

## Our St. Stephen Letter.

The court of investigation into the now famous Donald court was opened by the Attorney General last Tuesday and created considerable interest in town.

A number of witnesses were examined by his honor who went thoroughly into the matter, determined to investigate the charges and find out if possible if the cause of justice had been perverted by the parties implicated. He was very severe in his criticism of those connected with the transaction, and at the close of the investigation stated, that the result of his inquiry with his report on it would be laid before the Governor in Council at an early date and action would be taken. He exonerated Mr. John Marks who assisted Justice Donald in trying the cases, being satisfied from the evidence, that he had been drawn into it ignorantly, and thought he might safely say that no extreme penalty would be inflicted on him.

He fully set forth the character of the investigation and showed that each person charged had had every opportunity of making his own statement and calling witnesses in his defence. The result of his report will be looked for with considerable interest, and the very general impression prevails that two justices will lose the right to sign J P after their names in the future.

If any man wished to get an idea of the baseness of the liquor traffic he has only to look at the ways and means they use to perpetuate their business, and the tools they employ to carry out their plans, and it appears to me that any lawyer who has any respect for himself or his good name, would refuse to lend his assistance in perpetuating such a degrading, soul-destroying business.

It is a hopeful sign of the times that many of the best lawyers of the day are refusing to defend liquor dealers, and I believe the time is coming when it will be considered a disgrace to be connected in any way with the traffic. Justice Crilly has his time fully taken up attending to the liquor cases brought before him. Three fines were collected last week, and in the case of John Campbell for second offence, a certificate of dismissal from Donald's court was put in defence and refused, as the signatures were not proved. There are a number of second offences to be tried this week.

In accordance with their custom the regular quarterly temperance service of the Methodist Sunday School was held on Sunday afternoon 26th inst. in the audience room of the church. In addition to the school a large number of the congregation were present.

Appropriate music and recitations were rendered by the scholars, and addresses made by the pastor Rev. G M Campbell, Sedge Webber, C N Vroom and the superintendent, J D Chipman. Mrs. Dr. Todd gave a reading.

Rev. G Shore preached a temperance sermon in the Presbyterian church on Sunday evening 19th inst. It is pleasing to note that the churches are not altogether neglecting their duty in this matter of temperance.

Next Friday night we finish one of the most successful years in the history of our division, and elect our officers for the first quarter in the New Year. May 1887 see our order more firmly established and the great cause of temperance making greater progress than ever before in the world's history.

HOWARD,  
St. Stephen, N. B. Dec. 27th 1886.

### CENTREVILLE DIVISION NO. 257.

MR. EDITOR.—Not having anything of importance to write to you of late as everything has been very quiet in our community, and I now take up my pen, again to say that our division is still in working order, and although the roads are bad yet we have had a very good attendance both of male and female members, and we have been visited by Bro. Zebulon Gaunce and his four sons, all belonging to Upper Millstream division, also sisters Finnis and McPherson of the same division, and they gave a very interesting account of the working of the division last Saturday the 25th being our regular night, the following officers were elected for the ensuing quarter:—

G A Smith, W P; Herman Freeze, W A; W C Parry, R S; J W Folkins, F S; Jane Folkins, T; M F Folkins, Chaplain; J A Leiper, Conductor; Arletta Folkins, A C; W M Folkins, F S; Fenwick Folkins, O S; James Smith, P W P.

Hoping that the cause of temperance may prosper more in the coming year than it has done in the year now coming to an end and that our divisions will put forth more energy in the cause, and the time soon come when the cause shall be driven from our land and peace and prosperity reign through our fair Dominion. Hoping to give you a communication every month from this out. Yours in L P F.

W C PARRY, O C.  
Millstream, Dec. 27th 1886.

How often do we hear of the sudden and fatal termination of a case of croup, when a young life might have been saved by the prompt use of Ayer's Cherry Pectoral. Ayer's Almanac for the new year is out. Get one.

### COVERDALE DIVISION NO. 295.

Held a pie social Saturday evening Dec 11th. The meeting was called to order by calling F A Steeves to the chair, and after a few appropriate remarks the following Ladies and Gentlemen made up the evening's literary entertainment.

Wallace Steeves, Speech and Reading; Fannie Gunning, Recitation; David A Jonah, Speech; Maud Wilmot, Recitation; A Dialogue by Earnest Gunning, Ada Gunning, Song by Jennie Jones and Henry Smith.

Afterwards the pies were auctioned off and realized \$7.30, all seemed pleased with the evening's entertainment and fun.

### PROHIBITION IN PROVIDENCE.

We are informed by a well-known citizen of Providence, R. I., that a public functionary, employed to take prisoners for the city out to the prisons, about seven miles from Providence, finds his business so much diminished since the prohibitory law went into effect that it is no longer profitable to him, and that he desires now to sell his horses and give it up altogether! Prohibition, in Providence at least, "fails" to keep up the former supply of criminals.

"I was troubled with an eruption on my face, which was a source of constant annoyance when I wished to appear in company. After using ten bottles of Ayer's Sarsaparilla, the humor entirely disappeared."—Mary M. Wood, 40 Adams st., Lowell, Mass.

### ALCOHOL IS NOT A FOOD.

DR. FOOTESAYS IT POISONS THE LIVING, PRESERVES THE DEAD.

The following lecture on the effects of alcohol on the human system was recently delivered by Dr. E B Foote, of New York, before the Manhattan Liberal Club:

It was ten years ago when I was graduated from the College of Physicians and Surgeons in this city, and took with me from that institution the notions in regard to alcohol and its relation to the human system which were then taught in that institution. The students there were then taught what may be called the "Anstee view" of the question. The pith of the Anstee proposition is that alcohol up to the amount of an ounce and a half or two ounces per day, or any of its beverages containing that amount of alcohol, might be good and useful to the human system in a state of health; that so much of it could be consumed; or disposed of in the human system, and that in being so disposed of, it was a source of force or a sustainer of life. My own experience during ten years had led me to doubt the truth of this, and for myself I long ago found that to take even far less than an ounce and a half a day was to cross the poison line, and to experience what are called its physiological effects. For this and other reasons I had come to adopt the rule for myself of self-Prohibition, but the old teaching of the medical school still held its place in my thoughts, and I was willing to concede that what might be one man's poison could be another man's food. In preparing for this discourse I had not read far before it became evident that the foundations

of this theory were shaking, and in less than one week, attentive study of the opinions of others and of a large number of accessible facts effected a change of view.

It was only about one hundred years ago that the doctors waked up to the physical injuries of the excessive use of hard liquors, and Dr. Benjamin Rush in 1785 was perhaps the pioneer. He condemned only distilled spirits, and believed in the moderate use of wines, beer, cider, etc. About fifty years ago the idea of total abstinence came to the front, but even then there were few who would question the utility of alcohol as a medicine. Prof. John Bigelow, of Harvard Medical College, so long ago as 1825, was one of the very few to object to its use in medicine, and Dr. Higginbottom, of Nottingham, England, was led by his own experience during many years to abandon the prescribing of alcohol in 1832. From that time to this the doctors everywhere have disagreed on the alcohol question, but it could be easily shown that there has been a gradual growth among them of an opinion against alcohol on scientific grounds. The question in regard to alcohol is being gradually narrowed down to that which has been so well stated by Mr. James Parton in his tract entitled, "Will the Coming Man Drink Wine?"

"We all know that excess is hurtful. We also know that adulterated liquors may be. But is the thing itself pernicious—pure wine taken in moderation?—good beer?—genuine old Bourbon?"

An inquiry into the true status of alcohol in the human system shows that it must belong in one of the four classes:—among, first, true foods or substances that supply tissue, force and heat; second, accessory foods or substances which facilitate nutrition, as salt and fruit acids; third, medicines or substances used to correct impaired functions, and fourth, poisons or substances which produce injurious effects on tissues or functions.

The idea that alcohol is to be classed among foods is based mainly upon two observations, first, that when alcohol is administered to animals or men, the whole amount of it, as such cannot be recovered from the breath or other exertions, second, that it has an apparent supporting power, or power to sustain life, as food does. It is argued that if all the alcohol taken into the system be not thrown off as such, then it must be burnt up in the body, and that in being burnt up it is a source of food-power. Anstee has said: "The probabilities are greatly against the total elimination of alcohol in unchanged form"; and this opinion seems to have been shared by such high authorities as Thudicum Dupre, Bandot, and Voit. On the other hand it is known to be true that some alcohol is eliminated as such from the human system, and that if all the avenues of escape through the lungs, the skin and the kidneys, are carefully watched, a considerable amount of it may be caught on its way out. So Dr. Pavy, an authority upon foods, considers it still an open question, and Dr. Edward Smith, another food authority, admits that the food question is not settled, but Dr. Smith thinks that inasmuch as some alcohol is eliminated, probably all of it is. He rightly says it would be a Herculean task, probably an impossible one, to recover all of it in the process of elimination. There are many chemical experiments in which substances can be kept track of to the one thousandth part of a grain, but when it comes to experimenting upon animals or men it is manifestly impossible to collect all the expired air and all of the volatile exudation of the skin. It is furthermore against alcohol as a food that even a small amount of it is known to be eliminated, as such, very promptly. It has been discovered in the breath of a dog within 48 seconds of its administration by the stomach. It would be difficult to name any other substance which is acknowledged to be a food that the system so promptly rejects in an unchanged form. It, therefore, really devolves upon those who agree with Anstee that alcohol has a food value, to show first that even a grain of it ever is consumed or burnt up in the body, and that it is ever consumed in a way to be of advantage in nutritive processes.

(concluded next issue.)

## "The Ideal Magazine"

For young people is what the papers call ST NICHOLAS. Do you know about it,—how good it is, how clean and pure and helpful? If there are any boys or girls in your house try a number, t it for a year, and see if it isn't just the elementary need in the household? The London Times said, "We have nothing like it on this side. Here are some leading features of

## ST. NICHOLAS FOR 1886 7

Stories by Louise M. Alcott and Frank R. Stockton,—several by each author.

A Short Serial Story by Mrs Burnett, whose charming "Little Lord Fauntleroy" has been a great feature in the past year of ST. NICHOLAS.

War Stories for Boys and Girls. Gen. Badeau, chief-of-staff, biographer, and confidential friend of General Grant, and one of the ablest and most popular of living military writers, will contribute a number of papers describing in clear and vivid style some of the leading battles of the civil war. They will be panoramic descriptions of single contests or short campaigns, presenting a sort of literary picture-gallery of the grand and heroic contests in which the parents of many a boy, and girl of to-day took part.

The Serial Stories include "Juan and Juanita," an admirably written story of Mexican life, by Frances Courtenay Baylor, author of "On Both Sides"; also, "Jenny's Boarding House," by James Otis, a story of life in a great city.

Short Articles, instructive and entertaining, will abound. Among these are: "How a Great Panorama is Made," by Theodore R. Davis, with profuse illustrations; "Winning a Commission" (Naval Academy), and "Recollections of the Naval Academy"; "Boring for Oil" and "Among the Gas-wells," with number of striking pictures; "Child-Sketches from Geo. Eliot," by Julia Magruder; "Victor Hugo's Tales to his Grandchildren," recounted by Brande Matthews; "Historic Girls," by E. S. Brooks. Also interesting contributions from Nera Perry, Harriet Prescott Spofford, Joaquin Miller, H. H. Boyesen, Washington Gladden, Alice Wellington Rollins, J. T. Trowbridge, Lieutenant Frederick Schwatka, Noah Brooks, Grace Denio Litchfield, Rose Hawthorne Lathrop, Mrs. S. M. B. Platt, Mary Mapes Dodge, and many others, etc., etc.

The subscription price of ST. NICHOLAS is \$3.00 a year; 25 cents a number. Subscriptions are received by booksellers and newsdealers or by the publishers. New volume begins with the November number. Send for our beautifully illustrated catalogue (free) containing full prospectus, etc., etc.

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### YORK STREET FREDERICTON

Place of Meeting, Divisions, Numbers, Night of Meeting, and name of Deputies.

St. Stephen; Howard, 1; Friday; S. Webber; Milltown, St. Stephen; Wilberforce, 3; Monday; H. McAllister.  
Market Building, St. John; Gurney, 5; Thursday; John P. Bell.  
Orange Hall Portland; Portland, 7; Monday; A. Y. Paterson.  
Market Building, St. John; Albion, 14; Wednesday; John D. Robertson.  
Gagetown; Queens, 21; Saturday; H. J. DeVeber.  
Chatham; Northumberland, 37; Friday; G. Stothart.  
St. John; Mariners and Mechanics, 38; Tuesday; Robt. Willis.  
Hillsboro, Albert Co.; Albert, 39; Wednesday; John I. Steeves.  
Sackville, West Co.; Sackville, 40; Tuesday; J. C. Harper.  
Richibucto, Kent Co.; Richibucto, 42; Wednesday; A. Haines.  
Kingston, Kent Co.; Kingston, 44; Tuesday; Wm. Brait.  
Newcastle; Newcastle, 45; Thursday; D. Guar.

Point de Bute, West Co.; Westmorland, Thursday; J. Amos Trueman.  
Hopewell Hill, Albert Co.; Col Tuesday; J. R. Moore.  
Pennfield, Charlotte Co.; Safeguard, 58; Saturday; W. N. Bucknam.  
Ca. bridge, Queen's Co.; Johnston, 62; Saturday; George S. Wilson.  
Dalh. Verte; Bale Verte, 64; Monday; G. Haddow.  
Bale Vertin; Bale Verte, 65; Wednesday; R. Go. dowin.  
Dove's West Co.; Dover, 70; Saturday; W. Stevon, St. John; Granite Rock, 77; Tuesday; Carle, Henry Finch.  
Darby, North Co.; Nelson, 99; Monday; J. Betts Douglas, North Co.; Caledonia, 126; Tuesday; J. Henderson.  
Collina Corner, Kings Co.; Collina, 129; Thursday; Jacob I. Keirstead.  
Upper Gagetown, Queens Co.; Oxford, 134 Saturday; James E. Coy.  
Benton, Carleton Co.; Garibaldi, 151; A. Teed.  
St. Martins, St. John Co.; St. Martins, 164; Tuesday; Cudlip Miller.  
Moncton; Moncton, 183; Monday; E. McCarthy.  
St. George; St. George, 189; R. H. Davis.  
Salisbury, West Co.; Crystal Stream, 191; Saturday; C. A. Beck.  
South Bay, St. John Co.; Lime Rock, 207 Monday; Wm. Roxborough.  
Milford, St. John Co.; Everett, 238; Wednesday; John Waring.  
Moncton; Intercolonial, 243; Friday; Alex. Ford.  
Victoria Mills, West Co.; Victoria, 245; Thursday; A. J. Main.  
Mounville, Albert Co.; Home Circle, 244; Tuesday; E. E. Peck.  
Baillie, St. James, Char. Co.; Baillie, 248; Wednesday; J. W. Mann.  
Weldford, Kent Co.; Harcourt, 249; Saturday; H. Wather.  
Portland; Valley, 250; Tuesday; J. Fowler.  
Butternut Ridge, King's Co.; Havelock, 251 Friday; E. Keith.  
Petitcodiac, West Co.; Petitcodiac, 252; Tuesday; D. Jonah.  
Lewis Mountain, West Co.; Sunnyside, Saturday; R. Lewis.  
Deer Island, Char. Co.; Moss Rose 254; Saturday; A. T. Lloyd.  
Millstream, Kings Co.; Britannia, 255; Friday; C. W. Weyman.  
Little Ridge, Char. Co.; Spreading Oak, 256; Tuesday; A. F. Matheson.  
Fredericton; Lansdowne, 257; Thursday; H. H. Pitts.  
Kouchibouguac, Kent Co.; Union, 258; D. W. Grierson.  
River Charlo, Rest. Co.; Charlo, 259; Thursday; J. H. Galbraith.  
Steeves Mountain, West Co.; Mountain Rose, 260; Saturday; R. Lutz, Sr.  
Lawrence Station, Char. Co.; Lawrenceville, 261; Saturday; F. S. Richardson.  
Hampton, King's Co.; Spring, 262; Monday; G. Barnes.  
Pomroy Ridge, Char. Co.; Mayflower, 263 Thursday; W. Moulton.  
Scotch Ridge, Char. Co.; Iona, 264; Wednesday; Alex. M. McKenzie.  
Oak Hill, Char. Co.; Oak, 265; Thursday; Dr. J. Harry Grimmer.  
Tower Hill, Char. Co.; Wills, 266; Saturday; S. S. Smith.  
Graves Settlement, West Co.; Rockland, 267 Friday; G. Johnston.  
McAdam Junction, York Co.; Star Branch, 268; E. W. Brownell.  
2d Falls, St. George, Char. Co.; Stewart, 269 Saturday; A. Sherwood.  
St. George, Char. Co.; Red Granite, 270; Saturday; Chas. Johnson.  
Penobscus, King's Co.; Cardwell, 271; Thursday; J. W. Floyd.  
St. Nicholas River, Kent Co.; Milltown, 272 Friday; J. Murray.  
Hampton Village, King's Co.; Hampton, 273; Tuesday; G. Flewelling.  
Bloomfield, King's Co.; Leading Star, 274; Thursday; O. A. Wetmore.  
St. John, 102 King Street; Gordon Division, No. 275; Monday; H. P. Sandall.  
Eagle Settlement West'd Co.; Twilight, 276; Wednesday; G. A. Taylor.  
Salisbury, Westmorland Co.; Middleton, 277; Friday; Jas. Henry.  
Healthland, Charlotte Co.; Rising Sun, 278; Tuesday; L. Hall.  
Goshen Corner, Albert Co.; Star of Hope, 279; Thursday; D. W. Goodall.  
St. Mary's Kent Co.; Rosefield, 280; Saturday; W. Vincent.  
Elgin, Albert Co.; Elgin, 281; Saturday; G. Smith, A. B.  
Springfield, King's Co.; Springfield, 282; Friday; G. M. Wetmore.  
Whites Cove, Grand Lake; Grand Lake, 283; H. E. White.  
Clifton, Gloucester Co.; Gloucester Division 284; Wednesday; N. R. Ritchie.  
Lewisville, Moncton; Lewisville, 285; Tuesday; John Keenan.  
Port Elgin, West Co.; Fort Moncton, 286; Tuesday; W. M. Spence.  
Centreville, Kings Co.; Centreville, 287; Saturday; H. W. Balkins.  
Waterford, K. Co.; Essex Division 288; Monday; John W. DeForest.  
Dube, Carleton Co.; Centenary, 289; Wm. V. Benn.  
Forest Glen, West Co.; Forest Glen 290; Saturday; Miss A. Hubley.  
Bristol, Carleton Co.; Bristol Union, 291; Tuesday; Rev. John Gravinor.  
East Florenceville, Carleton Co.; East Florenceville, 292; Saturday; Wm. Tompkins.  
Waterville, Carleton Co.; Waterville, 293 Saturday; J. T. Fletcher.  
Bath Carleton Co.; Ray of Hope, 294; Friday; Hubert Gray.  
Lower Coverdale, Albert Co.; Coverdale 295 Tuesday; F. A. Steeves.  
Canterbury, York Co.; Dufferin, 296; Friday; Eli Taylor.  
River Louisa, Restigouche Co.; Louisa, 297; Friday; Donald Stewart.  
Kirkland, Carleton Co.; Monument, 298; Thursday; John Lyons, Deputy.  
Woodstock, Carleton Co.; Campbell, 299; Friday; S. McLeod.  
Campbellton, Restigouche Co.; Campbellton, 300; Thursday; J. E. Price.  
Manuhurst, Kings Co.; Lincluden, 301; Thursday; D. S. Mann.  
Dundee, Restigouche Co.; Dundee, 302; Thursday; Jas. Crawford.  
Morcamber, P. O. Kings Co.; Rising Star, 303; Wednesday; Martin Freeze.  
Scotch Settlement, Westmorland Co.; McCarthy 304; David Murray.  
Upper Millstream, Kings Co.; Millstream, 305; Zebulon Gaunce.  
Gibson, York Co.; Gibson, 306; Friday; Jas. Pickard.  
Portland, N. B.; Silver, 308; Friday.  
Rev. J. Spencer.  
Old Ridge, Char. Co.; Brunswick Division, No. 309; Monday; Howard Maxwell.  
Northampton; Carleton Co.; Caladonia, 310; Thursday; Geo. Watson.  
Waterside, Parish of Harvey, Albert Co.; Gladstone No. 311; Saturday; Rev. S. C. Moore.  
Poquiock, York Co.; Poquiock, 312; Wednesday; Edward True, Deputy.  
North Lake, Canterbury; York County; Star No. 313; Hiram Vasey Deputy.  
Janeville, Gloucester Co.; Janeville, 314; Saturday; Edward L. Caie, Deputy.  
Kingsclear, York Co.; Kingsclear, 315; Saturday; Isaac Kilburn, Deputy.  
Rolling Dam, Charlotte Co.; Rolling Dam, 316 Monday; Neill McDermott.  
Buctouche, Kent Co.; Buctouche, 317 Rev. J. D. Murray.  
Mount Middleton, Kings Co.; Mount Middleton, 318; Friday; J. Shaw.  
McKenzie Corner, McKenzie Corner Division, 319 Friday; Jas. Forest.  
Stylessville, Westmorland Co.; Mapleville, 32 Saturday; James McFarlane.  
Bayfield, Westmorland Co.; Bayfield, 321; Monday; Frank Harper.  
Curryville, Albert Co.; Unneyville, 322; Saturday; ————Willace.