

Kidney Are no respecter

persons.

People in every walk of life are troubled. Have you a Backache? If you have it is the first sign that the kidneys are not working properly.

A neglected Backache leads to serious Kidney Trouble.

Check it in time by taking

"THE GREAT KIDNEY SPECIFIC." They cure all kinds of Kidney Troubles from Backache to Bright's Disease.

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Apron Lawn, Hosery and everything in the Fancy Goods line. All new and up to date. Stationery and school supplies a specialty.

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BELL Pianos

With the new illimitable repeating action are recognized by musicians as the highest standard of piano excellence. They represent the "artist's ideal," as they are musically and mechanically perfect. The "Bell" reputation insures those unfamiliar with the different makes of pianos that they can purchase this reliable make with the assurance that they are getting a piano that has no superior and few equals.

C. R. WATSON, Agent,

Woodstock, N. B.

Promising Apples.

It would be possible to make a considerable list of apples which are new and just coming into favor, or which, though not exactly of recent origin, are just coming into general notice Such a list would include varieties which for one reason or another are growing into popularity. Some of these apples are mentioned below. The list is by no means a complete one, but is made up of such sorts as have recently come under our

York Imperial is finding great favor as a market apple in the region along the Appalachian range, especially in the mountain districts of West Virginia and Pennsylvania. It is an early bearer, a good shipper and a good storage apple. Its eccentric form is this point. The variety is seldom planted in some extent.

Sutton (or Sutton Beauty) is enjoying a boom in its native State of Massachusetts. It has an excellent tree, very upright growing at first, but spreading rapidly after it size, or, in case of overbearing, somewhat on quality, somewhat like Baldwin, but a trifle better is anything; keeping quality not so good as Baldwin. This variety succeeds' splendidly in Massachussetts, Connecticut, and Eastern New York, but does not do so well elsewhere.

McIntosh is a Canadian apple of the Fameuse type, but much superior to Fameuse in some respects and for some localities. It is larger and better colored than its prototype, with a magnificent bloom and an unforgettable aroma. The flesh is white, crisp and very juicy. The tree is strong, clean, and hardy. It succeeds especially along the northern border next to the Canadian line, and in Ontario and Quebec. Further south it is less desirable.

Washington Royal, known always in Massachusetts and most other localities as Palmer Greening, is a promising apple of the Greening type. It is more yellow when ripe than the well-known Rhode Island Greening, and has a fine red cheek in the sun. It does not keep quite so late as Rhode Island Greeing, but on the other hand it is less liable to scald. The quality of the fruit is excellent, and the tree is strong, hardy and prolific. It is a variety worth planting for any one who does not absolutely require a red apple. It succeeds admirably in the Champlain Valley as far north as the Canada line.

Wagner is an apple which is evidently increasing in popularity, both with marketmen and growers. The former like it on account of its good sized and form, its fine color and its really excellent quality. The growers fancy it for its early and abundant bearing. In some sections it is planted as being particularly hardy. The small size of the tree, and its early bearing habit, suit it for use as a filler in double planted orchards. The growing conviction in favor of double planting therefore tends to popularize the Wag-

Wealthy is another variety which is being used to a considerable extent as an orchard filler. Doubtless its present boom is largely accounted for by this fact; but many planters are finding that it has other positive merits aside from small stature and early bearing. The fruit is large, well colored, and of good quality, though it is inclined to fall from the tree as soon as ripe. It is being planted rather freely throughout the apple-growing sections of Canada, northern New England, and New York State, and in the territory northwest of Chicago. - [Country Gentlemen.

Catching Cold.

Habitual colds are due to an illkept skin on the outside and dyspeptic mucous membranes on the inside, the result of indigestion or constipation, coupled with careless-

Cold water, proper food and common sense are the foundation upon which a cold-cure must rest. A cold spenge bath, one to three minutes long, with a brisk, dry rub immediately before and after, is excellent-usually all that is necessary to keep the cutaneous circulation slive and the skin reactive to sudden changes of temperature.

For those unaccustomed to cold water, tolerance can be gained in three weeks' time by the use of water at any comfortable temperature, making it one degree colder each day, until it can be employed without dread as cold as it will run. Salt may be added to the water for its stimulating effect, or alcohol; witch-hazel is also useful.

Cold water intelligently used does not steal vitality, but fosters it. It stimulates the nerves that control the expansion and | England, and made an early pilgrimage to contraction of the blood-vessels and regulates the cutaneous circulation. The dry rub is a fair substitute for those who cannot take the nothing of them. Wearied with a fruitless cold sponge.

a week when a full bath is taken and soap used. This bath should end with a cold sponge.

countryman the way to the family at him for a moment and then said, "Why, Lor' bless you, sir—you're a sitin' on 'em!" ****** ***** ***** ***** ***** ***** sponge.

For cold feet, wading ankle-deep in cold water in the bath-tub for one or two minutes before retiring will be found effective. If reaction does not set in after brisk rubbing, wrap the feet in flannel; they will thaw out. Do not use hot water bottles or other debilitating forms of heat. Cold hands may be treated in the same principle, but they have to be kept in the cold water, usually, a much longer time.

Some colds are due to micro-organisms that attack the air-passages; but this is much likely to happen in a person whose powers of resistance have been raised by dietetic and hygienic measures.

If colds result from dust in the nasal passages, as sometimes happens, the nostrils may be washed out regularly with some warm somewhat against it, yet there seems to be alkaline solution, and with as much satisfaclittle complaint from the apple handlers on tion as one brushes the teeth. This is properly a part of the morning toilet, for those at New York State, New England, or the prov. least who suffer from catarrh in the atmosinces of Canada. Even in the prairie States | phere of great cities. ()perative interference it has not become extremely popular, but on the nose and throat may be required for has been planted in commercial orchards to deformites or diseased tissues which act as an exciting cause.

The inside and outside skins of the body are so much in sympathy and so dependent on each other that any disorder of the one is sure to react upon the other, and this is escomes into bearing. The fruit is medium pecially true of the alimentary canal and the skin as a whole. Overeating when tired, the small side. The color is unsurpassed: evereating in connection with overexertion, indulging in things known to disagree, are among the causes of colds; for taking cold is ordinary nothing but a successful attack from without; an attact that succeeds simply because the skin, which resists, is not properly supported from within, or lacks tone itself.

One should "keep moving" when wet or chilly, and not stand on a street corner or elsewhere without taking deep breaths. The lungs used in this way act as a pump to drive the blood along. This practice; with the others named, will reduce to a shadow the liability of having to entertain this unwelcome guest periodically.

Suffered With Kidney Pains.

No Pains are More Common and None Speak of More Serious |Derangements -Another Cured by

Dr. Chase's Kidney-Liver Pills.

Whatever pains you may overlook, you cannot afford to neglect backache, for the symptom is among the first indications of deranged kidneys. Prompt action may save you years of suffering, for no ills are more painful than ailments of the kidneys.

Dr. Chase's Kidney-Liver Pills cure backache more promptly and effectually than any other treatment you can use. They are without doubt the most popular kidney medicine extant, and have the commendation of the best people in all parts of this continent.

Mr. Wm. A. McDougall, police court clerk, Moncton, N. B., states:—"As a remedy for lame back, pains in the small of the back and all forms of kidney and liver trouble, I consider Dr. Chase's Kidney-Liver Pills ahead of all treatments. I have used these pills myself for liver derangements and always found them most satisfactory in relieving the trouble at once.

"I have also heard a number of people praise this medicine and have no hesitation vhatever in recommending it to anyone affected with any of the above ailments. We always keep a box of these pills in the house in case of sickness.'

Mr. W. Stafford, tailor, 88 Brussels street, St. John, N. B., states:—"I suffered a great deal from pains in the small of the back, caused from kidney disease. I presume my work (tailoring) aggravated the trouble. could get no relief until I used Dr. Chase's Kidney Liver Pills, and they have entirely

"I have always used Dr. Chase's Syrup of Linseed and Turpentine for coughs and colds, and I do not think there is a better remedy known than this. It seems to go directly to the diseased parts and at once brings relief. I have such faith in both these preparations that we always keep them in the house."
Dr. Chase's Kidney-Liver Pills, one pill a

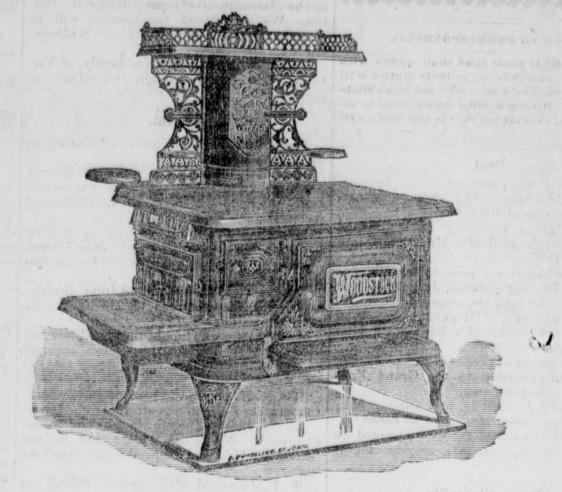
dose, 25c. a box, at all dealers, or Edmanson, Bates & Co., Toronto.

Dr. Chase's Nerve Food, 50 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

Falls of Lodore.

It is related that a Canadian who had read Southey's famous poem, telling "How the water comes down at Lodore," was filled with a longing to see these cascades and realize the vivid poetic description. He had seen Niagara; he longed to see Locore. At last the opportunity came. He was on a visit to Cumberland. It was a dry season. He searched long for the falls, but could see quest, he seated himself on a rock by the Hot water may be employed once or twice | wayside, and presently inquired of a passing

THE WOODSTOCK RANGE.



The Methodist Parsonage, Jacksonville, Carleton Co., N. B., Oct. 11th, 1902 Messrs. Small & Fisher, Wooodstock:

Gentlemen, -- After upwards of thirty years experience with a large variety of cook stoves, none has ever given the satisfaction derived from your "Woodstock". It is a perfect heater and baker, keeps the water tank hot day and night, with less fuel than any stove we have ever had in our parsonages.

Yours faithfully, JOHN C. BERRIE. P. S .- I kept the fire going night and day from the 1st of October to the of March with less than five cords of hardwood. - J.C.B.

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Cash Hardware Store, East Florenceville. TWO NICE SECOND-HAND BICYCLES, \$12 & \$16.

Each Newly Enameled and in Good Running Order

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Repairing done at any hour from 7 o'clock a. m. to 10 p. m.

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Barrister-at-Law, Woodstock, N. B.

to us if you are in doubt about what you want in Furniture. Years of experience has shown us that it is beter to make a sale satisfactory to you rather than a large one of goods you don't want. Thus we hold your trade from year to year as well as your confidence. This spells "success" for us and good bargains for you.

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at our new Rugs and Carpets, Mattresses, Iron Beds and Sideboards. Bargains in Remnants and Rugs.

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given careful personal attention.

THE A. HENDERSON FURNITURE CO., LIMITED,

QUEEN STREET, WOODSTOCK.



signed, and endorsed "Tender for Supplying Coal for the Dominion Buildings," will be received at this office until Friday, July 24, 1903, inclusively, for the supply of Coal for the Public Buildings throughout the Dominion. Combined specifications and form of tender can be obtained on opplication at this office.

Persons tendering are notified that tenders will not be considered unless made on the printed form supplied, and signed with their actual

Each letter must be accompanied by an accept ed cheque on a chartered bank, made payable to the order of the Honourable the Minister of Public Works, equal to ten per cent of amount of the tender, which will be forfeited if the party tendering decline to enter into tendering decline to enter into a contract when called upon to do so, or if he fail to complete the work contracted for. If the tender be not accepted the cheque will be returned. The Department does not bind itself to accept the lowest or any tender.

By order, FRFD GELINAS,

Department of Public Works, Ottawa, June 11, 1903. Newspapers inserting this advertisement withut authority from the Department will not be

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