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**No Policies To Christian Scientists.**  
The papers report almost daily the deaths of Christian Scientists or their children, who received no medical attendance during sickness. Recently, the seven-year-old daughter of a Christian Scientist parent died of diphtheria in Marion, Ind., after a week's illness. The city physician examined the child and notified the parents that it must have medical treatment. No heed was paid the notice and the child died. It is not surprising that insurance companies are beginning to refuse to insure Christian Scientists. The following is from the 'Editor's Table' of the 'Sanitarian':

"The knights of Honor have ruled that persons believing in the doctrines of so-called 'Christian Science' will not hereafter be received into membership. This action has been taken because it was seen to be reasonable not to take any risks upon the lives of persons who refuse to avail themselves of the accumulated knowledge of medical science when they are ill. It is now learned that one of the greatest and most conservative life insurance companies in the world, the Mutual Life Insurance Company of New York, without making any parade of the matter, refuses to issue policies upon the lives of 'Christian Scientists.' These facts are not noted to give these organizations credit for doing that which common sense and good business policy suggests, but to show the very fact that, viewed from the commercial standpoint, the Christian Scientist and faith curist are recognized as persons who do not take a laantage care of their lives. Hence they are being classed with drunkards and with those who follow hazardous occupations.

**Special from Newcastle, Ont.**  
Newcastle. . . . Mr. Thos. Hays is again a well man, and says, "As one who for ten years suffered from Asthma, I recommend Catarrhzone as a positively sure cure; three bottles cured me perfectly." Catarrhzone has never yet failed. Even cases of twenty years standing that baffled the skill of specialists have been cured by Catarrhzone. It cures by inhalation, pleasant to use, no danger or risk. The worst cases of Asthma can be cured by Catarrhzone in two to five weeks. Instant relief and ultimate cure guaranteed if Catarrhzone is used. Give it a trial. Price \$1.00; small size 25c. Druggists or Polson & C., Kingston, Ont.

**Present-Day Literature.**  
In the 'Contemporary Review' Mr. Weisse discusses in severe terms the reading of the day, especially of the young. It is curious to read: 'The peculiar difference of the book problem from the tobacco problem and the wine problem is this, that it is almost entirely new.' But it is in this serious spirit that Mr. Weisse surveys our magazines and new books of entertainment for the home. His great point is that the unlimited 'harmless' reading of the day is destructive of the sinews of the mind and of all individuality of character. Nor is he consoled in the least with the reply that the people who read these things to day would have read nothing fifty years ago. Of the 'average collection of unintelligent young men' Mr. Weisse says that anyone can converse with them with acceptance who reads these magazines and the sporting columns of the daily papers, and goes now and then to a music hall. But 'the man who ventures to enquire whether by chance anyone has read 'One of our Conquerors,' or, should his courage run to it, recall a story of Balzac as furnishing the framework of some popular work of the day, may be fairly sure to find himself rated as a coxcomb and a dull fellow, unless people have been previously warned that they are to look upon him as a very distinguished man, and therefore, in all probability, not such a fool as he looks." To hedge in young minds for a prudent period, and to use that period to form intellectual character, is Mr. Weisse's prescription. Too much reading he would check; and so by degrees build up the mental force that may 'repel the pestilence that walketh in the magazine.'

To cure Headache in ten minutes use Kumfort Headache Powders.  
One of the most kind-hearted men in the world was the late Bishop Joseph P. Wilmer of Louisiana. He could not hurt the feelings of the humblest moral. He was once traveling in England with his cousin, Bishop Richard Wilmer, when an incident occurred which showed Bishop Joseph's readiness in a trying situation. The two bishops were being entertained by a gentleman who thought his wife had all the musical talent and accomplishment that any human being can possess. He insisted upon a specimen of her performance. The two apostolic cousins stood near the piano. Bishop Richards, recognized that a compliment would be necessary and difficult to make, quietly stepping back, as most men do on such occasions, leaving the position of honor to Bishop Joseph wondering what the end would be after "the assault upon the ivory keys" night suddenly terminate in an awkward solah. Bishop Joseph, with dignity and sweetness of thought, spoke to the hungry soul of the adoring husband: "Is that touch of your wife natural or acquired?" "Oh, it is perfectly natural," replied delighted spouse. "I thought it was," said the bishop, "for I don't think such a touch could be acquired."

**Surgeons Blunder**  
Operating for Piles.

**The Risk, Pain and Expense of an Operation Avoided by Using Dr. Chase's Ointment—A Minister's Experience.**  
Too many doctors seem to have a mania for using the knife, and recommend an operation for piles in scores of cases when Dr. Chase's Ointment would effect a thorough and lasting cure.  
Rev. S. A. Duprau, Methodist minister, Concession, Prince Edward County, Ont., states:—"I was troubled with itching and bleeding piles for years, and they ultimately attained to a very violent form. Large lumps or abscesses formed, so that it was with great difficulty and considerable pain that I was able to stool. At this severe crisis I purchased a box of Dr. Chase's Ointment, but I had little or no faith in it, as I had tried various remedies before and to no purpose.  
"Now, imagine how great and joyous was my surprise to find that just the one box cured me, so that the lumps disappeared, and also the external swelling. I feel like a different man to-day, and have not the least doubt that Dr. Chase's Ointment saved me from a very dangerous and painful operation and many years of suffering. You are at perfect liberty to use this testimonial as you see fit for the benefit of others similarly afflicted."  
Dr. Chase's Ointment, 60 cents a box, at all dealers, or Edmansson, Bates & Co., Toronto.

This story concerning the relations existing between Yankee military officers and their men is going the rounds. During the operations prior to the arrival of the allies at Pekin, an "American" volunteer artillery battery came into action. An English naval officer was standing by one of the guns when a Yankee officer hurried up. "Would you mind," the latter said, in most polite accents, "knocking that hut into atoms?" The gunner laid the gun, and did the needful. "Many thanks," said the officer, before departing, "much obliged." The English naval officer could not contain his curiosity. "Why didn't he order you to do it, instead of making all that fuss?" he asked of the gunner. "Waal, you see, it's this way," was the reply. "When we're not soldiering, we're both in the jewelry trade, same shop. Only I'm the boss of the store, and he's the assistant!"

**KUMFORT Headache Powders** are safe, pleasant and effectual. They contain no opiates or any harmful drug. They create no habit from continued use.

The Kansas City "Journal" tells this story: "Frank Anderson who for years was a well known commercial traveler who made Galena. He was passionately fond of honey and the proprietor of the Galena Hotel, at which he always stopped, always had some on hand for him. On one trip Anderson took his wife along, and as he approached Galena he mentioned to her that he was getting to a place where he could have honey. When the pair was seated at the supper table that night no honey appeared, and Anderson said sharply to the head waiter: 'Where is my honey?' The waiter smiled and said: 'You mean the little black haired one? Oh, she don't work here now.'"

Life is a building. It rises slowly, day by day, through the years. Every new lesson we learn lays a block in the edifice which is rising silently within us. Every experience, every touch of another life on ours, every influence that impresses us, every book we read, every conversation we have, every act of our commonest days adds something to the invisible building.—J. R. Miller.

**MILBURN'S HEART AND NERVE PILLS ARE A SURE CURE FOR**

Nervousness, Sleeplessness, Nervous Prostration, Loss of Energy, Brain Fag, Faint and Dizzy Spells, Loss of Memory, Melancholia, Listlessness, After Effects of La Grippe, Palpitation of the Heart, Anaemia, General Debility, and all troubles arising from a run-down system.

They will build you up, make rich red blood and give you vim and energy.

Price, 50c. per box, or three boxes for \$1.25, at druggists, or will be sent on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

**RECOMMENDED BY PHYSICIANS.**  
**Pond's Extract**  
Over fifty years a household remedy for Burns, Sprains, Wounds, Bruises, Coughs, Colds and all accidents liable to occur in every home.  
**CAUTION--There is only one Pond's Extract. Be sure you get the genuine, sold only in sealed bottles in buff wrappers.**

**Western Cologne Habit.**

An officer of one of New York's national banks who is somewhat of a martinet in business matters and very persistent in following up an idea, had occasion last week to look up a western financier. That the man existed he was certain, but in some way or another he had become mysterious because his actual personality and financial dealings had never been completely established. The bank officer summoned half a dozen employees of the bank to clear up the affair and ascertained that a 'yellow ticket'—a request to a bankers' agency to do detective work in the case—had been sent out. The reply established the mysterious financier as solvent and of good habits. This did not satisfy the bank officer. Calling to him a clerk who had seen the man, he questioned him about the minutest details of his appearance. Finally he asked: 'Did you smell him?' 'Smell him,' exclaimed the clerk. 'No, sir.' 'Didn't detect any odor of cologne about him?' 'Cologne! No, sir.' 'You can go.'

Then turning to a visitor whose face betrayed amazement at the last inquiry, the bank officer said: 'That's a new one to you. It's just this: I know the man exists, but I'm not sure if he's a western banking hustler, and I was fishing after one general characteristic of that lot. You can test it yourself. Go to the Waldorf and get in with a lot of western financiers and promoters who are a little verdant as to Occidental ways. The first one that takes out his handkerchief will make the air reek of cologne in nine cases out of ten. In the other case it will be patchouli or musk. They don't use women's perfumes. It's just cologne or the ranker odors I have named. They don't know that the business men of the east don't use perfumes, but they are conscious that—how shall I put it? well, that the great west lags in the matter of toilet advancement, and self-consciousness and a desire to be "in the swim" impels them to resort to perfumes. They need two or three visits to the metropolis to learn that they are violating good taste. Some of them get manicured. But that's another story, and I haven't time to-day to tell it. Southerners don't make such mistakes unless they come from the jungles.'—New York 'Times.'

**The King of Corn Cures.**  
Is Putnam's Painless Corn Extract, crowned by years of success, regal because unapproached and unapproachable, holding sway in this continent owing to its superiority. Putnam's Painless Corn and Wart Extractor. Sold by all druggists, or sent by mail by N. C. Polson & Co., Kingston, Ont., on receipt of 25 cents.

**Foot-Baths.**  
Foot baths of cool water into which a considerable amount of listerine, half a cupful at least, is put, will be found to be a great relief to tender feet in this season. A chiropodist who gave this advice says further that the nails should always be cut straight across to the level of the top of the toe, as a preventive of ingrowing nails. They will never grow in if the corners are left untouched, unless the shoe is worn entirely too short. 'Darned stockings, too,' he said sententiously, 'keep me in business. Walking, at its best, is hard upon the feet of city dwellers, who must tramp these unyielding pavements. The tiniest darn frets and rubs the skin and is likely to create an inflammation which it will take professional treatment to relieve. Almost as bad as the darned stocking is the stocking with a hole in it. Few persons think of the comfort of their feet until the discomfort rouses them to desperate measures. In point of fact no part of the human anatomy repays care so well as the feet, and no part more promptly and painfully resents abuse.'

When you ask for Headache Powders, be sure you get KUMFORT. Never accept a substitute. It is better to be safe than sorry and you may be sure that KUMFORT are the best. All Druggists in 10 and 25c. sizes.

**To Care for a Watch.**  
A well-known watchmaker says that if people only followed the directions given below he would have very little in the way of watch repairs.  
Wind the watch in the morning and not at night, as directly after winding it works best, and can thus better stand the constant movement of its wearing during the day.  
Wind it slowly, holding it quite still in the hand and carefully avoiding jerks.  
Keep it as nearly as possible in the same position—that is, if worn in the pocket during the day do not lay it down quite flat at night.  
Avoid sudden changes of temperature; do not wear it in a warm pocket all day and hang it on a cold wall at night.  
Clean the pocket in which it is kept frequently, or dust is certain to get into it.  
Have it cleaned once every year, even though it is going well.—'Catholic News.'

**Many School Children are Pale, Weak and Nervous.**

**Debilitated and Exhausted in Mind and Body—Dr. Chase's Nerve Food is Surprisingly Beneficial for Children.**

The severe and ever-increasing strain of competitive examinations coming at a time when every boy and girl is undergoing trying physiological changes does much towards making mental and physical wrecks of school children. Run down in health, with the blood thin and watery and the nervous system exhausted, children have no chance to escape the many ills that beset a feeble body. There is no treatment known to science that so naturally and thoroughly restores strength and vitality to the nervous system as Dr. Chase's Nerve Food. It makes parents happy by bringing back the color to the faces and the strength and elasticity to the bodies of their pale, puny children.  
Mrs. S. Dempsy, Albury, Ont., writes:—"My little granddaughter, nine years old, was pale and weak, she had no appetite and seemed to be gradually growing weaker. Dr. Chase's Nerve Food proved invaluable in her case, restoring health and color and making her strong and well."  
Fifty cents a box, at all dealers or Edmansson, Bates & Co., Toronto.

**Smith's Chamomile Pills**  
Cure Headache,  
Cure Dyspepsia,  
Cure Constipation,  
Cure Biliousness,  
Cure Dizziness,  
Cure All Disorders of Stomach, Liver, and Bowels.  
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Patterns in Wall Paper are now on exhibition at our store. We have a greater variety than ever before.

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Approaching must suggest to you the need of a good REFRIGERATOR.

We make a Refrigerator in which the circulation of DRY AIR is the chief point. A damp refrigerator spoils every thing placed in it. Ours are absolutely dry. Give us a call before buying.

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Hard Wood Finishing, Pine Wood Finish in its natural color, or painted in tints to suit. Also, Staining Graining, Marbling, Kalsomining, etc.  
First-class work—lowest prices.  
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**Richmond Street, Woodstock, N. B.**  
Butter Paper, printed and unprinted, in one and two pound wrappers, or large sheets for lining tubs, at this office.