

## Exclusive To June Brides Only

CUSTOMS OF TODAY ORIGINATED IN QUEER WAYS—WEDDING SHOWERS BEGAN IN HOLLAND.



CURIOUS CONVENTIONS THAT HAD THEIR BEGINNING IN SOCIAL CUSTOMS OF PRIMITIVE PEOPLES ARE STILL CARRIED ON RELIGIOUSLY TODAY.

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Central Press Canadian Writer

Do you know that the practice of giving showers began many years ago in a small town in Holland? And all because a beautiful girl fell in love with a poor, tender-hearted miller.

The story is that he was poor because he gave away great quantities of bread and flour to needy people. The girl's parents refused her a dowry if she married the kind miller whom she loved instead of a wealthier suitor who had not captured her heart.

Many of the townspeople were unwilling to see such a beautiful romance destroyed. One day a procession of them appeared at the lovely girl's house. They bore gifts of china, vases, linens and household necessities.

### A Happy Ending

In quantity and value their offerings to Eros and Venus far exceeded the original dowry planned by the parents.

So the poor miller and his beautiful bride were married and lived happily ever after. Thus was born the custom of giving showers.

The practice of giving jewellery to one's betrothed had its beginnings in the myth that whoever wore the magic girdle of gems of Aphrodite became the object of great love.

Diamond rings are almost universally used, in civilized countries, as engagement rings. The intense flash and gleam of the diamond is supposed to have originated in the fires of love.

### What Is Their Meaning?

Curious conventions that have had their beginnings in the social customs of primitive and aboriginal peoples still are carried on religiously by the people of today. We can only guess at the meaning of some of them, but we still follow them.

From Scandinavia there comes a tradition that the bride must make the bridegroom's bridal

shirt with her own hands if the wedding is to be a happy one.

Have you ever given a teacup to an engaged girl? It is a proper gift and the practice is said to have been started by a lover who had to go on a long sea journey. Prior to his departure he gave his betrothed a china teacup and bade her drink tea from it every afternoon at a certain hour.

If he ever became unfaithful the tea would run over the edges of the cup and crack it.

### Origin of Englishman's Tea

That custom may have been the origin of the Englishman's tea hour at the present time.

Sociologists say that the lover's kiss was unknown centuries ago. Now the kiss is regarded as the seal with which lovers plight their troth.

At one time in the history of human marriage brides were obtained by purchase. The money, horses or cattle which the bride's father were called the "Wed."

Eloping may have developed either because the girl desired to escape marrying someone she did not love or because she did not desire to wait until her lover had enough coins or cattle to buy her.

### Mother-in-Law Jokes

There are many mother-in-law jokes, but few really good ones. There seems, however, to be a social basis for the inevitable mother-in-law difficulty. In many tribes a custom persisted that the man and the mother of his intended wife could not see or speak to each other until after the marriage. This may have begun when bridegrooms picked out their brides and then captured them assisted by a stalwart friend.

The family that suffered such rapacity naturally would harbor ill feeling toward the suitor. Particularly would that be true of the captured girl.

The stalwart friend is with us today, but now we call him the best man. The bridesmaids are

the descendants of the friends of the girl who tries to prevent her capture.

The original flower girls carried sheaves of grain before the bride. This symbolized the wish for a fruitful union.

### The Ring That Binds

Wedding rings used to be made of many varieties of materials. Now the use of the narrow gold band is general. The roundness symbolizes eternity or a union without end. Being worn on the left hand signifies the subjection of the girl to her husband. The right hand has always been a symbol of power and authority. The veil is thought to be a sign of submission also.

### Bride's Garter Is Charmed

Brides often used to suffer almost complete stripping when a bride's garter was considered something on which to dream. Eventually brides put one within easy reach to protect themselves and then they took to throwing it to the dream-mad crowd that always attends weddings. This custom is believed to have progressed to the throwing of the stocking.

Now brides suffer no embarrassment by the simple expedient of throwing the bridal bouquet and whoever catches it is supposed to be the next girl to be married.

### Living Plant Is Always Very Acceptable And Appreciated

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reason these flowers and plants blend so well with the severe lines of modern furniture is because they are not "fussy." The blossoms have a trim, definite form, and the plants have sleek, wax-like foliage, so in harmony with the modernistic feeling.

There are, of course, a large variety of vases and containers wholly in tune with the twentieth century tempo of restraint in line and form. And as for color—white is especially dramatic—and is the means of injecting high lights in the modern room.

Modern in every sense as flower containers are low, flat, glass bowls. Spiked blossoms, such as gladioli, larkspur and lupin in a low bowl placed on the coffee or occasional table, gives a room an air of smartness.

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## HEALTH

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ing for two or more days, being rubbed thoroughly into the parts most affected. At the end of that time, but not before, another hot bath is taken, and the underwear is changed. The clothing and bed-clothing must be sterilized; linen is boiled and blankets are baked. The whole household must be cleaned up or the parasites will soon spread to those who have been freed of them from those who were not treated.

Itch is not a dangerous disease, but it is responsible for a great deal of discomfort. As a result of the itching, sleep is lost. Scratching very often breaks the skin, with the result that infections, such as boils, sometimes develop.

Itch will seldom, is ever occur among those who keep their bodies clean by regular bathing, who wear clean under-clothing and keep their own toilet articles for themselves. However, anyone may be exposed to and contract scabies, and so it may be introduced into the family. If this happens, it should be attacked by proper methods, until the whole family has been entirely freed from it.

### M. D. Says the Usual Idea of Neuritis Is Far Too Limited

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This leads to degeneration of the nerve fiber springing from that cell, and since impulses are carried along this fiber to the muscle, it becomes paralyzed.

An infection which exactly duplicates this on the sensory side is "shingles" (or, speaking technically, herpes zoster). In this case, the infection destroys the sensory nerve cell, and with the degeneration of the nerve fiber, it causes, because it is on the sensory side, not paralysis, but that exquisite pain which all sufferers from shingles know so well.

When the nerve cell is destroyed by infection its nerve fiber degenerates and is also destroyed. But there are infections which attack the fiber itself. Typical of such cases would be that of a young girl who had a sore throat, bronchitis, nose bleed, fever, headache and nausea. Two weeks after the fever had subsided, her legs suddenly became weak and

she collapsed. She also developed paralysis of the left side of the face and pain in the arms. She made a complete recovery.

## QUESTIONS FROM READERS

J. W. R.: "Please tell the meaning of these words: (1) Visualize, (2) aortitis, (3) luetic, (4) Paget's.

Answer: (1) To obtain a mental picture, (2) inflammation or degeneration of the aorta, the large blood vessel which arises from the left heart, (3) refers to a venereal disease named "lues", (4) "Paget's" is usually used in connection with Paget's disease. There are two diseases named after James Paget, one is a form of cancer of the breast, and the other is a disease of the bones.

Editor's Note: Six pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of "The Maritime Broadcaster." The pamphlets are: "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."

Customer—"No-no! I simply could not walk a step in shoes that pinch like that."

Clerk—"I'm sorry, madam, but I've shown you all our stock now. These shoes are the ones you were wearing when you came in."



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