

Tailors' Bad Backs.



The cramped up position in which a tailor works comes hard on his kidneys and hard on his back. Very few escape backache, pain in the side and urinary troubles of one kind and another.

Oftentimes the first warnings of kidney disease are neglected—think it will be all right in a day or two—but sick kidneys won't get well without help.

DOAN'S KIDNEY PILLS

Are the best friend of kidneys needing assistance. Read the proof from a tailor who has tried them.

John Robertson, merchant tailor, Hamilton, Ont., gives his experience as follows:

"I had been ailing with my kidneys for more than a year when I commenced taking Doan's Kidney Pills, which I got at McParlane's drug store, and am sincerely glad that I did so. The wrong action of my kidneys made me sick all over and caused me much inconvenience and pain. That is a thing of the past, because Doan's Kidney Pills cured me. I have had no trouble or inconvenience with my kidneys or back since I took these remarkable pills, and you may be sure that I gladly recommend them to other sufferers."

LAXA-LIVER PILLS

are the ladies' favorite medicine. They do not purge, gripe, weaken or sicken. They act naturally on the stomach, liver and bowels, curing constipation, dyspepsia, sick headache and biliousness. Price 25c.

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Having Repaired and Replaced Machinery, is ready to do First-Class Work at lowest possible prices.

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DOORS SASH MOULDINGS
HOUSE FINISH SHEATHING ETC.,
STAIR WORK.

Prices to suit the times.
Estimates given. Orders promptly executed.
Write or call.

JOHN J. HAYWARD,
BRISTOL, N. B.

EMULSION

The D.L.

CONSUMPTION and
all LUNG DISEASES,
SPITTING OF BLOOD,
COUGH, LOSS
OF APPETITE,
DEBILITY, the benefits of this article
are most manifest.

By the aid of The D. & L. Emulsion, I have
gotten rid of a hacking cough which had troubled
me for over a year, and have gained considerably
in weight.

T. H. WINGHAM, C.E., Montreal.
50c. and \$1 per Bottle
DAVIS & LAWRENCE CO., Limited,
MONTREAL.

CANADIAN PACIFIC RY.

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Between Stations Montreal and East.
One First Class Fare For Round-Trip.

GENERAL PUBLIC.
Going on December 21st to January 1st, 1901.
Return good until January 4th, 1901.

SCHOOLS AND COLLEGES.
On presentation of certificates, going December 8th to 31st, 1900. Return good until January 4th, 1901.

COMMERCIAL TRAVELLERS.
On presentation of certificates between points in Canada east of Port Arthur, going December 14th to 20th, 1900. Return good until January 4th, 1901.

For rates, dates and limits to points west of Montreal see agents, or write A. J. Heath, D. P. A., C. P. R., St. John, N. B.

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Building the Canadian Pacific.

H.H. Lewis in Ainslie's: Students of later-day Canadian history like to dwell upon the Canadian Pacific story. To them it means an epic of individual prowess, the warfare of a strong man—strong mentally and physically—against almost insurmountable obstacles. Within six weeks of his appointment William Van Horne made his presence felt. When the enemies of the road began to decry the building of the north shore section—that along the upper end of Lake Superior—Van Horne promptly advocated the retention of the original plan, and insisted that an all Canadian line was absolutely necessary. His opinions, backed by the extraordinary influence he had already commenced to exercise over his associates, were accepted and he plunged into the work with all the strength of his iron nature. His first talk was to attack the wilderness on the north of Lake Superior. Twelve thousand railroad navvies, and from 1,500 to 2,000 teams of horses were set to work, involving the use of a dozen steamers for the transport of materials and provisions. It was a small army in number, but its motive, creation instead of extinction, made its work of wonderful interest. The problem boldly faced by the new general manager was one calculated to daunt the most venturesome and daring spirit. In his preliminary and personal survey he had found what he afterward characterized as "200 miles of engineering impossibilities." The country it was necessary to cross was a waste of forest, rock and muskeg (bog), out of which almost every mile of road was hewn, blasted, or filled up, and in places the filling-up of muskegs proved to be a most difficult one.

There were moments during the work when even William Van Horne's stout heart almost failed him. Discouraging reports from surveyors and engineers, the discovery of unexpected obstacles, and the varied phases of weather, rain following cold and floods following rain, made the task hard beyond the comprehension of ordinary men. But there was that in the old Dutch of the Van Hornes, and perchance, in the American spirit of the Illinois-born man, which caused him to hammer away at the problem until he finally succeeded. It is well to say in passing, that if William Van Horne had accomplished nothing else, his victory over the engineering difficulties afforded by the line along Lake Superior's north shore would give him fame enough for one man. While the work of constructing the Lake Superior north coast line was progressing other portions of the great systems were receiving the attention of the tireless, general manager and his assistants, the Rocky Mountains, that formidable barrier of interminable snow peaks, had to be pierced. To those who have travelled over the Canadian Pacific from Montreal to Vancouver the feat of building even a single track railroad under such conditions and through such a marvelous country is almost past understanding. The obstacles presented along the north shore trade into insignificance when compared with those encountered after entering the majestic Rockies. Every conceivable engineering problem was encountered and overcome. Trestles, bridges, cuts and fills without number were employed, and to achieve all this, money was spent with a liberal hand. It was like campaigning in a hostile country. To rout the forces of nature called for a vast army of men, and this army required a commissary corps as efficient as one accompanying a military body. Pick and shovel, dynamite and blasting powder, formed the weapon of offence; temporary rails and engines the transportation; great herds of Chinese and Indians the rick and file; intrepid and skillful Canadian, English and American engineers the staff, and at the head of it all, the general-in-chief was William Van Horne, the Illinois boy, who, twenty years before, had started in his railroad career as a cub telegraph operator.

Cramps, Like Burglars,

come just when they are not expected and are least welcome. One minute cure for Cramps is what you want. Nerviline simply acts instantaneously. Its anodyne power is unique—for its composition expresses the highest medical progress of the age. Nerviline is a true comfort in the family, for in all derangements of the stomach and bowels it is an absolute specific. Five times greater medical value than any other preparation sold, is Nerviline. Your druggist sells it or can get it.

RURAL AFFAIRS.

Investigation of Feeding Problems.

An apparatus is approaching completion at the Pennsylvania Experience Station which is of great scientific interest to farmers. It is called a respiration-calorimeter, and by its use it is expected that much light will be thrown on some of the problems of animals nutrition and stock-feeding. It was patterned after the one devised by Professors Atwater and Rosa at Wesleyan University of Middletown, Conn., for experiments on man, but is about three times as large, and with such changes in details as were rendered necessary by the more bulky food of cattle and by the fact that the subject of the experiment could not, as in the case of man, aid the experimenter.

The box consists of an inner chamber of sheet copper, which can be tightly closed. It is in this chamber, which is lighted by

plate-glass windows and supplied with a constant current of pure air, the animal is placed during the experiment, where it may comfortably remain for several days.

The object of the experiment is to study the food as a source of energy, or, in other words, as the fuel of the body. The aim is to find out what proportion of this energy can be utilized by the animal to produce meat or milk or work, and how much is simply used up in heating the surrounding air. A comparison of the corn and hay, for example, in this respect will show which one contains the greater store of energy in available form. Similarly, a comparison may be made of the ability of different animals to utilize the energy of the same food, or of the influence of various external conditions, such as temperature water-supply, light, excitement, etc.

—[Contributor American Agriculturist.

Cured a Bad Case of Deafness.

St. Thomas, Ont.—"I have used Catarrhzone for impaired hearing and have been much benefited by its use, so much that I can now hear quite well. I am recommending it to my friends. Thos. Riddle.

Fully nine tenths of cases of impaired hearing arise from Catarrhal Irritation. There is no question as to the efficacy of Catarrhzone in cases of impaired hearing from this cause, as the evidence of many testimonials similar to the above emphatically proves. Any one suffering in this way can test Catarrhzone by sending us 10 cents in stamps for which we will promptly mail them trial outfit sufficient to demonstrate its great efficacy. N. C. Polson & Co., Kingston, Ont., Hartford, Conn.

Useful Snow.

If all the condensed moisture of the atmosphere were to fall as rain, and none of it as snow, hundreds of thousands of square miles of the earth's surface now yielding bountiful crops would be little better than a desert. The tremendous economic gain for the world at large which results from the difference between snow and rain is seldom realized by the inhabitants of fertile and well-watered lowlands.

It is in the extensive regions where irrigation is a prime necessity in agriculture that the special uses of the snow come chiefly into view. All through the winter the snow is falling upon the high mountains, and packing itself firmly into the ravines. Thus in nature's great ice-house a supply of moisture is stored up for the following summer.

All through the warm months the hardened snow-banks are melting gradually. In trickling streams they steadily feed the rivers, which as they flow through the valleys are utilized for irrigation. If this moisture fell as rain it would almost immediately wash down through the rivers, which would hardly be fed at all in the summer, when the crops most needed water.

These facts are so well known as to be common-place in the Salt Lake valley and in the sub-arid regions of the West generally. They are not so well understood in the East where snow is sometimes a picturesque, sometimes a disagreeable, feature of winter.

In all parts of the country the notion prevails that the snow is of great value as a fertilizer. Scientists, however, are inclined to attach less importance to its service in soil nutrition—for some regions which have no snow are exceedingly fertile—than to its worth as a blanket during the months of high winds. It prevents the blowing off of the finely pulverized richness of the top soil. This, although little perceived, would often be a very great loss.

In Nature's every form there is meaning.—The Youths Companion.

For the masses, not the classes.
Bentley's Liniment is the family medicine chest. Price 10 and 25.

LIVING COSTS SIX CENTS A DAY.

Holley Does His Own Cooking and Gets Fat on Meager Diet.

William Holley, fifty years of age, a bachelor, of Brazil, Ind., has demonstrated that a man can live and thrive on six cents a day. For the last four months Holley, who lives alone and does his own cooking, has spent \$6.85 for food. He says he has gained weight. This was his bill of fare. For breakfast, coffee, meat, bread and sugar; dinner, same, with probably vegetable; supper, same as breakfast.

Each week Holley lays in a supply of food which he makes do for the entire week. This supply consists of the following:

Bread.....	15
Sugar.....	10
Meat.....	10
Coffee.....	5
Vegetables.....	5

Cost of week's food 45
Occasionally Holley will purchase a few substantial vegetables, such as a head of cabbage, five cents' worth of potatoes or one or two tomatoes, which could be purchased for a cent a piece, and on this allotment of food he eats three meals a day for seven days in the week, when he replenishes his supply.—Chicago Record.

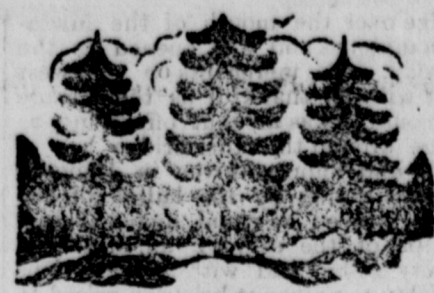
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—The stomach is the centre from which, from the standpoint of health, flows "weal or woe." A healthy stomach means perfect digestion—perfect digestion means strong and steady nerve centres—strong nerve centres mean good circulation, rich blood and good health. South American Nervine makes and keeps the stomach right.—52
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NORWAY PINE SYRUP.

A positive cure for all Throat, Lung and Bronchial diseases.

Healing and soothing in its action. Pleasant to take, prompt and effectual in its results.

Mr. Chas. Johnson, Bear River, N.S., writes: "I was troubled with hoarseness and sore throat, which the doctor pronounced Bronchitis and recommended me to try Dr. Wood's Norway Pine Syrup. I did so, and after using three bottles I was entirely cured."

Take a LAXA-LIVER Pill before retiring. "It will work while you sleep without a gripe or pain, curing biliousness, constipation, sick headache and dyspepsia and make you feel better in the morning. Price 25c.

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EVERETT'S BOOKSTORE.

Now ready for inspection a large and well assorted stock of

CHRISTMAS GOODS.

Novelties in Toys, Dolls and Fancy Cards, Books, Stationery, Christmas Goods, and Art Novelties, Booklets, Calendars, Games, Purses, Pocket Books, Card Cases, China, Cups and Saucers, Mugs, Vases, Photos, etc., Fine Glass Ornaments. Call and see.

W. H. Everett, Woodstock.

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Near Bridge.

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OUR PUNGS

Are built to wear.

CALL AND LOOK AT OUR WORK BEFORE BUYING.

Many Styles.
Many Trimmings.
All Good Materials.
All Good Work.

THE WOODSTOCK CARRIAGE CO.

EMPLOY YOUR IDLE TIME
IT'S GOOD AS CASH.

"Work at home" is an idea that will appeal to those who will have a good deal of spare time during the coming winter. To secure the services of such the Yorkshire Mfg. Co., of Toronto, are offering remunerative home work to be done with their Automatic Seamless Knitting Machine. There's work by different members of the family according as they had leisure—a good way to make the idle minutes pay the rent and buy the fring. See their announcement in another column

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of Fredericton Business College, who has taken both the Book-keeping and Shorthand courses is holding a position. We have not been able to supply the demand for those who have both qualifications. Free catalogue sent to any address on application. Address, A. J. OSBORNE, Principal. Fredericton, N. B.

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The difference in the world between Sleigh Robes. Some are closely woven and of a soft texture, while you could shoot peas through other robes. We have some of the most beautiful lap robes ever shown in Woodstock. These are so fine that ladies have been buying them to make up into golf capes.

PRICES \$1.00 TO \$8.00 EACH.

ATHERTON BROS.

Harness Makers,

King Street, Woodstock.

LOOK HERE FRIEND!

Do you have pains about the chest and sides, and sometimes in the back? Do you feel dull and sleepy? Does your mouth have a bad taste, especially in the morning? Is your appetite poor? Is there a feeling like a heavy load upon the stomach? Sometimes a faint, all-gone sensation at the pit of the stomach, which food does not satisfy? Are your eyes sunken? Do your hands and feet become cold and feel clammy? Is there a giddiness, a sort of whirling sensation in the head when rising up suddenly? Are the whites of your eyes tinged with yellow? Is your urine scanty and high colored? Does it deposit a sediment after standing? If you suffer from any of these symptoms,

USE SMITH'S CHAMOMILE PILLS.

Prepared only by FRANK SMITH,
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Price 25 cents; five boxes \$1. If not kept by your local dealers a box will be sent by mail on receipt of price.

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