

HORSE NOTES.

Money is tight.
Buy smooth ones.
See that the bits are strong.
Fast walkers are in demand.
Don't buy low-headed horses.
Nancy Hanks is far from good.
Alma Mater has seven in the list.
Josie J. is said to be a 2.15 mare.
Bad breakers have had their day.
Superior road horses have the call.
Vermont has a "phenom" in Mack.
Mystic's entries closed Thursday.
Unsoundness comes quickly enough.
Uncertainty is the root of speculation.
C. H. Nelson has fifty horses in training.
Nelson, 2.10, will parade at Old Orchard.
The get of Gen. Stanton are showing fast.
Breed for the Morgan type with better size.
Aral, 2.25, is located at Brasher Falls, N. Y.
Five per cent. entrance failed at Providence.
Dora Thorne trotted a great race at Worcester.
Stockton has declared against tin cup records.
Nancy Hanks is feeding on hay worth \$63 a ton.
Good nursing often beats professional attention.
Speedy material is being developed everywhere.
Dictator's hoofs are being bound and trimmed with silver.
G. O. Taylor in Hicks' string is a son of Ben Franklin.
Better sell at a fair price than keep expecting a long one.
Kentucky's October meeting promises to be the best ever held.
Glimmer is the fifth of the get of Wilkes to enter the list.
Hickok has arrived at Cleveland with his stable of fast trotters.
Racing, good, square, quick and hot, is what the public want to see.
A tough livery horse will cause most private drivers to wilt on the road.
The aluminum shoe is a factor with horses that go light, especially pacers.
It is a fundamental principle in betting that a bettor may have a chance to win.
Saladin broke the half-mile pacing record when he went in 2.09 at Wilmington, Del.
F. Whitney of South Boston has brought Glimmer, 2.30, by Wilkes; reported price \$1000.
Good roadsters bring higher prices than they did a year ago.
On the books of the Rhode Island State Fair association are the addresses of 5,000 horsemen.
Narragansett park, since its establishment twenty-four years ago, has cost its owner \$220,000.
Coax them back instead of cutting them loose at the start, is a good plan to observe in the long run.
M. R., by Falcon, is the best green four-year-old out in New Hampshire this season. He can trot in 2.25.
Sprague Superb is said to have a four-year-old that can go in 2.20 this year and a three-year-old that can enter the list.
G. H. French, Attleboro, Vt., bought a yearling Sidney colt, dam by Red Wilkes in New York last week, for \$450.
Josie J., Early Bird, Vega, Fred Wilkes D. M., T. Puck and Graneta came to gather in the 2.21 class at Old Orchard, July 5.
Buffalo trainers claim that George Sherman by Sherman, is the coming side wheeler, and that he will get close to record time.
The best food for a mare in foal is oats, bran, some corn, a little oil cake, carrots, corn fodder and good hay in small quantities.
"Tommy" Foster, who used to drive Thomas Jefferson, W. H. Allen, Billy D. and other celebrities, died recently at Providence, R. I.
The bicycle sulky is responsible for the fact that the horses are going almost as fast this year on the half mile as on the mile tracks.
Most every first-class livery stable contains a few animals that can hold their own on the road with the best horses in their section.
At the late Omaha (Neb) meeting at the close of each race the starting judge requested the winners to step into the stand and get their money.
A New York veterinary is of the opinion that if Guy 2.10, had always received gentle handling he would have trotted faster than any horse up to date.
For a man to make a success of almost any branch of business or trade he must be in love with it. This is as true of the horse business as of any other.
A good many of the tracks and horse-men in the east are declaring against the 5 per cent. entrance plan. They declare it impracticable in its operation.
Fides Stanton by General Stanton, is

one of the cracks of the season. He traces back to the dam of Fides, a great trotter in John Murphy's hands years ago.
Hy Wilkes started in the 2.20 class at Fitchburg last week, Elcho in the 2.28 Johnny Knott in the 2.23, Sylvester K. in the 2.25 class, trot and pace and Joe in the 2.35.
F. A. Newell has sent five mares to Ralph Wilkes (2), 2.18 to be bred, among them Ella Jackson, full sister to Aristos, 2.27. Mr. Newell owns Bunco, Jr., 2.12.
Park Commissioner Straus of New York has named one of his crack two-year-old thoroughbreds Joe Ripley for the old-time trotter Joe Ripley 2.25, that he used to own.
Stamboul, 2.07, is showing up in excellent form at Terre Haute. Experienced judges are delighted with his appearance and gait, and predict that he will lower the record.
Arion's two-year-old record was made with the old high-wheel sulky. Last year was his first in the east. This season in Marvin's hands, he should get very close to the stallion record.
The old track of the Detroit Driving club is to go down in a blaze of glory. The club will hold its last Blue Ribbon meeting on it next month, and its meeting of 1894 will be held on the new track.
The chestnut pacer by Stargard, a money winner at the recent Newport, (Vt) meeting was bred by George M. Thomas of New York city and is registered under the name of Elton.
George Stevens of Lancaster, one of New Hampshire's ablest horsemen, is doing the World's Fair, and incidentally is looking over his stock in and around Lexington, Ky.
It will not be many years before the uncertain driver will have to go along with the uncertain horses. Drivers must be honest and know their business if they wish people to patronize them.
Richmond, Ky., is said to have a sensational green pacer that recently bought from the plow for \$125. He is doing fast quarters and halves and will be started soon in the slow classes.
St. Albans is conceded to be the best market for horses in Vermont. Better prices on the average are secured here for horseflesh than anywhere else in the state and often, too, for an indifferent article.
Scott McCoy has issued a challenge to trot Ryland T. against any horse in New England for \$1,000 a side over Franklin park track July 4. The challenge is especially directed at Martha Wilkes and Nelson.
W.B. Fasig suggests that the Cleveland association should offer a purse of \$2,500 or \$3,000, entrance free, to any trotter hitched to an old-fashioned sulky to beat Maud S.' record of 2.08 made on that track.
It is understood that Palo Alto is part of the endowment of the university which owes its existence to Senator Sanford's munificence, and its continued existence would be a worthy memorial of its late owner.
Nell F., by Rex Patchen, owned by H. A. Folsom, St. Johnsbury, Vt, is a fast mare in Homer Brewster's hands this year. She drove out Charles L. at Newport in 2.19 and was timed in the race in 2.19.
Latest advices from the kite track at Independence, Ia., state that the pacer Blue Sign, 2.08, is going great guns. He is shod with aluminum shoes, three and a half ounces in front and three ounces behind, and has already shown quarters in 30 seconds.
The promising colt trotter, Sailing Glencoe, by Glencoe Wilkes, owned by Poolseller Hathaway of New Bedford, has developed a quarter crack and will be taken out of training and sent home this week. He is in N. J. Stone's string at the Manchester track.
Now and then one finds an outspoken breeder with goods to sell who will describe them right and sell them right. Dr. F. L. Gerald of Laconia, N. H., is one of these, and his announcement elsewhere is one which carries weight and argument. Consult it.
Had Ben Franklin been afforded the stud advantages of Alcantara, or any other famous sire that has had access to a high class of mares, it is doubtful if any stallion living today with the possible exception of Nutwood would outrank him as a sire of 2.30 speed.
The once famous race horse Aristides, by imp. Leamington, dam Sarong, by Lexington, the property of J. J. Tompkins of Chicago, died June 22. He was twenty-one years old. Aristides was the first winner of the Kentucky Derby. As a sire he was not a great success.
It is worthy of note as showing the perfect faith which the late Senator Stanford had in the correctness of his belief in the thoroughbred-in-the-trotter theory and in its verification by Palo Alto that, though often asked to do so, he would not permit any colt to be named after the farm till the son of Dame Winnie was born.
At Norwalk, Conn., last week, the grey gelding Walton Boy, 2.20, ran away, throwing out his driver and owner, W. Lockwood, who was not seriously injured. The horse broke his leg and had to be destroyed. Walton Boy was foaled in 1881, and was by Wellington, dam Eve, by Edward Everett.
Fred Lowe, of Brooklyn, owner of Lowlander, winner of the Brooklyn Handicap, is a book-maker. A few years ago he was a messenger at Brighton Beach race track. Two years ago he got money enough together to buy Lowlander for \$2,100. His winnings with the horse last Tuesday were over \$20,000. Before the race he hadn't \$200 in the world.
Charles Marvin has driven horses to world records for age, etc., thirty-five times; Budd

Doble, his nearest competitor, twelve times; Ed Bither, eleven times; C. W. Williams, nine times; N. W. Bair of Maud S. fame, seven times; C. H. Nelson, Crit Davis, Orrin Hickok and J. D. McMann., each four times. Dan Mace earned the honor but twice, and Hiram Woodruff but once.
"Snapper" Garrison won the \$60,000 Chicago Derby with Boundless on the 24th ult. The time for the distance, one mile and a quarter, was 2.10, the fastest on record. It was the greatest derby ever run in this country, and the honors belong mostly to Garrison, who rode the race of his life. Fully 75,000 people, crushed and jammed into almost a compact mass, and screamed with excitement at the conclusion of the event.
There are a number of persons, to my knowledge, who were a few years ago engaged in this vocation that are now following the plow, and more should be, as there is no business that requires more brains and tact than that of training trotters, says a writer in "Clark's Horse Review." Horses are like men; their dispositions differ and you could not expect a lunkhead to quickly become familiar with their respective peculiarities. There are instances where a horse had more brains than the man who was doing the driving. He simply developed himself and the driver gets the credit of making him a trotter, but the records show that was his first and last. There are, however, men with brains and intelligence that would not make good trainers, for the reason that they are not suited to the business or the business to them.
The Suburban Handicap of a guaranteed value of \$25,000 was decided at Sheephead Bay in the presence of 25,000 persons, and for the fourth time in the history of this race it was won by a poor man's horse, Lowlander, the property of Fred Lowe, a young man scarcely 25 years of age, with W. C. Daly's Terrifier second and the favourite, Pierre Lorillard's Lamplighter, third. The time for the mile and a quarter was 2.06 2-5. It was the fastest Suburban ever run. Lamplighter carried thousands and thousands of dollars for the talent and the holiday throng, but the cheers that greeted the winner as he flashed past the post with Terrifier at his saddle girth were genuine, and had a true ring as they reverberated across the emerald plain of picturesque Sheep's Head and were lost on the broad Atlantic. The race was worth \$18,000 to the winner, \$5,000 to the second horse and \$2,000 to the third.
HOW TO GO TO SLEEP.
Hints For Those Who Lie Awake Nights In Misery.
The activity of the brain is in direct proportion to the amount of blood contained in the vessels of the brain, and anything that lessens the amount of blood in these vessels will induce sleepiness, while the greater the flow of blood the greater will be the flow of ideas. This is comparatively a new discovery, for it used to be held that much blood in the brain caused sleep. Dr. William Hammond has, however, demonstrated the fallacy of this latter idea by a description of the results obtained by several experiments with instruments of precision, one of which was his own invention, which showed that the flow of blood to the brain was coincident with the degree of mental activity displayed in the subject.
If a person lies down, thus allowing the blood to flow more readily to the brain and cannot sleep, let him get up, sit in a rocking chair and throw his head back and he will probably go to sleep very quickly. Some people have found by experience that they can sleep better after eating, and the doctor explained this by saying that the blood not being able to be in two places at the same time and having to go to the stomach to digest the food has to leave the brain, and therefore sleep follows.
Some people are more active mentally when lying down than when sitting up because of the greater flow of blood to the brain. Dr. Hammond described a machine which would produce sleep when ever desired. It is something like a pair of carpenter's pinchers with rubber balls at the end. All one has to do is to screw it to one's neck, thus stopping the flow of blood, and one can go to sleep at will or slant off one's train of thought.
Discussing the relative merits of the female and male brain, Dr. Hammond says that so long as there is such a thing as a pair of scales the ladies will have to admit that the average weight of a woman's brain is eight ounces less than that of a man. Nevertheless a woman is far more than able to hold her own. The amount of mentality does not depend on the size of the brain. Although smaller in quantity than that of a man, the brain of a woman is often composed of thicker gray matter, making it quicker and perhaps more subtle.
Aids to Digestion.
The morsel of old cheese taken after dinner is decidedly digestive.
A roasted rabbit, to suit a fastidious taste, must have hung until it was a little "high."
A new "midnight bite" of cheese, toast, etc., answers to the name of "Scotch partridge."
A peculiarly delicious sauce made in Egypt and served at hotels is said to be the "essence of grasshopper."
Dyspepsia is recommended to eat of the long sticks of Italian bread. If it doesn't cure them, it will do them no harm.
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