WOMEN WILL TALK.

Can't Blame them for Telling each other about Milburn's Heart and Nerve Pills.



TOR WEAR MERVOUS WOMEN

It's only natural that when a woman finds s. remedy which cures her of perveuseess and weakness, relieves her pains and as nes, puts color in her chreit and vitality in her whole system, she should be anxious Mrs. Hannah Holmes, St. James Street,

St. John, N.B., relates her experience with this remedy as follows :- " For some years I have been troubled with fluttering of the heart and dizziness, accompanied by a smothering feeling which prevented me from resting. My appetite was poor and I was much run down and debilitated.

"Since I started using Milburn's Heart and Nerve Pills, the smethering feeling has gone, my heart beat is new regular, the fluttering has disappeared, and I have been wonderfully built up through the tonic effect of the pills. I now feel strenger and better than for many years, and cannot say too much in praise of the remedy which restored my long lost health."

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What I Saw Aeross the Sea. BY S. M. BOYER. No. 6.

Glasgow is the chief commercial and manu-

facturing city of Scotland situated on the

Clyde and has 600,000 inhabitants. Ship building is carried on here to a great extend. Along the bank of the river I saw hundreds of acres covered with lumber floating in the water. As we have not much time to spend in Glasgow we visit a few of the most interesting things. We visit the old cathedral built in the eleventh century, the public gardens, university, museum, and the grounds where the Glasgow exhibition was to be held. Here as in all the other cities are many fine buildings. The country about here is magnificient. From Glasgow we join one of Cork's excursion parties for a trip of two days through the Trossacks in the Highlands, our party are English and American. Leaving Glasgow at 8 p. m. we take the train to Balloch pier on the shore of Loch Lomand a distance of twenty-five miles, the train runs us out on to the pier and a small steamer is in waiting to carry the party across the lake a distance of thirty miles. Our party number 150. This is one of the most popular trips in Scotland. The view from the steamer is beyond my description, better seen than described. We meet a number of our party here that came over with us in the Tunisian. All who have kodaks are getting snap shots of the mountains that surround the lakes. The gulls follow the steamer and the boys amuse themselves by throwing overboard bananna peel and pieces from the lunch baskets. The mountain sides are in most places very steep, yet some have ventured to clear small patches of land and sheep and cattle are seen grazing on the mountain side. Here we get a splendid view of the historical Ben Lomand the refuge of the Scottish chiefs. In some places small valleys run down to the waters edge and here the shepherd farmers have their snug stone houses. The day being fine and the water smooth all went to increase the pleasure of the trip. As we reach the foot of the lake we find a small village and our steamer soon draws up to the wharf in front of it. Here we leave the steamer and take coaches which are kept here to convey passengers over the moun. tain to Loch Katrine a distance of eight miles. The coaches are heavy, timbersome affairs, constructed with a box on the top four feet or more high with a door in one end to carry the trunks of the passengers, on the top of the box seats run across holding six persons each, six heavy horses are attached to each coach and coaches enough provided to take the entire party. The drivers of each coach wear a peculiar suit, long red coats come down to the knee, white beaver hats, low shoes, and pants banded at the knee. The first mile is up the steep mountain side the teams double and the road after that is less steep. A man sits on the back part of the coach and tends two brakes on the hind wheels of the coach the teamster in front operates another with his foot. In many places the rocks have been blasted out to make the roadway and the rocks taken out built in a wall on the lower side in some cases many hundreds of feet below. As we draw near the top the scenery is fine. Scat tered along in the valleys are small farms, the sheep and cattle were grazing along the roads. The cattle here have long, shaggy hair hanging down from their sides seven inches or more and a tuft in front reaching to the end of the nose, nature having provided this coat for winter as they lie out all winter. The only protection I could see was behind a stone wall near to the stack. The sheep of both sex have long, curled horns, black faces and legs. At this time they were cutting their hay and the most primitive methods used to draw it to the stacks, long poles fastened together at one end and the other used for a pair of shafts and a cow or ox made to work in them, the hay was then loaded and drawn to the stacks. The fuel used here is turf. I saw them preparing it for winter, cutting up the turf into squares and spreading it out to dry, when sufficiently dried it is drawn to the house and pilea up neat and roofed over. Their houses are built of stone. As we ride along we meet old men by the road side playing the bag pipes and children with them whose business is to pick up the pennies thrown from the carriages. You will see how easy it is to get rid of your money. The ride is most fascinating and you will see something new at every turn of the road. First round a sharp curve and then down a hill where all the brakes are applied. After a length we reach the shore of Loch Katrine here we leave the coach for dinner at the Stronach Lachar Hotel a fine hotel in the mountain on the shore of Loch Katrine. After lunch a number go up the mountain side to pick Scotch heather and get views of the mountain. Two hours is spent here and then we take another steamer to cross Loch

Diseases.—Kidney disease may well be called the "boa constrictor" disease, unsuspecting and unrelenting, it gets the victim in its coils and gradually tightens till life is crushed out, but the great South American Kidney Cure treatment has proved its power over the monster, and no matter how firmly comeshed, it will release, heal and cure.—155 shed, it will release, heal and cure.--- 158 Sold by Garden Bers.

A National Society.

The Canadian Order of Foresters has an enviable reputation for fair dealing and continues to receive large accessions to its mem-bership, which is now upwards of 40,000. The society issues insurance policies for \$500, \$1,000, \$1,500 and \$2,000, at the following rates, the fees being papable monthly in advance :

On On On \$500 \$1,000 \$1,500 Between the \$1.05

After paying upwards of one million and three-quarters in death claims, the Order had a surplus in the insurance department of \$1,001,000 at the end of January last, all of which is invested in gilt-edged securities in Canada, or is on deposit in the best monetary institutions of the country. Not a dollar of the moneys collected for the insurance fund is or has been used for the expense of management. The society has branches in every Province in the Dominion, to which its operations are confined, believing that on account of the low death rate the business can be conducted at lower premiums than if it carried on its operations outside of Canada. The death rate per 1.000 of membership in 1899 was 4.43, and since the organization of the society in 1879 the average death rate has been only 4.92.

The Sick and Funeral benefit branch is a very popular department and upwards of 22,000 of the members of the society are participating in this feature of the order. The benefits are \$3.00 per week for the first two weeks of illness, and \$5.00 per week for the following ten weeks, altogether \$56.00 during the year, besides a funeral benefit of \$30.00. In case of continuous illness, \$56 00 is paid each year. The fees for same, pay-

able mo											
Between	18	and	25	veal	rs					2	cents
"	25	and	30	veal	rs					30	cents
"	30	and	35	veal	rs					30	cents
"	35	and	40	veal	rs					40	cents
**	40	and	45	yea	r8.					4	cents
Dunin		tha			19	00	OF	9	863	000	were

paid out in Sick and Funeral benefits, and \$195,000 in death benefits. All physically and morally qualified males, between the ages of 18 and 45 years, who are not debarred on account of occupation, are accepted for

For further particulars eaquire of any of the officers or members of the Order, or

R. Elliott, H. C. R., Ingersoll, Ont.; Thos. White, High Secretary, Brantford, Ont.; Ernst Gartung, S. O., Brantford, Ont.

The Glass of Fashion.

Embroidered henrietta cloths come in all colors for waists and negligee gowns.

Freuch camel's hair serge is one of the popular materials for the spring tailor ma

Surplice folded effects are the feature of some of the new bodices, with a lace chemisette filling in the V space at the neck.

The new crepe de chine sashes are lovely in coloring, texture and gloss. Some of them have an embroidered design in white.

Silk embroidery of the most elaborate and elegant description is a very striking feature of the latest evening gowns and is considered much more chic than the spangles which have been worn so long. Velvets are transparent fabrics alike show this decoration, which in many instances is hand work.

Pale shades of chiffon are used for the entire hat, with a band and a bow of velvet next the hair under the brim. The crown may or may not have the band of velvet, but there is certain to be one or two big soft roses with leaves perched on the edge of the brim, or a garland of roses set a little back of the edge-New York Sun.

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Why She Wept.

Among the Mainotes, descendants of the Spartans, thieving is considered a very honorable employment. An English traveler being entertained at the house of one of the mountaineers, took some silver articles from a packing case he had with him to eat his dinner with. At the sight of such costliness the old woman began to cry, the Englishman having asked what affected her so much:

"Alas, my good sir," she replied, "I weep because my son is not here to rob you of those beautiful things!"

Gossiping Neighbors

People will talk, and when neighbors get together there is very likely to be something said about Dr. Chase's Ointment, and the surprising cures it is effecting among sufferers with piles and itching skin diseases. It is by word of mouth, from friend to friend, that the fame of this great Ointment has girdled the globe. It stands today as the only actual and guaranteed cure for every form of itching, bleeding and protruding piles.

Comforting Thoughts.

"Yes." said the man who was sitting out in front of a log house, "there is some malaria around here."

"Do you suffer much from it?"

"I don't suffer as much as I uster. When I'm havin a child, I think about how good an warm I'll be when the fever comes, an when have the fever I think about how cool the chill will be, an that way I manage to git right smart o' comfort."

The Kinks and Twists in Rhou-matice Rugged Read,—For 4 years the wife of a well-known Torento physician was on crutches from Rhoumatism Scourge, and not until she began using South Ameri-can Rhoumatic Cure could she get a minute's permanent relief from pain. Four bottles cured her. Write for confirmation of works accepted.—ver Sold by Gardon Bros.



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