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MILBURN'S LAXATIVE PILLS. Are a combination of the active principles of the most valuable vegetable remedies for diseases and disorders of the Liver, Stomach and Bowels. CURE CONSTIPATION. Sick Headache, Jaundice, Heartburn, Catarrh of the Stomach, Dizziness, Blisters and Pimples. CURE BILIOUSNESS. Dyspepsia, Sour Stomach, Water Brash, Liver Complaint, Sallow or Muddy Complexion. CLEAN COATED TONGUE. Sweeten the breath and clear away all waste and poisonous matter from the system. Price 25c. a bottle or 5 for \$1.00. All dealers or THE T. MILBURN CO., Limited, Toronto, Ont.

Tonics. The need for medicinal tonics is manifested after illnesses of all sorts, and in conditions of physical depression which so readily expose the sufferer to the inroads of disease that they are commonly regarded as themselves but initiatory symptoms of diseases. Young children and the aged, particularly, obtain benefit from tonic medicines, especially in states of malnutrition without definite signs of disease; but in youth and middle age it is frequently better to improve depressed vitality by strictly hygienic measures. Flabby muscles, due to illness or disease, respond to no tonic so well as to massage and gradually progressive use. Quick, light exercises are invariably better than heavy and laborious exertion. The value of moderate muscular exercise as a tonic to the heart is well recognized by physicians. The absolute quiet sometimes enjoined upon persons suffering from certain diseases of the heart is a measure employed, as a rule, only to meet a crisis. When the crisis is passed progressive muscular exercises are prescribed. When the intestinal tract suffers from lack of tonicity, variety in diet is usually a better and more effective remedy than medicine. Oatmeal, peas, beans and certain cereals, although they contain an immense amount of nutrition and difficult of assimilation, especially when not subjected to thorough cooking. The digestive organs may be strained by the task of reducing such concentrated foods to the uses of the body. A diet composed largely or exclusively of milk used for a time may in itself prove sufficient rest to the stomach to enable it to regain its normal activity. Many other "restful" foods might also be temporarily employed. It must be stated that many who are supposed to suffer from a need of general tonics suffer rather from the lack of work to employ their hands and brains. The pleasure of accomplishment is one of nature's own tonics. Of the many who are worried and driven by daily cares and whose health actually suffers therefrom, most might escape the ill effects by temporary diversion. Some "fad" might well be cultivated. The tonic effects of travel or change of scene cease to be effective when the depressing physical effects of the daily grind have been carried to the last extreme. It is difficult to prescribe rest in small and frequently repeated doses for the restless, driving man of affairs. To such, a "hobby" is of the greatest use. It may become a valuable aid to the acquisition of renewed health.

Coughs, colds, hoarseness, and other throat ailments are quickly relieved by Cresolene tablets, ten cents per box. All druggists. Visitor (to sexton digging grave in churchyard): "Who's dead?" Sexton: "Old Squire Thornback." Visitor: "What complaint?" Sexton (without looking up): "No complaint; everybody satisfied."

CANADIAN PACIFIC Commencing Feb. 15 and until April 30, 1903, Special Colonist Rates TO North Pacific Coast and Kootenay Points. From WOODSTOCK, N. B. To Nelson, B.C., Trail, B.C., Rossland, B.C., Greenwood, B.C., Midway, B.C., Vancouver, B.C., Victoria, B.C., New Westminster, B.C., Seattle and Tacoma, Wash., Portland, Ore. Proportionate rates from and to other points. Also rates to points in Colorado, Idaho, Utah, Montana, Washington and California. For full particulars call on C. D. JORDAN, Ticket Agent, or write to C. B. FOSTER, D.F.A., C.P.R., ST. JOHN, N. B. \$58.15

A "Limerick" in Two Languages. Anglice. There was a young lady of Riga, Who went for a ride on a tiger; They came back from that ride With the lady inside, And a smile on the face of the tiger. Latine. Puella Rigensis ridebat, Quam tigris in tergo vehebat; Externa profecta; Interna resecta, Et risus cum tigre manebat. —'The Student.'

Large or Small Hospitals. (American Medicine, Philadelphia.) Should the profession and lay benefactors encourage large hospitals and dispensaries exclusively, and thus extinguish the small ones, or should the existence of the small ones be stimulated and supported? The question is not easily answered if one ponders well the tendencies of the times and the ever-present evils of hospitalism in both large and small institutions. The difficulty really lies in the worthiness of two views—the scientific and educational, and the charitable or social. The large hospitals and dispensaries are necessary for medical education and must be kept up, because the cause of education and the advancement of science is primary and fundamental. The small institution is undoubtedly preferable for individualizing patients, for keeping a deadly mechanical routine from killing the personal relations of doctor, nurse and patient, and for preserving the self-respect and gratitude of patients. In the large institution there may grow up a tyranny of subordinates and of patients which is as unprofessional as the quasi private ownership of which the small ones are in constant danger. The establishment of a small poverty-stricken hospital by the egotistical endower, for the purpose of compelling the worship of his long name, portrait and ghost, is pretty certain to result in a waste of money, an exhibition of silliness and a doing of evil. Beneficence and conceit do not mix well. Is it impossible to keep the large institution from being a soulless machine, devoted to the exploitation of "clinical material?" Is it not equally possible to preserve the small one from the abuses of over-individualism? May the medical politician and the selfish schemer not be kept out of both?

Do You Wake Up in the Morning Feeling Tired and Miserable? PAINE'S CELERY COMPOUND Will Restore Lost Energy and Give You that Vim, Snap and Strength that You Should Possess in Springtime. If you wake up in the morning feeling tired and miserable, let us assure you that nature is warning you of dangers; you have commenced to drift on the rocks and shoals of disease. Overwork, worry, harassing cares, or it may be excesses, are producing their dire effects. Your nerves feel the shock and strain first. You should thank Heaven that you have nerves to warn you of approaching dangers. Thousands in the glorious springtime who rise up each morning tired, wearied and miserable, stand in need of Paine's Celery Compound, the marvellous medicine that frees the body from acid blood and morbid waste material. Paine's Celery Compound at the same time strengthens the three great organs, the stomach, the liver and kidneys. When this good work is accomplished, the nerve fibres are made strong and vigorous and the whole system reinforced. A few bottles of Paine's Celery Compound used this month will save you much suffering and anxiety later on. The results given by Paine's Celery Compound are assuring and happy. Your reward will be a perfect and unhampered action of a clear and healthful brain and nervous system, pure blood will course through the body, you will have sweet and refreshing sleep and permanent good health.

Politicians and Statesmen. We all know there is a vast difference between a politician and a statesman, but possibly few of us could express that difference so well in so few words as did the colored woman, in the following dialogue reported in Brooklyn 'Life': 'Maw, what's de difference between er politician and er statesman?' 'Well, honey, a mushroom's good, ain't it?' 'Yes, 'um.' 'And a toadstool is pizen, ain't it?' 'Yes, 'um.' 'And dey bof look alike?' 'Yes, 'um.' Des same difference from a statesman to a politician.'—'C. E. World.'

What are the chief products of South America?" asked the teacher. "Tommy Taddella, you may answer." "Rubber, coffee, ultimatums, and insurrections," replied Tommy.

The Drunkard and the Saloon. By a law which went into effect in England on January 1st, any person found drunk and incapable of taking care of himself in a public place or any licensed premises may be arrested, and punished by fine or imprisonment or both. Then if he succeeds in buying any liquor within three years after his conviction, or if any one treats him to liquor, both he and the person from whom he obtains the drink are liable to fine. Under the old law he was exempt from arrest unless he was disorderly as well as drunk. The prohibition against providing liquor to a convicted drunkard or to a person already intoxicated applies not only to saloons, but to social clubs of the highest standing. It places the poor drunkard on the same plane with the poor one. The law also assumes that the presence of a drunken person in a saloon is prima facie evidence that he obtained his liquor there, and the saloon-keeper must prove the contrary or suffer the penalty provided. Thus the accused saloon-keeper is assumed to be guilty until he proves himself innocent, reversing the usual rule. As drunkenness is made a punishable offense, it is regarded as sufficient ground for the separation of husbands and wives, and the law makes elaborate provisions for the relief of the wives or husbands of convicted drunkards, through separate maintenance. The provisions of the new law are much more stringent than any that have ever been tried in England, and the effect of the enforcement of them will be watched closely by all who are interested in the suppression of the evil of intoxicating drink.

The Atmosphere of Dwellings. Under the head of Child Training, in the April Delineator, are a number of valuable suggestions for keeping the air of the house pure. Among them are the following: The use of stained floors and rugs in preference to carpets. A thorough daily airing of each room. Shaking and brushing clothing out-of-doors. Removal from the bedroom at night of clothing worn during the day. Daily airing and occasional beating of mattresses and blankets. Open war against the feather duster. A dry cellar at all seasons. Frequent inspection of plumbing. Little furniture and no uncovered vessels containing soiled water, in the bedroom. Opening windows at night; discarding weather strips. Plenty of sunlight.

An Out-of-Town Residence. An out-of-town house is described, with fine illustrations, in the April Delineator. It presents a simple, wholesome, artistic arrangement that is not easily attainable in a small suburban lot, and both in architectural quality and interior furnishings it differs from the usual out of town residence. The entrance is at the side, and a wide veranda extends across the front; these are unique features, and an out-of-the ordinary adjustment of the different parts of the house follows. The furnishings are especially attractive, and no doubt, will be suggestive to other home makers.

NOTICE OF LEGISLATION. Application will be made to the Local Legislature at its next session for the passage of an Act to authorize the Municipality of Carleton to make a grant to the Public Hospital in the Town of Woodstock not exceeding five hundred dollars per annum. By order of County Council, J. C. HARTLEY, Secretary-Treasurer of the Municipality of Carleton. Woodstock, N. B., March 2nd, 1903.

NOTICE OF LEGISLATION. Application will be made to the Local Legislature at its next session for the passage of an Act to authorize the Municipality of Carleton to accept from the Town of Woodstock a certain fixed proportion of the amount ordered assessed by the said Municipality for County and School Purposes, and also to provide for the payment by the Town of Woodstock to the Municipality of Carleton of the indebtedness of said town in nine equal annual instalments. By order of County Council, J. C. HARTLEY, Secretary-Treasurer of the Municipality of Carleton. Woodstock, N. B., March 2nd, 1903.

Notice of Sale. To G. Percival Carr formerly of the Parish of Northampton in the County of Carleton, and Province of New Brunswick, Farmer, Archie F. Hale of the Parish of Wicklow in the said County, Farmer, and Louis E. Young of the Town of Woodstock, Barrister, and all others whom it may in any wise concern:— NOTICE IS HEREBY GIVEN that by virtue of a Power of Sale contained in a certain Indenture of Mortgage, bearing date the fifteenth day of September, A. D., 1900, and recorded in Carleton County Records in Book "B", No. 4, on pages 787, 794 and 795, and made between G. Percival Carr of the one part, and Sarah M. Johnson of the other part; there will be sold at public auction for the purpose of satisfying the money secured by the said Indenture of Mortgage, default having been made in the payment of the same, in front of the Post Office in the Town of Woodstock, on MONDAY the SIXTH day of APRIL next, at the hour of eleven of the clock in the forenoon, the lands and premises described in the said Indenture of Mortgage as follows:—"All those pieces or parcels of land situated in the Parish of Northampton aforesaid between the old South Newburgh road and the present South Newburgh road, and bounded as follows:—"Commencing at a post at the division line of lots number sixteen and seventeen; thence along the north side of the old South Newburgh road to the West corner of lot number eighteen on said road; thence North four degrees East to the present South Newburgh road; thence along the present South Newburgh road in an Easterly direction to the division line of lots number sixteen and seventeen aforesaid; thence South four degrees West to the place of beginning, being part of lots number seventeen and eighteen as surveyed by Deputy Garden in December, A. D., 1855, and being part of land conveyed by deed to James Carr by Charles Connell and wife the 4th day of May, A. D., 1866." Together with all buildings and improvements thereon and privileges and appurtenances thereto belonging or in anywise appertaining. Dated this second day of March in the year of our Lord one thousand nine hundred and three. J. L. H. IVES, Assignee of Mortgagee.

Was So Nervous She Could Not Sleep At Night. Had Palpitation of the Heart and Loss of Appetite— Are You One of Those Troubled in this Way? If you are, MILBURN'S HEART AND NERVE PILLS will Cure You—They Cure Nervousness, Sleeplessness, Anaemia, Faint and Dizzy Spells, General Debility, and all Heart or Nerve Troubles. Read what Mrs. C. H. Reed, Cobocook, says about them:—Over six years ago I was troubled with palpitation of the heart and loss of appetite. I was so nervous I could not sleep at night. I took MILBURN'S HEART AND NERVE PILLS. They cured me, and I have not been bothered since. Price 50c. per box, or 3 for \$1.25; all dealers or The T. Milburn Co., Limited, Toronto, Ont.

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THE SAN-TOY IRON. Has a device for carrying the heat around the buttons and ironing as smoothly as if there were no buttons on the garment. For sale at

SEMPLE'S Cash Hardware Store, East Florenceville. Do you want a Cook Stove or Heater? We have them.

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