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If you want to get strength and purity you will find our stock of Drugs the best in the vicinity. Our Drugs are bought with the greatest care, and we make pains that none but Pure Drugs reach our shelves. McKee's Quinine Iron and Wine and McKee's Compound Extract of Sarsaparilla, Skin and Blood Remedy, are confidently recommended to the public for spring disorders.

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New Magazines,

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No. 6 Main Street.



"It's the devil for any one to tell me a secret, for it is sure to come out in print."—HAZLITT.

The assessors will be soon the objects of the indignation of the tax-payer. Just now the town council which has named the total amount of the assessment to be levied is the pet abomination of the ratepayer. But the blame will soon be shifted to the assessors. It is to be hoped they have good strong backs to bear the blame. If I were an assessor, I would see that property paying an immense per centage on the money invested should pay handsomely. There are corner properties in this town which are veritable gold mines. Wouldn't I make the owners pay taxes? Oh no! not at all. The man who kept an old ramshackle building, and charged New York rents for a room in it, would pay high for his meanness, while the man who built a handsome edifice, which was an ornament to the town, would pay no more for his effort to improve the appearance of the town. We will never have better buildings in the center of our town, until the owners are assured that they will not be taxed on their improvements. Our assessors should keep the single tax idea well in view.

A writer to an English paper discusses the question of holidays. He disputes the truth of what he admits is the accepted theory of modern times that we all work so hard at our several callings that we should infallibly break down if they were not constantly interrupted by periods of rest. "The occupants of social summits set the example and fly exhausted to 'health resorts' of various kinds; the professional man requires an interval of rest at Easter, another at Whitsuntide, and a long one in the autumn; while the clerk hastens to form part of a weekly procession of bicyclists which is practically continuous along every country road, and which has restored prosperity to the country publican. Denying that this is necessary or expedient he goes on to say:—"The suggestion that working men, however employed, require a frequent succession of holidays is not borne out by the experience of the human race in general, nor by that of our portion in particular. The empire of the world has been to the strenuous, not to the lazy and the pleasure-loving. Experience has shown that rest from labour during one day in seven is a valuable addition to the nightly sleep, and that time is not sacrificed by insisting upon it." Beyond this the writer does not think that periods of rest are necessary either for the "navvy" the artisan or the professional worker. He thinks that what is more necessary than holidays, is a remuneration for the worker that will be adequate for proper nourishment. "A mercantile clerk who comes to the city, every morning by train, from his suburb, and who uses his half-holiday in an exhausting game of football, might obtain the exercise necessary for health by walking to business, and might in the course of a twelve month learn to read and write a modern language in the half holidays, thus adding to the value of his services, and to the remuneration which he would be able to command." So much for this advice. Another writer in the same paper refers to him whom I have quoted as an "erudite grumbler." I may say that it is not so much the need of rest that causes the ordinary man to take his two weeks or so holidays during the year. He wants a change.

Probably there is a difference in opinion among women as to what constitutes "rational dress." On this side of the water, the so-called rational dress for women bicyclists has not found much favour. The short skirt is readily adopted, but the bloomers get up is not popular. In England, it appears, there is a class of bicyclists who think the short skirts inconvenient for riding, and consequently it is abolished. The Times reports a rather amusing case that arose from a woman attired in the rational dress, seeking refreshment at an inn. She was a woman of title, too, bearing the name of Lady Harberton. She was wheeling through a certain village, and stopping at the hotel said she wanted lunch. The landlady said "No, not in that dress, I do not admit people in that dress." Finally the landlady relented to the extent of offering the traveller a lunch, but stipulated that she must eat it in a little room off the bar. The lady of title, in the rational costume would not take her lunch in that room, and went off in a huff, finally causing the landlady to be indicted because she as an innkeeper, wilfully and unlawfully neglected and refused to supply Florence Wallace Harberton, wife of Viscount Harberton, then being a traveller, with victuals which she then required and for which she was willing to pay. The case was heard be-

DR. GAUTHIER ENDORSES

The statement that Mr. Major owes his life to DR. CHASE'S Kidney Liver Pills

Dr. J. T. A. Gauthier, of Valleyfield, Que., writes: "I, the undersigned, certify that the contents of this letter, in regard to the cure of Mr. Isadore Major, by the use of Dr. Chase's Kidney-Liver Pills, is correct."
Here is Mr. Major's letter: "After 20 years of suffering from backache and kidney disease I owe my life to Dr. A. W. Chase. I had tried an endless variety of remedies to no avail, and on the recommendation of a friend began the use of Dr. Chase's Kidney-Liver Pills. Two pills that night and two next morning gave great relief, and I continued their use until now I am completely cured. My friends are surprised and pleased to see me well again, for I spent hundreds of dollars in vain trying to get cured. Before using Dr. Chase's Kidney-Liver Pills my back ached so I could not put on my shoes and couldn't lift 20 lbs. My shoulders were sore, I had headaches and a bad taste in the mouth. These troubles are now entirely gone and what I say I am ready to prove. I have told my friends of my wonderful cure, and many have been greatly benefited by using these pills."
Dr. Chase's Kidney-Liver Pills are the greatest kidney cure the world has ever known. One pill a dose, 25c, a box at all dealers, or Edmondson, Bates & Co., Toronto.

fore a full bench of magistrates, no less a person than Lord Coleridge, Q. C., prosecuting. There was a good deal of amusement in the course of the trial. The chairman in his address to the jury said that the only question was whether there was a refusal to supply food in a decent and proper place. The jury found the defendant "not guilty." This is a well-directed blow at the rational costume, if the decision should be upheld by a higher court. It will not be much fun to wheel all over the country in a "rational dress" (which appears to be, by the way, going without a dress) if innkeepers can refuse admittance to the ordinary dining room and make the traveller take her lunch in any corner that by the construction of a jury may be deemed respectable. It is evident that the ordinary Britisher at home or abroad does not approve of the "rational costume."

THE IMP.

TRUE SPRING HEALTH.

Paine's Celery Compound
The Great Disease Banisher and Life Giver.

Used by All Classes and Prescribed by Honest and Able Physicians.

Paine's Celery Compound makes people well in spring time. It is as far superior to the ordinary nervines, sarsaparillas and pills as strength is better than weakness. Paine's Celery Compound as a spring medicine has the entire confidence of our varied classes of Canadian population. Nothing more decisively proves the worth, popularity and universal use of the great medicine than the fact that it is now used by our most wealthiest people who formerly relied on the best medical skill. Paine's Celery Compound in spring time builds up the broken down nervous system, purifies the blood, regulates and perfectly tones the whole digestive system, gives a relish for food, and bestows all needed vitality and bodily strength. Paine's Celery Compound today is prescribed by the foremost physicians for the cure of kidney and liver troubles. It is invariably successful in its work, making men and women well when they have failed with other medicines. Now is the time to use the marvellous compound if you desire new blood, new strength, and new life for the work and duties of approaching summer. Paine's Celery Compound has done wonders for your friends and neighbors; you need the same never-failing medicine for your case. If you would be cured do not be persuaded to try a substitute.

Household Martyr.

Polly—Aunt Sally seems wofully down cast tonight.
Jennie—Yes, poor thing, she hasn't been able to get her feelings hurt at any time today.—Indianapolis Journal.

COOK'S NEW BLOOD PILLS.

Before After **Wood's Phosphodine,**
The Great English Remedy. Sold and recommended by all druggists in Canada. Only reliable medicine discovered. Six packages guaranteed to cure all forms of Sexual Weakness, all effects of abuse or excess, Mental Worry, Excessive use of Tobacco, Opium or Stimulants. Mailed on receipt of price, one package \$1.50, six, \$5. One will please, six will cure. Pamphlets free to any address. The Wood Company, Windsor Ont.

Wood's Phosphodine is sold in Woodstock by Garden Bros. Druggists.

FARM FOR SALE.

The undersigned offers for sale her Farm, known as the True Farm, Third Tier, Jacksonville, about 3 miles from Jacksonville Corner, and five miles from Woodstock, 100 Acres of Land, all under good cultivation, fine house 4 barns granary a complete henhouse, hog house and all necessary buildings. The farm is well watered, and near church, school house and post office. It is a most valuable property and will be sold low and on reasonable terms. Apply on premises to MRS. CHARLES TRUE. Jacksonville, Sept. 1st 1898.

Subscribe for THE DISPATCH.

As the Diet is so Are the People.

My last contribution a few weeks ago illustrated the fact that science frequently proves that human instinct, taste, tendency, or whatever the influence may be termed, is usually right in the selection of foods; as, for example, as then shown in the case of brown bread and the mushroom, to which the human race never took kindly.

Man is made up of the dust of the ground, it is true, but not directly, as bricks are made. The dust is first transformed into vegetable food stuffs, from which a large porportion of the human race is constructed; while another large proportion is made up in a large measure of dust which has gone through a second process, and has been a second time transformed—first into vegetable products, and from these into animal structures and products.

Whatever may be said on behalf of a vegetarian diet, and much has been said, much that was good and seemingly correct, the fact stands out clearly that the digestion and assimilation of animal food is easier and demands less physiological energy than the digestion and assimilation of vegetable food.

It would seem to be natural, too, that the farther man is removed in his construction from the crude material—the dust, by the pre-transformation or refining, organizing process, as in respect to that material, the more refined and elevated he may become, and the greater mentality, even spirituality, he may become capable of manifesting.

Science comes in, and we learn that the people of the United States eat more meat per head per diem than any other civilized nation. Almost as much is used by the people of Great Britain. Next come the Germans, Austrians, French, and Russians in the order named. One of the leading medical weekly journals of London, commenting on these statistical facts, says:—"In almost the same order the brain power, as shown by inventive genius and mental acuity, may be arranged. The genius of the German people, so fruitful in output of material, tends rather to the laborious expansion of ideas and discoveries initially conceived by the more active cerebral centres of the Anglo-Saxon than to initial invention. The German brain consolidates and perfects what the Anglo-Saxon suggests. The brain of the greater flesh-eater conceives what the other is better able to examine and prove after suggestion."

There are doubtless numerous individual exceptions, but if the achievements of nations as a whole be considered their work represents the nature of their diet.

As the Medical Journal points out:—

The lower cerebral faculties, touch, sight, hearing, the reflex and trophic powers, are probably not so influenced. And the more mechanical mental processes, the condensation to present and petty details, the qualities of fear, love, and endurance of pain, these may not differ markedly; but the greater powers of governing and swaying others and looking beyond the actual surroundings or the details of the present, to the possibilities of the future or to the discovery of new laws and facts; such powers are dependent, we believe, upon the actual source of the body's nutriment. Beef-eating Britons invented the loom and steam engines, discovered the practical powers of electricity, introduced vaccination, antiseptics, produced a Shakespeare, founded the Mistress of all Parliaments, and have succeeded marvellously in the art of governing other peoples.

Vegetarians may take comfort from the fact that science is being instrumental in rendering more and more perfect and digestible the proteid food substances of the vegetable kingdom, through which they may possibly, eventually, supply all the needs for the highest mental development.

Yet, on the other hand, can we hope that higher vital principle of animal tissues can ever be developed in vegetable products? Possibly the direct products of animal life, milk and eggs, may, eventually, effectually take the place of flesh in all respects.

In the next article the more practical individual effects of diet may be touched upon.

EDWARD PLAYTER.

CHAPTER III.

1. In the noonday of life, when the vigorous rejoice in the ripeness of strength—
2. When the heart should feel young, and the red blood of health glow with warmth in the veins—
3. The dyspeptic walks wearily in the shades of despair.
4. O, the agonies of the flesh that rob life of its joys!
5. And the ignorance of dyspeptics who remain pilloried in pain while relief and cure are so easy to attain—
6. At all druggists—
7. When you ask for Dr. Von Stan's Pineapple Tablets, which contain the pepsin grown in the juice of the fruit.
8. A single tablet relieves heartburn, sour stomach and other distresses of indigestion, and many chronic cases of dyspepsia are cured by one box—sixty tablets in the box—for 35 cents.

Sold by Garden Bros.

"Who is the smartest boy in your class, Bobby?" asked his uncle.
"I'd like to tell you," answered Bobby, modestly, "only papa says I must not boast."

TOO WEAK TO ... SEW ...

An Ottawa Lady Relates Her Experience for Benefit of Others.

Mrs. William A. Holmes, 530 Concession St., Ottawa, Ont., testifies as follows: "For some years past I was greatly troubled with weakness both of the nerves and heart. My heart would beat very irregularly, sometimes throbbing, and at other times seem to go up into my throat, thus causing a terrible smothering sensation. Finally I grew so weak that I could not sew. Although I tried many remedies I could obtain no relief, and was almost in despair of a cure."

"One day, however, I heard of Milburn's Heart and Nerve Pills and began to use them, and am now better than I have been for years. I work right along now, and the pains and palpitation have left me, much to my relief. My blood seems to be enriched and full of vitality, and my entire system is in a healthy and vigorous state."

REED WILKES 9457,

Was sired by the great Red Wilkes 1749—Record 2,40,

SIRE OF

Ralph Wilkes, 2.06½; Blanche Louise, p 2.10; Red Bell, p. 2.11½; Abbott Wilkes, 2.12½; Wabash, 2.13½; Island Wilkes, 2.13½; Prince Wilkes, 2.14½; Red Line, 2.15; Allie Wilkes, 2.15; Wayne Wilkes, p. 2.16; Phil Thompson, 2.16½; Red Lady, p. 2.16½; 100 others in 2.30; and dams of Coleridge, 2.09½; Evangeline, (4 yrs) 2.11½; and 40 others in 2.30.

NELLIE CROW, dam of REED WILKES (4 yrs) 2.25½; Albany Boy 2.23.

REED WILKES was bred by T. L. Crow, Nicholasville, Ky. Is a dark bay horse with a few white hairs in forehead, and coronet white; 15½ hands high; weighs 1,150 lbs. In point of individuality, speed or breeding he ranks well among the produce of his famous sire, with an ideal conformation, best quality of legs and feet, coat that would grace a thoroughbred, disposition perfect, gait that could in no way be improved, and a horse of superb style, that transmits his qualities. He is certain to become a sire whose blood will be in demand at an early date.

His sire, Red Wilkes, sire of Ralph Wilkes, 2.06½, and grandsire of John R. Gentry 2.03½, the fastest stallion in the world, is by the records by far the greatest son of George Wilkes, as he has more 2.30 and more 2.20 performers than any other son, and he is also sire of more 2.30 and more 2.20 performers than any other living horse of his age.

NELLIE CROW, his dam, is a grandly bred mare, combining the three great brood mare strains—Mambrino Chief, Pilot Jr. and Clay, supported by the stout thoroughbred blood of Gray Eagle, Webster and Imp. Envoy. She produced four foals—REED WILKES (4 yrs) 2.25½, and Albany Boy 2.23; the other two were fillies and never trained, but kept for breeding. Nellie Crow trotted in 2.40 nearly twenty years ago, as a two-year-old, over a country half-mile track, and her owner says if she could have been put in the hands of some of the trainers of today her record would have been 2.10 or better.

REED WILKES' record, which was obtained at four years of age, is far from a limit of his speed, as he has trotted a trial in 2.16½. Geo. H. Bailey, State Veterinarian, said that he saw him when he made his four-year-old record at Lexington, Ky., in a stake race against the best four-year-olds in the country, and that the last heat he could have made below 2.20 had been driven for it.

REED WILKES until further notice will stand at T. S. Briggs' stable, Oakville, Carleton Co., N. B.

Service fee \$8 to insure, \$1 cash down. \$6 by the season. Single service \$4, cash down. Mares at owners' risk. All mares holden for service fee of horse. All mares disposed of will be considered in foal.

NOTICE.

The General Annual Meeting of the Woodstock Woolen Mills Co. Ltd., will be held at the company's office Town of Woodstock on the 4th day of May next at 3 o'clock in the afternoon for the election of officers and the transaction of such other business as may properly come before the meeting.

ANDREW MYLES, Sec-Treas.

MONEY TO LOAN

On Real Estate.

APPLY TO D. McLEOD VINCE,
Barrister-at-Law, Woodstock, N. B.

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N. B.—Orders for each left at stable or sent by telephone will receive prompt attention.