

DO YOU FEEL TIRED IN THE MORNING?

Does Sleep not bring Refreshment?

Do you feel wretched, mean and miserable in the mornings—as tired as when you went to bed? It's a serious condition—too serious to neglect, and unless you have the heart and nervous system strengthened and the blood enriched by



Milburn's Heart and Nerve Pills, collapse is a most certain to ensure. Mr. Fred. H. Graham, a well-known young man of Barrie, Ont., says:—"I have had a great deal of trouble with my heart for four years. I was easily agitated and my excitement caused my heart to throb violently. I had dizziness and shortness of breath, and often arose in the mornings feeling as tired as when I went to bed. I was terribly nervous. Milburn's Heart and Nerve Pills have done wonders for me. They have restored my heart to regular healthy action, giving me back sound restful sleep, and making my nervous system strong and vigorous."

Milburn's Heart and Nerve Pills are 50c. a box or 3 for \$1.25 at all druggists or by mail. The T. Milburn Co., Limited, Toronto, Ont.

FOR SALE.

1 pair Matched Grey Horses, suitable for farm team; 1 good Driving Horse, color Bay; all 7 years old; also, 1 New Express Waggon.

W. R. WRIGHT,
Upper Woodstock.

CURE ALL YOUR PAINS WITH
Pain-Killer.
A Medicine Chest in Itself.
Simple, Safe and Quick Cure for
**CRAMPS, DIARRHOEA, COUGHS,
COLDS, RHEUMATISM,
NEURALGIA.**
25 and 50 cent Bottles.
BEWARE OF IMITATIONS.
BUY ONLY THE GENUINE.
PERRY DAVIS'

CHARLES P. PARKER,
Painter & Grainer,
PAPER HANGER, SIGN PAINTER, &C.

Hard Wood Finishing, Pine Wood Finishing in its natural color, or painted in tints to suit. Also, Staining Graining, Marbleing, Kalsomining, etc.
First-class work—lowest prices.

Shop and Residence:

Richmond Street, Woodstock, N. B.

**House Painting,
Decorating,
Alabastine,
Frescoing,
Marbling, Gilding.**

All kinds of Exterior and Interior Work.

TURNER & FIELDS.

Orders left at W. F. Dibblee & Sons or at the Town Hall promptly attended to.

Prescriptions

Carefully

Compounded

—FROM—

PURE DRUGS

CHAS. McKEEN,
DRUGGIST,

Main Street, - - - Woodstock.

ALONG THE WAY.

A little love, a little cheerfulness,
A little sense of home along the way,
A little heartening in the battle's stress,
A little singing at the close of day—
And oh! this life is not all cold and gray,
But sweet with comfort and with sunshine bright,
If that we keep, each helping as he may,
These little things in sight.

A little hope, a little faith serene,
A little word of strength for those who fall,
A little smiling, tho' tears come between,
A little charity if need should call—
And O! no paltry is our life nor small,
But big and fine and filled with sweet delight,
If that we keep, each for the sake of all,
These little things in sight.
—Ripley D. Saunders, in St. Louis Republic.

Family Government.

From long personal observation I am convinced that many parents make a mistake in the attempt to govern their children by scolding too much. Now, if you must scold, wait till your anger has gone down, then condense, cut off at both ends, and stop once for all. The habit of scolding will so grow on the parent, especially the mother, that soon she becomes a "continual scold," forever nagging and arguing and threatening; so that finally the child gives up in despair. He expects nothing but fault finding and hostility, and often sees no use in trying to do right or to please.

Many parents are in the habit of arguing with a child over his wrong-doing, until it is prolonged into something like a pitched battle. I am sure nothing is more foolish. If a child has a valid excuse, I would hear him patiently, but as soon as he begins to argue, I would stop him. Otherwise he will always have the last word, imagining that he is your equal, and your authority is weakened.

First I would cultivate self-control. When a child is disobedient, restrain your anger and take time for thought and investigation. There may be excuses; there may be palliating circumstances. Even where there is a clearing case of clear wrong-doing, I would not scold or nag. I would say little, but inflict a penalty. Let the child learn from experience that adequate, and if necessary, severe punishment (it need not always be corporal) surely follows disobedience and wrong doing. I believe that all scripture is given by inspiration of God, and that when Solomon wrote, "He that spareth his rod hateth his son; but he that loved him chasteneth him betimes," he was inspired; he made no mistake.

Our children in this day of lax government are spoiled. They lack, as a rule, reverence for their elders and superiors; often they really rule their parents, who have long since yielded the scepter and given up the battle.

I firmly believe that moderate, reasonable punishment is far better for the child than continual scolding.—Henry M. Goodell.

A cure for Rheumatism

Mr. S. Mann, Stittsville, Carleton Co., Ont. writes: "I was afflicted with rheumatism, had severe pains in the knees, hips joints, across the back. Rheumatism remedies did not help me and I began using Dr. Chase's Kidney-Liver Pills, which have since completely cured me. There is not the least trace of rheumatism left and I am no longer subject to biliousness, headache and stomach sickness which formerly attacked me frequently." One pill a dose, 25 cents a box.

Pointed Paragraphs.

Disappointment is the saucer belonging to the cup of sorrow.

The width of a broad grin is equal to the length of a smile.

The matches that are the result of love must be the product of a trust.

People who are discreet have eyes but see not, and ears but hear not.

The man who never had occasion to borrow money can't appreciate its value.

The wise man makes hay while the sun shines, but the fool sows wild oats by gaslight.

A pedagogue of the old school says that without the liberal use of the rod it is impossible to make boys smart.

Human nature is a thing that makes some men imagine they have a perfect right to work less themselves and at the same time work others more.—Chicago News.

If your child is suffering from worms, give him Dr. Low's Pleasant Worm Syrup. It is perfectly harmless and contains its own cathartic, so that there is no need of giving a purgative. Price 25c.

Orange Egg.

A raw egg is very condensed nourishment and is strongly advised for people who need building up, and yet have little appetite. An eminent physician prescribes a novel and delightful way of administering an uncooked egg that is wholesome and appetizing. After due beating with the addition of a pinch of salt and sugar to taste, the juice of an orange is stirred in, when the raw egg flavor disappears and what otherwise would be gulped down like castor oil is taken with a relish. The white may be beaten separately if liked and stirred in after the orange juice.

Don't suffer from toothache when a ten cent bottle of Dr. Low's Toothache Gum will cure it quickly without blistering your lips or cheeks.

IS BABY CUTTING TEETH?

Watch him carefully.—On the first indication of Diarrhoea give Dr. Fowler's Extract of Wild Strawberry.



Hot weather comes hard on babies, especially those cutting teeth.

The little form soon wastes and fades away when diarrhoea or cholera infantum seizes upon it.

As you love your child, mother, and wish to save his life, give him Dr. Fowler's Extract of Wild Strawberry.

There is no other remedy so safe to give to children and none so effectual.

Mrs. Chas. Smith, Shoal Lake, Man., says: "I think Dr. Fowler's Extract of Wild Strawberry is the best medicine that was ever made for diarrhoea, dysentery and summer complaint. It is the best thing to give children when they are teething. I have always used it in our own family and it has never yet failed."

Implements.

The laborer toiled with his hands, Instructing in the trade his 'prentice lads, Doth tell them how to use their tools.

'To make a rift,' quoth he, 'you use your adze.' And so today the man of business mind, When catering to the public's fads, Will find impressions quickly made

If he make proper use of all his ads.

A Big Cork Contract.

A deal just been closed whereby a brewing association purchased about 480,000 pounds of corks. This represents \$450,000. In two years this company will deliver to the brewery upward of 100,000,000 corks. This is said to be one of the biggest deal in corks ever made. These 100,000,000 corks, in bulk, weighing 480,000 pounds, would support 240,000 men on top of the water were they to be thrown overboard, each with a single life-preserver on.

Cork wood comes from bark of a species of live oak tree found at its nest in the forest of Spain. The cork wood tree is said to be one of the three most valuable trees known, the others being the trees producing rubber and quinine. The cork wood bark is stripped from the trees and the principal branches, about every ten years, each tree yielding from fifty to five hundred pounds of pure cork.—Cincinnati Enquirer.

Without Sleep

The vitality of the body is soon exhausted. Sleeplessness is one of the symptoms of starved nerves. It is a warning of the approach of nervous prostration or paralysis. Don't be tempted to use narcotics or opiates. Dr. Chase's Nerve Food will gradually build up and reconstruct the wasted nerve cells and positively cure all nervous diseases. It is nature's greatest restorative, recommended by your druggist.

WHAT BECOMES OF HAIRPINS?

They Disappear in a Very Mysterious Manner.

Five hundred millions of hairpins. That is what the women of America annually buy, beg or borrow. Now a hairpin never wears out; it sometimes becomes pale and bent with age, but its avoirdupois is all there. What, therefore, becomes of these successive millions. During the past ten years 5,000,000,000 of hair pins have been made and sold. At present there are only about 100,000,000 in circulation. Now, where are the other 4,900,000,000? They have been sown broadcast all over the continent and have left not a trace behind. Of course some of them have been picked up and restored to their sphere of usefulness, but most women are as shy of using stray hair pins as they are of accepting an unidentified toothbrush. The hairpins, therefore, go to make up the floatsam and jetsam thrown out by the tide of humanity and dumped into the waste places of the suburbs.

CURED OF CONSTIPATION.

Miss Bessie Nason, Clover Hill, N. L., says: "I gladly recommend Laxa-Liver Pills, as they cured me completely of constipation before I had finished the third box."

A Lesson in Economics.

The Chinese object to the railway on account of the great army of messengers and carriers that would be deprived of work by its introduction. They do not appreciate the fact that the object of carrying is to remove goods from one place to another with the least outlay of exertion. They think the object is to create obstacles for the people to overcome. Their position is the same as that of the opponents of import trade, who claim that it deprives men of the work of manufacturing at home. They do not see that the object of importing is to secure the things wanted with the least outlay of labor. The railway is preferable to hand carrying because it lessens, and so far as it lessens, the labor necessary to moving goods from where they are produced to where they are wanted. Importation is superior to local manufacture, so far as it lessens the labor necessary to obtaining the things desired. Whether the people make the things they want or make other things to give in exchange for the things desired is a matter to be decided according to the labor involved in the two processes.

Changes in Factory Life in New England.

A change is gradually taking place in the nationality of cotton mill employees in New England, says the New York Post. This has become more noticeable with the recent increased activity of the mills. In some Connecticut and Rhode Island mills Greeks are being hired, while in many Fall River mills preference is being given to Portuguese and Poles, who have been arriving there quite rapidly in the last twelve months. Russians were quite acceptable at one time, but it was found that they sought work outside of the mills as soon as they had saved a little money. The influx of French Canadians has long ceased to be a subject of comment. Of all the foreign elements manufacturers says the Portuguese are the most docile and faithful. The Canadian element is a much more independent one to handle, and is more mercurial in its movements from mill to mill. The Poles find it difficult to get beyond the more simple operations until they have made some attempt at mastering the English language. But the change in the nationality of the help in the mills is not quite so striking as the substitution for women and young girls of men varying in age from twenty-one to forty-five years. This is more noticeable in the "country mills," but there are many examples of it in Fall River.

Brisk walks in a misty rain are recommended to give the skin a delicate freshness and glow.

Coal is worked so easily in China that in Shansi it sells at less than one shilling per ton at the mines.

The Supreme Court of Illinois has decided by a unanimous vote that hard cider is an intoxicating drink.

In Paris there are fifty papers having as their object the supply of impure or unwholesome literature.

The population of the German Empire today must be about 56,000,000, or about 15,000,000 more than in 1871.

There are 20,000 locomotives on the railways of the United Kingdom, and their cost has been about £60,000,000.

Sir James Crichton-Brown is of opinion that consumption will in the ordinary course disappear in sixty years.

The Queen will present to the municipality of Dublin, in memory of her recent visit, a gold loving cup weighing 160 ounces.

Life is never so dark and dreary but that it has its pleasures and joys.

He who is most slow in making a promise is the most faithful in the performance of it.



DEPARTMENT OF RAILWAYS AND CANALS, CANADA.

PRINCE EDWARD ISLAND RAILWAY.

NOTICE TO CONTRACTORS.

SEALED TENDERS addressed to the undersigned and endorsed "Tender for Bridge over the Hillsboro River," will be received at this office until 10 o'clock (4 p. m.) on Friday 10th day of August, 1900, for the construction of the Substructure of a combined Highway and Railway Bridge over the Hillsboro River at Charlottetown, Prince Edward Island.

Plans and specifications of the work can be seen on and after the 9th day of July, 1900, at the office of the Superintendent of the Prince Edward Island Railway at Charlottetown, and the Chief Engineer of the Intercolonial Railway at Moncton.

Printed forms of Tender can also be obtained at the places mentioned.

In the case of firms there must be attached to the tender the actual signatures of the full name, the nature of the occupation, and residence of each member of the firm, and further, an accepted bank cheque on a chartered bank of the Dominion of Canada for the sum of \$20,000 must accompany the tender.

The accepted bank cheque must be endorsed over to the Honourable the Minister of Railways and Canals, and will be forfeited if the party tendering declines entering into contract for the work at the rates and on the terms stated in the offer submitted.

The accepted bank cheque thus sent in will be returned to the respective parties whose tenders are not accepted.

The Department does not bind itself to accept the lowest or any tender.

By order,

L. K. JONES,

Secretary Dept. Rys. & Canals, Ottawa, 5th July, 1900.

Newspapers inserting this advertisement without authority from the Department will not be paid for it.



CHEAP EXCURSIONS

—TO—

CANADIAN NORTHWEST.

From Canadian Pacific Stations in New Brunswick.

Round trip Colonist class tickets:

| | |
|--------------------|---------|
| Winnipeg..... | \$28.00 |
| Moosomin..... | 28.00 |
| Regina..... | 30.00 |
| Yorkton..... | 30.00 |
| Prince Albert..... | 35.00 |
| Calgary..... | 35.00 |
| Red Deer..... | 40.00 |
| Edmonton..... | 40.00 |

Tickets good going on June 18th, July 13th and 16th, good to return until August 20th, Sept. 12th and 16th, 1900, respectively.

Tickets good to stop over at Dryden, Ont., Winnipeg and west thereof.

For further particulars write to
A. J. HEATH, D. P. A.,
St. John, N. B.

"I Can Eat What I Like."

Many people suffer terribly with pain in the stomach after every mouthful they eat.

Dyspepsia and indigestion keep them in constant misery.

After trying the hundred and one new-fangled remedies without much benefit, why not use the old reliable Burdock Blood Bitters and obtain a perfect and permanent cure?

Here is a case in point:

"I was troubled with indigestion and dyspepsia for three or four years, and tried almost every doctor round here and different dyspepsia remedies, but got little relief. "I then started using Burdock Blood Bitters, and when I had finished the second bottle I was almost well, but continued taking it until I had completed the third bottle, when I was perfectly well. Before taking B.B.B. I could scarcely eat anything without having a pain in my stomach. Now I eat whatever I like without causing me the least discomfort." — MRS. THOMAS CLARK, Brussels, Ont.



Canada's International Exhibition.

ST. JOHN, N. B.

OPENS SEPT. 10TH.

CLOSES SEPT. 19TH.

Additions have been made to the Live Stock prizes, and a Buttermaking Competition and exhibit of cheese making provided for.

Amusements will this year be more than ever a prominent feature, including many unique and startling novelties.

Very cheap fares and special excursions on all railways and steamers. Exhibits on several of the main lines will be carried practically free. Full particulars advertised later.

Exhibitors desiring space in the buildings or on the grounds should make early enquiry, and for sales and special privileges immediate application should be made

Premium lists and entry forms will be sent on application to
CHAS. A. EVERETT,
Manager and Secretary.
D. J. McLAUCHLIN, President.

HOTELS

QUEEN HOTEL,

J. W. SMITH, Proprietor.

St. Stephen, - - - N. B.

Opposite Post Office, two minute's walk from C. P. R. Depot.

Newly Painted and Renovated, most convenient Hotel in St. Stephen for Commercial Men.

\$1.50 PER DAY.

VICTORIA HOTEL,

Carleton Street, - - Woodstock, N. B.

T. J. ROYER, Proprietor.

Within a stone throw of Queen Street Station, overlooking the St. John River. Sample rooms in Opera House Block and in hotel.

Terms \$1.50 per day.

Queen Hotel,

J. A. EDWARDS, - - Proprietor.

QUEEN STREET,
FREDERICTON, - N. B.

VICTORIA HOTEL,

ST. JOHN, N. B.

D. W. McCORMICK, - Proprietor

JUNCTION HOUSE,

Newburg Junction.

Meals on arrival of all trains First-class fare.

R. B. OWENS, Proprietor

LOOK HERE FRIEND!

Do you have pains about the chest and sides, and sometimes in the back? Do you feel dull and sleepy? Does your mouth have a bad taste, especially in the morning? Is your appetite poor? Is there a feeling like a heavy load upon the stomach? Sometimes a faint, all-gone sensation at the pit of the stomach, which food does not satisfy? Are your eyes sunken? Do your hands and feet become cold and feel clammy? Is there a giddiness, a sort of whirling sensation in the head when rising up suddenly? Are the whites of your eyes tinged with yellow? Is your urine scanty and high colored? Does it deposit a sediment after standing? If you suffer from any of these symptoms,

USE SMITH'S CHAMOMILE PILLS.

Prepared only by FRANK SMITH,
St. Stephen, N. B.

Price 25 cents; five boxes \$1. If not kept by your local dealers a box will be sent by mail on receipt of price.