugar, sifted together two or three times, and beaten hard; then add the chocolate, melted with hot water, and stirred until perfectly smooth. Bake in a large, well-greased, floured pan 40 minutes at 350 degrees. Frost with a chocolate frosting made by melting over hot water 1½ squares chocolate; add to this 1 tablespoon butter, 2 of thick cream, 1 of milk and a pinch of salt. Stir into this mixture powdered sugar

to make it stiff enough to spread (about 2 cups) and 1 teaspoon vanilla.

Economical Steamed Pudding—1 egg, 1 cup molasses, ½ cup warm water, 1¼ cups flour, pinch of salt. Combine the above ingredients, place in greased mold, cover and steam one and one-half hours. Serve with whipped cream or any desired pudding sauce.

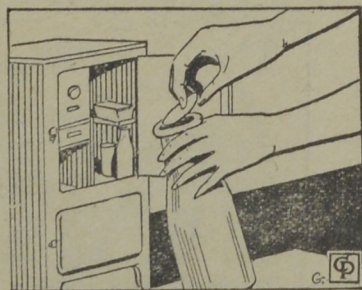
FACTS AND FANCIES

Mid-Morning Meal

Making nourishing soup in sufficient quantity to last several days is a good idea, particularly where there are children, for a cup of soup and a few toasted crackers make a good mid-morning meal.

Tartare Sauce

½ cup mayonnaise, 1 teaspoon minced onion, 2 tablespoons minced olives, 2 tablespoons chopped pickles. Combine ingredients in order named and season well.



Don't leave cream or milk bottles without their tops. The contents too easily absorb odors from other food.

SAVE THE PIECES

By HANNAH

Earnest mothers, doting grandmothers, devoted aunts and the rest of womankind, please take notice that the gold diggers of 1934 are still more interested in a doll, a box of candy or a pair of roller skates than they are in the most expensive silk frock, the grandest fur coat or hand-made underthings.

So, if you must give Mary Jane or Betty Lou a dress or a coat or petticoats, try to prepare yourself for a casual, polite and rather wistful thank you, and nothing more. Really, you don't deserve any more. If, however, you would like to live in their memories as the donor of the nicest presents under the Christmas tree, here are a couple of ideas, not new, but so popular.

If the home-made present is to be a best frock, a new school skirt and sweater set, or a scarf and matching beret, why not make a miniature copy of it for the favorite doll? Any young miss who is still interested in her dolls will love it.

Here are two dolls dressed just as their infant mothers, and are they the envy of the neighborhood? Above is a silk or dotted Swiss party frock which would thrill any little girl at least a little, but it would blind her to practically everything else if her doll had a matching dress, identical in every detail, even to the matching hair ribbon. A wool beret and fringed scarf is a most inexpensive and useful present,



and the curse of its usefulness is completely overbalanced by the doll with an exact replica. Just a wee bit of wool, fringed by hand at home, will make both sets, or they might be knitted.

This is a sure-fire recipe for making gifts of clothes popular with little girls.