

**A Sparrow's Death.**

A little English sparrow, very small, but oh! so joyful and energetic, was taking a sun and dust bath yesterday afternoon in front of Hickey's barber shop on Jackson street, while a Journal reporter was being shaved. The little bird had selected a dry spot in the street, an oasis in the surrounding dampness caused shortly before by the spraying hose, where the dust lay thick and warm in the June sunshine, and there it lay, burrowing on its small stomach, fluttering the little wings until the dust flew right and left, occasionally preening the ruffled feathers with its sharp beak and then taking another dip into the warm dust, all the while chirruping blithely and cheerfully and entirely unconscious of impending danger.

Down the street a thick-set, heavy man was wheeling slowly along on his bicycle, every revolution of the rubber tires with their two hundred pounds of weight above bringing them nearer and nearer to the little bird twittering in the dust.

The man was close upon the sparrow before he noticed it, and the little bird with wings outstretched upon the ground had not heard the slowly moving wheel until too late. It gave a startled cry, a shrill half choked little pipe came from the small throat, it attempted to rise and fly, but the noiseless rubber had already pinned the plump body to the ground.

There was a convulsive flutter of the mangled wings, and a moment later the rider looked behind to see a mass of brown feathers dyed with red, beside a crimson stain in the dust. He gave a quick push on his pedals and turned out on the smooth asphalt.

A passerby kicked the little corpse aside, the carriages rolled on, and the sparrow's curious death was forgotten.

But who shall say that "He who marks the sparrow's fall" was unmindful of the little life so quickly crushed out?—*Agusta (Georgia) Herald.*

**Congress Adjourns.**

Congress adjourned on Friday. The session will occupy a large place in all our future history. It began when the thoughts of the country were turned toward peaceful pursuits with a promise of better times to follow the depression of the last few years. It closed leaving every one intent on the successful prosecution of a foreign war. It was to have been a session urging economy. It proved to be a session appropriating money with a most liberal hand—\$361,788,095 being appropriated for war purposes alone. Among its most important acts are: the annexation of Hawaii; the bankruptcy law; the payment of the English claim for damages, known as the Bering Sea claim; the removal of disabilities under section 3 of the 14th amendment; the ratification of the Daws agreement with the Creeks, Choctaws, Chickasaws and Seminoles; the war revenue bill; the amendments to the Interstate Commerce law, prescribing the manner of settling disputes between common carriers and their employees; and the placing of \$50,000,000 in the hands of the President for the purposes of national defence.

Although the House adjourned in a

turmoil, and apparently with the most bitter feelings on account of party disagreements, the gavel fell indicating the close of the session, there was a tremendous outburst of patriotism such as has rarely been seen before. Forty or fifty members started to sing "America," and before half the first verse was finished everybody joined in and there rolled through the hall a volume of sound that was an inspiration. Rousing cheers were given for the President, the Speaker, and Gen. Wheeler. Other patriotic songs followed, and the scene was one never to be forgotten.—*Zion's Herald.*

**Toronto Fireman Testify.**

M. McCartney, Lombard Street Fire Hall, Toronto, dated March 4th, 1897, states:—"Am subject to very painful conditions of costiveness and other troubles resulting therefrom, but I am glad to say that I have found a perfect remedy in Dr. Chase's Kidney-Liver Pills. I trust this may be of benefit to others."

**Health And Hygiene.**

Most cases of phthisis begin in the apex of the lungs.

Exercise should not make us breath much more rapidly than we do normally but deeper.

Most of us are too lazy with our lungs not knowing how to fill them evenly, smoothly and fully.

The blood of a person getting a sufficiency of pure air tingles to the tips of the fingers and toes, and the elimination of waste matter in the food is much nearer perfection.

One should breath deeply and fully otherwise the lungs' apex imprisons a stagnant pool of air, soon filled with dust and organisms of all kinds and forms an excellent germ breeder.

Most people have hollows above their collar bones, which is wrong. The apex of the lungs should project up into that space and fill it pretty full, making an almost even surface with the neck.

A man using his muscles demands more food than an inactive one, but, owing to the increased circulation of the blood through the muscles and to the increased supply of oxygen, there will be better manufacture of gastric and other digestive juices and other digestion, absorption and assimilation.

Shaw & Dibblee are in position to wholesale Fowler or Campbell's axes at St. John prices, freight added, and they solicit the lumbermen and trader's orders for axes.

If you want a pretty road wagon call on or write Shaw & Dibblee.

**Be Content.**

If the sun shines now, be grateful and contented. Suppose it did rain yesterday or suppose we are to have a blizzard tomorrow! You have got beyond the rain on the one hand, and on the other the time has not come to meet the blizzard. It is foolish to make yourself miserable now because you were miserable a few days ago or because you may be miserable a few days hence. One duty, one labor, at a time is quite enough. If there is any enjoyment to be had, take it with an eager grasp, for if you sit in the warm sunshine for only five minutes it helps you to bear the cold of the next five min-

utes. It is poor policy to spoil those first five minutes by worrying about the other five minutes.—*Rev. George H. Hepworth*

For Heavy Goods, such as Flour, Sugar, Molasses, Lime, Brick, Tobique Plaster &c &c go to Carr's.

If it were left to us to nominate three American Commissioners to settle our difficulty with Spain, we would nominate Cardinal Gibbons, Dwight L. Moody and Clara Barton.—*Geo. T. Angell.*

For Bargains in Dress Goods, Prints, Flannelettes, and all Cotton Goods, go to Carr's.

**It is Extreme Folly.**

To use medicine to cure effects instead of using Paine's Celery Compound to get rid of the cause. Paine's Celery Compound will make you well and strong. All the while you are using it the nerves gain in power and strength, the digestive organs are fully toned, and lost health is rapidly returning.

It is extreme folly to neglect the insignificant ills, aches, pains and tired feelings that some people look upon as mere trifles. You should remember that the hot summer weather aggravates the little ills of life, and those little ills frequently develop serious disturbances and deadly diseases. Paine's Celery Compound should be used at once to brace up the diseased nerves, purify the blood and fortify the system. Weak children, frail and weary women, and tired and broken-down men find a new existence in Paine's Celery Compound, nature's true life-giver.

American Clipper Scythes 50 cents at W. F. Thornton's.

Ladies and Gents wheels to let by S. S. Miller.

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