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Rooms \$1.50 per day.

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Outfits for commercial travellers. Coaches in at
Woodstock at arrival of trains. All kinds of Livery
Teams to let at Reasonable Rates.
First-Class Hearse in connection.

Carlisle Hotel, - - Woodstock, N. B.

The Mettle That Wins.

The manager of one of the leading insurance companies of the world says that the greatest problem he has to solve is the selection of good agents.

Thousands of people think they can solicit insurance, when they can do nothing else. They consider it a sort of genteel occupation which requires no special talent or ability. But this manager tells us that, notwithstanding all the precaution he exercises in the choice of agents, only now and then one succeeds.

One of the crucial tests, by which he tries applicants, is putting their courage and pluck to the proof. When drilling them, he endeavors in every possible way to discourage them from entering the business. He raises all sorts of objections; tells them that the insurance business is one of the most difficult in which to succeed, that it requires more energy and patience than almost any other, and that comparatively few succeed in it.

A large proportion of the applicants break down under this test, and decide that they were not born to be insurance agents. But, when the manager finds one who remains firm under every form of discouragement, who will not show the white feather, no matter what difficulties and objections may be held up to frighten him,—if the young man is honest, and has a pleasing manner and a good address,—he makes up his mind that he will be a successful agent.

If an applicant has grit, nerve, and stick-to-itiveness, he will generally win. If he lacks these qualities, no matter how well educated or well bred, he will be a failure.

A courage which never fails, an energy which never tires, a tenacity which never yields; these are the passports to victory in this and every other field. If you have them lightly developed, encourage them, and they will grow and grow.

The Agony of Sleeplessness

Did you ever pass a single night in wakeful misery, tossing and rolling in bed, trying in vain to sleep and longing for morning to come? Can you imagine the torture of spending night after night in this way, each succeeding night growing worse and worse? This is the most dreadful symptom of Nervous Exhaustion and Debility. You can be gradually and thoroughly cured of sleeplessness by the upbuilding influence of Dr. Chase's Nerve Food. It cures in nature's way, by creating new nerve cells and restoring lost vitality.

How John Fell From Grace.

(From the Milwaukee Sentinel.)
Chinese servant stories are epidemic. Here's one, and it's true.
A West Side woman a few days ago was boasting to a caller of the virtues of her Mongolian cook, and she emphasized the latter's systematic methods as his special strong point.

"John finishes his work at precisely the same minute every evening," said she proudly. "I always know exactly where he is and what he is doing at any time of the day."

"Well, what is he doing now?" was asked.
"Let me see. It is seven o'clock. Well, he has just finished putting the dishes away, and at this moment is sweeping the kitchen. Come, let's go out and see if I'm not right."

They started through the dining room and found everything in its place, as prophesied. In the pantry the dishes were neatly arranged in their customary place. Then they opened the kitchen door.

There in the centre of the room was John, and he was—complacently washing his feet in the dishpan!

The embarrassed mistress and her convulsed guest retired in haste. And the servant problem was dropped.

Got Corns?

Foolish to keep them if you have? No fun in corns, but lots of pain. Putnam's Painless Corn Extractor raises corns in twenty-four hours. Get a quick crop by raising it—druggists sell it.

H. H. Vreeland, president of the Metropolitan Railway of New York, in a recent speech, gave the following maxims:—

There are no elevators in the house of success.

The "bad boy" often makes the best man. A man can be too confiding in others, but never too confident in himself.

A college education is a good thing, but many a graduate finds himself over-trained. Clothes don't make the man, but good clothes have got many a man a good job.

A bad man with good manners often outdoes a good man with bad manners.

Many a hero of the world sees a "no-account" every time he looks in the mirror.

The man who talks business at home is in danger of getting well-meant, but risky, advice.

No man can stand on top because he is put there.

If you have twenty-five dollars, and want a job, it is better to spend twenty dollars for clothes, four dollars for shoes, and the rest for a shave, a hair-cut and a clean collar, and walk to the place, than go with the money in the pockets of a dingy suit.

KUMFORT Headache Powders are safe, pleasant and effectual. They contain no opiates or any harmful drug. They create no habit from continued use.

Self-Possession.

The man who makes public appearances must have self-possession. I have learned by great experience that this quality is all-

Severely Afflicted
With Kidney Disease.

Stone in the Bladder, Incontinence and Pains in the Back—Another Remarkable Cure Effected by Dr. Chase's Kidney-Liver Pills.

Mr. Wm. Boyne of 19 McGee street, Toronto, says:—"I was afflicted severely with kidney disease, stone in the bladder, incontinence, deposits in the urine, severe pains in the back, and strains over the loins. I was so bad that I had to get up two or three times in the night and could then only make water with great pain."

"Though long a sufferer and unable to work, I was confined to my bed for three weeks, and during that time thought I could not possibly endure greater misery. It was then that I began to use Dr. Chase's Kidney-Liver Pills. It is with gratitude that I say that they have freed me of all these symptoms, and made me a well man. I would not think of being without Dr. Chase's Kidney-Liver Pills in the house, and can also recommend Dr. Chase's Syrup of Linseed and Turpentine and Dr. Chase's Nerve Food as very superior medicines."

In every town, village and township in Canada just such cures are daily being brought about by Dr. Chase's Kidney-Liver Pills. They are no experiment, but a kidney medicine that has stood the test. One pill a dose, 25c a box, at all dealers, or Edmanson, Bates & Co., Toronto.

important. There have been times when the slightest perturbation on my part would have made my orchestra play out of time and out of tune. The musicians in an orchestra place just as much faith in their conductor as do soldiers in their general.

The best example of this quality I ever witnessed was aboard an Atlantic liner.

The second day out, we ran into violent weather. The propeller shaft broke, and we were drifting helplessly. The waves ran high and a general scare ensued. Hysterical women ran hither and thither and the men were pale and nervous. The officers, not knowing what had happened, at first, were obviously frightened. A pandemonium seemed imminent.

In the midst of it all, a young man whom I remember, by the name of Stone who was making his first voyage, came out of his stateroom in an immaculate yachting suit; he was cool and collected.

A man who had been racing up and down, clad in one or two scanty garments, seized him by the shoulders, jammed him against the rail, and frantically said:

"For Heaven's sake, what is the matter? What is the matter?"

"Go and ask the captain, please," replied Stone.

"Have you any idea what is going on?"

Stone pulled out his watch, looked at it, and said, as he puffed a cigar:

"I suppose it is something that happens every Tuesday morning. This is my first trip over, and I am not running the ship this time."

In five minutes order was restored, because other excited passengers became calm at the self-possession of the young man.

Woman is as Old as She Looks

It is not age but disease, weakness and ill-health that makes women look old, care-worn and wrinkled. You cannot look your best unless you feel well, strong and vigorous, with pure, rich blood and steady nerves. Dr. Chase's Nerve Food makes good looks because it makes good health, restores the healthy glow to the complexion, rounds out the form and gives elasticity to every motion of the body.

Wellington's Physical Powers.

Wellington on one occasion started, Sir Herbert Maxwell tells us, at seven a. m., rode to a place twenty-eight miles distant, there held a review, and was back at the place from which he had started for dinner between four and 5 p. m. He galloped 26 miles and back to see whether damage had been done to a pontoon train. He rode 17 miles in two hours from Freneda to Ciudad Rodrigo, where dined, gave a ball, and supped; was in the saddle again at 3 a. m.; galloped back to Freneda by six, and was doing business again at noon. He rose regularly at six and wrote till nine; and after dinner wrote again from nine till twelve. It must be essential to every general, and indeed to every man who is bearing a heavy load of anxious business, to be a good sleeper. Napoleon was a first-rate sleeper; so was Pitt; so was Brougham; so was Mr. Gladstone; so was Wellington. At Salamanca, Wellington, having given his order for the battle, said to his aide-de-camp: "Watch the French through your glass, Fitz Roy, I am going to take a rest. When they reach that cove near the gap in the hills, wake me." Then he lay down, and was fast asleep in a minute. In the midst of the critical operations before Waterloo, feeling weary, he laid himself down, put a newspaper over his face, and took a nap.—Prof. Goldwin Smith.

Relieve those Inflamed Eyes!

Pond's Extract

Reduced one-half with pure soft water, applied frequently with dropper or eye cup, the congestion will be removed and the pain and inflammation instantly relieved.

CAUTION!—Avoid dangerous, irritating Witch Hazel preparations represented to be "the same as" Pond's Extract which easily and generally contain "wood alcohol," a deadly poison.

The Necessary Sleep.

(Edward Everett Hale in Philadelphia Press.)

People who sleep; they call sleep fickle or inconstant and in various ways abuse it. They make ridiculous proverbs which imply that there is something virtuous in short nights, as if sleep were to be kept at bay. All this is wrong. Sleep is the restoration of life—call it, if you please, the governor of the engine. With the right sleep and enough of it the body comes up to its work every morning new born. In the first half of life it comes up to its work a little better able to do its duty than the morning before. But this is not so if the sleep has not been sound and steady.

Every one will find out how much sleep is good for him. Then he will make it his duty or business to take that amount regularly.

The rules as I have found them are simple. They are well laid down in more than one book. Dr. Hammond's is as good as any.

1. Do not work the brain for six hours before you go to bed. Business men, so called, are apt to violate this rule. The agents of banks and other great financial trusts think they must give daylight to their employers and then spend their evenings in memoranda and calculations about their own personal affairs. All this is wrong. You may get out of bed as early as you please and work your brain then. But you are safest if after 3 or 4 in. the afternoon you give it no hard work at all. Are there not the children to play with and the novels to read and Joe Jefferson at the theatre and the sofa to lie upon while Marion and Hugh play a duet on the piano? Do not work this poor old brain, then, which has stood by you so loyally since you got out of bed in the morning.

2. Remember always what the bed is for and why you are in it. You are there to sleep. Not to add up figures in your head. Not to think out a letter to your lawyer. Not to work out the best way of putting your house lots on the market. Simply you are there to sleep.

3. If you have been working the poor old brain too late, or if you have been eating a wretched rarebit just before you undressed yourself, and if your head burns so that it almost sets the pillow on fire, crawl out of bed and sponge your head with cold water. At the worst soak the feet in as hot water as they will bear. You want to draw away the extra blood from the brain. In all natural sleep there is less blood on the brain than when you are awake. I have at my bedpost a long cord with a flat iron attached to it. When my head is too hot I hold the smooth, cold, surface of the iron against the forehead to drive the blood away.

4. People tell you to think of sheep jumping over a wall, to reproduce familiar strains of music, to hold the eyes open and fixed on some object opposite in the room. Recall the last ridiculous vision you had before waking. But do not engage while in bed in any such serious matter which will again exhaust and exasperate the brain.

When you ask for Headache Powders be sure you get KUMFORT. Never accept a substitute. It is better to be safe than sorry and you may be sure that KUMFORT are the best. All Druggists in 10 an 25c. sizes.

His Modesty Appreciated.

"Young man," the rising statesman said to the reporter, "newspaper notoriety is exceedingly distasteful to me, but since you have asked me to give you some of the particulars of the leading events in my life, I will comply. I do so, however, with great reluctance."

Here he took a typewritten sheet from a drawer in his desk and handed it to the reporter.

"I suppose, of course," he added, "you will want my portrait, and although I dislike anything that savors of undue publicity, I can do no less than comply with your wish."

Here he took a photograph from a large pile in another drawer and gave it to the reporter.

"When this appears in print," he said, "you may send me 250 copies copies of the paper."—[Chicago Tribune.

He Was Accommodated.

He was a dudish little man, but he had a loud voice, and evidently wanted everyone to know what he said. He and a companion, who, be it said to his credit, seemed ashamed of the company he was in, stood in the hotel rotunda last Saturday night. The little fellow was talking about Ireland, and he said many hard things about the country and the people. A great big man stood near by listening to the little fellow's vapourings. He merely smiled until the little fellow said in a very loud tone: "Show me an Irishman, and I'll show you a coward."

Then the big fellow slipped up and, touching the little fellow on the shoulder, said in a heavy, bass voice: "What's that you said?" "I said show me an Irishman, and I'll show you a coward," said the little fellow, whose knees were shaking under him.

"Well, I'm an Irishman," said the big fellow.

"You are an Irishman? Well," and a smile of jolly flitted over the little fellow's countenance as he saw a hole through which he could crawl, "I'm a coward."

Two Extreme Cases

of Itching Piles

That Were Positively and Thoroughly Cured by Dr. Chase's Ointment—The Only Actual Cure For Every Form of Piles.

Mr. F. Stokes, 116 Dunlop street, Barrie, Ont., writes:—"I was troubled with blind, itching piles for years, and could get nothing to stop the constant itching. I was always in pain until a friend of mine told me of the wonderful cures Dr. Chase's Ointment had made among his acquaintances. I only used one box, and am entirely cured. In gratitude for this marvellous cure, and for the benefit of others suffering as I did, I send you this record of my case."

Mr. Amos P. Fisher of Somerset, King's Co., N.S., a commercial traveller, well-known throughout the Provinces, writes:—"It is great pleasure to inform you that I have been cured of itching piles by using Dr. Chase's Ointment. I was bothered with the above ailment for twelve years, and suffered extreme agony at times. Thanks to Dr. Chase's Ointment, I am completely cured, and would recommend it with fullest confidence to all suffering the torture of this terrible disease." 6c cents a box at all dealers, or Edmanson, Bates & Co., Toronto. Agents wanted for Dr. Chase's last and complete Receipt Book.

Smith's Chamomile Pills

- Cure Headache,
- Cure Dyspepsia,
- Cure Constipation,
- Cure Biliousness,
- Cure Dizziness,
- Cure All Disorders of Stomach, Liver, and Bowels.

PRICE 25 CENTS.

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The Hot Weather

Approaching must suggest to you the need of a good REFRIGERATOR.

We make a Refrigerator in which the circulation of DRY AIR is the chief point. A damp refrigerator spoils every thing placed in it. Ours are absolutely dry.

Give us a call before buying.

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PAPER HANGER, SIGN PAINTER, & C.

Hard Wood Finishing, Pine Wood Finished in its natural color, or painted in tints to suit. Also, Staining Graining, Marbleing, Kalsomining, etc.

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