

THE WOODSTOCK DISPATCH.

ISSUED WEDNESDAY

From the office, 46 Queen Street, Woodstock, N. B.

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HARLES APPLEBY & T. CARL L. KETCHUM. Editors and Proprietors

WOODSTOCK, N. B., JULY 18, 1900.

Food For Brain Workers.

Blanched almonds give the higher nerve or brain and muscle food, no heat no waste says Good Housekeeping. Walnuts give nerve or brain food muscle heat and waste. Pine kernels give heat and stay. They serve as a substitute for bread. Green water grapes are blood purifying (but a little food), reject pips and skins. Blue grapes are feeding and and blood purifying too rich for those who suffer from the liver. Tomatoes—nerve or brain food and waste no heat, they are thinning and stimulating do not swallow skins. Juicy fruits give more or less the higher nerve or brain, and some few muscle food and waste no heat. Apples supply the higher nerve and muscles food but do not give appreciable stay. Prunes afford the highest nerve or brain food and supply heat and waste but are not muscle feeding. They should be avoided by those who suffer from the liver. Oranges are refreshing and feeding but are not good if the liver is out of order. Green figs are excellent food. Dried figs contain nerve and muscle food, heat and waste but are bad for liver: The great majority of small fresh seed fruits are laxative. All stone fruits are considered to be injurious for those who suffer from the liver and should be used cautiously. Lemons and tomatoes should not be used daily in cold weather, they have a thinning and cooling effect. Raisins are stimulating in proportion to their quality.

A CARD.

We, the undersigned, do hereby agree to refund the money on a twenty-five cent bottle of Dr. Wills' English Pills, if, after using three-fourths of contents of bottle, they do not relieve Constipation and Headache. We also warrant that four bottles will permanently cure the most obstinate case of Constipation. Satisfaction or no pay when Wills' English Pills are used.

Garden Bros., Druggists, Woodstock, N. B.
Chas. G. Connell, Druggist, Woodstock, N. B.
Chas. A. McKeen, druggist, Woodstock N. B.

Practical Recipes

TOMATO JELLY.—A can of tomatoes or four cupsful of ripe tomatoes stewed, six cloves, two bay leaves, two slices of onion, a teaspoonful of thyme, two teaspoonfuls of salt, two of sugar, half of pepper, half a box of gelatine soaked in a cup of water. Boil the tomatoes, together with the spices and onion, until soft, then add the soaked gelatine and stir until the gelatine is dissolved, then strain and pour it into a border mould to set. Serve with the centre of the jelly filled with celery cut into small pieces and mixed with mayonnaise dressing. Garnish with white lettuce leaves. This jelly is also nice moulded in small forms and served in crisp lettuce leaves with a teaspoonful of mayonnaise on top of each mould. They may be served individually on plates or arranged on a platter and passed. To turn the jelly from the mould, wrap the mould with a cloth dipped in hot water. This loosens the jelly and it comes out without breaking.

ROLL SANDWICHES.—Take a fresh loaf of bread, wrap it in a cloth which has been wrung out of cold water, then wrap in a dry cloth and set away for several hours. Cut off the crust, cut in thin slices, spread with chicken paste, *pate de foie gras*, or anchovy paste, roll the slices small and serve with salad at a reception or supper.

CLUB SANDWICHES.—Take slices of diamond-shaped toast, spread with butter, then cover with a crisp lettuce leaf; on this put a thin slice of the breast of chicken and then a thin slice of broiled ham or bacon, then another piece of toast. These sandwiches are very nice served with beer at an informal supper.

COTTAGE CHEESE.—This cheese is much better when made at home. The kind that you buy has been made by allowing the milk which is the foundation to sour and again. The process in making it at home requires milk that has well curdled. Put this on the stove in a stewpan and let it stay only so long as is necessary for the curd to separate from the whey. If cooked too long the cheese will be of a leathery consistence. Now strain it in a cheesecloth bag to be rid of the moisture. Season with salt, pepper and either cream or butter. The cream is preferable but the butter may be used. Some housekeepers add onion juice in small quantities, but that is merely a matter of taste.

Summer Swine Notes.

Get all the breeding stock out to pasture, and also the young pigs that you will feed off in the fall. There is no cheaper or better place to feed them.

See that the pigs have shelter from sun and rain; they have very little hair to protect them and feel acutely climatic changes. Arrange the troughs so that one or two of the strongest pigs will not keep away the rest. A few partitions along the trough may be necessary.

Put rings in all the pigs' noses. A box of copper ring staples and a pair of pinchers for putting them in can be got for a few cents at almost any hardware store.

Give the pigs clean drinking water and salt in their food. If much sour food is used, soda should be fed with it. It will neutralize the excess of acid and promote digestion. A dessert spoonful at a time is enough for a grown pig; less for a younger one.

If the pasture gets short and it is not convenient to move the pigs, they may be fed green peas and oats or other soiling crops. Cornstalks later on will be especially relished.

When Going to Bed

No matter how busy one may be, it is quite possible always to attend to one's toilet at night. One should not simply drop her clothes and tumble into bed, else neither one's self nor the clothes will look attractive in the morning. Have plenty of hot water and a dash of eau de Cologne, and give your face a thorough laving. The result will be as refreshing as an hour's sleep. Brush the hair for twenty minutes. It will be glossier and thicker for the trouble, and your nerves will be soothed by the process. Then, after the exercise, robe yourself in a warm dressing-gown, and drink a glass of hot milk, weak cocoa, or even hot water, eating a cracker or bit of toast if you like. When the small support is finished you will be ready to go to sleep without any insomnia cure, and in the morning you will waken refreshed and thoroughly in good humor with yourself and the world.

A Circular Burlesque.

Here is an amusing burlesque circular issued by the friends of a young music teacher in Brooklyn. It is no worse than many circulars which have been issued in all seriousness by men or women who were laboring under the impression that nothing in the world was of greater importance than their musical skill. Here are some extracts from the circular, with the names slightly modified:

MISS MARIE BRIARTON,

Soprano, Incognito, Tete-a-tete.

Having returned from a successful siege of Western hamlets, is prepared to instill into the minds of very immature persons the latest methods in vocal annihilation.

Mates found for odd voices. Voices arranged to suit any complexion. Cadenzas and trills inserted with or without the use of anaesthetics.

Beautiful half-tone specimens of her voice in any posture sent whenever requested, postage prepaid.

The Wedding Ring.

Many believe that the loss of a wedding ring means that the husband's love will be lost in turn. If the ring is broken, the husband will soon die.

In Ireland it is a general belief that to rub a sore with a golden wedding ring will cause it to speedily heal.

The wedding ring is supposed never to tarnish, and if it does become dim it is said to be a warning that love also is tarnished and dim.

The latest thing in the United States is whooping-cough parties. We are told that little Miss Dorothy Smith of Huntington, Long Island, gave one the other day. Dorothy has the complaint. So has, or recently has had, about 30 per cent. of the juvenile population of the village. Miss Smith wanted to give a party. Her ailment made it seem impossible until the whooping-cough idea came. The invitation were sent to her little friends. They contained a clause providing that the invitation was not to be accepted unless the recipient had the whooping cough at the time, or else had recently recovered from it. As a result, twenty-five whoopers or recent whoopers responded, and a most enjoyable afternoon was spent. It was marred only by the suddenness with which some acute whoopers had to stop having fun until a paroxysm had passed. The principal refreshments handed round consisted of various kinds of cough drops.

"Knowing"

He that knows not and knows not that he knows not is a fool. Shun him.

He that knows not and knows that he knows not is simple. Teach him.

He that knows and knows not that he knows is asleep. Wake him.

He that knows and knows that he knows is wise. Follow him.—Arabian proverb.

One Way to Pay

Patient—Your bill of 100 marks for visits and 60 marks for medicines is high, Doctor, but I've arranged to settle. I'll pay the 60 marks for the medicines, and I'll return all your visits.—*Fliegende Blatter.*

Stone street was the first street in New York city paved with cobblestones; hence its name. The paving was done in the year 1657.

B.B.B. Cures Ringworm.

"I had ringworm on my head for nearly a year.

"I consulted three doctors but derived little or no benefit from their treatment.

"I then commenced to use Burdock Blood Bitters.

"Besides taking it internally I washed the affected parts with it and when the bottle was finished I was completely cured." Elsie Slaght, Teeterville, Ont.

Burdock Blood Bitters cures sores, ulcers, boils, pimples, eczema and all skin eruptions of the most chronic type. It makes the blood rich and pure, drives all foul material from the system and builds up the tissues of the body.

We all Might be Happier.

"This would be a happier world," said the corn fed philosopher, "if more of us got what we wanted and fewer of us got what we deserved."—Indianapolis Press.

Friendship bought with money isn't proof against the gain of your enemy.—Chicago News.



Our New Wall Paper!

Has arrived. The prices range from

5 Cents a Roll, to 50 Cents a Roll.

Newest Designs and Colors with Borders to Match. All the New Shades of Ingrain.

Mrs. J. LOANE & CO.

Opp. Carlisle Hotel, Woodstock.

The Hartford Grist Mill and Carding Mill

Are Running Every Day.

R. E. HOLYOKE, AGENT, Woodstock.

Wool left in his care will receive prompt attention.

We have the reputation of making first-class work.

L. S. R. LOCKHART.

Hartford, Aug. 5, 1899.

C. P. R. TIME TABLE.

In effect June 25th, 1900.

DEPARTURES—Eastern Standard Time.

(QUEEN STREET STATION).

6.00 A MIXED—Week days—for McAdam Jc, M St. Stephen, St. Andrew, Fredericton, Saint John, Bangor, Portland and Boston.

6.35 A MIXED—Week days—for Aroostook M Junction, Presque Isle, etc.

11.28 A EXPRESS—Week days—for Presque M Isle, Edmundston, and all points North.

1.20 P MIXED—Week days—for Fredericton, M etc., via Gibson Branch.

3.45 P MIXED—Week days—for Bath and M intermediate points.

4.40 P EXPRESS—Week days—for Saint M Stephen, St. Andrews, Fredericton, St. John, Vanceboro, Quebec (via Megantic) Sherbrooke, Montreal and all points West, Northwest, and on Pacific Coast: Bangor, Portland, Boston, etc. Palace Sleeper McAdam Jct. to Montreal.

Palace Sleeper McAdam Jct. to Lewis (opposite Quebec). Pullman Sleeper McAdam Jct. to Boston.

9.10 P MIXED—Week days—for Debec June M tion and Houlton.

ARRIVALS.

10.00 A. M.—MIXED—Week days, from McAdam Junction.

11.25 A. M.—EXPRESS—Week days, from Saint John, St. Stephen, St. Andrews, Boston, Montreal, etc.

12.15 P. M.—MIXED—Week days, from Fredericton, etc., via Gibson Branch.

2.10 P. M.—MIXED—Week days, from Presque Isle.

4.40 P. M.—EXPRESS—Week days, from Presque Isle, Caribou, Edmundston, etc.

5.50 P. M.—MIXED—Week days, from Houlton, etc.

9.10 P. M.—MIXED—Week days, from Bath, etc.

10.55 P. M.—MIXED—Week days, from St. John St. Stephen, St. Andrews, Portland, Boston, etc. A. J. HEATH, D. P. A., St. John.

We Manufacture And Have For Sale

Threshing and Sawing Machines, Rotary Mills, Shingle Machines, And General Mill Work.

Also, Furnaces, Farmers' Boilers, Stoves of All Descriptions.

One and Two Horse Seeders,

Turnip Drills, Pulpers,

Mowing and Reaping Machines, with Roller Bearings,

Spring Tooth Harrows,

And the Finest Kind of **STEEL PLOWS**

in the market, consisting in part of the CELEBRATED No. 21, 30, 8 and 6. They are guaranteed not to be Chilled Plows, but Genuine Crucible Steel Mouldboards, Hard Outside with Soft Centres.

Repairs for Frost & Wood's Machinery kept in stock.

SMALL & FISHER CO. L'td.

Woodstock, N. B.

Our Output This Year

Will exceed that of all previous years.

You Want a New Waggon?

Then give us a Call—we can give you

Cornings, Surreys,

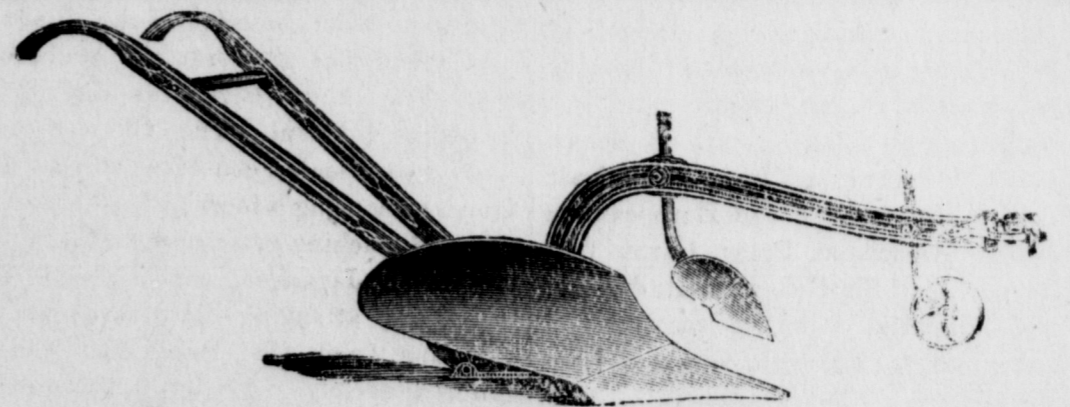
Road Waggon, Phaetons,

Bangors, Expresses.

You can have your choice of Rubber Tires, Ball Bearings, Dust Proof Hub Bands, 500 Mile Axles, all kinds of Patent Circles, any colored gear or body and texture or color in trimmings. You are not confined to one style of wagon. Tell us what you want and we will get it up for you promptly.

The Woodstock Carriage Co.

Main Street, at the Bridge.



The Celebrated

"Syracuse" Pattern STEEL PLOWS

Have NO Equal.

Our Plows have Mouldboards made of Extra Quality Hard Steel with Soft Centre, and these are the only kind that will wear. Get one, and you will have the Best Plow made.

HORSE RAKES,

Two Kinds—Hand and Self-Dumping.

"TORNADO" THRESHING MACHINES.

It will pay you to call at our works and examine above goods, or write us before purchasing.

CONNELL BROS., Limited,

Woodstock, N. B.